

Weekly Meal Plan-same functionality as SBD

1

Remove Shares on left

2

Remove Phase icon

3

Remove Tour icon

4

Remove blue box message

5

Note: shopping list will display upon clicking just as on SBD

The screenshot shows the 'Weekly Meal Planner' interface in a Firefox browser. The URL is 'www.southbeachdiet.com/food-fitness/WeeklyMealPlan'. The page title is 'Weekly Meal Planner'. The interface includes a navigation bar with 'Home', 'My Tools', and 'Meal Planner'. The main content area displays a meal plan for 'Sun May 19 - Sat May 25'. The meal plan is organized into columns for 'BREAKFAST', 'AM SNACK', 'LUNCH', 'PM SNACK', 'DINNER', and 'DESSERT'. The meals are listed for 'SUN May 19' and 'MON May 20'. Annotations with red 'X' marks and numbered boxes indicate items to be removed or modified:

- 1: Remove Shares on left (points to the 'Shares' icon on the left sidebar).
- 2: Remove Phase icon (points to the 'Phase' icon on the left sidebar).
- 3: Remove Tour icon (points to the 'Tour' icon on the left sidebar).
- 4: Remove blue box message (points to a blue box message in the main content area).
- 5: Note: shopping list will display upon clicking just as on SBD (points to the 'Shopping List' button in the top right corner).

	BREAKFAST	AM SNACK	LUNCH	PM SNACK	DINNER	DESSERT
SUN May 19 Edit	Egg, Bacon, and Tomato "Sandwiches" Cocoa Walnut Yogurt	Part-Skim Mozzarella Cheese Stick	Spinach, Tomato and Mozzarella Salad Chicken en Papillote for 2 Broccoli & Cauliflower Medley for 2	Edamame Snack	Wild West Steak Surprise South Beach Diet Mashed "Potatoes" (Gluten-Free) Greens with Tomatoes, Herbs, and Toasted Pistachios	Mocha Ricotta Crème
MON May 20 Edit	Ham and Cheese Frico Breakwiches Chunky Vegetable Hash Iced Vanilla Coffee Milk	Café au Soy	Cheesy Frittata Cocoa Walnut Yogurt	Walnuts for 1 Cucumber Slices	Beef and Broccoli Salad with Mustard Vinaigrette Asparagus and Pea Salad with Tomato and Basil	Pumpkin Spice Ricotta Crème