

Food Nutrition Insights Dashboard

RESTAURANTS

- Arbys
- Burger King
- Chick Fil-A
- Dairy Queen
- Mcdonalds
- Sonic
- Subway
- Taco Bell

Target Calories

820.00 !
Goal: 700 (-17.14%)

Avg Calories

529.57

Avg Protein

27.89
0.00 55.78

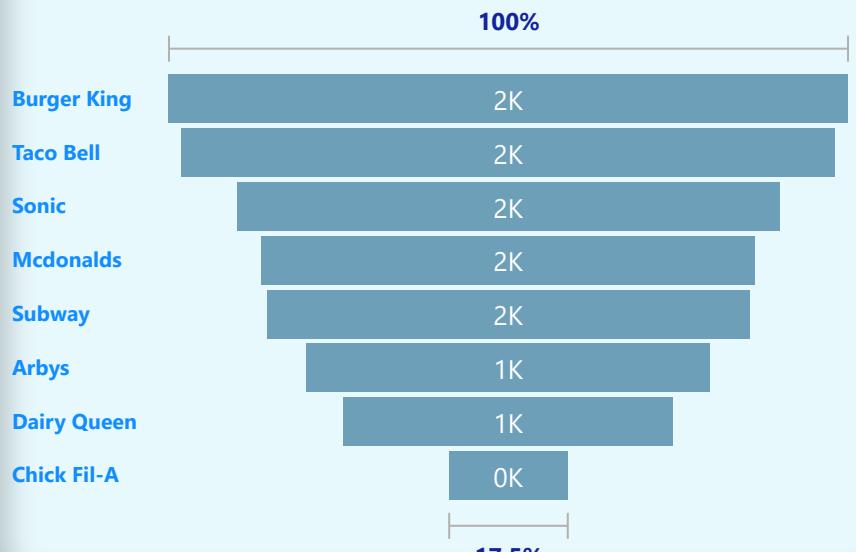
No of Restaurants

8

Avg Fat

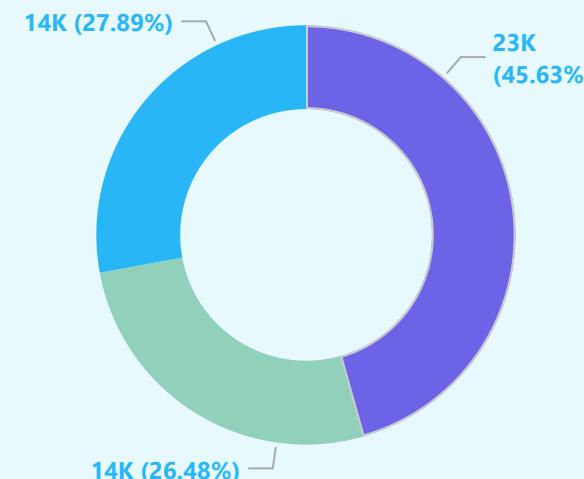
26.49
0.00 52.97

Restaurant Nutrition Overview

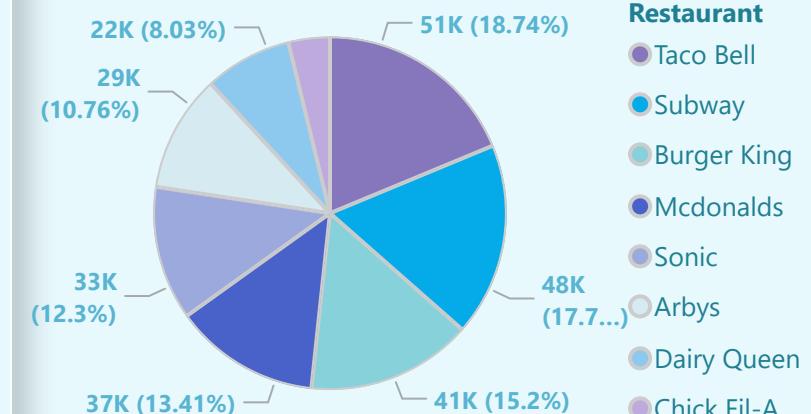


Distribution of Nutrients

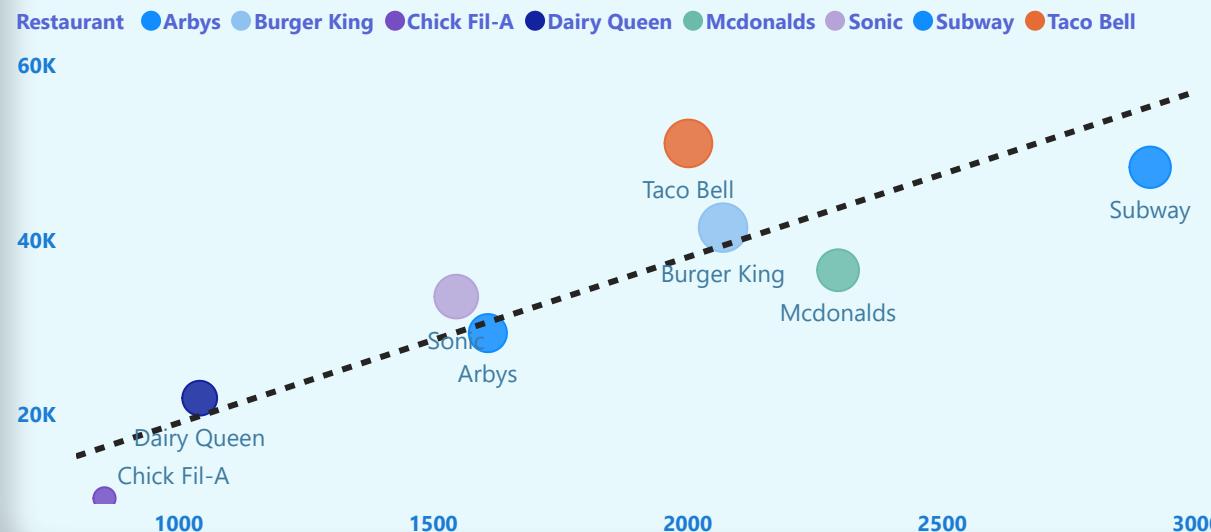
- Sum of total_carb
- Sum of total_fat
- Sum of protein



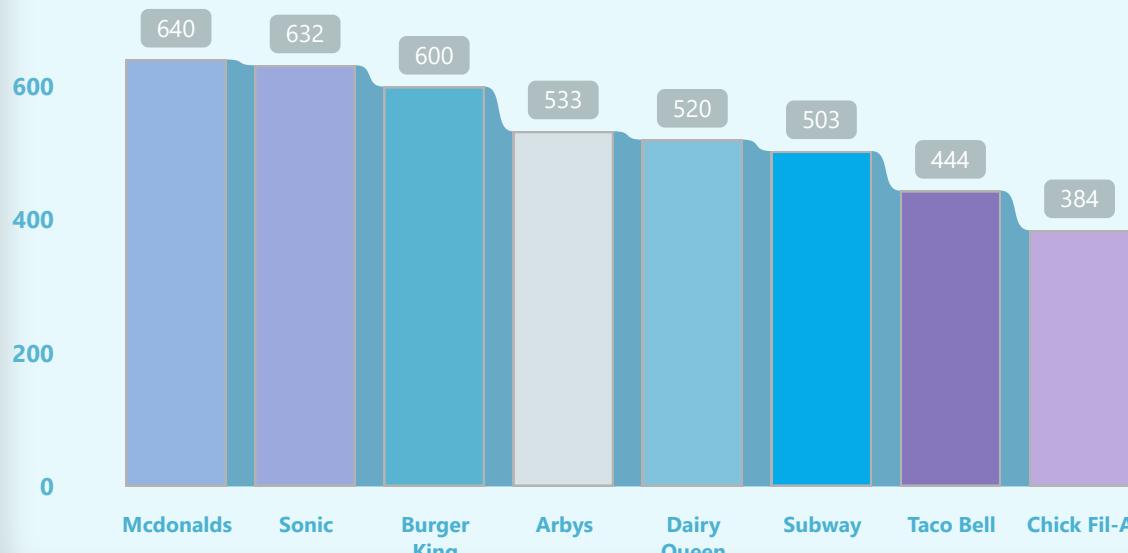
Calories by Restaurant



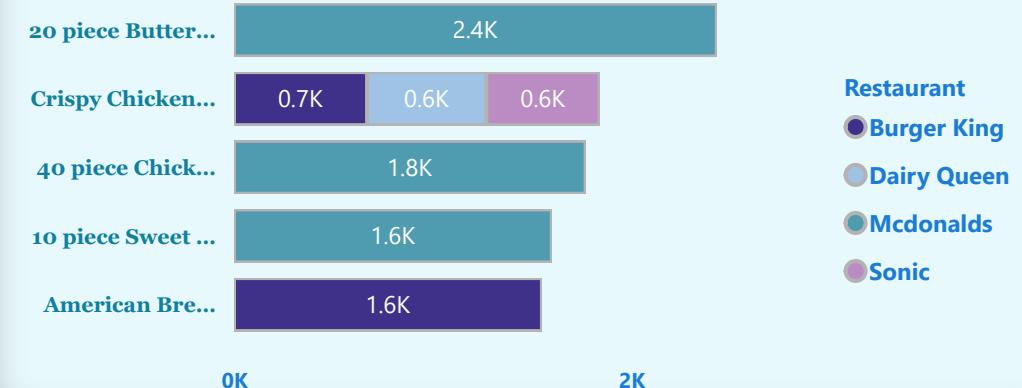
Protein , Calories & Total_fat by Restaurant



Avg Calories by Restaurant



Calories by item & Restaurant



Restaurant	Total Fat	calories	Sodium	Protein
Arbys	1484	29300	83340	1609
Burger King	2497	41380	83600	2071
Chick Fil-A	436	10380	31090	856
Dairy Queen	1212	21850	49635	1043
Mcdonalds	1813	36500	81960	2297
Sonic	1995	33480	71590	1547
Subway	1774	48290	122205	2910
Taco Bell	2403	51020	116600	2003
Total	13614	272200	640020	14336