

Hardy-Littlewood's maximal function

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Introduction. The results below are due to Hardy, Littlewood and Fatou. More recent work which foremost is due to Feffermann and Stein study the interplay between Hardy spaces and functions with a bounded mean oscillation. So let us first expose some results of this more advanced nature where details of proofs can be studied from the last chapter in the book [Koosis]. Let D be the unit disc. An L^1 -function $u(z)$ in D is radially bounded if there exists a constant C such that

$$(*) \quad \frac{1}{\pi} \cdot \iint_{S_h} |u(z)| \cdot dx dy \leq C \cdot h$$

for each sector

$$S_h = \{z : \theta - h/2 < \arg z\theta + h/2\}$$

and every $h > 0$. The least constant C for which $(*)$ holds is denoted by $|u|^*$. Notice that $|u|^*$ in general is strictly larger than the L^1 -norm over D which occurs when we take $h = \pi$ above. If u satisfies $(*)$ we define a function P_u on the unit circle by

$$P_u(\theta) = \frac{1}{\pi} \cdot \iint_D \frac{1 - |z|^2}{|e^{i\theta} - z|^2} \cdot u(z) \cdot dx dy$$

With these notations one has

0.1 Theorem *There exists an absolute constant C such that*

$$|P_u|_{\text{BMO}} \leq C |u|^*$$

Thus, $u \mapsto P_u$ sends radially bounded $L^1(D)$ -functions to $\text{BMO}(T)$. The proof of Theorem 0.1 is relatively easy and relies upon the following:

Exercise. Show that when u is radially bounded and $H(z)$ is a harmonic function in D with continuous boundary values on T then

$$\iint_D H(z) \cdot u(z) \cdot dx dy = \int_0^{2\pi} H(e^{i\theta}) \cdot P_u(\theta) \cdot d\theta$$

A result by Fefferman. Using the duality between the Hardy space $H^1(T)$ and $\text{BMO}(T)$ the following converse result was proved by Fefferman:

0.2 Theorem. *Let $F(\theta) \in \text{BMO}(T)$. Then there exists a radially bounded $L^1(D)$ -function u and some $s(\theta) \in H^\infty(T)$ such that*

$$F(\theta) = s(\theta) + P_u(\theta)$$

Now we turn to classic results where details of proofs are supplied.

1. The weak type estimate

Let $f(x)$ be a non-negative function on the real x -line with support in a finite interval $[0, A]$ for some $A > 0$. We assume that f is integrable, i.e.

$$\int_0^A f(x) \cdot dx < \infty$$

The forward maximal function of f is defined by

$$f^*(x) = \max_{h>0} \frac{1}{h} \int_x^{x+h} f(t) \cdot dt$$

It is clear that f^* is non-negative and supported by $[0, A]$. To each $\lambda > 0$ we get the set $\{f^* > \lambda\}$. We shall prove an upper bound for its measure.

1. Theorem For each $\lambda > 0$ one has the inequality

$$\mathbf{m}(\{f^* > \lambda\}) \leq \frac{1}{\lambda} \cdot \int_{\{f^* > \lambda\}} f(x) \cdot dx$$

Proof. Introduce the primitive function

$$F(x) = \int_0^x f(t) \cdot dt$$

With $\lambda > 0$ we have the continuous function $F(x) - \lambda x$ and define the forward Riesz set by:

$$\mathcal{E}_\lambda = \{x: \exists y > x \text{ and } F(y) - \lambda y > F(x) - \lambda x\}$$

Exercise. Show the equality

$$\mathcal{E}_\lambda = \{f^* > \lambda\}$$

Now \mathcal{E}_λ is an open set and hence a disjoint union of intervals $\{(a_k, b_k)\}$. With these notations one has

Exercise. Show the following for each interval (a_k, b_k) :

$$F(b_k) - \lambda \cdot b_k = \max_{a_k \leq x \leq b_k} F(x) - \lambda x$$

In particular one has

$$\lambda(b_k - a_k) \leq F(b_k) - F(a_k)$$

This holds for each k and after a summation over the forward Riesz intervals the requested inequality in Theorem 1 follows.

2. An L^2 -inequality. Using Theorem 1 we shall prove that

$$(*) \quad \int_0^A f^*(x)^2 \cdot dx \leq \int_0^A f(x)^2 \cdot dx$$

We use general formulas for distribution functions which in particular give:

$$\int_0^A f^*(x)^2 \cdot dx = \int_0^\infty \lambda \cdot \mathbf{m}(\{f^* > \lambda\}) \cdot d\lambda$$

By Theorem 1 the last integral is majorised by

$$\begin{aligned} \int_0^\infty \left[\int_{\mathbf{m}(\{f^* > \lambda\})} f(x) \cdot dx \right] \cdot d\lambda &= \iint_{\{f^*(x) > \lambda\}} f(x) \cdot dx d\lambda = \\ &= \int_0^A \left[\int_0^{f^*(x)} d\lambda \right] \cdot f(x) \cdot dx = \int_0^A f^*(x) \cdot f(x) \cdot dx \end{aligned}$$

Finally, by the Cauchy-Schwartz in equality the last integral is majorised by the product of L^2 -norms

$$\|f^*\|_2 \cdot \|f\|_2$$

Hence

$$\|f^*\|_2^2 = \int_0^A f^*(x)^2 \cdot dx \leq \|f^*\|_2 \cdot \|f\|_2$$

and after a division with $\|f^*\|_2$ we get

Theorem 2. *One has the inequality*

$$\|f^*\|_2 \leq \|f\|_2$$

Remark. In a similar way we get an L^2 -inequality using the backward maximal function

$$f_*(x) = \max_{h>0} \frac{1}{h} \int_{x-h}^x f(t) \cdot dt$$

In general we define the full maximal function

$$f^{**}(x) = \max_{a,b} \frac{1}{a+b} \int_{x-a}^{x+b} |f(t)| \cdot dt$$

with the maximum taken over pairs $a, b > 0$. Then we get the L^2 -inequality

$$\|f^{**}\|_2 \leq \|f\|_2$$

3. A study of harmonic functions.

Let $f(t)$ be complex-valued function on the real t -line such that

$$\int_{-\infty}^{\infty} \frac{|f(t)|}{1+t^2} \cdot dt < \infty$$

We also assume that

$$f^{**}(0) = \max_{b>a} \frac{1}{b-a} \cdot \int_{-a}^b |f(t)| \cdot dt < \infty$$

where the maximum is taken over all pairs $a, b > 0$. Define the function $V(z) = V(x+iy)$ in the upper half-plane $y > 0$ by

$$V(z) = \frac{1}{\pi} \int_{-\infty}^{\infty} \frac{y}{(x-t)^2 + y^2} \cdot f(t) \cdot dt$$

Exercise. Prove the inequality

$$(1) \quad |V(x+iy)| \leq \left(\frac{|x|}{y} + 2\right) f^{**}(0)$$

Next, define Fatou's maximal function on the real x -line by

$$(3) \quad V^*(x) = \max_{y \leq |s|} |V(x+s+iy)|$$

Deduce via translations of x that (1) gives the inequality

$$V^*(x) \leq 3 \cdot f^*(x)$$

for all x where the maximal function $f^{**}(x)$ is defined for every x by

$$f^{**}(0) = \max_{b>a} \frac{1}{b-a} \cdot \int_{x-a}^{x+b} |f(t)| \cdot dt$$

Next, apply the Remark after Theorem 2 and conclude that

$$\int_{-\infty}^{\infty} V^*(x)^2 \cdot dx \leq 18 \cdot \int_{-\infty}^{\infty} f(x)^2 \cdot dx$$

Finally, by the construction $V(x) = f(x)$ it follows that

$$(*) \quad \|V^*\|_2 \leq 3\sqrt{2} \cdot \sqrt{\int_{-\infty}^{\infty} V(x)^2 \cdot dx}$$

4. Application to analytic functions.

Let $F(z)$ be analytic in $\Im m(z) > 0$ and assume that there is a constant C such that

$$\int_{-\infty}^{\infty} \frac{|F(x + iy)|}{1 + x^2} \cdot dx \leq C \quad \text{for all } y > 0$$

It means that F belongs to the Hardy space H^1 in the upper half-plane U_+ . We can divide out the zeros via a Blaschke product and write

$$F = B \cdot G$$

where G again belongs to H^1 and has no zeros in U_+ . Then \sqrt{G} is defined which gives a complex-valued harmonic function

$$V(z) = \sqrt{G(z)}$$

Now $(*)$ from (3) gives the inequality

$$(**) \quad \int_{-\infty}^{\infty} |F^*(x)| \cdot dx \leq 3\sqrt{2} \cdot \int_{-\infty}^{\infty} |F(x)| \cdot dx$$

where $F^*(x)$ is Fatou's maximal function for F defined for each real x by

$$F^*(x) = \max_{y \leq |s|} |F(x + is + iy)|$$

Exercise. Use the conformal map from U_+ to the unit disc D defined by

$$w = \frac{z - i}{z + i}$$

Explain how the previous result is translated when we start from an analytic function f in D for which the boundary value function $f(e^{i\theta})$ is in $L^1(T)$.

5. Conformal maps and the Hardy space $H^1(T)$

Let $g(z) = \sum a_n z^n$ be analytic in D and assume that its boundary value function is integrable, i.e. there exists a constant C such that

$$\int_0^{2\pi} |g(re^{i\theta})| \cdot d\theta \leq C$$

for every $r < 1$. In D there exists a single-valued branch of $\log(1 - z)$ whose imaginary part stays in $(-\pi/2, \pi/2)$ and with $z = re^{i\theta}$ we have

$$\Im m(\log(1 - z)) = -\frac{1}{2i} \cdot \sum_{n=1}^{\infty} r^n (e^{in\theta} - e^{-in\theta})$$

Exercise. 1 Deduce from the above that

$$(E.1) \quad \int_0^{2\pi} \Im m(\log(1 - re^{i\theta})) \cdot g(re^{i\theta}) \cdot d\theta = -\pi i \cdot \sum_{n=1}^{\infty} \frac{b_n}{n} \cdot r^{2n}$$

The case when $\{b_n\}$ are real and ≥ 0 . If this holds then (E.1) and the triangle inequality yield:

$$\pi \sum_{n=1}^{\infty} \frac{b_n}{n} \cdot r^{2n} \leq \frac{\pi}{2} \cdot \int_0^{2\pi} |g(re^{i\theta})| \cdot d\theta$$

So if we introduce the $H^1(T)$ -norm

$$\|g\|_1 = \int_0^{2\pi} |g(e^{i\theta})| \cdot d\theta$$

it follows after a passage to the limit when $r \rightarrow 1$ that

$$(*) \quad \sum_{n=1}^{\infty} \frac{b_n}{n} \leq \pi \cdot \|g\|_1$$

Application to conformal mappings. Let $\phi: D \rightarrow \Omega$ be a conformal mapping and assume that the complex derivative $\phi'(z)$ belongs to the Hardy space H^1 as above. Since $\phi' \neq 0$ in D there exists a single-valued analytic square-root:

$$\psi(z) = \sqrt{\phi'(z)}$$

Now ψ belongs to the Hardy space H^2 so if

$$\psi(z) = \sum b_n z^n \implies \sum |b_n|^2 < \infty$$

Let us then consider the H^2 -function

$$\Psi(z) = \sum |b_n| z^n$$

We get

$$\Psi^2(z) = \sum A_n z^n \quad \text{where} \quad A_n = \sum_{k=0}^{k=n} |b_k| \cdot |b_{n-k}|$$

and (*) gives:

$$(1) \quad \sum_{n=1}^{\infty} \frac{A_n}{n} \leq \pi \cdot \int_0^{2\pi} |\Psi(e^{i\theta})|^2 \cdot d\theta$$

Next, consider the Taylor series

$$\phi'(z) = \sum a_n z^n \implies a_n = \sum_{k=0}^{k=n} b_k \cdot b_{n-k}$$

The triangle inequality gives $|a_n| \leq A_n$ for each n so (1) entails that

$$(2) \quad \sum_{n=1}^{\infty} \frac{|a_n|}{n} < \infty$$

Finally, consider the Taylor expansion of $\phi(z)$:

$$\phi(z) = \sum c_n z^n$$

Here

$$nc_n = a_{n-1} \quad : \quad n \geq 1$$

Then it is clear that (2) implies that the series $\sum |c_n| < \infty$. Hence we have proved the following result which is due to Hardy:

5. Theorem. *Let $\phi(z)$ be a conformal map such that ϕ' belongs to H^1 . Then the Taylor series of ϕ is absolutely convergent.*

Exercise. Let Ω be a Jordan domain whose boundary curve $\Gamma = \partial\Omega$ has a finite arc-length. Let $\phi: D \rightarrow \Omega$ be the conformal mapping which by results from (xx) extends to a homeomorphism

from the closed disc \bar{D} onto $\bar{\Omega}$. Let $\ell(\Gamma)$ be the arc-length of Γ . Show that the derivative $\phi'(z)$ belongs to the Hardy space and

$$\int_0^{2\pi} |\phi'(e^{i\theta})| \cdot d\theta \leq \ell(\Gamma)$$

From this it follows that the Taylor series of $\phi(z)$ is absolutely convergent.

A hint for the exercise. To each $n \geq 1$ we set $\epsilon = e^{2\pi i/n}$, i.e. the n :th root of the unity. Now ϕ yields a homeomorphism from T onto Γ . The definition of $\ell(\Gamma)$ gives the inequality below where we set $\epsilon^0 = 1$.

$$(1) \quad \sum_{k=1}^n |\phi(\epsilon^k \cdot e^{i\theta}) - \phi(\epsilon^{k-1} \cdot e^{i\theta})| \leq \ell(\Gamma) \quad \text{for every } 0 \leq \theta \leq 2\pi$$

Keeping n fixed we notice that the function

$$s_n(z) = \sum_{k=1}^n |\phi(\epsilon^k \cdot z) - \phi(\epsilon^{k-1} \cdot z)|$$

is subharmonic in D . So the maximum principle for subharmonic functions and (1) give

$$(2) \quad \max_{\theta} s_n(re^{i\theta}) \leq \ell(\Gamma)$$

for each $r < 1$. Next, with $r < 1$ fixed the reader may verify the limit formula:

$$(3) \quad \lim_{n \rightarrow \infty} s_n(r) = \int_0^{2\pi} |\phi'(re^{i\theta})| \cdot d\theta$$

Hence (2-3) give

$$\int_0^{2\pi} |\phi'(re^{i\theta})| \cdot d\theta \leq \ell(\Gamma)$$

Now the Brothers Riesz theorem implies that $\phi'(z)$ belongs to $H^1(T)$, i.e. the boundary value function $\phi'(e^{i\theta})$ exists and belongs to $L^1(T)$.