April 2019 Newsletter

MENTAL HEALTH SUICIDE CALL TO ACTION

DEMYSTIFYING OPIOIDS PACKAGE

NRHI SUMMIT | KEYNOTE ANNOUNCED

Webinar Opportunity!

Medical Clearance Evaluation in the ED
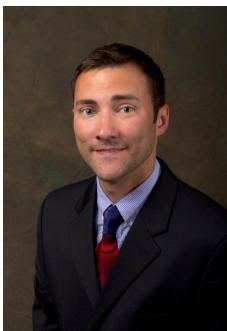
Friday, May 3, 2019
Noon - 1:00 p.m.
Register here!

How do we improve the experience of patients with mental health needs in the Emergency Department (ED)? How do we safely transition them to an appropriate treatment setting in a timely way?

In 2018, leaders from EDs and psychiatry developed and adopted shared standards for medical clearance evaluation in EDs to ensure a person is medically stable for transition to inpatient psychiatric facilities. The goal of these standards is to decrease the wide variation in practice that leads to unnecessary tests and delays in patient care.

Join Dr. Michael Schwemm, Allina Health, and Dr. Bruce Sutor, Mayo Clinic, for this lunch-time webinar. They'll share details of the recommendations, which are being implemented across the state as part of the MN Health Collaborative.

Dr. Michael Schwemm, ED Medical Director at Mercy Hospital, Allina Health Chair, Emergency Medicine Practice Committee, Allina Health, EPPA Emergency Physician

Dr. Bruce Sutor, Chair of Clinical Practice, Psychiatry and Psychology, Mayo Clinic

Suicide Prevention and Intervention in the Emergency Department (ED)

Call to Action Released March 2019

Learn more about the MN Health Collaborative's recommendations on suicide prevention and intervention in the ED that provide guidance to health systems that is evidence-based, adaptable to local context, and aligns with CMS and new Joint Commission requirements.

You can learn more in a previously recorded **webinar** by ED physician leaders Dr. Michael Schwemm of Allina Health and Dr. Chris Palmer of North Memorial Health. Listen as they share details on recommendations developed together by ED and psychiatry physicians and leaders, which are being implemented across Minnesota as part of the MN Health Collaborative.

Demystifying Opioids Package

We are excited to share our **'Demystifying Opioids' Package**, developed by the MN Health Collaborative Chronic Pain and Addiction working groups.

One of the biggest opportunities these working groups identified was the need to create tools and resources for primary care providers who care for patients on chronic opioids. Knowing that simply eliminating opioids is not a solution for every patient, providers have many questions about what is the best approach to supporting patients on opioids:

- When should I consider opioid use disorder?
- What are the criteria for diagnosing opioid use disorder?
- How do I talk to my patient about tapering?
- How do I taper if my patient is on both an opioid and a benzodiazepine?

To answer these questions, the 'Demystifying Opioids' package was created for use in primary care. The package contains algorithms for screening, diagnosing, and treating opioid use disorder, and a Frequently Asked Questions (FAQs) handout that discusses effective tapering methods.

Read more about the MN Health Collaborative, an influential group of health leaders from 15 organizations working together to find solutions to healthcare's toughest challenges, including opioid misuse and addiction, and system improvements for broader mental health needs.

NRHI's 3rd Annual National Affordability Summit

October 16, 2019
Minneapolis, MN

This event will bring together top thought leaders and change-makers who are taking action and creating urgency for affordable healthcare. NRHI will spotlight results and success from the public and private sector. Attendees will leave with ideas for influencing policy and action locally and nationally by learning from those who are disrupting the status quo. NRHI believes that through multi-stakeholder collaboration there is tremendous opportunity. The time is now for true transformation. Be a part of the solution.

Featuring Keynote Speaker: Christopher Koller - President, Milbank Memorial Fund

Register here!

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