



北京师范大学附属中学
THE HIGH SCHOOL AFFILIATED TO BEIJING NORMAL UNIVERSITY

誠
Integrity

愛
Compassion

勤
Diligence

勇
Courage

欢迎你们

Welcome!





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沙包

shā bāo

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缝féng沙包

To sew 沙包.





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誠 愛 勤 勇
Integrity Compassion Diligence Courage

准备材料

Materials needed



- To thread the needle and tie a knot at the end of the threads.



- To sew the two edges.





Attentions:



- A few more extra stitches around the corner and at the end to make sure the stitches won't open.



- The smaller the better between the two stitches, at least no more than 3 millimeters.



- To turn the bag inside out.



To fill it with the stuff.



To fold the raw edges
inwards.

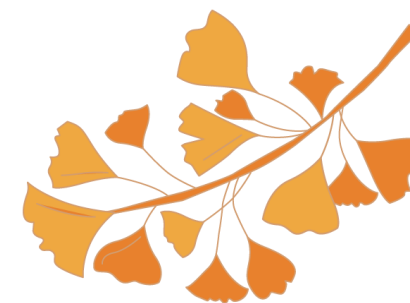




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Binding off

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Integrity Compassion Diligence Courage





Binding off

Attention: On both ends we need extra stitches to keep it from opening .



Congratulations!





玩儿wánr沙包

To play with

1. 倒dǎo沙包

2. 打鸭子(dǎyāzi)

Duck Hunt





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