

REF:CNLC/VOL.1/55/2024



OFFICE OF THE COUNTY COORDINATOR
PO BOX 180-70200
WAJIR

31/07/2024

The Secretary/CEO
National land commission,
PO. Box 44417,
Nairobi.

Thro'

The County Coordinator

Wajir.

Dear Sir/Madam,

*forwarded for
necessary action
and recommended.*

31/7/2024

RE: APPLICATION FOR MATERNITY LEAVE 90 days with effect from 14th of August 2024.

I humbly and respectfully wish to draw your attention on the above subject. I have been an expectant mother for the last 9 months and my due date for giving birth is supposed to be on 14th of August 2024. I therefore request the commission to give me a maternity leave with effect from 14th August 2024.

Attached herewith please find my clinic note book. In case of any communication the Commission can contact me through my email at (fatumaahmed0031@gmail.com) or 0722118280.

I hope my request will be considered.

Yours faithfully

Fatuma Ahmed Omar NLC20150362

SECTION 1: (ANC, CHILDBIRTH AND POSTNATAL CARE)

MATERNAL PROFILE

Name of Health Facility: AIC
 KMHFL Code: 13268
 PNC No.
 Name of Client: FATUMA AHMED OMAR
 Age: 31 Gravida: 6 Parity: 5-0 Height(cm): Weight(kg): 66.4
 LMP: 7/11/2023
 Marital Status: Married
 County: Layir Subcounty: Layir East Ward: Bamsaku
 Town/trading centre/village: SUR RISE
 Physical address:
 Telephone: 0722118280
 ID Number: 29818263
 Education level: Degree
 Relationship: spouse
 Next of Kin: AHMED
 Next of Kin's Contacts/Phone: 0722 476412

MEDICAL & SURGICAL HISTORY

Surgical Operation - Specify: Yes - 2023 - Removal of blood stones
 Diabetes? Yes: No
 Blood Transfusion: No
 Any Drug Allergy? Yes: No
 Other allergies, specify: None
 Family History: Twins NO
 Tuberculosis: NO
 Hypertension Yes: No
 Tuberculosis: No

Attend all your Antenatal clinic visits as advised by the health care provider
 NOT FOR SALE



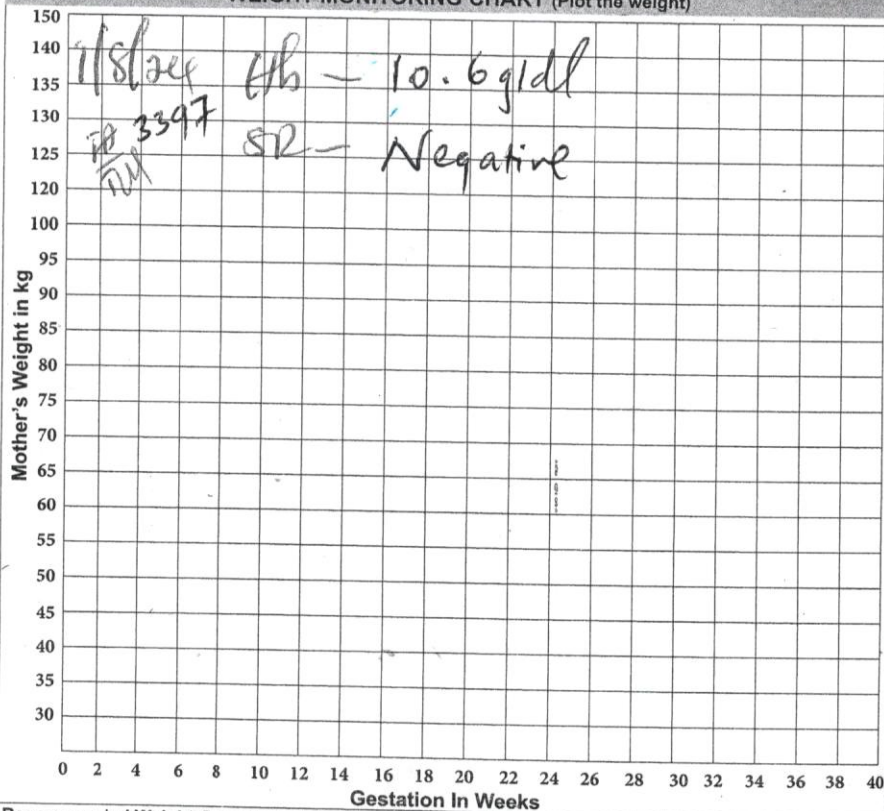
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PRESENT PREGNANCY TABLE

No of Contacts	Date	Urine	MUAC (cm)	Bp	Hb	Pallor	Gestation in weeks	Fundal Height	Presentation	Lie	Foetal Heart rate	Foetal Movement	Screen for mental health	Next Visit
1	29/4/24		63.9	96/112	10.6		24/40	epn	ly	112	ru			25/5/24
2	29/5		64.4	112/63			22/40	epn	ly	112	ru			23/6/24
3	1/7/24		66.4	75/82			24/40	epn	ly	112	ru			1/8/24
4	1/8/24		66.5	78/10.6			35/40	epn	ly	112	ru			10/8/24

Refer to page 10 for schedule of contacts.

WEIGHT MONITORING CHART (Plot the weight)



Recommended Weight Gain: A total of at least 7kg to 12kg during pregnancy with an average of: 1st trimester 0.5kg/month, 2nd trimester 1-1.5kg/month, 3rd trimester 2- 2.2kg/month.

Attend all your Antenatal clinic visits as advised by the health care provider.



Confirmed from
True way
31/11/24