

30 years old
Half Brazilian-Half Mexican
Incredible initiative
Outgoing and social

“What I like most about capoeira is the constant challenges, the constant struggle to improve.”

Marcelo “Madrugado” Da Silva

Verde Belt

A LIFELONG CAPOEIRISTA

Marcelo has been training at Axé Capoeira for over 10 years, receiving his *verde* (graduado) belt. He teaches beginner classes twice a week at UBC, participates in global capoeira events in places like Phoenix, Toronto, and Brazil, and has developed his own unique style.



INTENSE INITIATIVE

A violinist and songwriter in a Latin music band, a part-time stuntman, and a continual capoeira practitioner and instructor - Marcelo takes on many jobs, relishing the challenges and insecurities of each. His days are packed, consisting of workouts, training sessions, and gigs with his band.



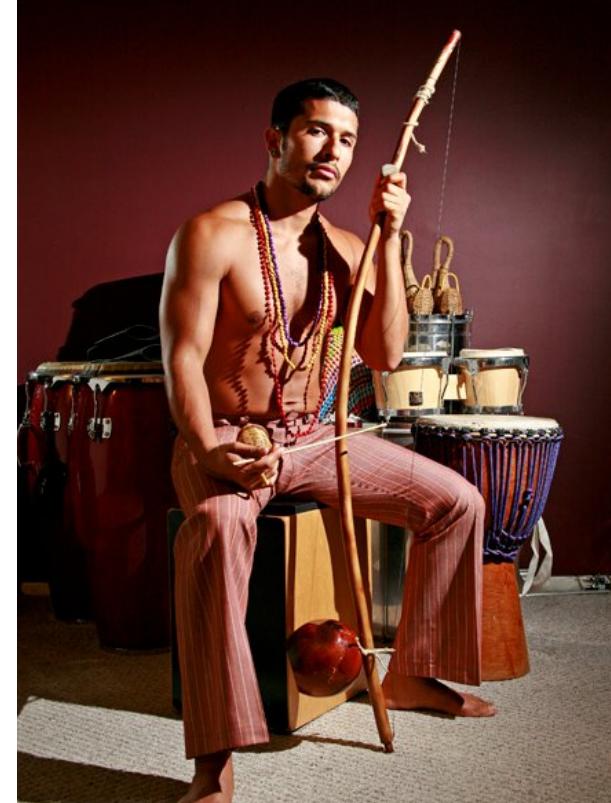
LIVING THE LIFE

Marcelo lives with his girlfriend in a nice apartment on Arbutus and 1st. Due to his intense schedule, she often has to take care of the home on her own. The two of them try to live a healthy lifestyle together, practicing yoga and cooking healthy meals.



GOALS AND MOTIVATIONS

Having faced a severe knee injury in the past, Marcelo works out extremely hard so as not to reinjure himself. He wants to become a source of stability for his family and a strong role model for his students. He needs to choose whether to continue growing in capoeira, or quit to pursue his other passions.



THE LITTLE DETAILS

When he can manage some free time, Marcelo enjoys watching movies (*Die Hard* is his favourite) and indulging in the occasional tenderloin steak at a fancy restaurant.

25 years old
Chinese
Health-focused life
Family-oriented

“I don’t know if I’ll keep doing capoeira... I know I want to be a good mother, a good wife, and that comes first.”

Vivian “Formiga” Lee

ENGAGED WITH CAPOEIRA

Vivian has been training with Axé Capoeira for 6 years, 3-4 times a week. She’s gone to Brazil and wants to return, and is even teaching kids’ classes once in a while. She’s more keen on staying healthy and representing women in capoeira than getting her next belt (the marrom-verde belt).



Marrom Belt



HEALTHY LIVING

Vivian takes pride in her healthy lifestyle - not only does she practice capoeira often, but some nights she enjoys salsa dancing, and on the weekends she sometimes hikes Vancouver’s trails. She also enjoys cooking and aims to cook and eat fresh, healthy meals.



FAMILY FIRST

Despite being an only child and currently living only with her boyfriend, Vivian truly values her family and loves her parents and boyfriend. She very much wants children in the future, and wouldn’t mind becoming a homemaker in order to raise the family well.



GOALS AND MOTIVATIONS

Although she’s heavily involved with capoeira and has a stable job working as a project manager at *Fancy Colours* (a branding firm), Vivian’s career goals and family goals are clashing - she may need to quit capoeira and her job to raise her family. This is important, because she is a bit afraid of not having a family to love and depend on.



THE LITTLE DETAILS

Vivian and her boyfriend share a love of cats and own one white cat, Luna. She’s recently taken up Crossfit and wants to develop a toned, beach-friendly body.

26 years old
Mexican
Reserved lifestyle
Hard worker

“I have nothing to do after work sometimes, so I’m just trying to have some fun.”



Rafael Martinez

Crua-Azul Belt

AN INTEREST IN CAPOEIRA

Rafael saw Axé Capoeira's demonstration in last year's downtown Vancouver parade, became interested, and joined the beginner class. He enjoys the musical and strategic aspects of capoeira, but he's not very athletic, and his tough work schedule means that he can't always meet his desired three classes a week.



FILLING HIS FREE TIME

Outside of an engineering job from 8:30-6:00 each day, Rafael tries to take it easy in his free time. If he doesn't attend capoeira, he's might be playing FIFA '15 with his roommate or attending a house party.



A RESERVED LIFESTYLE

Despite the occasional party, Rafael is reserved and values hard work and responsibility. As he's on a work Visa from Mexico, he doesn't have many Vancouver friends, often hanging out with his roommate and a few others. He trains at the back of the capoeira class, without socializing.



GOALS AND MOTIVATIONS

Rafael came to Canada for a job opportunity, and now is seeking stability in his life. He wants to find a girlfriend and maintain a solid income so he can start and support a family. His self-confidence isn't very high, and he hopes that by slowly moving out of his comfort zone he can become a better capoeirista, and a better person.



THE LITTLE DETAILS

If he's too tired to cook, Rafael eats at a restaurant near his apartment (he likes KFC). He's a bit of an Android elitist who looks down on iPhones.