

Food Nutrition Insights Dashboard

RESTAURANTS

- ☐ Arbys
- ☐ Burger King
- ☐ Chick Fil-A
- ☐ Dairy Queen
- ☐ Mcdonalds
- ☐ Sonic
- ☐ Subway
- ☐ Taco Bell

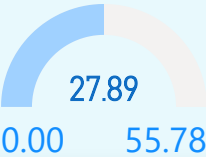
Target Calories

820.00!
Goal: 700 (-17.14%)

Avg Calories

529.57

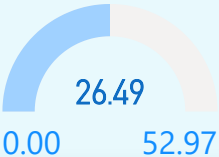
Avg Protein



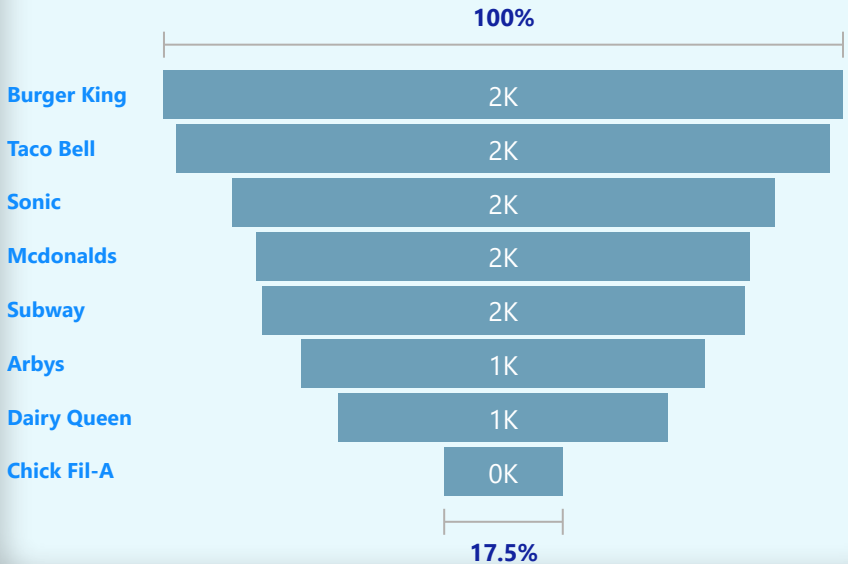
No of Restaurants

8

Avg Fat

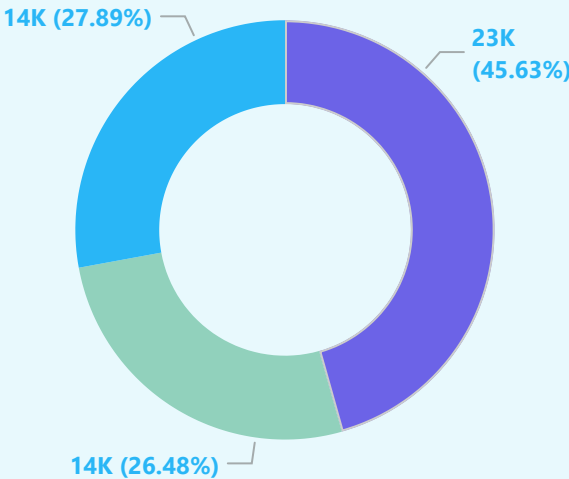


Restaurant Nutrition Overview

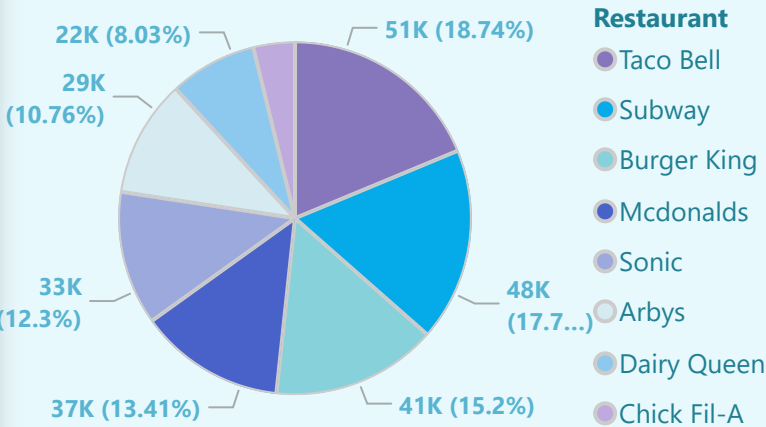


Distribution of Nutrients

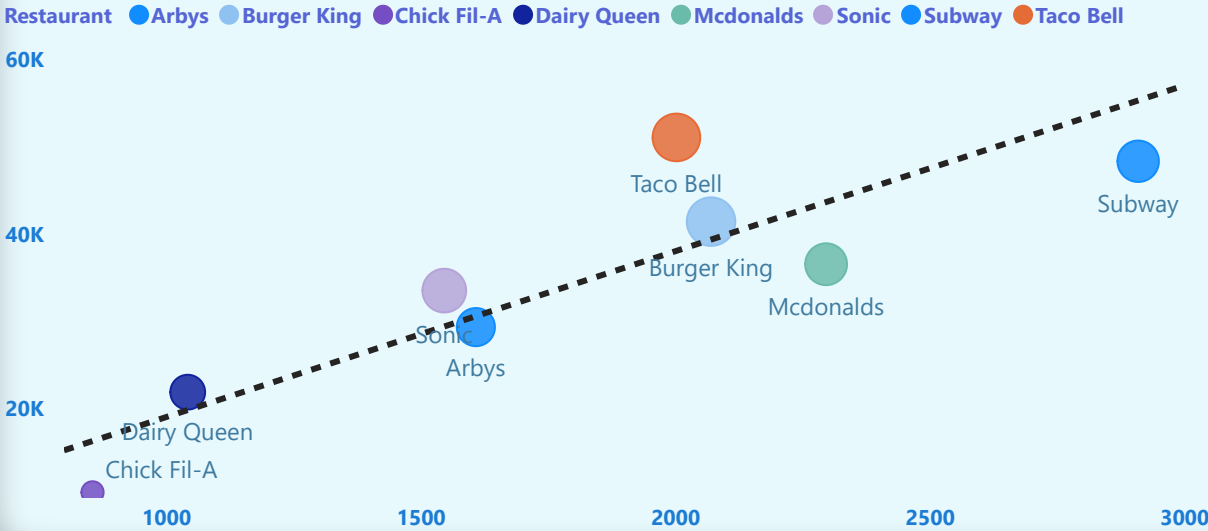
Sum of total_carb Sum of total_fat Sum of protein



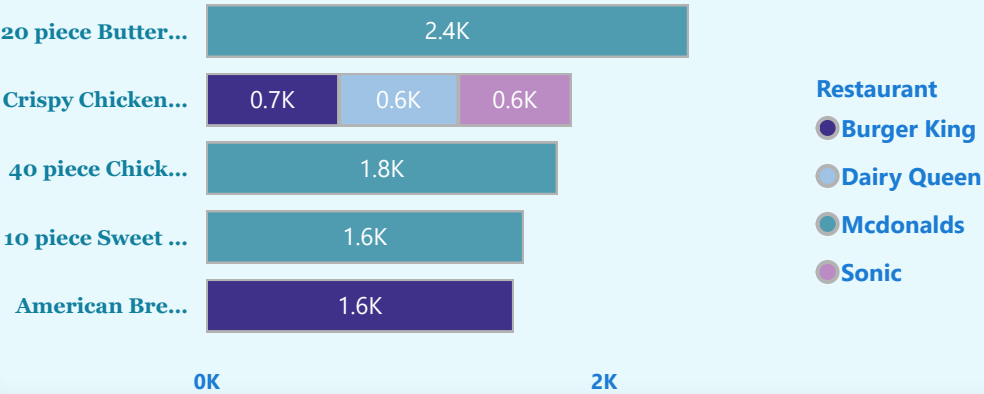
Calories by Restaurant



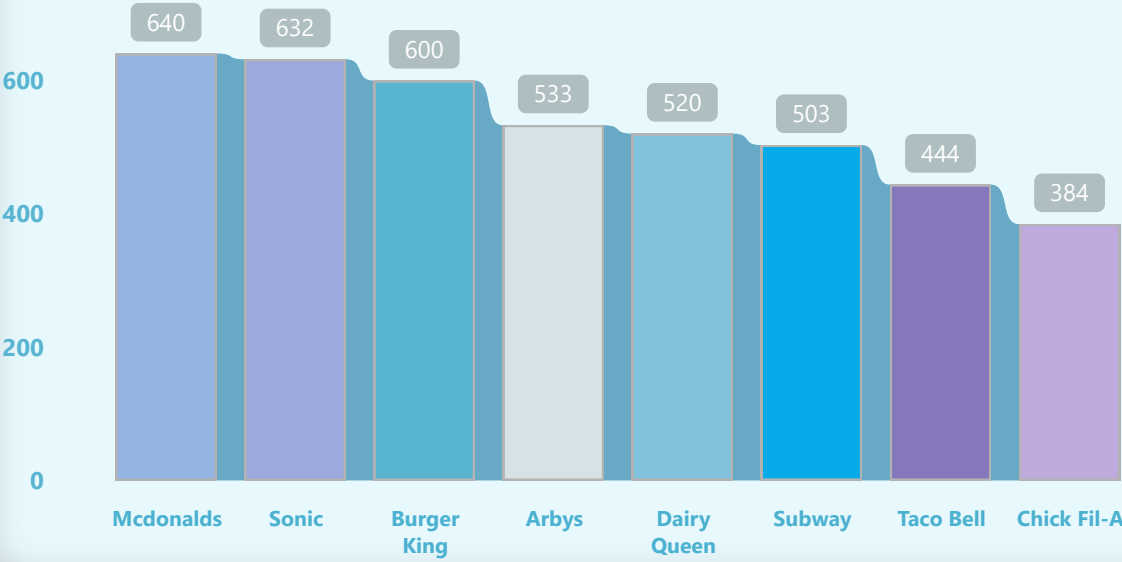
Protein , Calories & Total_fat by Restaurant



Calories by item & Restaurant



Avg Calories by Restaurant



Restaurant		Total Fat	calories		Sodium	Protein
Arbys	➡	1484	29300	🕒	83340	1609
Burger King	⬆	2497	41380	🕒	83600	2071
Chick Fil-A	⬇	436	10380	🕒	31090	856
Dairy Queen	⬇➡	1212	21850	🕒	49635	1043
Mcdonalds	➡	1813	36500	🕒	81960	2297
Sonic	➡	1995	33480	🕒	71590	1547
Subway	➡	1774	48290	🕒	122205	2910
Taco Bell	⬆	2403	51020	🕒	116600	2003
Total		13614	272200		640020	14336