

# 英语

ENGLISH

一年级  
下册



上海教育出版社

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一年级  
下册

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上海教育出版社

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本册教材部分图片由图虫·创意等图片网站提供。

## 英语 一年级下册

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出 版 上海教育出版社(上海市闵行区号景路 159 弄 C 座)

发 行 上海新华书店

印 刷 上海盛通时代印刷有限公司

版 次 2025 年 1 月第 1 版

印 次 2025 年 1 月第 1 次

开 本 787×1092 1/16

印 张 6

字 数 90 千字

书 号 ISBN 978-7-5720-3212-7/G·2849

定 价 10.80 元(含音频 4.30 元)

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价格依据文件: 沪价费〔2017〕15 号

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zhì tóng xué  
致 同 学

qīn ài de xiǎo péng you  
亲爱的小朋友：

huān yíng lái dào yīng yǔ xué xí xiǎo tiān dì  
欢 迎 来 到 英 语 学 习 小 天 地！  
yīng yǔ shì shì jiè gè guó xiǎo péng you jiāo liú shí  
英 语 是 世 界 各 国 小 朋 友 交 流 时  
zuì cháng shǐ yòng de yǔ yán zhī yī xué hǎo yīng yǔ néng ràng  
最 常 使 用 的 语 言 之 一。学 好 英 语， 能 让  
nǐ rèn shi shì jiè gè dì de xiǎo péng you gèng hǎo de liǎo jiě  
你 认 识 世 界 各 地 的 小 朋 友， 更 好 地 了 解  
wài miàn de shì jiè  
外 面 的 世 界。

zài zhè tào kè běn zhōng nǐ huì jié shí yì qún kě  
在 这 套 课 本 中， 你 会 结 识 一 群 可  
ài de xiǎo huǒ bàn shēn shēn mínlín mínlín  
爱 的 小 伙 伴 —— 申 申(Shenshen)、旻 旻(Minmin)、  
xiǎo pǔ xiǎo jiāng děng nǐ men huì yì qǐ chàng  
小 浦(Xiaopu)、小 江(Xiaojiang)等。你 们 会 一 起 唱  
ér gē tīng gù shì yì qǐ zuò yóu xì xué běn lǐng  
儿 歌、 听 故 事， 一 起 做 游 戏、 学 本 领，  
zài yǒu qù de huó dòng zhōng xué xí yīng yǔ  
在 有 趣 的 活 动 中 学 习 英 语。

qīn ài de xiǎo péng you zhǐ yào nǐ néng duō tīng  
亲 爱 的 小 朋 友， 只 要 你 能 多 听、  
duō kàn gǎn yú kāi kǒu jiù huì bù duàn jìn bù xī wàng nǐ  
多 看、 敢 于 开 口， 就 会 不 断 进 步。希 望 你  
zài lǎo shī hé jiā zhǎng de zhǐ dǎo xià xǐ huān xué yīng yǔ  
在 老 师 和 家 长 的 指 导 下， 喜 欢 学 英 语，  
jiān chí xué yīng yǔ xué hǎo yīng yǔ  
坚 持 学 英 语， 学 好 英 语。

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<b>2 Lunch time</b> (p. 7) <b>Small task:</b> <i>Packing a lunch box</i>	lunch, time, meatball, rice, vegetable, soup, apple
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----- Our friends -----



Minmin

Lily

Shenshen

Xiaojiang

Xiaopu

Xinxin

----- Our teachers -----



Ms Yu

Miss Li

Mr Zhong

Mr Qian



# Back to school



Small task

Greeting old friends



busy

happy

tired

## Song time

### How are you?

How are you?

How are you?

How are you today?

I'm fine. I'm good.

How about you?



- A** Look, listen and sing along. ⏪

- B** Look, listen and point. ⏪

Who is talking?



- C** Ask and answer.



How are you?

I'm fine.



## A new classmate



1



2

**A** Look and listen. 

**B** Look and circle.



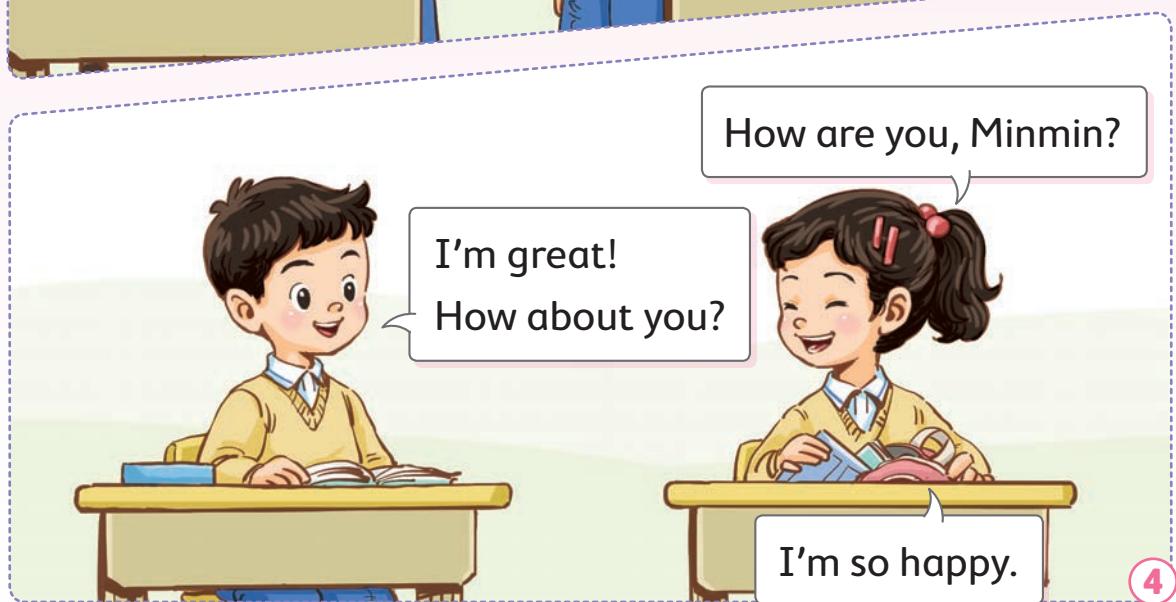
friends

family

classmates



3



4

### C Role-play.



# Greeting my old friends



**Step 1** Find an old friend at school.

**Step 2** Greet him / her politely.



**Step 3** Talk more.



Well done!



## Unit 2

# Lunch time



Small task

Packing a lunch box



## Chant time

### Lunch time

Lunch time, lunch time.

It's lunch time.

Meatballs and rice.

Vegetables and soup.

Yum, yum, yum.

Let's have lunch together.



**A** Look, listen and chant along. ⏪

**B** Listen and circle. ⏪



**C** Think and speak.

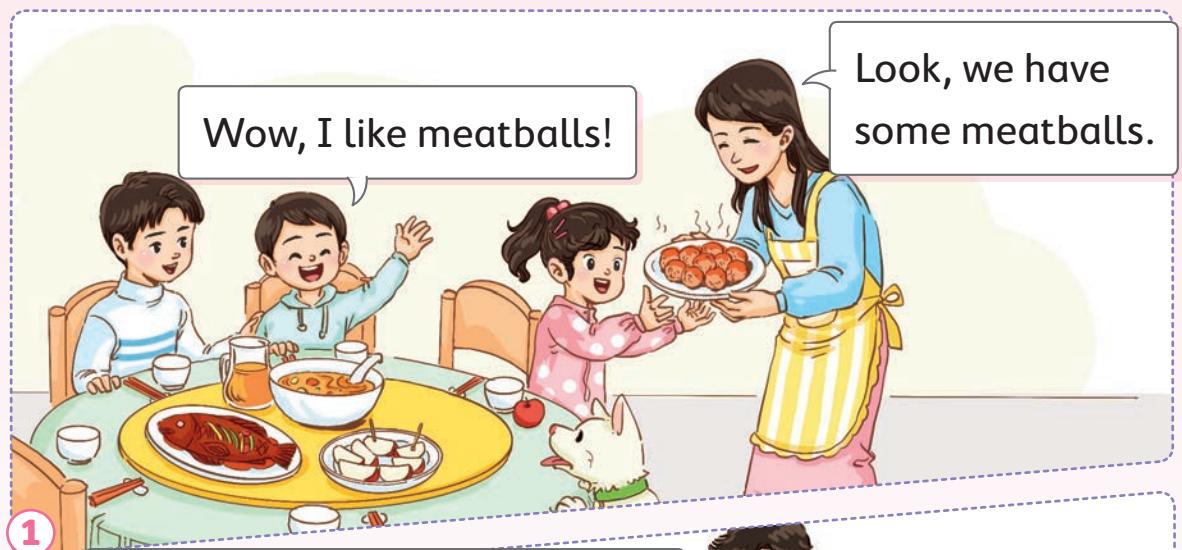
What do you have  
for lunch?



I have meatballs  
and vegetables.



# Where is my apple?



**A** Look and listen. ⏪

**B** Look, guess and match.

Whose lunch?



Meatballs, vegetables and juice.  
I love them all!



Max! That's not your ball!

Where is my apple?



### C Draw and speak.

What do you like?



I like ...



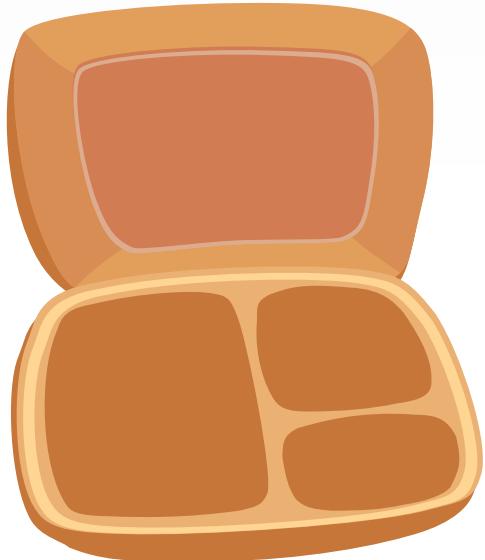
## A lunch box



A lunch box for Mum.  
Vegetables, eggs and  
meatballs. Yum, yum, yum!



**Step 1** Think and stick the  
pictures in the lunch box.



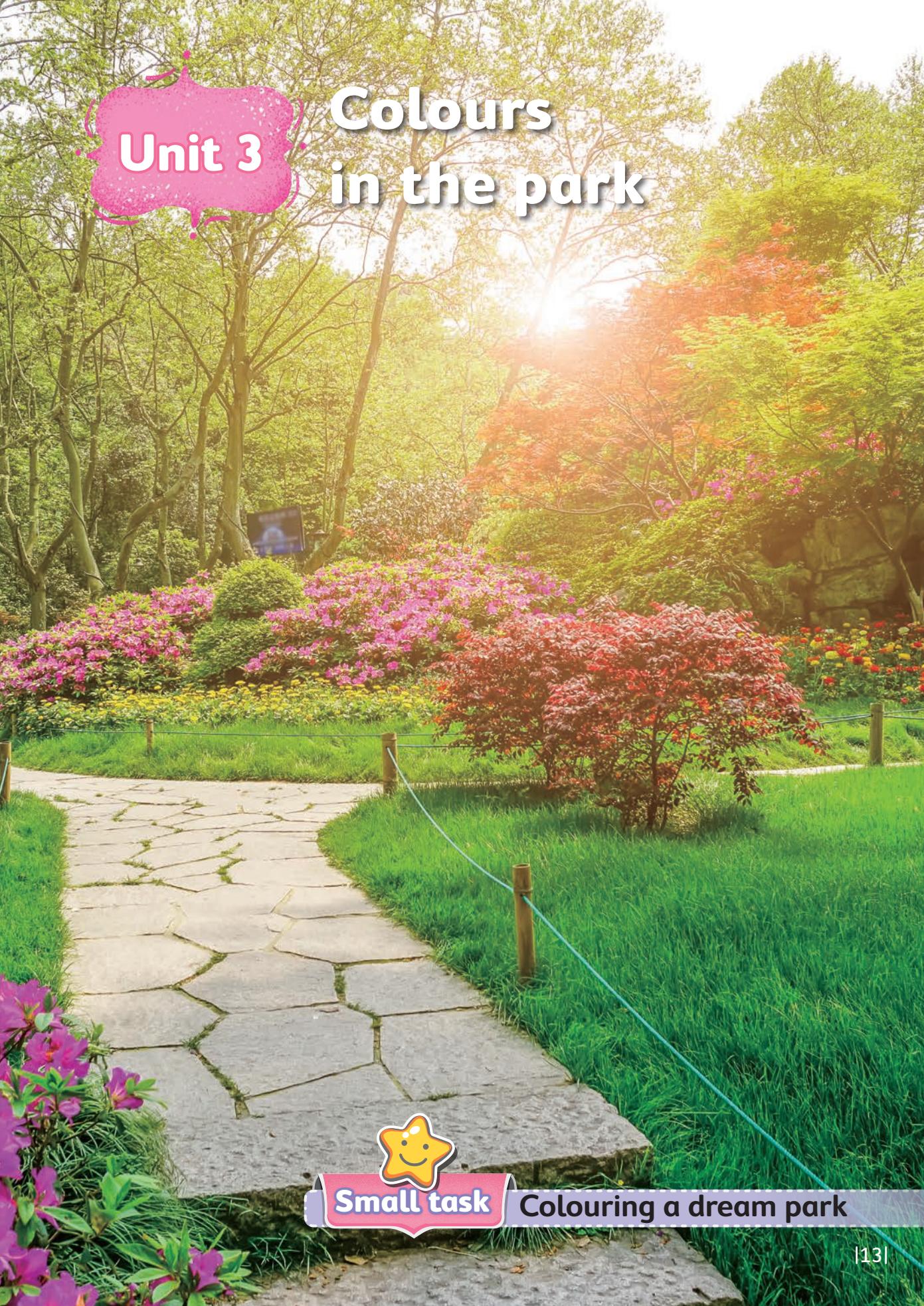
**Step 2** Show and tell.

This is a lunch box for Dad.  
Meatballs, ...  
Yum, yum, yum!



Well done!





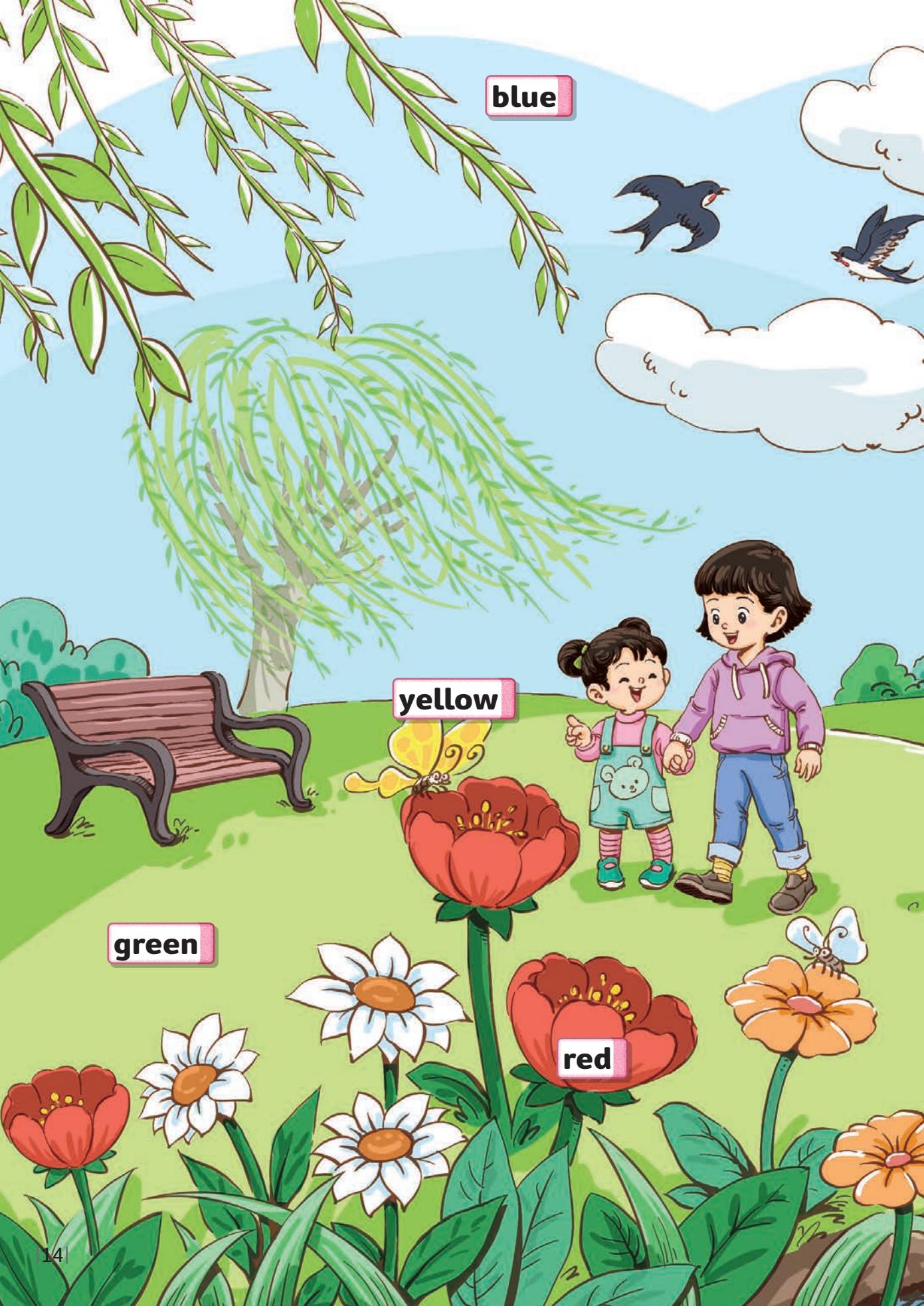
## Unit 3

# Colours in the park



Small task

Colouring a dream park



blue



yellow



green

red



## Song time

### Colours in the park

Yellow, yellow.

What is yellow?

The butterfly is yellow.

Red, red.

What is red?

The flower is red.



colour

- A** Look, listen and sing along. ⏪

- B** Look, listen and circle. ⏪

- C** Speak and act.



Green, green.  
What is green?



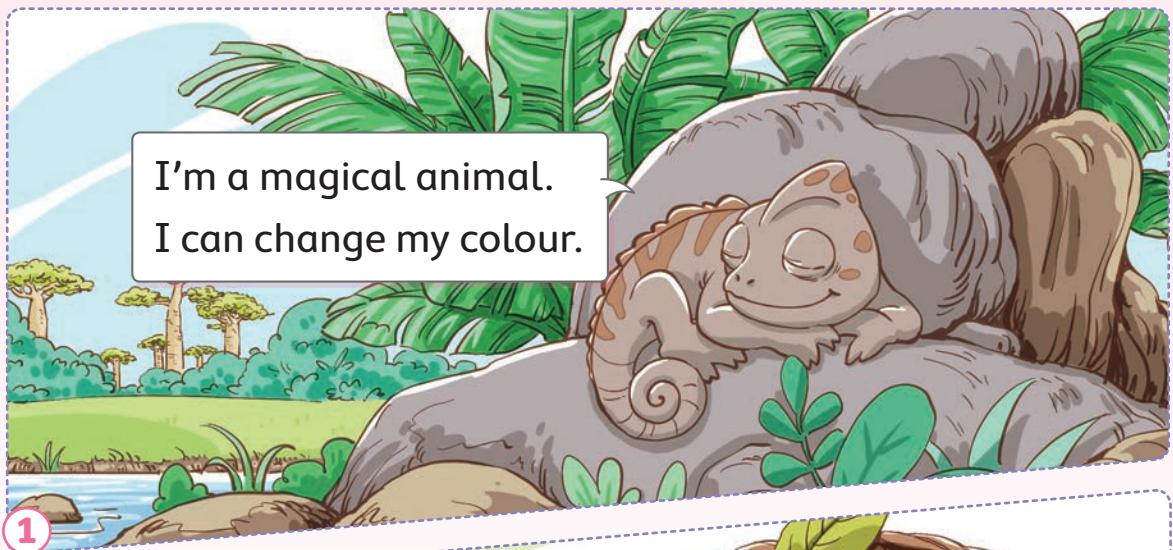
The hill is green.





## A magical animal

I'm a magical animal.  
I can change my colour.



1

Look at me. I'm yellow.  
Can you find me?

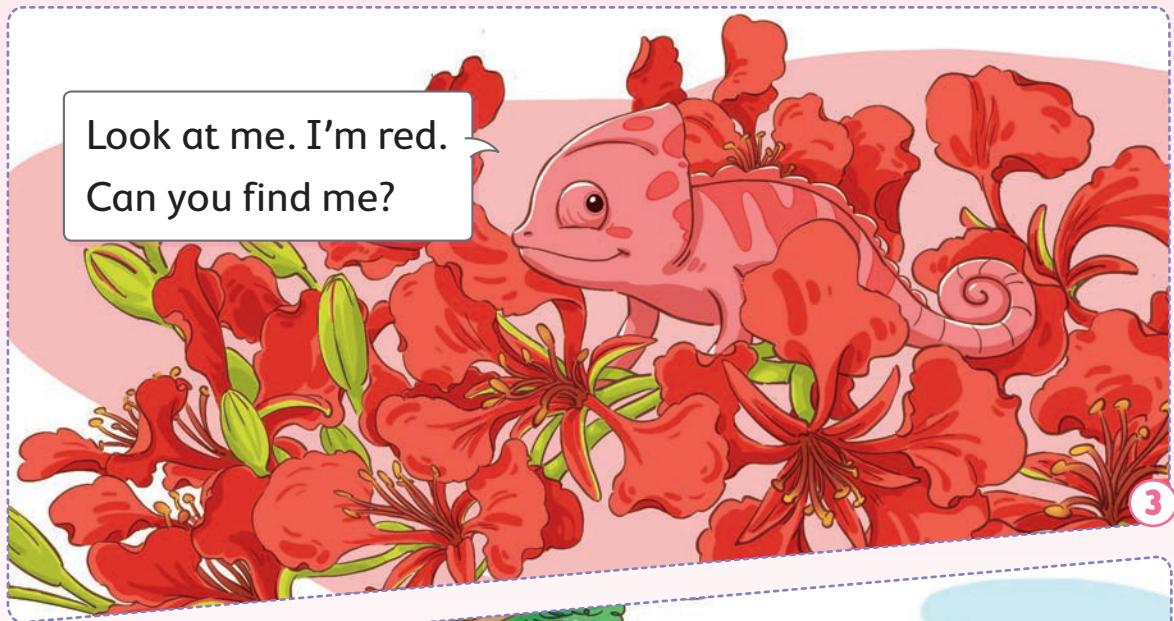


2

**A** Look and listen. ⏪

**B** Colour the animal.





### C Look and speak.



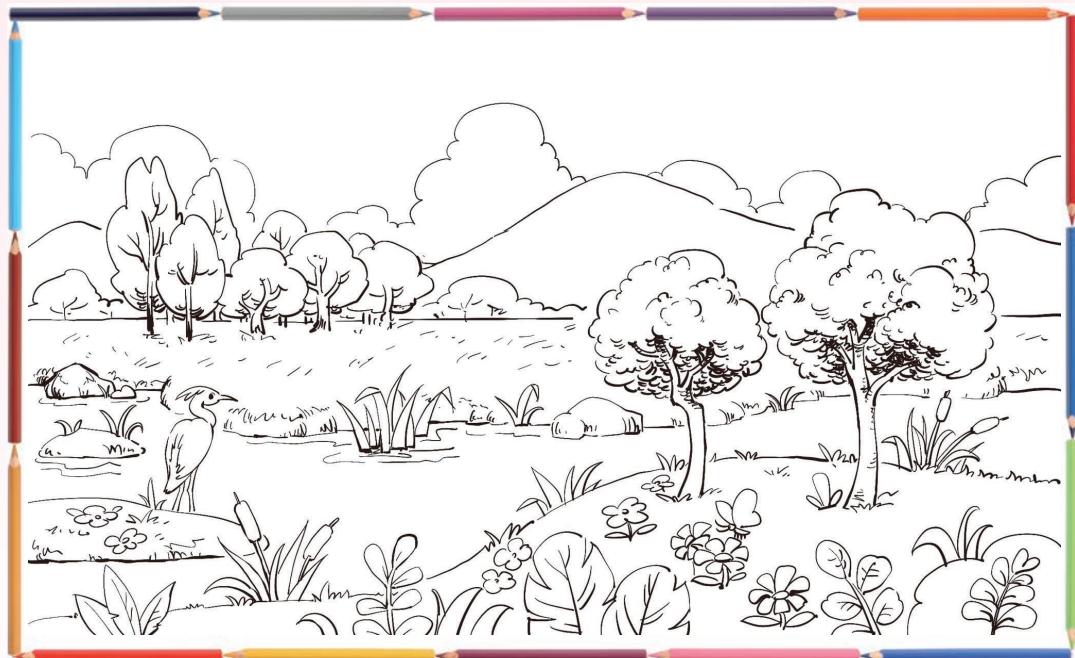
Look at the magical animal. It's ... (colour)



## Mini-project

# My dream park

### Step 1 Think and colour.



### Step 2 Show and tell.



This is my park.  
The sky is blue.  
The ... is ...

### Step 3 Make comments.



I like the ... in your park.

Well done!

Thank you.



## Unit 4

# In the playground



Small task

Giving safety tips

**playground**

**swing**

**slide**

**seesaw**

## Song time



# Playground song

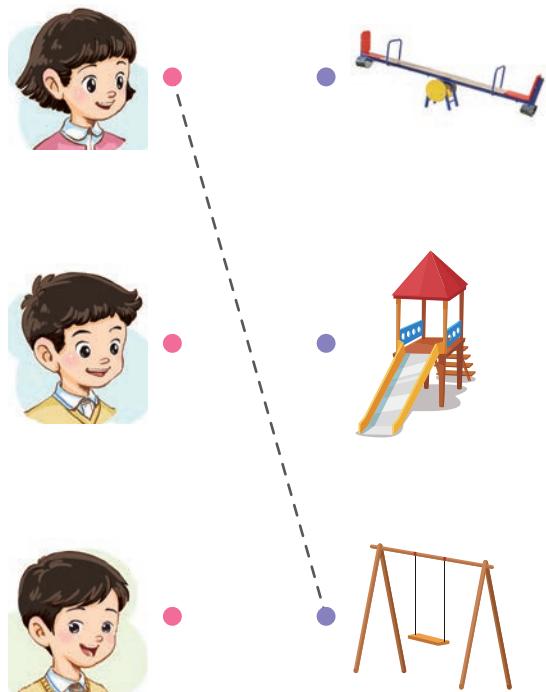
Come and play  
On the slide.

Come and play  
On the swing.  
Come and play.  
Come and play.



**A** Look, listen and sing along. 🎵

**B** Listen and match. ⏪



**C** Look, think and speak.

Which do you like best?



I like the slide.



## Let's play together



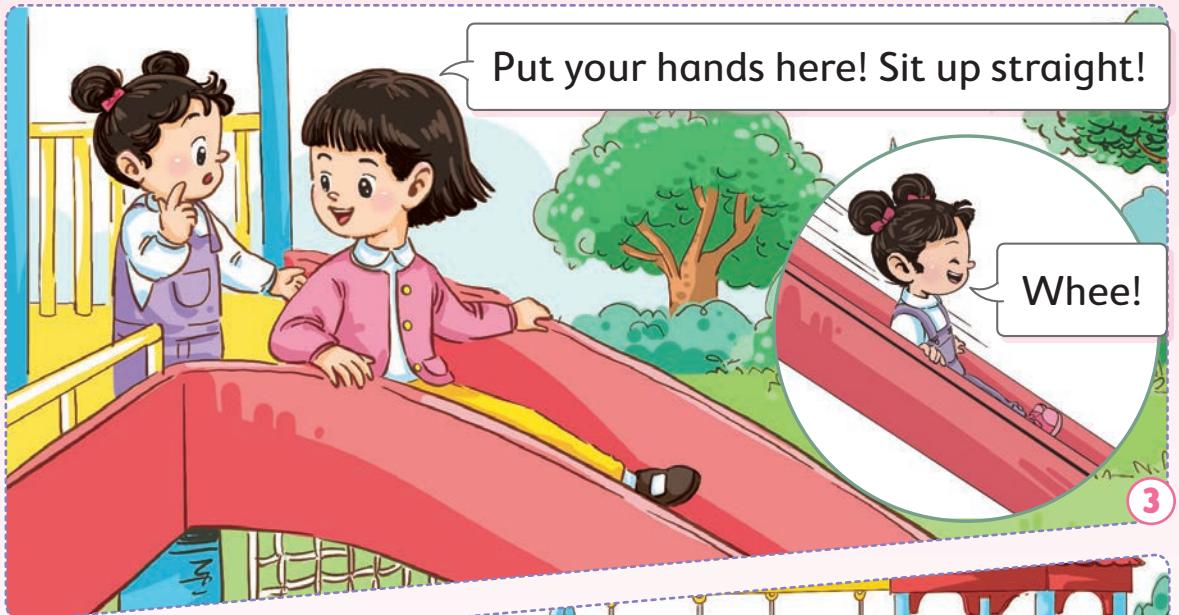
**A** Look and listen. 

**B** Look and tick.

Who is right?







Whee!

3



4

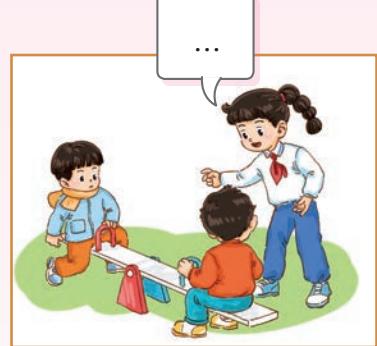
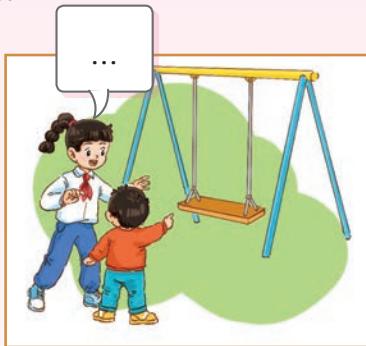
### C Think and speak.



# Giving safety tips

### Step 1 Think and speak.

Hold on ... Be ...



### Step 2 Circle and give safety tips.



Well done!



**Unit 5**

# Weather



**Small task**

Talking about the weather

 snowy

 cloudy

 sunny

 rainy

 windy



## Rhyme time

# Weather

How's the weather  
In Sydney?

Sunny, sunny, sunny?

How's the weather  
In Sydney?

Rainy, rainy, rainy?

Let's ask Daddy.  
He's in Sydney.



**A** Look, listen and say the rhyme. ⏪

**B** Listen and stick in the weather pictures. ⏪

①



②



③



④

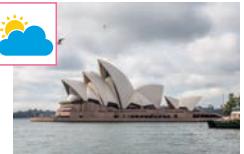


**C** Ask and answer.



Shanghai

Hong Kong



London

Sydney

How's the weather  
in Shanghai?



It's sunny.



weather





# How's the weather?



1



2

**A** Look and listen.

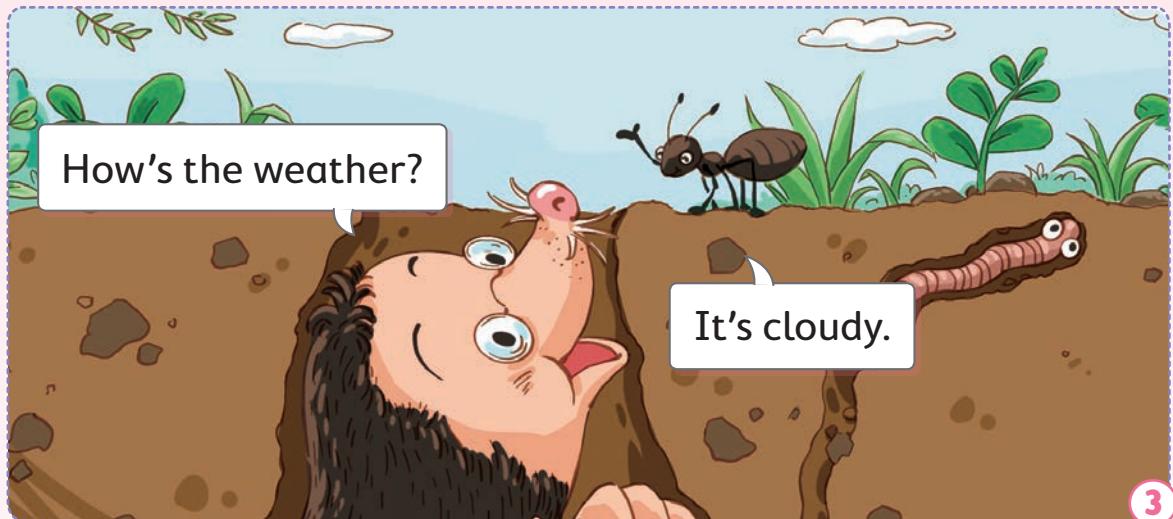
**B** Read and put the pictures in order.



Time →

4





### C Think and speak.

What weather do you like?



I like **sunny** days.  
I can **play** outside.



## Mini-project

# Talking about the weather

### Step 1 Choose and search.

Which place? How's the weather today?

The interface includes a header with tabs for '实况' (Current), '今天' (Today) [selected], '明天' (Tomorrow), and checkboxes for '城市' (City), '雷达' (Radar), and '云图' (Cloud Image). Below is a section titled '热门城市' (Hot Cities) displaying the following weather data:

城市	天气	图标	温度
北京	晴	☀️	14°C
上海	多云	⛅	20°C
长沙	多云	⛅	18°C
成都	小雨	🌧	18°C
广州	小雨	🌧	22°C
贵阳	多云	⛅	19°C
海口	小雨	🌧	28°C
杭州	小雨	🌧	20°C
南京	多云	⛅	19°C
南宁	小雨	🌧	21°C
西安	晴	☀️	20°C
香港	小雨	🌧	24°C

### Step 2 Make a weather card.



### Step 3 Tell the class about the weather.

In ... (place), it's ... (weather) today.



# Unit 6

# Clothes



Small task

Choosing clothes for Grandma



## Chant time



# Put on my clothes

Get ready —  
It's time to go.  
  
Get ready —  
From head to toe.  
  
Put on my shirt.  
Put on my trousers.  
  
I'm ready! Go!



**A** Look, listen and chant along. ⏪

**B** Listen and number the pictures in order. ⏪

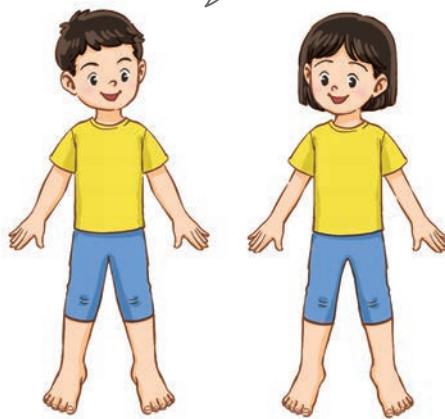


1



**C** Stick in the clothes pictures and tell your partner about them.

Put on my ...





# From old to new

My grandma is so cool. She can make new clothes for me.



①

Look, Mum's old blouse.  
It's my new skirt now.



②

**A** Look and listen. ⏪

**B** Look and write.



old

①

new

Look, my sister's old dress. It's my new hat now. How lovely!



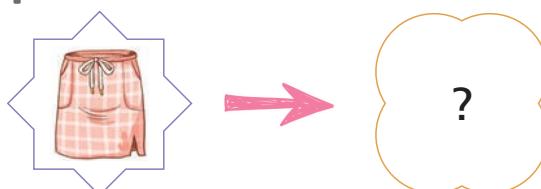
3

Look, I have a new bag! Where are Mum's old trousers?



4

### C Think and speak.



Look, Grandma's old skirt.

Grandma can make (a) new ...



# Choosing clothes for Grandma



### Step 1 Choose the clothes.



### Step 2 Think and speak.

Grandma, you can put on ...

How ...!



Well done!



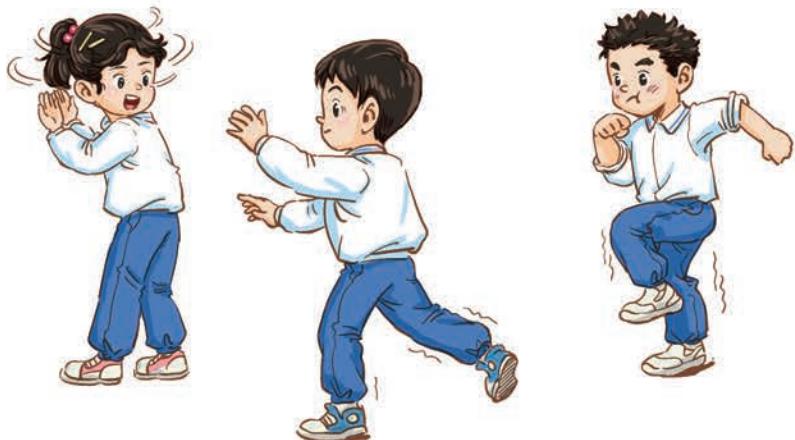
# Unit 7 After school



Small task

Playing fun games

### move-and-freeze



### skip rope



### throw sandbags



### hide-and-seek



## Song time



## Fun games

One, two, three, four.

Hide-and-seek.

Hide-and-seek.

Hide-and-seek.

One, two, three, four.

Hide-and-seek.

Are you ready?



- A** Look, listen and sing along. ⏪

- B** Listen and circle. ⏪

①



②



- C** Sing a new song.

One, two, three, four.

Hula hoop.

Hula hoop.

Hula hoop.

One, two, three, four.

Hula hoop.

Are you ready?



## Games after school

Hooray! Class is over.



①

I like to play  
hide-and-seek.

Let's play move-and-freeze.

②

**A** Look and listen. 

**B** Judge, correct and speak.

True  or false .

①

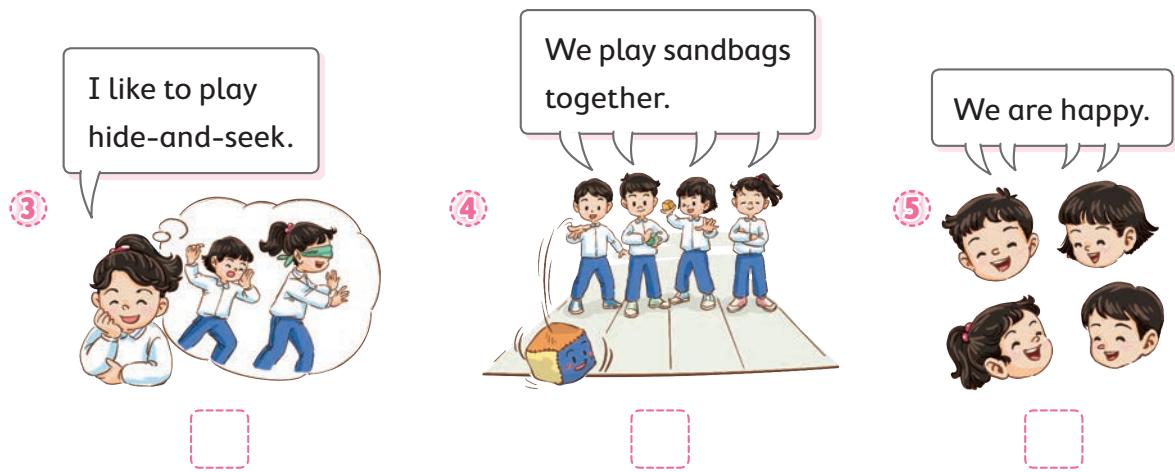


It's 1:00 p.m.

②



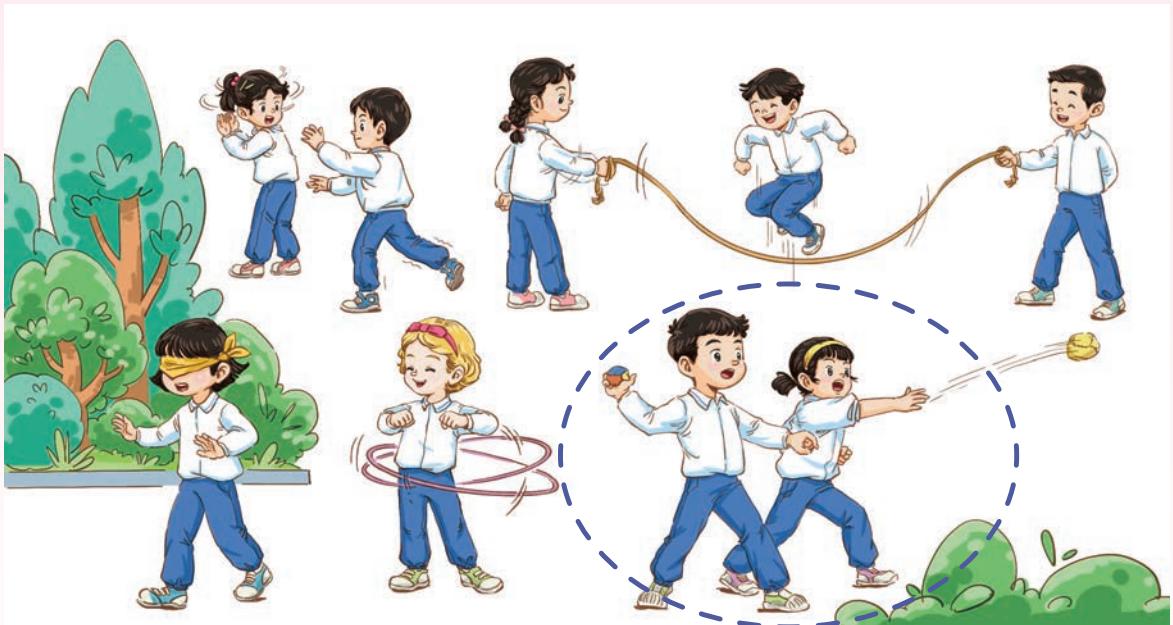
I like to play  
move-and-freeze.



## Mini-project

# Playing fun games

### Step 1 Circle and speak.



I like to throw the sandbag.

### Step 2 Ask your friends to join in.

Let's ... / Come and join me.



### Step 3 Have fun.

Well done!



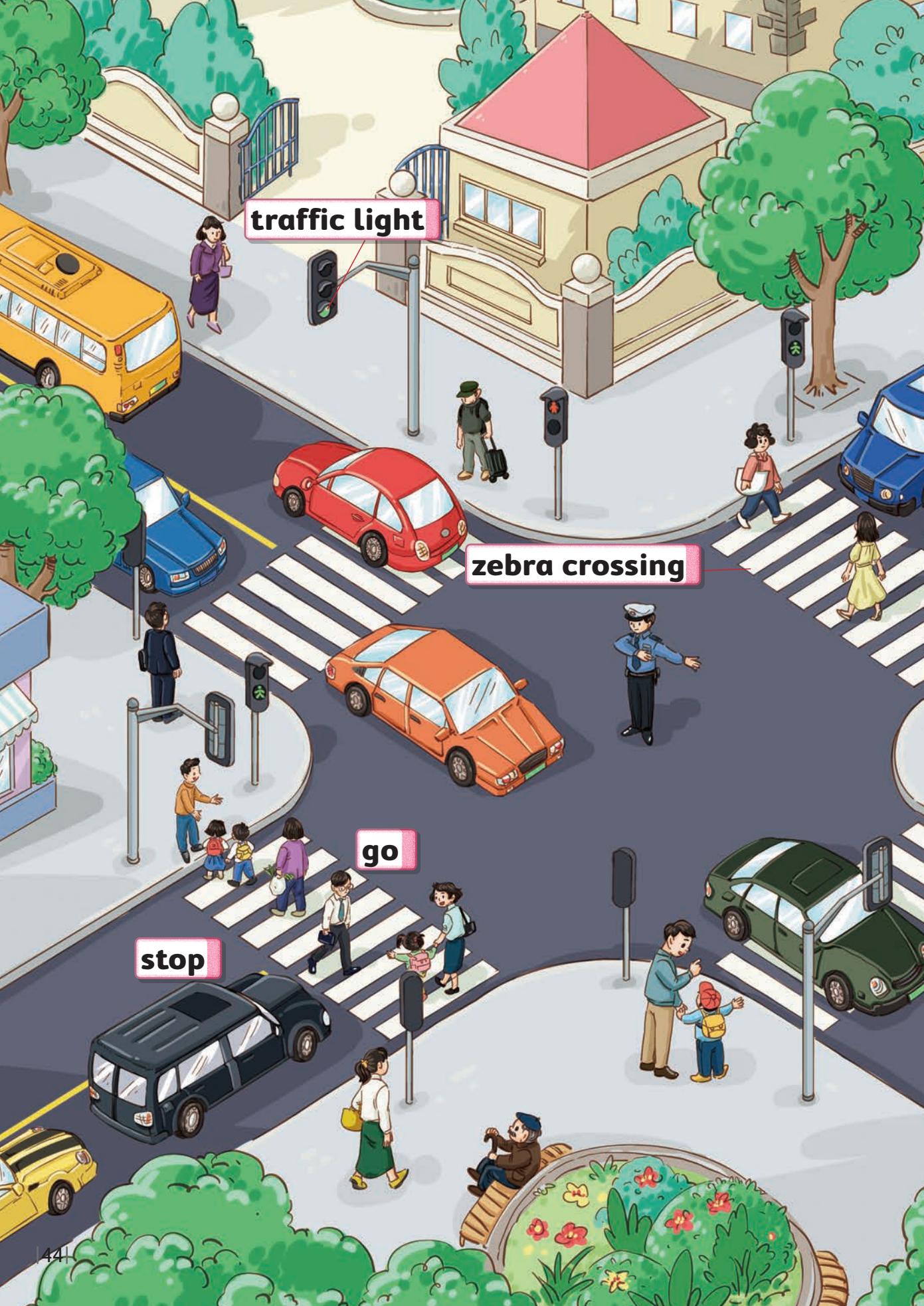
## Unit 8

# Traffic safety



Small task

Helping the police officer



**traffic light**

**zebra crossing**

**stop**

**go**

## Song time



## Traffic lights

Red light, red light.  
I see the red light.  
Stop, stop, stop!  
Let's stop.



**A** Look, listen and sing along. ⏪

**B** Listen and number the pictures in order. ⏪



**C** Play a game.

Look! Green light.



Go, go, go!



## Crossing the road



**A** Look and listen. 

**B** Look and put the pictures in order.



①



②



③



Wait, Xinxin. Look both ways.



3



4

### C Look and speak.

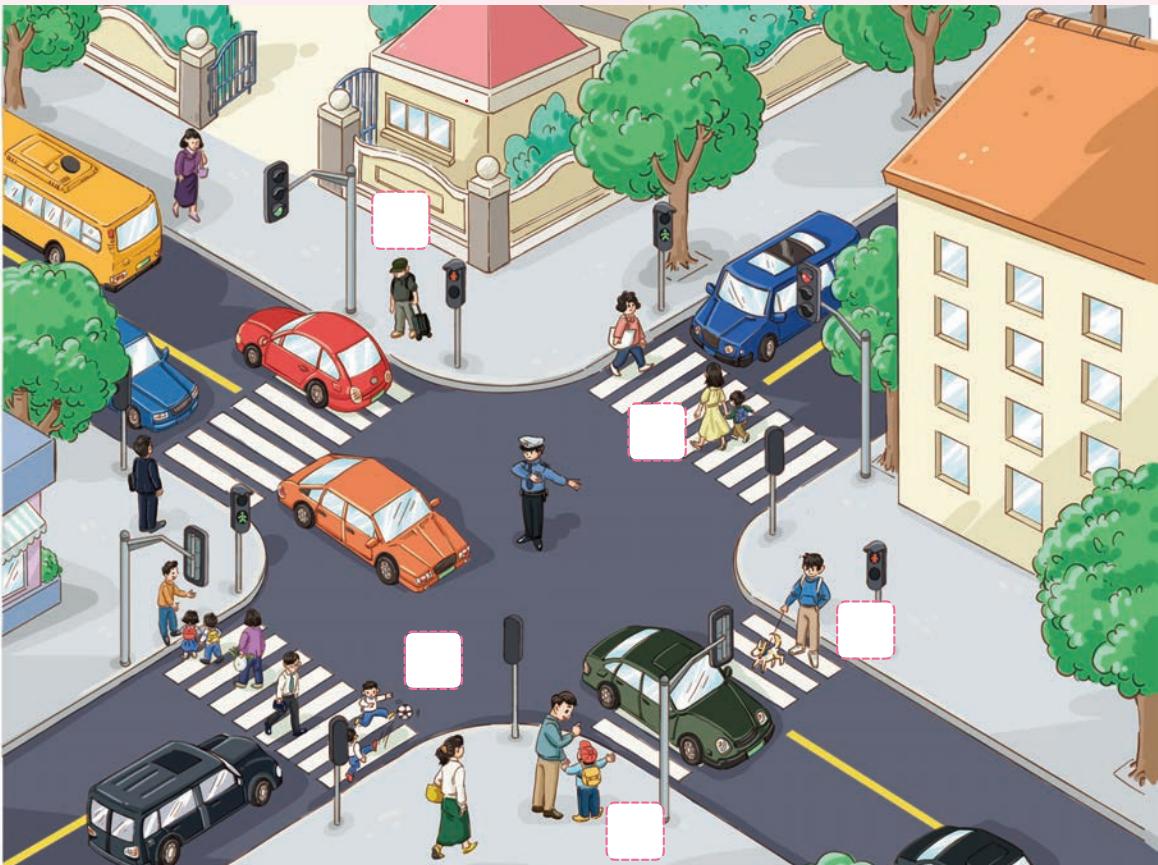
The light is red.

Let's stop.



# Helping the police officer

**Step 1** Look at the picture.



**Step 2** Tick (✓) or cross (✗).

**Step 3** Act as the police officer.

Please stop. The light is red.

You can't play football.

Look both ways.

...



Stop!

Go.

Well done!

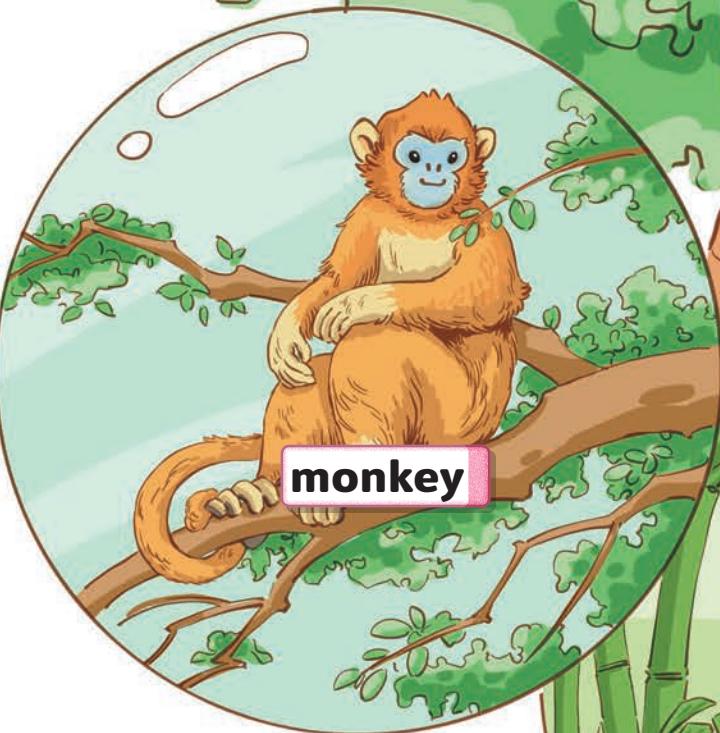


# Unit 9 I see animals



Small task

Making an animal bookmark



monkey



panda



tiger

## Chant time

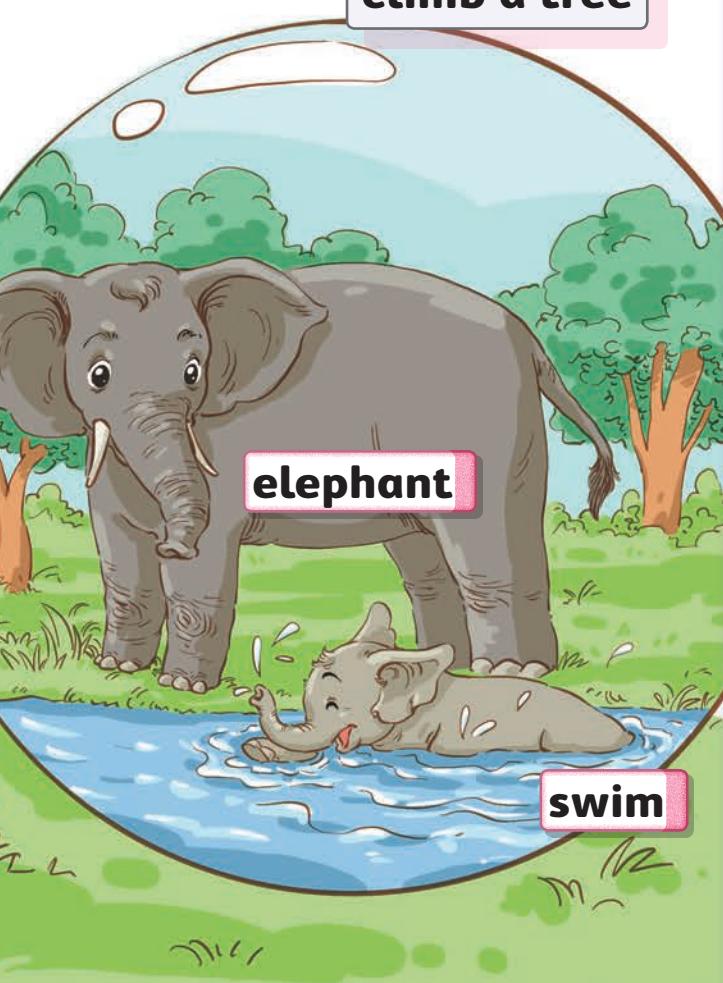
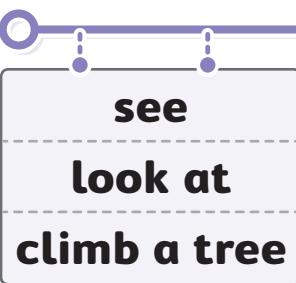
**I see animals!**

What do you see?

What do you see?

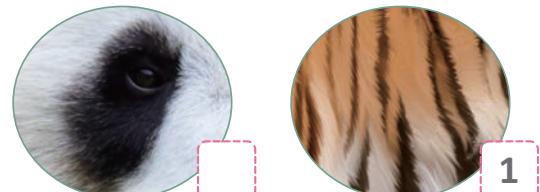
I see a panda

Looking at me.



- A** Look, listen and chant along. ⏪

- B** Listen and number the pictures in order. ⏪



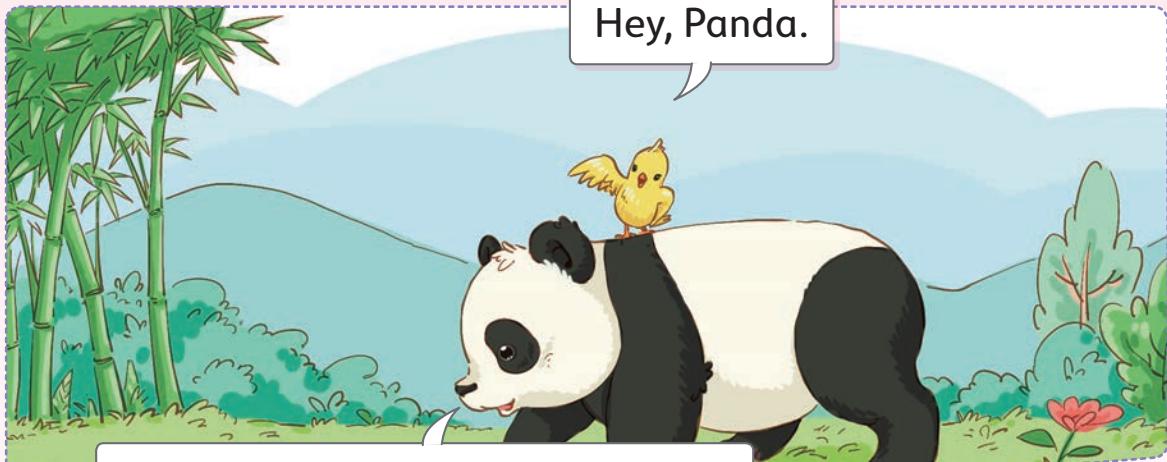
- C** Play a game.

What do you see?  
What do you see?

I see a monkey  
looking at me.



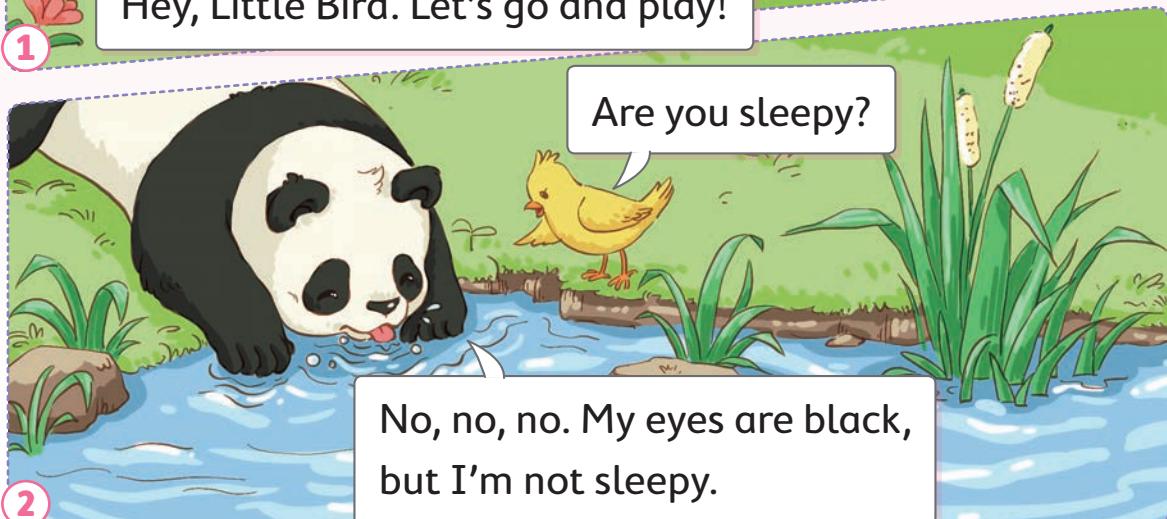
## Hey, Panda!



Hey, Panda.

Hey, Little Bird. Let's go and play!

1



Are you sleepy?

2

No, no, no. My eyes are black,  
but I'm not sleepy.

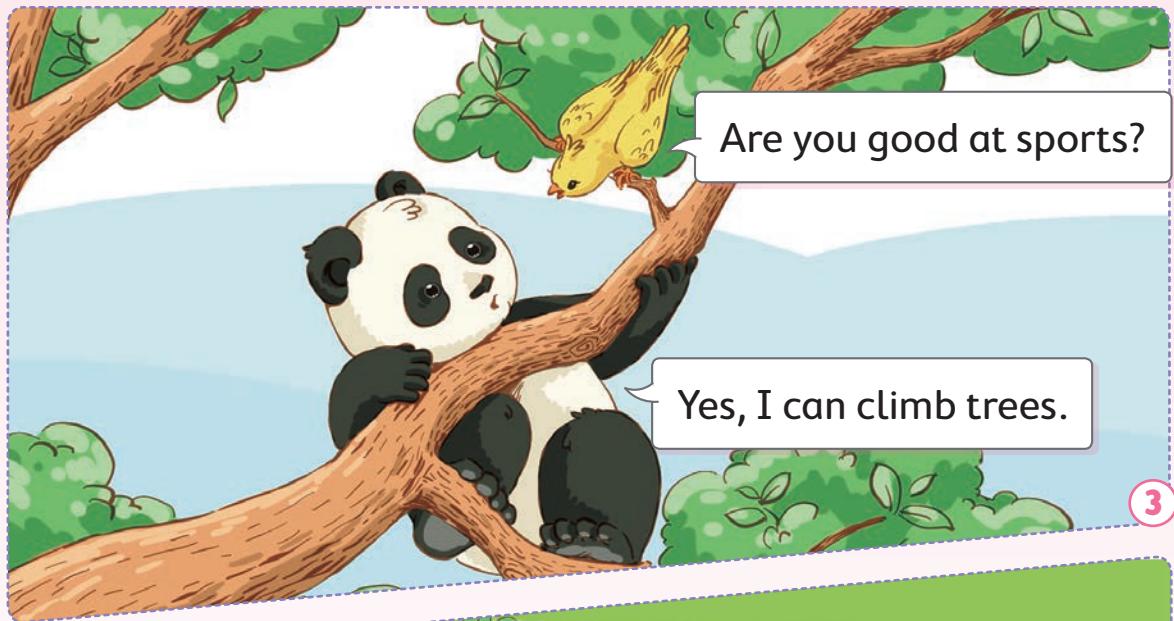
**A** Look and listen. 

**B** Look and circle.



black ears  
black eyes  
a black face

fly  
swim  
climb



3



4

### C Imagine and speak.

I'm a panda.



My ... is / are ...

I'm ...

I can ...



# My animal bookmark

### Step 1 Think and choose.

Which animal do you like?



### Step 2 Make your bookmark.



① Colour.



② Cut.

### Step 3 Show and tell.

Look! It's a / an ...  
It can ...  
...



Well done!



# Unit 10 I like toys



Small task

Choosing a gift



## Chant time

**Toys I like**

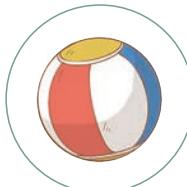
Toys, toys.  
Which toy do you like?  
A kite or a car?  
A boat or a ball?  
I like them all.



**A** Look, listen and chant along. ⏪

**B** Look, listen and circle. ⏪

**C** Speak and act.



Which toy do  
you like?

Which toy do  
I like?  
...



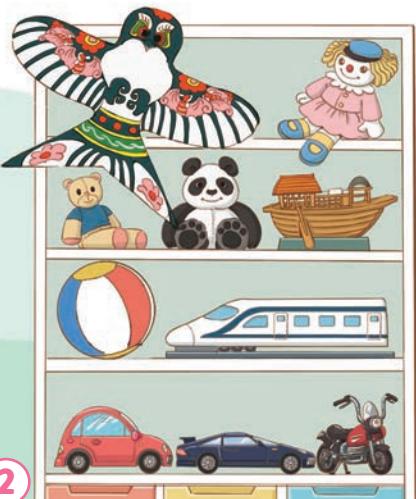


# Shenshen's gift

I'm going back to London.  
Goodbye, Shenshen.

① Goodbye, Lily.

Wait!



A ball, a toy panda,  
a kite ... or a toy train?  
Which toy does Lily like?



**A** Look and listen. ⏪

**B** Look, circle and write.

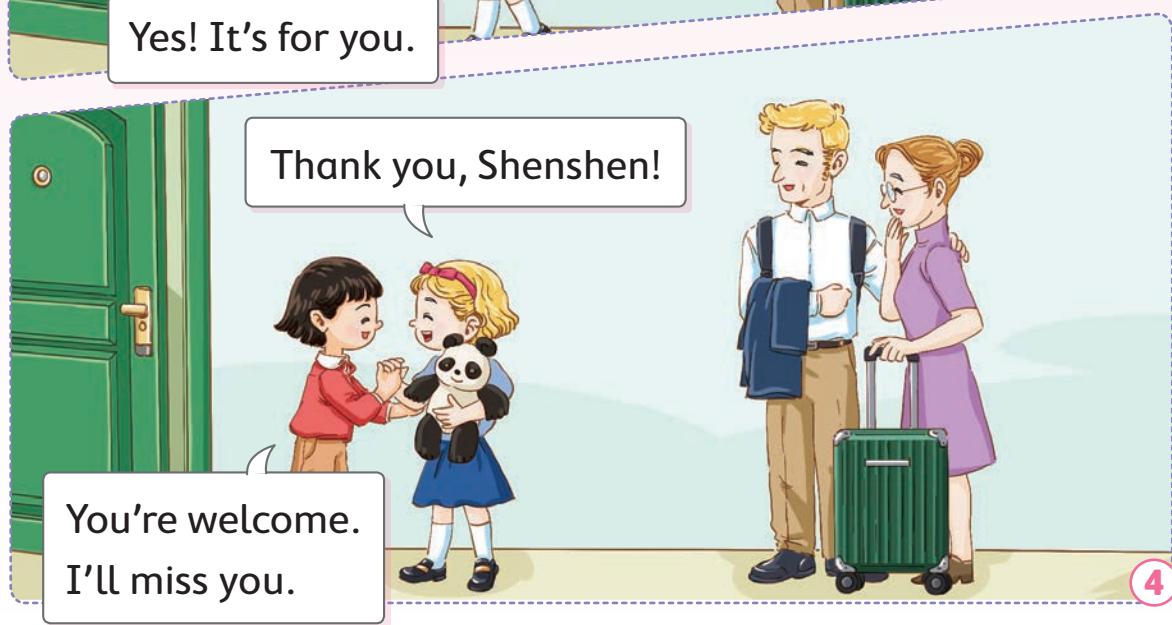
Shenshen has \_\_\_\_\_.



Shenshen gives  
Lily \_\_\_\_\_.

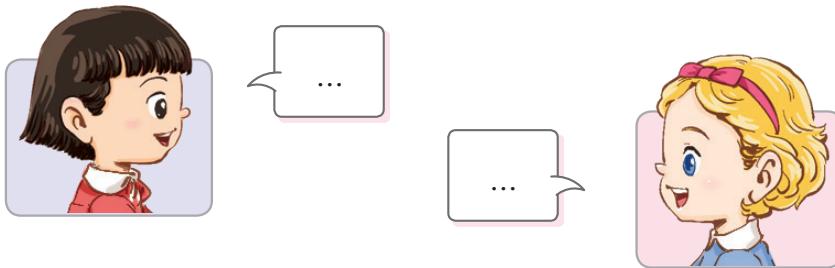


3



4

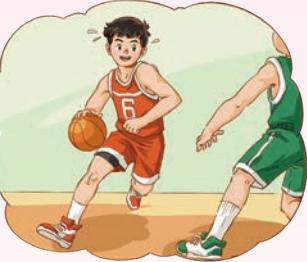
### C Role-play.



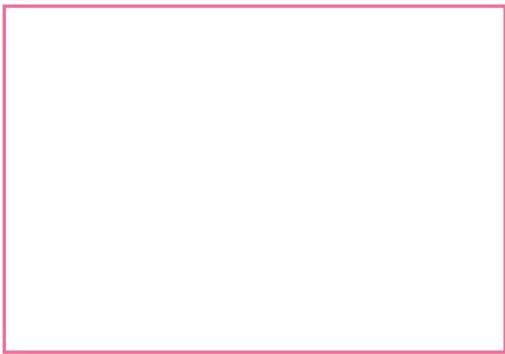
# Choosing a gift

**Step 1** Look and guess.

Which gift does the boy like?



**Step 2** Draw a gift for him.



**Step 3** Think and speak.



Look! It's a ...  
It's ...

Well done!



## Word bank

### Unit 1

fine 健康的；身体很好的  
busy 忙碌的  
tired 疲倦的  
happy 高兴的  
great 身心健康的；心情愉快的

be careful 小心；注意

### Unit 2

lunch 午餐；午饭  
time 时间  
meatball 肉丸  
rice 大米；稻米  
vegetable 蔬菜  
soup 汤；羹  
apple 苹果

### Unit 5

weather 天气；气象  
sunny 阳光充足的  
rainy 阴雨的；多雨的  
windy 多风的；风大的  
cloudy 阴天的；多云的  
snowy 下雪的；多雪的

### Unit 3

colour 颜色；色彩  
yellow 黄色的  
red 红色的  
blue 蓝色的  
green 绿色的

### Unit 6

clothes 衣服；服装  
shirt (尤指男式的)衬衫  
trousers 裤子  
sock (pl. socks) 短袜  
shoe (pl. shoes) 鞋  
hat (常指带檐的)帽子  
skirt 女裙；裙子  
dress 连衣裙

### Unit 4

playground (尤指公园中的)游乐场  
slide 滑梯  
swing 秋千  
seesaw 跷跷板  
hold on tight 紧紧抓住

### Unit 7

game 游戏；运动；比赛项目  
hide-and-seek 捉迷藏游戏  
ready 准备好  
play 玩耍；游戏；玩乐  
move-and-freeze 木头人游戏  
skip rope 跳绳  
throw sandbags 丢沙包

## Unit 8

traffic light 交通信号灯

stop (使)停止, 停下

go 去; 走

wait 等; 等候

zebra crossing 斑马线; 人行横道

## Unit 9

panda 大熊猫

see 看见

look at 看

tiger 虎; 老虎

elephant 象

monkey 猴子

climb a tree 爬树

swim 游水; 游泳

## Unit 10

kite 风筝

toy car 玩具汽车

toy boat 玩具船

ball 球

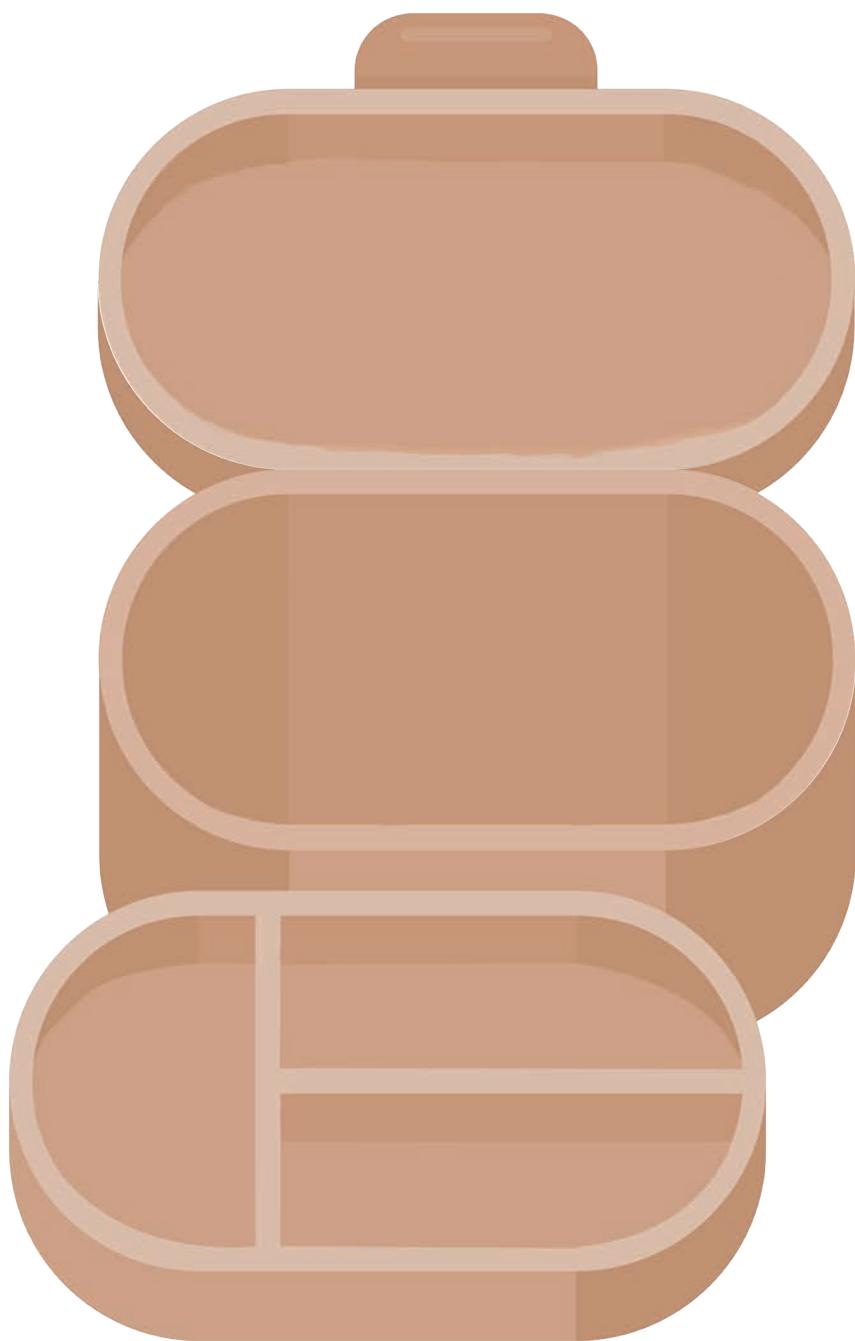
cute 可爱的; 漂亮迷人的

gift 礼物

toy train 玩具火车

Unit 2 (p.12) **Mini-project: Packing a lunch box**

Name: \_\_\_\_\_ Class: \_\_\_\_\_





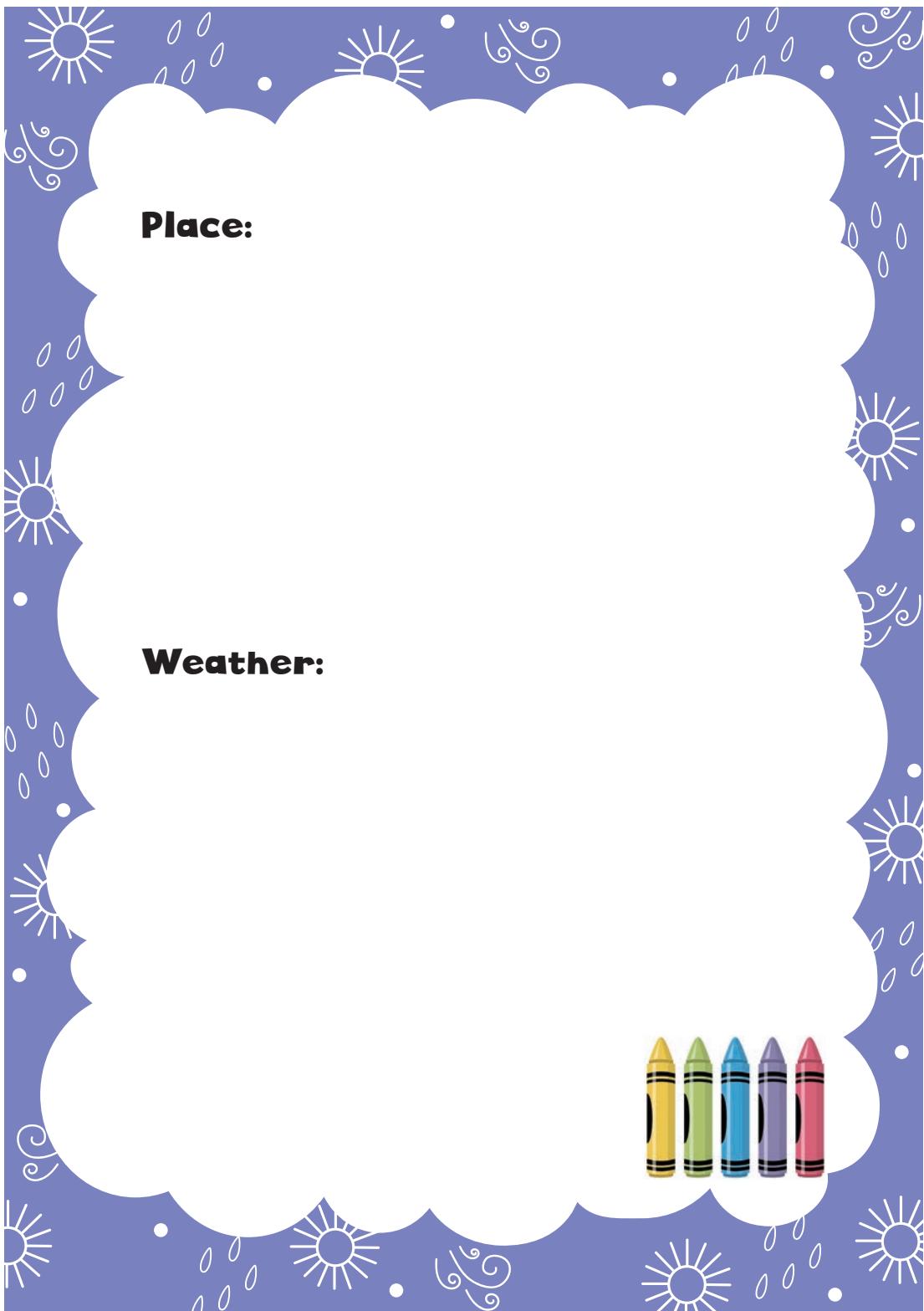
Unit 3 (p.18) Mini-project: My dream park

Name: \_\_\_\_\_ Class: \_\_\_\_\_





Name: \_\_\_\_\_ Class: \_\_\_\_\_





Unit 8 (p.48) Mini-project: Helping the police officer

Name: \_\_\_\_\_ Class: \_\_\_\_\_





Unit 9 (p.54) Mini-project: My animal bookmark

Name: \_\_\_\_\_ Class: \_\_\_\_\_





Unit 10 (p.60) Mini-project: Choosing a gift

Name: \_\_\_\_\_ Class: \_\_\_\_\_





Cut, make and role-play



Miss Li



Cut, make and role-play



Xiaojiang



Cut, make and role-play



Minmin



Cut, make and role-play



Shenshen



Cut, make and role-play



Xiaopu



Cut, make and role-play

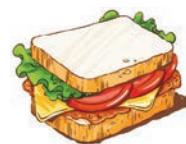


Lily



## Cut and stick

Unit 2 (p.12)



Unit 5 (p.27)



Unit 6 (p.33)





## 后记

本套教材根据国家教育部颁布的《义务教育英语课程标准(2022年版)》编写。

本套教材的编写吸取了上海市“二期课改”的经验和成果，是上海市英语教育教学研究与实践各方倾力合作、智慧交融的成果。编写过程中，上海市课程教育教学研究基地（中小学课程方案基地）、上海市心理教育教学研究基地、上海基础教育教材建设重点研究基地、上海市英语教育教学研究基地等上海高校“立德树人”人文社会科学重点研究基地给予了大力支持，得到了余正、Janet Enever、Catherine Watts、Rod Ellis、Jonathan Newton 和 Matthew Hager 等专家和学者的大力帮助，也得到了上海市各区一线学校和老师的鼎力支持，谨此致谢！也特别感谢詹嘉妍、陈孔胤、陈苧、张莉等老师参与本册教材的素材收集工作。上海教育出版社承担了本套教材的编辑出版工作，在组织编写、编辑校对、试教试用等方面进行了全流程、全方位的管理，在此一并表示诚挚的感谢。

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准予使用 准用号 SD-XS-2024002

英语  
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ISBN 978-7-5720-3212-7

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定价：10.80元