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Shape your habits, earn crypto, and have a blast along the way!

https://forgehabit.com

Forge Habit

How it works

Leaderboards

FAQ

Launch app

Define a new habit and turn it into a part of your lifestyle in the long-run.

Good SMART goals:

"I want to learn the fundamentals of Rust so that I can start building Substrate dapps. Everyday I will spend 1 hour learning Rust through videos, coding exercises, writing functions, etc."

"I want to practice Korean at least 30 minutes a day so that I can navigate my way when I travel to South Korea for the first time. I want to be able to find my way around and ask for basic help in Korean."

"I want to master Figma so that I can start prototyping new ideas and websites. Everyday I will spend 30 minutes learning theory, and 30 minutes practicing using Figma."

"I want to get healthier by doing more exercises and/or learning about nutrition daily. I will work out at least 3 times/ week: go on a long walk, go for a run, go swimming, or go to the gym. On off days, I will learn about nutrition and/or watch some exercise videos to guide me."

Write the habit that you want to form here, followed by the goal that you can achieve with that habit...

Commit yourself!

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How the app functions

How it works in 5 easy steps:

1. Sign up with your wallet of choice

2. Set a specific (SMART) goal or habit that you would like to form

3. Pledge a customized amount of crypto to hold yourself accountable

4. Check in daily after you have completed the task that will bring you closer to forming your habit

5. For every successful daily checkin, you will earn some tickets that will increase your chances of winning at our monthly prize drawing

Illustrative image of man or woman forging new habit daily

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Current pledges

User 1 picture or habit photo

Day 4/21

User 1's goal

100 USDC pledged

Remaining locked amount: 80.953 USDC

User 2 picture or habit photo

Day 10/21

User 2's goal

0.1 WETH pledged

Remaining locked amount: 0.0523 WETH

User 3 picture or habit photo

Day 1/21

User 3's goal

50 USDT pledged

Remaining locked amount: 47.619 USDT

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FAQ

Q: Does it cost money/crypto to participate?

A: We want people to take their goal seriously, so we have set a minimum of 5 USDC per challenge/goal in order to motivate them to perform the habit daily thanks to the psychology of loss aversion. If user successfully checks in everyday throughout the whole challenge period, the full pledge amount will be returned to them and user will also be eligible for monthly prize drawing! Users who want to try out the app for free can also use the app on testnet.

Q: Can I pledge with other crypto or fiat?

A: We will add other crypto (USDT, WETH, etc.) in the near future. Regarding fiat, unfortunately, it is not possible at the moment, we will consider implementing the on-ramp (buying crypto with fiat) option in the future if there is a lot of demand.

Q: Can I customize the challenge/goal duration to suit my goal?

A: At the moment, we only allow people to sign up for 21-day challenge/goal. In the future, we will add other durations and may even allow people to customize their own challenge duration, as long as it is a 21-day minimum since we believe that habit needs to be formed over time and anything less than 21-day will not be effective in forming a habit long-term.

Q: Can I change the check-in frequency (once/week, or 3x/week)?

A: We will add this feature if we have a lot of requests in the future. Please connect with us on our social media and share with us your goal and the respective frequency.

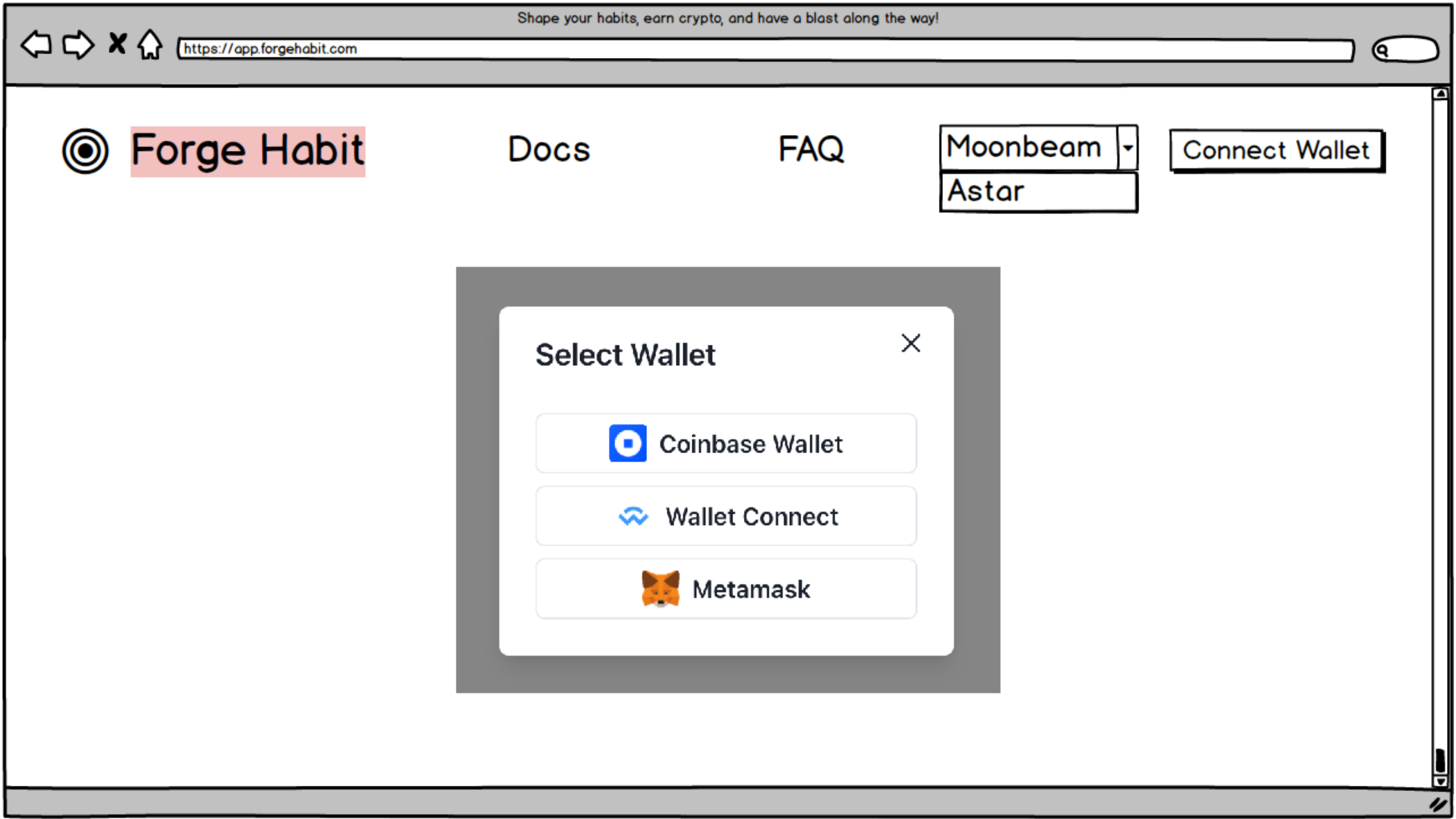
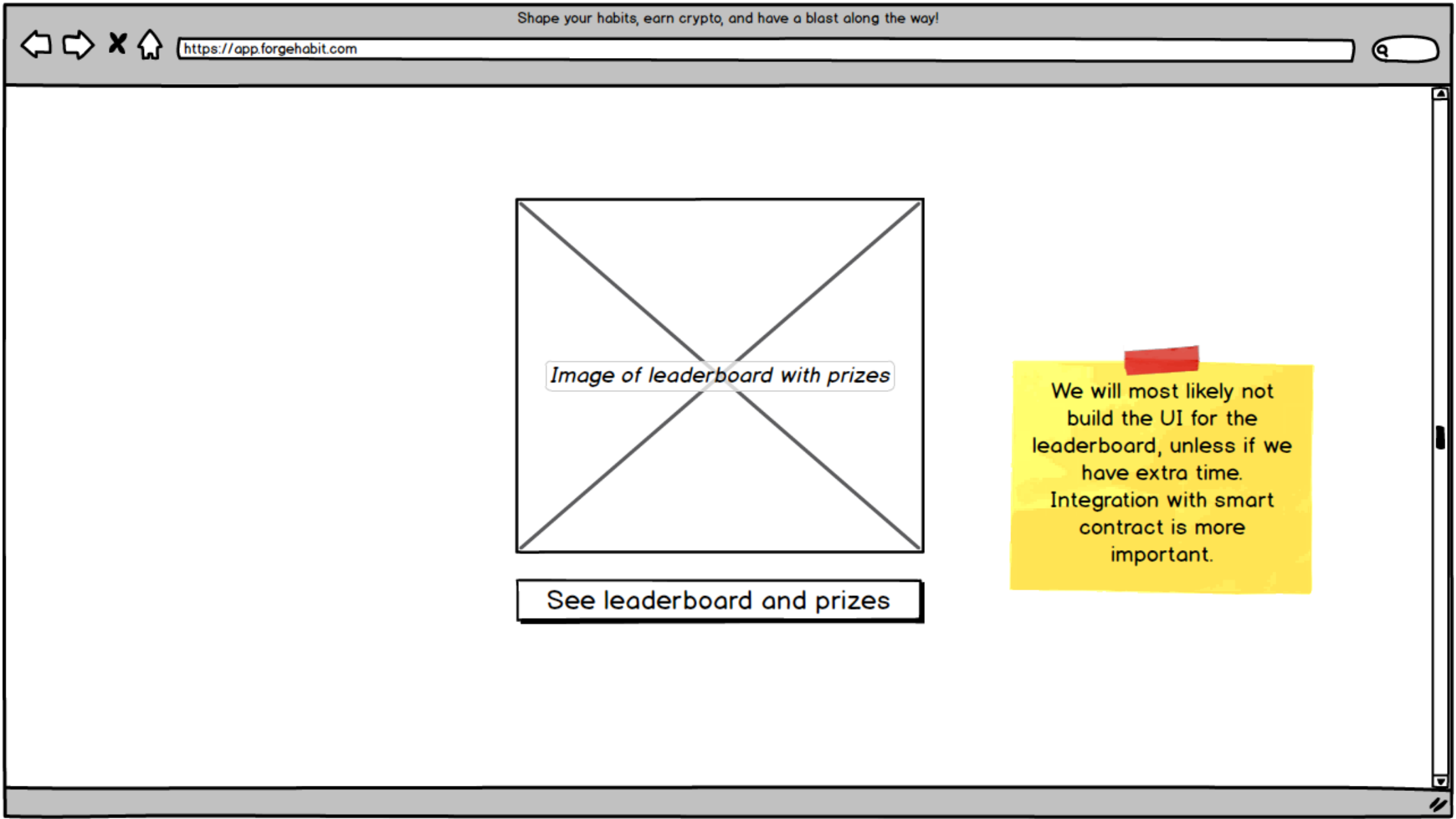
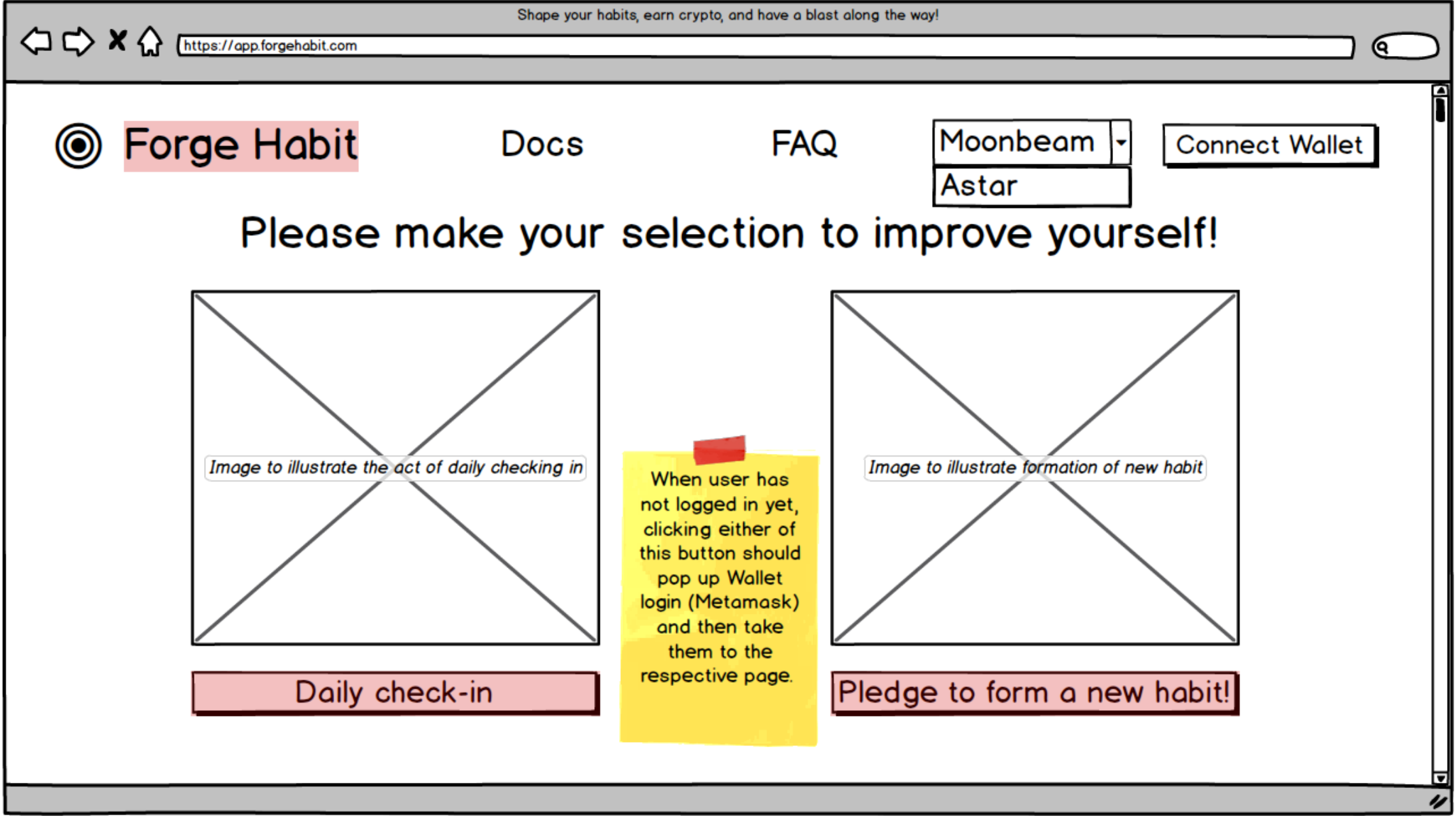
Twitter

GitHub

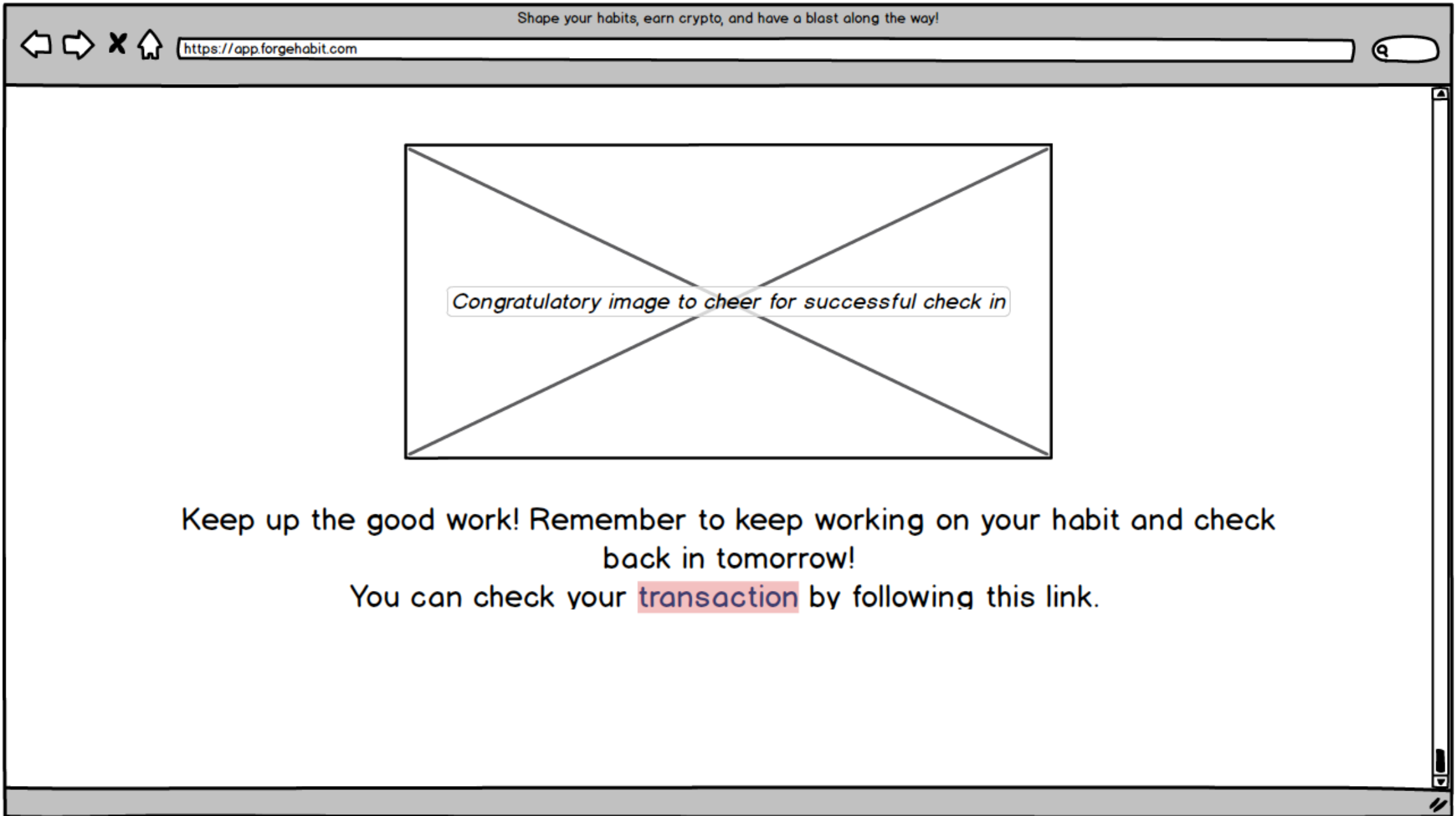
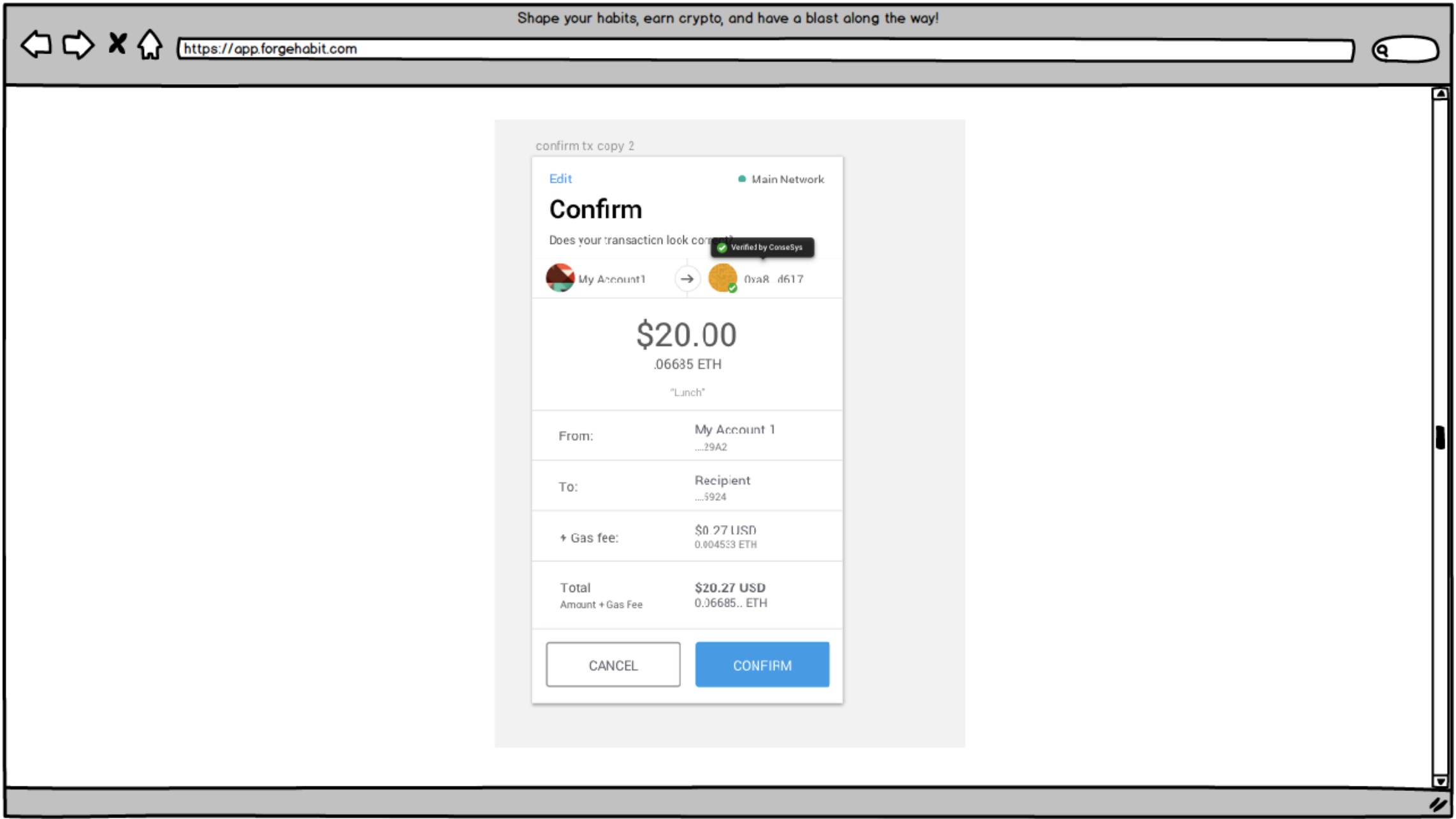
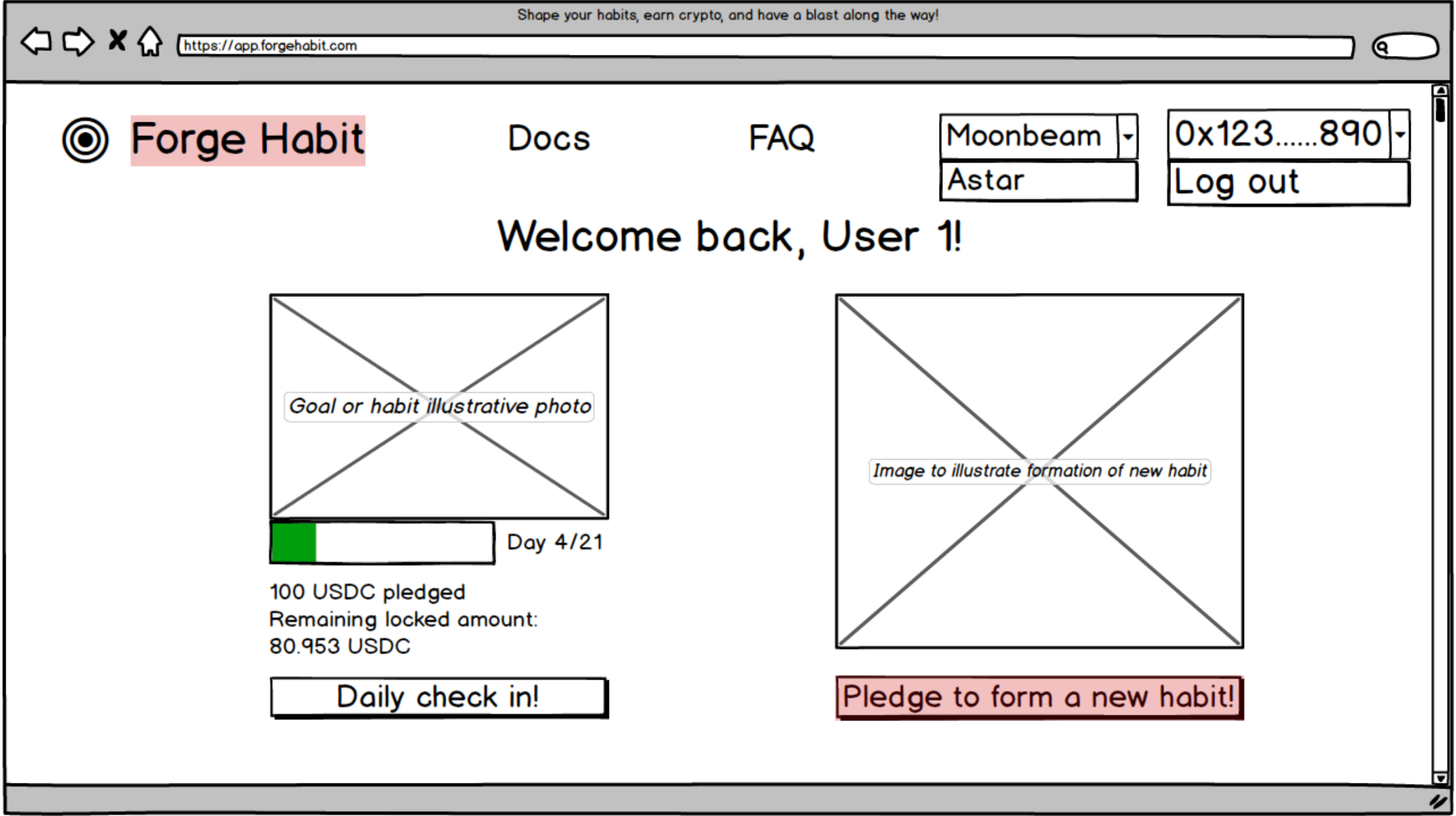
Docs

Privacy Policy

App







Shape your habits, earn crypto, and have a blast along the way!

https://app.forgehabit.com/new-challenge

Moonbeam

Astar

0x123.....890

Log out

Let's build a new habit!

SMART goal

I want to learn Rust so that I can build my own Substrate dapp.

Pledged amount

100

USDC

WETH

USDT

Start date

◀

JULY 2023

▶

S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

Duration (in days)

21

For v1, we will just default the duration to 21 days

Commit!

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https://app.forgehabit.com/new-challenge

confirm tx copy 2

Edit

Main Network

Confirm

Does your transaction look correct?

Verified by ConsenSys

My Account1

→

0xa8...d617

\$20.00

.06635 ETH

"Lunch"

From:

My Account 1  
...29A2

To:

Recipient  
...5924

✦ Gas fee:

\$0.27 USD  
0.004533 ETH

Total Amount + Gas Fee

\$20.27 USD  
0.06685.. ETH

CANCEL

CONFIRM

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Congratulatory image

Congratulations for taking the 1st step towards forming a new habit!  
You can check your [transaction](#) by following this link.