Results

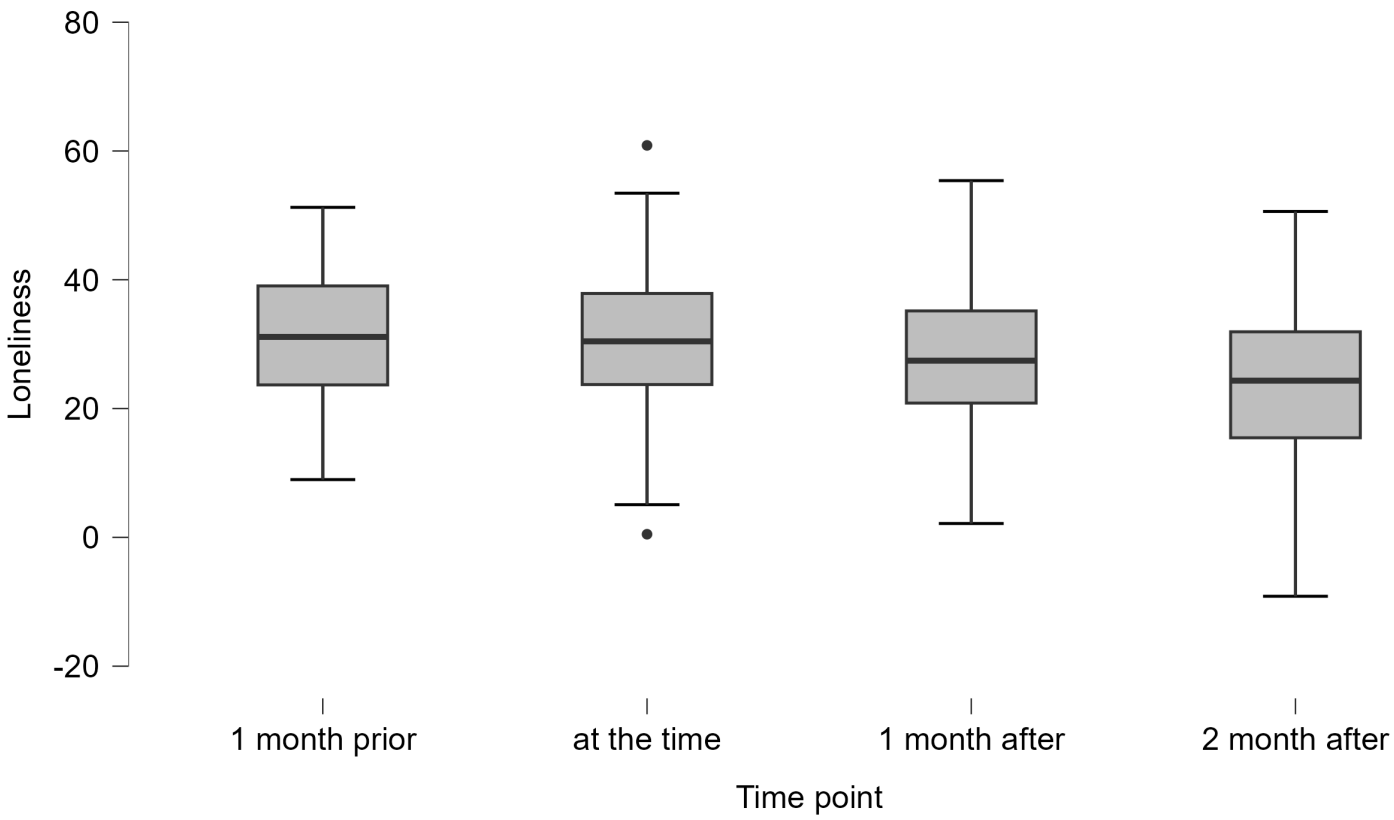
Descriptive Statistics

Descriptive Statistics

	Loneliness			
	1 month prior	at the time	1 month after	2 month after
Valid	188	183	179	181
Missing	12	17	21	19
Median	31.127	30.438	27.438	24.335
Mean	31.119	30.584	28.036	23.990
Std. Deviation	9.596	10.136	10.456	11.243
Minimum	8.969	0.485	2.150	−9.148
Maximum	51.247	60.866	55.396	50.608

Boxplots

Loneliness



Independent Samples T-Test

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	t	df	p	Cohen's d	SE Cohen's d
Loneliness	3.954	654	< .001	0.309	0.079

Note. Student's t-test.

Assumption Checks

Test of Normality (Shapiro-Wilk)

		W	p
Loneliness	1	0.997	0.872
	2	0.993	0.130

Note. Significant results suggest a deviation from normality.

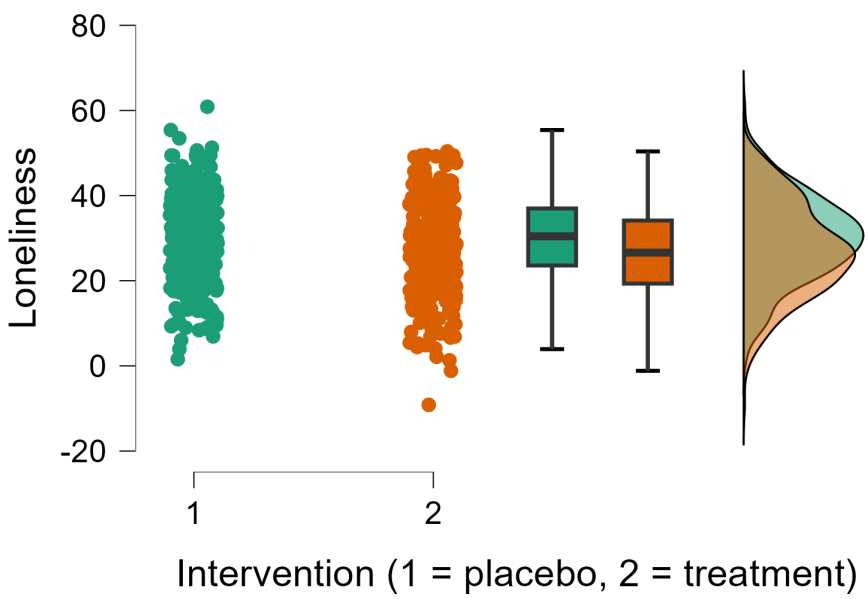
Test of Equality of Variances (Levene's)

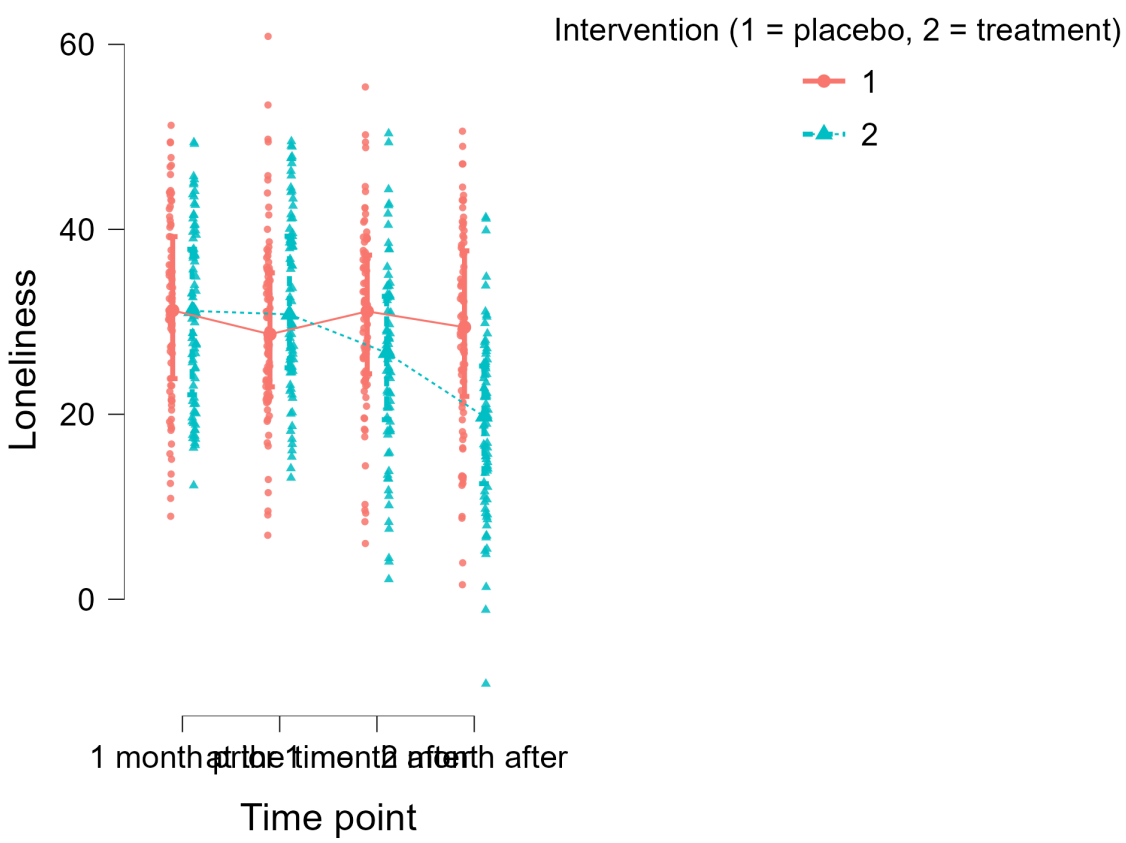
	F	df_1	df_2	p
Loneliness	2.438	1	654	0.119

Descriptives

Raincloud Plots

Loneliness



Flexplot

Flexplot