

MetaLab: A platform for cumulative meta-meta-analyses

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## Abstract

Letter of Intent: Using data from MetaLab, we analyze large-scale patterns in the infant language development literature on the methodological level. We describe recent concerns about statistical power and its role in lowering replicability in the behavioral sciences more broadly. Although statistical power has been a concern in infancy research, no extant data speak to the average level of power in this area. Addressing this gap, we calculate the typical statistical power for experiments across our database by comparing sample sizes in each experiment to the meta-analytic estimate of the effect size. The results of this analysis are striking: With a median effect size of Cohen's  $d = .59$  across all 13 phenomena, and a typical sample size of 18 participants per cell, power is at 40%. This suggests that typical sample sizes in infancy research are far too low and researchers do not habitually consider effect sizes in their experiment planning. We also show that seminal publications in our literature typically over-estimate the median effect size relative to later investigations. Therefore, they are an inappropriate guide to experiment planning. At the same time, we find no evidence for p-hacking within phenomena. We conclude with recommendations for experimental planning and reporting. For others building new MAs and meta-MAs, we provide recommendations to make those datasets useful to their communities, including how to diagnose inappropriate research practices and to make their datasets, as demonstrated with MetaLab, open and dynamic. To further promote the use of meta-analyses, we have developed educational materials appropriate to developmentalists interested in building new MAs, or contributing additional data to extant MAs that have been set up in a community-augmented fashion.

*Keywords:* replicability, reproducibility, meta-analysis, language acquisition

Word count: X

## MetaLab: A platform for cumulative meta-meta-analyses


Empirical research is built on a never-ending conversation between theory and data, between expectations and observations. Theories lead to new experimental questions and new data in turn help us refine our theories. This process is based on access to reliable empirical data. Unfortunately, the assessment of the value of empirical data points seems to be largely determined by publishability (Nosek, Spies, & Motyl, 2012), which (partially) depends on significant and surprising outcomes. Aiming for publishability in turn can lead to practices that, when ensconced, can seriously undermine the quality of the data in whole fields. In a seminal contribution, Ioannidis (2005) has concluded that most empirical research findings are false, with the actual proportion of false findings being dependent on several features, including the underlying effect size of a particular phenomenon, typical sample sizes, and the degrees of flexibility in data collection and analysis – factors that are all relevant to developmental research. According to some interpretations, inappropriate research and reporting practices may be to blame for the surprisingly high proportion of non-replicable findings in psychology (J. P. Simmons, Nelson, & Simonsohn, 2011). Replicability, however, is crucial in experimental sciences, particularly for developmental research: Theories should be based on robust findings and their boundary conditions have to be explored with sufficiently powered studies to avoid an excess of false negatives. Further, translating findings on child development into practice requires a solid knowledge base.

We survey and quantify current practices in developmental research using meta-analytic tools. To this end, we take a different approach from the typical meta-analysis by aggregating over multiple datasets. Using a collection of standardized meta-analyses we focus on key experimental design choices, namely sample size and ensuing power as well as method choices. In doing so, we provide the (to our knowledge) first assessment of typical practices of developmental research. Based on our findings and experiences with building meta-analyses and using meta-analytic tools, we end this paper with suggestions for change.

In this paper, we focus on language acquisition research, covering a variety of methods

(10 in total) and participant ages, from newborns to 3.50-year-olds. Since our approach is accompanied by extensive educational materials, completely open data and scripts, and we build on open source software (particularly R, R Core Team (2016)), our approach can easily be extended to other domains of child development research and we strongly encourage fellow researchers to build similar collections of meta-analyses describing and quantifying phenomena in their sub-domain of developmental research.


## Key concerns for robust research in developmental science

In this section we review potential hindrances to developmental research being robust and reproducible, and briefly describe how we will assess the status quo. Note that all these descriptions are by necessity brief, for extended discussions we provide references to suitable readings. **TODO:**  ck / **ADD**

**Statistical power.** Power refers to the probability of detecting an effect and correctly rejecting the null hypothesis if an effect is indeed present in a population; power is therefore dependent on the underlying effect size and the sample size. Of course, low power is problematic in terms of increased chances of type-II errors (i.e., failure to find a significant result when there is an underlying effect). It has become increasingly clear that low power is also problematic in the case of type-I errors, or false positives, as the effects reported in such cases will be over-estimating the true effect (see also Ioannidis, 2005, and @Simmons2011 and Button et al. (2013)). This makes appropriate planning for future research more difficult, as sample sizes will be too small, leading to null results due to insensitive research designs rather than the absence of the underlying effect. This poses a serious hindrance for work building on seminal studies, including replications and extensions.

Underpowered studies pose an additional and very serious problem for developmental researchers that interpret significant findings as indicating that a skill is “present” and non-significant findings as a sign that it is “absent”. In fact, even in the most rigorous study design and execution, null results will occur regularly; consider a series of studies with 80%

power (a number typically deemed sufficient), where every fifth result will not reflect that there is a true effect present in the population. We outline alternative approaches that allow for such statements in the discussion section.

To investigate the status quo, we first compute typical power per phenomenon, based on meta-analytic effect sizes and typical sample size. We explore which effect sizes would be detectable with the sample sizes present in our datasets. We additionally investigate  researchers might determine sample sizes using a different heuristic, following the first paper on their phenomenon of interest.

**Method choice.** Improving procedures in developmental research can be considered both an economical and ethical necessity, because the population is difficult to recruit and test. For this reason, developmentalists often “tweak” paradigms and develop new ones to increase reliability and robustness, all with the aim of obtaining a clearer signal. Especially given the time constraints, we aim to collect a maximum of data in the short time span infants and children are willing to participate in a study. Emerging technologies, such as eye-tracking and tablets, have consequently been eagerly adopted (Frank, Sugarman, Horowitz, Lewis, & Yurovsky, 2016). As a result, multiple ways to tap into the same phenomenon exist; consider for example the fact that both headturn-based paradigms and offline as well as online measurements of eye movements are frequently being employed to measure infant-directed speech preference (Dunst, Gorman, & Hamby, 2012, and @Manybabies1).

It remains an open question to what extent these different methods lead to comparable results. It is possible that some are more robust, but it is difficult to extract such information based on single studies that use different materials and test various age groups (but see the large-scale experimental approach by ManyBabies Collaborative, 2017). Aggregating over experimental results via meta-analytic tools, in contrast, allows us to extract general patterns of higher or lower noise by comparison of effect sizes, which are directly affected by the variance of the measurement.

We will assess in how far the different methods used in the present collection of meta-analyses vary in the resulting effect size. Further, taking possible resource limitations into account, we ~~consider drop out rates as a potential measure of interest and~~ discuss whether higher exclusion rates coincide with more precise measures, yielding higher effect sizes.

**P-hacking.** Undisclosed flexibility during data collection and analysis is a problem independent of the availability of various methods to conduct infant studies. To begin with, using flexible stopping rules, where the decision to stop or continue testing depends on the result of a statistical test, increases the likelihood to obtain a “significant” outcome well beyond the traditional 5%. As for analytic flexibility, researchers can conduct multiple significance tests with several more or less related dependent variables. In developmental research, this problematic practice encompasses transforming the same measured data into multiple dependent variables (such as mean scores, difference scores, percentages, and so on) as well as selectively excluding trials and re-testing the new data for statistical significance. Next, multiple conditions that selectively can be dropped from the final report increase the number of significance tests. Finally, ~~it is problematic to post hoc~~ <sup>one can</sup> introduce covariates, most prominently gender, and test for an interaction with the main effect. ~~Finally combining two or more of these strategies again inflated the number of significant results.~~ All these practices might seem innocuous and geared towards “bringing out” an effect the researcher believes is real, yet they can inflate the number of significant  $p$ -values, effectively rendering  $p$ -values and the notion of statistical significance meaningless (Ioannidis, 2005, and @Simmons2011).

It is typically not possible to assess whether flexibility led to false positive in a given report. However, we can measure symptoms of such practices. A possible “symptom” is a distribution of  $p$ -values with increased frequency just below the significance threshold, and/or an overall flat distribution of  $p$ -values indicating that those results that were significant in fact represent the to be expected 5% type-I error. We will use  $p$ -curves to assess both whether there is an excess of  $p$ -values just below the significance threshold and

whether  $p$ -values are distributed in a way that is or is not consistent with a true phenomenon being tested (Simonsohn, Nelson, & Simmons, 2014).

## Methods

### Data

All data presented and analyzed in the present paper are part of a standardized collection of meta-analyses (MetaLab), and are freely available via the companion website <http://metalab.stanford.edu>. Currently, MetaLab contains 12 meta-analyses, or datasets, where core parts of each meta-analysis are standardized to allow for the computation of common effect size estimates and for analyses that span across different phenomena. These standardized variables include study descriptors (such as citation and peer review status), participant characteristics (including mean age, native language), methodological information (for example what dependent variable was measured), and information necessary to compute effect sizes (number of participants, if available means and standard deviations of the dependent measure, otherwise test statistics of the key hypothesis test, such as  $t$ -values or  $F$  scores). This way, the analyses presented in this paper become possible.


MetaLab contains datasets that address phenomena ranging from infant-directed speech preference to mutual exclusivity, sampled opportunistically. Meta-analyses are either based on data collected with involvement of subsets of authors of this paper ( $n=10$  datasets) or they were extracted from previously published meta-analyses related to language development ( $n=2$ , Colonnese, Stams, Koster, & Noom, 2010; Dunst et al., 2012). In the former case, we attempted to document as much detail as possible for each entered experiment (note that a paper can contain many experiments, as shown in Table 1).

Detailed descriptions of all phenomena covered by MetaLab, including which papers and other sources have been considered, can be found on the companion website at

<http://metalab.stanford.edu>.



## Statistical approach

As dependent measure, we report Cohen's  $d$ , a standardized effect size based on comparing sample means and their variance. Effect size was calculated when possible from means and standard deviations ~~across designs~~ with the appropriate formulae. When these data were not available, we used test statistics, more precisely  $t$ -values or  $F$  scores of the test assessing the main hypothesis. We also computed effect size variance, which allows to weigh each effect size when aggregating across studies. The variance is mainly determined by the number of participants; intuitively effect sizes based on larger samples will be assigned more weight. Note that for research designs testing the same participants in two conditions (for example measuring reactions of the same infants to infant- and adult-directed speech), correlations between those two measures are needed to estimate the effect size variance. This measure is usually not reported, despite being necessary for effect size calculation. Some correlations could be obtained through direct contact with the original authors (see e.g., Bergmann & Cristia, 2016 for details), the remaining ones were imputed. We report details of effect size calculation in the supplementary materials and make available all scripts used in the present r.

**Meta-analytic model.** Meta-analytic effect sizes were estimated using random-effect models where effect sizes were weighted by their inverse variance. We further used a multilevel approach, which takes into account not only the effect sizes and variance of single studies, but also that effect sizes from the same paper will be based on more similar studies than effect sizes from different papers (Konstantopoulos, 2011). We relied on the implementation in the metafor package (Viechtbauer, 2010) of R (R Core Team, 2016). Excluded as outliers were effect sizes more than three standard deviations away from the median effect size within each dataset, thus accounting for the difference in median effect size across phenomena.

**P-curves.** For analyses involving  $p$ -values, we re-computed  $p$ -values from our effect-size estimates. This is due to the following reasons: First, we did not have the same



information available for all data points, even within the same meta-analysis. Second, exact  $p$ -values are often not reported but rather as  $p < .05$  and similar notations. In addition, two datasets only contain effect sizes, because they are based on extant meta-analyses. Finally,  $p$ -values are not always computed and reported correctly or consistently (Nuijten, Hartgerink, Assen, Epskamp, & Wicherts, 2016). The recalculation pipeline is as follows: For papers where  $t$ -values were not available, we transform Cohen's  $d$  into Pearson's  $r$ , from which it is possible to calculate a  $t$ -value.  $p$ -values were then computed accordingly from  $t$ -values (either reported or re-calculated), taking into account the degrees of freedom of a specific experiment.

## Results

### Sample sizes, effect sizes, and power

Table 1 provides a summary of typical sample sizes and effect sizes by phenomenon. We calculated typical power using the `pwr` package (Champely, 2015) based on the meta-analytical effect size and the median number of participants within each phenomenon. We remind the reader that recommendations are for this value to be above 80%, which refers to a likelihood that four out of five studies show a significant outcome for an effect truly present in the population.

As could be expected, sample sizes are small across all phenomena, with the overall median in the MetaLab database being 17. Effect sizes tend to fall into ranges of small to medium effects, as defined by Cohen (Cohen, 1988). The overall median effect size of all datasets is Cohen's  $d = 0.57$ . As a result of those two factors, studies are typically severely under-powered: Assuming a paired  $t$ -test (within-participant designs are the most frequent in MetaLab) it is possible to detect an effect in 80% of all studies when Cohen's  $d = 0.72$ ; in other words, this sample size would be appropriate when investigating a medium to large effect. When comparing two independent groups, the effect size that would be detectable with a sample size of 17 participants per group increases to Cohen's  $d = 0.99$ , a large effect

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*Descriptions of meta-analyses currently in MetaLab.*

Topic	Age	Sample Size (Range)	N Effect Sizes	N Papers	Cohen's
Infant directed speech preference	4.34	20 (10, 60)	48	16	0.7
Vowel discrimination (native)	6.54	12 (6, 50)	112	29	0.6
Vowel discrimination (non-native)	7.69	16 (8, 30)	46	14	0.7
Sound symbolism	7.89	20 (11, 40)	44	11	0.2
Statistical sound category learning	8.16	14.75 (5, 35)	16	9	-0.2
Word segmentation	8.29	20 (4, 64)	284	68	0.1
Phonotactic learning	10.69	18 (8, 40)	47	15	0.1
Label advantage in concept learning	12.36	13 (9, 32)	48	15	0.4
Gaze following	14.24	23 (12, 63)	32	11	1.0
Online word recognition	18.00	25 (16, 95)	14	6	1.2
Mutual exclusivity	23.99	16 (8, 72)	58	19	0.8
Categorization Bias	42.00	14 (8, 20.5)	77	9	0.2

that is rarely observed as meta-analytic effect size in the present collection of developmental meta-analyses.

Inversely, to detect the typical effect of Cohen’s  $d = 0.57$ , studies would have to test 26 participants in a paired design, 9. It should be noted that this disparity between observed and necessary sample size varies greatly across phenomena.

**The role of participant age.** Participant age can be assumed to interact with effect size both for conceptual and practical reasons. Younger infants might show smaller effects in general because they are more immature in terms of their information processing abilities, and they are not yet as experienced with, and proficient in, their native language in

particular. As to practical reasons, measurements might be more noisy for younger participants, as they could be a more difficult population to recruit and test. We find no linear relationship between infant age and sample size, effect size, and derived power on the level of meta-analyses. In addition, the prediction that older participants might be easier to recruit and test is not reflected in the observed sample sizes. However, the only two datasets with appropriate (or some might say overly large) power typically test infants older than one year.

**Seminal papers as basis for sample size planning.** As Table 1 shows, experimenters are frequently not including a sufficient number of participants to observe a given effect – assuming the meta-analytic estimate is accurate. It might, however, be possible, that power has been determined based on a seminal paper to be replicated and/or expanded. Initial reports tend to overestimate effect sizes (Jennions & Møller, 2002), possibly explaining the lack of power in some datasets and studies.

We extracted for each dataset the oldest paper and therein the largest reported effect size and re-calculated power accordingly, using the median sample size of a given dataset. The results are shown in Table 2. It turns out that in some cases, such as native and non-native vowel discrimination, sample size choices match well with the oldest report. The difference in power, noted in the last column, can be substantial, with native vowel discrimination and phonotactic learning being the two most salient examples. Here, sample sizes match well with the oldest report and studies would be appropriately powered if this estimate were representative of the true effect. For four datasets neither the seminal paper nor meta-analytic effect size seem to be basis for sample size decisions.

## Method choice

Choosing a robust method can help increase the power of studies, because more precise measurements lead to larger effects and thus require fewer participants to be tested. However, the number of participants relates to the final sample and not how many infants

Table 2

*For each meta-analysis, largest  $d$  from first paper and power, along with the difference between power based*

Meta-analysis (MA)	Oldest $d$	Meta-analytic $d$	Sample Size	Power based on first re
Statistical sound category learning	0.56	-0.26	15	
Word segmentation	0.56	0.16	20	
Mutual exclusivity	0.70	0.81	16	
Label advantage in concept learning	0.86	0.45	13	
Vowel discrimination (non-native)	1.02	0.79	16	
Phonotactic learning	0.98	0.12	18	
Sound symbolism	0.95	0.22	20	
Online word recognition	0.89	1.24	25	
Gaze following	1.29	1.08	23	
Vowel discrimination (native)	1.87	0.69	12	
Infant directed speech preference	2.39	0.73	20	
Categorization Bias	9.06	0.27	14	

had to be invited into the lab. We thus first quantify whether methods differ in their typical drop-out rate, as economic considerations might drive method choice. To this end we consider all methods across datasets in MetaLab which have more than 10 associated effect sizes and for which information on the number of dropouts was reported; this information is not always reported in published papers. In the case of the two meta-analyses we added based on published reports, the information of drop-out rates was not available. Therefore, the following analyses only cover 6 methods and 224 data points.

**Drop-out rates across procedures.** The results of a linear mixed effect model predicting dropout rate by method and mean participant age (while accounting for the

different phenomena and associated underlying effect sizes being tested) are summarized in the table below. The results show that, taking the most frequently used central fixation as baseline, conditioned headturn and stimulus alternation have significantly more drop-outs, while forced choice has significantly less. Figure 1 underlines this observation. Overall, stimulus alternation leads to the highest drop-out rates, which lies at around 50% (see Figure 1), and forced choice to the lowest. Participant age interacts with the different methods. We observe an increase in drop-out rates, which is most prominent in conditioned headturn (a significant interaction) and headturn preference procedure (where the interaction approaches significance).

Interestingly, the methods with lower drop-out rates, namely central fixation and headturn preference procedure, are among the most frequent ones in MetaLab and certainly more frequent than those with higher drop-out rates, indicating that the proportion of participants that can be retained might indeed inform researchers' choice. This observation points to the previously mentioned limitations regarding the participant pool, as more participants will have to be tested to arrive at the same final sample size.

Methods which retain a higher percentage of participants might either be more suitable to test infants, decreasing noise as most participants are on task, or less selective, thus increasing noise as participants who for example are fussy are more likely to enter the data pool. We thus turn to a meta-analytic assessment of the same methods discussed here.

**Effect sizes as a function of procedure.** We built a meta-analytic model with Cohen's  $d$  as the dependent variable, method and mean age centered as independent variables. The model also includes the variance of  $d$  for sampling variance, and paper within meta-analysis as a random effect nested within phenomenon (because we assume that within a paper experiments and thus effect sizes will be more similar to each other than across papers). We again selected central fixation as baseline method and limited this analysis to the same methods that we investigated above.

The model results in Table 2 show that compared to central fixation conditioned

Table 3

*Linear mixed effect model predicting dropout rate by method and participant age while accounting for the s phenomenon.*

	Estimate	Std. Error	t value
(Intercept)	32.7984077175318	5.16006101631208	6.35620540413
methodconditioned head-turn	41.4905304602313	9.60446125463777	4.31992272759
methodforced-choice	-27.2349044258795	8.88036502292545	-3.06686767442
methodhead-turn preference procedure	1.31115272831648	6.3080438965933	0.20785409071
methodlooking while listening	-8.56235627031761	6.88053321282932	-1.2444320818
methodstimulus alternation	20.3552390154832	6.27197131020587	3.24542922930
ageC	0.419580211612276	0.439671895439477	0.95430300631
methodconditioned head-turn:ageC	2.87744918734825	1.16473791217513	2.47046924228
methodforced-choice:ageC	-0.215894000584014	0.647747539017218	-0.3332996076
methodhead-turn preference procedure:ageC	0.963028496390224	0.719580639924417	1.33831907497
methodlooking while listening:ageC	-0.567347606830818	0.79850889043102	-0.7105088166
methodstimulus alternation:ageC	-0.261530199603812	0.907336465748022	-0.2882394894

headturn and forced choice yield reliably higher effect sizes, all other methods do not statistically differ from this baseline (note that looking while listening is approaching significance). When factoring in age, looking while listening shows a significant interaction, and conditioned headturn approaches significance, indicating an increase in effect sizes as infants mature. Age is marginally above the significance threshold, the positive estimate further underlines that overall effect sizes increase for older participants – an observation consistent with the view that infants and toddlers become more proficient language users and are increasingly able to react appropriately in the lab.

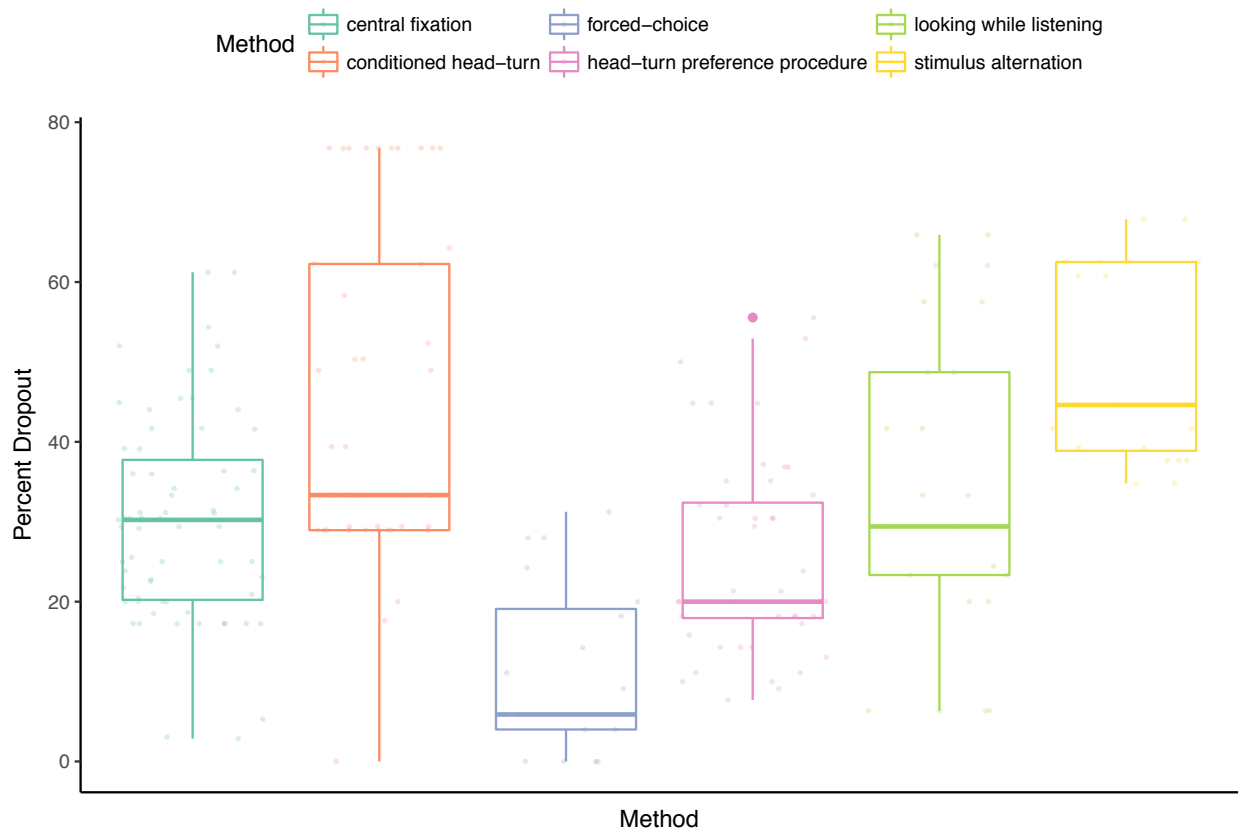


Figure 1. Percent dropout as explained by different methods.

**P-hacking.** Finally, we assess the distributions of  $p$ -values in our dataset, in an approach comparable to  $p$ -curves (Simonsohn et al., 2014). Further analyses assessing publication bias can be found in the supplementary materials. Figure 3 shows the distribution of  $p$ -values below the significance threshold of .05. The bars indicate counts and the line plot represents density. Note that  $p$ -values were recalculated based on effect sizes to ensure a consistent basis for our conclusions. For reliability purposes, we only discuss datasets with more than 10  $p$ -values between 0 and .05. In the absence of questionable research practices and the presence of an effect, we expect a distribution biased towards small values. In the absence of both  $p$ -hacking and an effect, the distribution should be flat, as all  $p$ -values are equally likely to occur. Unexpected “bumps” towards higher  $p$ -values in contrast can indicate severe  $p$ -hacking, including adding and removing samples and/or predictors, and

Table 4

*Effect of  $d$  by method with central fixation as baseline method.*

	estimate	se	zval	pval	
intrcpt	0.22	0.14	1.56	0.12	-
ageC	0.01	0.01	1.75	0.08	-
relevel(method, "central fixation")conditioned head-turn	1.82	0.60	3.01	0.00	-
relevel(method, "central fixation")forced-choice	0.52	0.19	2.80	0.01	-
relevel(method, "central fixation")head-turn preference procedure	0.18	0.12	1.58	0.12	-
relevel(method, "central fixation")looking while listening	0.44	0.24	1.81	0.07	-
relevel(method, "central fixation")stimulus alternation	-0.06	0.27	-0.23	0.82	-
ageC:relevel(method, "central fixation")conditioned head-turn	0.11	0.06	1.82	0.07	-
ageC:relevel(method, "central fixation")forced-choice	-0.01	0.01	-1.36	0.17	-
ageC:relevel(method, "central fixation")head-turn preference procedure	0.01	0.01	0.94	0.35	-
ageC:relevel(method, "central fixation")looking while listening	0.02	0.01	2.24	0.02	-
ageC:relevel(method, "central fixation")stimulus alternation	0.00	0.03	0.14	0.89	-

conducting multiple statistical analyses (Ioannidis, 2005, J. P. Simmons et al. (2011)).

All of the datasets that could be included in this analysis display the expected right skew, but for some,  $p$ -values just below .05 are more frequent than smaller ones between .02 and .03. For one dataset, “phonotactic learning” this shape is particularly concerning. Further, the meta-analytic effect size points to an absence of an effect. Both observations have been made in the paper describing this meta-analysis in depth and are discussed there in more detail (Cristia, 2017). In all remaining cases the most frequent  $p$ -values were the smallest, this is in line with the expected distribution assuming there is evidential value – an observation confirmed by the according statistical tests (see also Lewis et al., 2016).



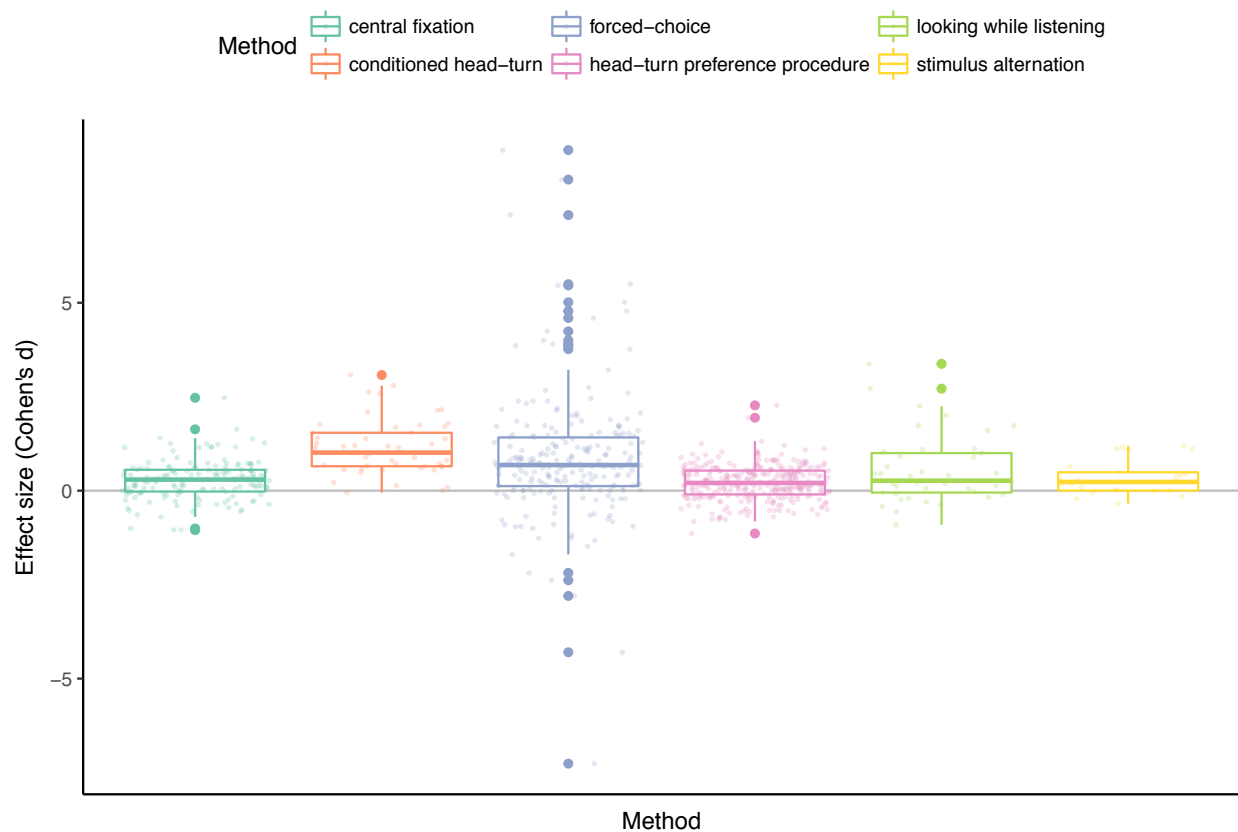


Figure 2. Effect size as explained by different methods.

## Discussion

In this paper, we made use of a collection of standardized meta-analyses to assess the status quo in developmental research regarding typical effect sizes, sample size, power, and methodological choices.

We find that overall studies on language development, the sub-domain of developmental research the present collection of meta-analyses is focused on, are severely under-powered. This is particularly salient for phenomena typically tested on younger children, because sample sizes and effect sizes are both small; the one exception for research topics tested mainly with infants before their first birthday is non-native vowel discrimination, which can be attributed to a large meta-analytic effect size estimate. Phenomena targeting older children tend to larger effects, and here some studies turn out to be unnecessarily

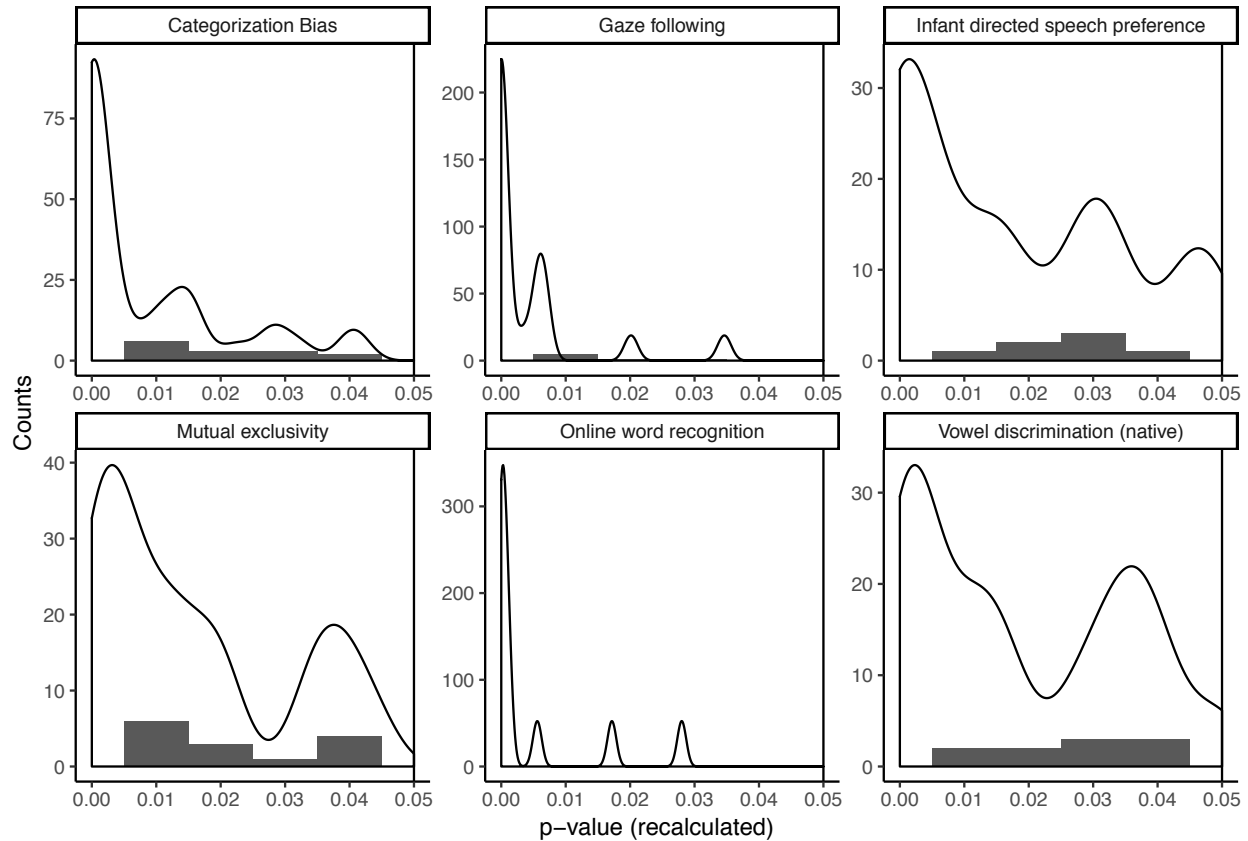


Figure 3. P-curves of all datasets with more than 10 significant (re-calculated)  $p$ -values, the bars denote frequency, the line plot density.

high-powered (see for example “online word recognition”). Both observations are first indicators that effect size estimates might not be considered when determining sample size.

We investigated the alternative possibility that researchers base their sample size on the effect size reported in the seminal paper of their research topic. This turns out to be an unsuitable strategy: As described in the results section, the larger the original effect size, the more likely is an overestimation of the meta-analytic effect size. Researchers might thus be wary of reports implying a strong, robust effect with infants and toddlers in the absence of corroborating data. The lack of a relationship between either overall meta-analytic effect size or seminal reported effect size and sample size across phenomena indicates that researchers’ experiment planning is not impacted by an estimated effect size of the phenomenon under

investigation. Studies might instead be designed and conducted with pragmatic considerations in mind, such as participant availability.

To help researchers choose the most efficient method, and thus potentially improve their power due to the use of a more sensitive measure, we next turned to methods. Our investigation of method choice considered both drop-out rates and whether effect sizes are differering across methods. Overall, drop-out rates varied a great deal (with medians between 5.9% for forced-choice and 45% for stimulus alternation). However, high drop-out rates might be offset by high effect sizes – at least in the case of conditioned headturn. While drop-out rates are around 30-50%, effect sizes are above 1. Stimulus alternation, in contrast, does not fall into this pattern of high drop-out rates being correlated with high effect sizes, as the observed effect sizes associated with this method are in the range typical for meta-analyses in our dataset. The interpretation of this finding might be that some methods, specifically conditioned headturn, which have higher dropout rates, are better at generating high effect sizes due to decreased noise (e.g., by excluding infants that are not on task). However, there is an important caveat: Studies with fewer participants (thanks to higher drop-out rates) might simply be underpowered, and thus any significant finding is likely to over-estimate the effect. We conclude thus that current efforts to estimate the impact of method choice experimentally are an important endeavor in developmental research (Frank et al., 2016).

A final set of analyses quantified whether the distribution of  $p$ -values below the significance threshold indicates either questionable research practices or points towards no effect being present. For the datasets that could be included in this analysis (because they contained more than 10  $p$ -values below the significance threshold of .05) we find no strong evidence of either the null hypothesis being true or severe  $p$ -hacking (see Simonsohn et al., 2014) – with one exception that was to be expected based on the original paper (Cristia, 2017). We thus conclude that the present meta-analyses largely reflect phenomena that are real and are based on reports that show no tangible symptoms of questionable research practices.

## Limitations

The present paper has a number of limitations, the most salient on is that the present collection of meta-analyses does not represent an exhaustive survey of phenomena in language acquisition research. Particularly, topics typically investigated in younger children are over-represented. However, we sampled in an opportunistic and thus to some degree random fashion, which lends some credibility to our approach.

A second, and related, limitation pertains to the generalizability of our findings across age groups in developmental research. It is possible that developmental psychologists working with older age groups might focus on different issues or find that power and experimental design choices are less problematic; for instance, it may be easier to recruit larger samples via institutional testing in schools, and older children may be more reliable and consistent in their responses (Roberts & DelVecchio, 2000).

**If you have additional limitations you would like to add here, please do so.**

## Concrete recommendations for developmental scientists

In this section, we aim to show how to move on from the status quo and improved the reliability of developmental research.

**1. Calculate power prospectively.** Our results indicate that most studies testing infants and toddlers are severely underpowered. Further, power varies greatly across phenomena. Our first recommendation is thus to assess in advance how many participants would be needed to detect an effect. Note that we here based our power estimations on whole meta-analyses. It might, however, be the case that specific studies might want to base their power estimates on a subset of effect sizes to match age group and method. Both factors can, as we showed in our results, influence the to be expected effect size. To facilitate such analyses, all meta-analyses are shared on MetaLab and for each as much detail pertaining procedure and measurements have been coded as possible.

**Do we want to think about a way to make such subset power calculations**

easier?

In lines of research where no meta-analytic effect size estimate is available – either because it is a novel phenomenon being investigated or simply due to the absence of meta-analyses – we recommend considering typical effect sizes for the method used and the age group being tested. This paper is a first step towards establishing such measures, but more efforts and investigations are needed for robust estimates (see for example Frank et al., 2016, and @Manybabies1 and Cristia, Seidl, Singh, & Houston (2016)).

One way to increase power is the use of more sensitive measurements; as mentioned above we do find striking differences between methods. When possible, it can thus be helpful to consider the paradigm being used, and possibly switch to a more sensitive way of measuring infants' capabilities. One reason that researchers do not choose the most robust methods might be due to a lack of consideration of meta-analytic effect size estimate, which in turn might be (partially) due to a lack of information on and experience in how to interpret effect size estimates and use them for study planning (Mills-Smith, Spangler, Panneton, & Fritz, 2015). Thus one of the goals of this paper, and the MetaLab platform in general, is to showcase what typical effect sizes in developmental research are.

**2. Report all data.** A possible reason for prospective power calculations and meta-analyses being rare lies in the availability of data in published reports. Reports and discussions of effect sizes in experimental studies are rare, but despite long-standing recommendations to move beyond the persistent focus on *p*-values (such as American Psychological Association (2001)), a shift towards effect sizes or even the reporting of them has not (yet) been widely adopted (Mills-Smith et al., 2015).

A second impediment to meta-analyses in developmental science are current reporting standards, which make it difficult and at times even impossible to compute effect sizes from the published literature. For example, for within-participant measures it is necessary to report the correlation between conditions if two types of results are reported (most commonly outcomes of a treatment and control condition). However, this correlation,

necessary to both compute effect sizes and their variance, is habitually not reported and has to be obtained via direct contact with the original authors (see for example Bergmann & Cristia, 2016) or estimated (as described in Black & Bergmann, 2017). In addition, reporting (as well as analysis) of results is generally highly variable, with raw means and standard deviations not being available for all papers.

We suggest to report the following information, in line with current APA guidelines: Means and standard deviations of dependent measures being statistically analyses (for within-participant designs with two dependent variables, correlations between the two should be added), test statistic, exact  $p$ -value (when computed), and effect sizes (for example Cohen's  $d$  as used in the present paper) where possible. Such a standard not only follows extant guidelines but also creates coherence across papers and reports, thus improving clarity (Mills-Smith et al., 2015). A step further would be the supplementary sharing of all anonymized results on the participant level, thus allowing for the necessary computations and opening the door for other types of cumulative analyses, for example in direct replications comparing raw results.

**3. Increase availability and use of meta-analyses.** Conducting a meta-analysis is a laborious process, particularly according to common practice where only a few people do the work, with little support tools and educational materials available. Incentives for creating meta-analyses are low, as public recognition is tied to a single publication. The benefits of meta-analyses for the field, for instance the possibility to conduct power analyses, are often neither evident nor accessible to individual researchers, as the data are not shared and traditional meta-analyses remain static after publication, aging quickly as new results emerge (S. Tsuji, Bergmann, & Cristia, 2014).

To support the improvement current practices, we propose to make meta-analyses available in the form of ready-to-use online tools, dynamic reports, and as raw data. These different levels allow researchers with varying interest and expertise interests to make the best use of the extant record on infant language development, including study planning by

choosing robust methods and appropriate sample sizes. There are additional advantages for interpreting single results and for theory building that emerge from our collection of meta-analyses: On one hand, researchers can easily check whether their study result falls within the expected range of outcomes for their research question – indicating whether or not a potential moderator influenced the result. On the other hand, aggregating over many data points allows for the tracing of emerging abilities over time, quantifying their growth, and identifying possible trajectories and dependencies across phenomena (for a demonstration see Lewis et al., 2016). Finally, by making our data and source code open, we also invite contributions and can update our data, be it by adding new results, file-drawer studies, or new datasets. Our implementation of this proposal is freely online available at <http://metalab.stanford.edu>.

**4. Rely on cumulative evidence to decide whether skills are “absent” or not.** Developmental research often relies on interpreting both significant and non-significant findings, particularly to establish a developmental time-line tracing when skills emerge. This approach is problematic for multiple reasons, as we mentioned in the introduction. Disentangling whether a non-significant finding indicates the absence of a skill, random measurement noise, or the lack of experimental power to detect this skill reliably and with statistical support is in fact impossible based on  $p$ -values. Further, we want to caution researchers against interpreting the difference between significant and non-significant findings without statistically assessing it first (Gelman & Stern, 2006).

Concretely, we recommend the use of meta-analytic tools as demonstrated in this paper as well as in the work by Lewis et al. (2016). Aggregating over multiple studies allows not only for a more reliable estimate of an effect (because any single finding might either be a false positive or a false negative) but also makes it possible to trace developmental trajectories. A demonstration of such a procedure is given in the work of S. Tsuji & Cristia (2014) for native and non-native vowel discrimination. Their results match well with the standard assumption that infants begin to tune into their native language at around six

months of age. For a contrasting example, see Bergmann & Cristia (2016), where the typically assumed developmental trajectory for word segmentation from native speech could not be confirmed, as across all included age groups infants seem to be able to detect words in the speech stream – the effect size of this skill is simply comparatively small and thus it is difficult to detect (see also Bergmann, Tsuji, & Cristia, 2017 for a more recent discussion of both meta-analyses).

## Conclusion

We have demonstrated the use of standardized collections of meta-analyses for a diagnosis of (potential) issues in developmental research. Our results point to an overall lack of consideration of meta-analytic effect size in experiment planning, leading to habitually under-powered studies. In addition, method choice and participant age play an important role in the to be expected outcome; we here provide first estimates of the importance of either factor in experiment design. Assessing data quality, we find no evidence for questionable research practices and conclude that most phenomena considered here have evidential value. To ensure that developmental research is robust and that theories of child development are built on solid and reliable results, we strongly recommend an increased use of effect sizes and meta-analytic tools, including prospective power calculations.



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