```
mysql> DESC lamsetmUsers;
            | Type
 Field
                            | Null | Key |
                                           Default | Extra
 username
             | varchar(50)
                            | YES
                                           NULL
  password
              varchar(50)
                              YES
                                           NULL
  firstName
              varchar(255)
                              YES
                                           NULL
 lastName
              varchar(255)
                             YES
                                           NULL
  email
              varchar(255)
                              YES
                                           NULL
              varchar(255)
  street
                              YES
                                           NULL
 city
              varchar(255)
                             YES
                                           NULL
  state
              varchar(255)
                             YES
                                           NULL
  zip
              varchar(255)
                              YES
                                           NULL
              varchar(255)
  country
                            | YES
                                           NULL
10 rows in set (0.03 sec)
```

[mysql> DESC lamsetmRecipe;								
Field	Туре	Null	Key	Default	Extra			
foodName dietType descrip	varchar(50) varchar(50) varchar(255)	YES YES YES		NULL NULL NULL				
3 rows in set (0.01 sec)								

[mysql> DESC lamsetmComments;								
Field	Type			Default	Extra			
name title comment	varchar(50) varchar(50) varchar(500)	YES YES YES		NULL NULL NULL				
3 rows in set (0.01 sec)								