

# PREDICTING THE MATERNAL RISK DURING CHILDBIRTH

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## 1 Abstract

**The maternal risk** is determined by several factors during the childbirth, this project is aim to classify risk levels and predict whether the maternal is in danger. Even though there are many aspects related to the process of childbirth, the goal here is to build a neural network that distinguish high/low risk of maternal death regarding to the given data categories.

In the selected data set "Maternal health risk" [1], there are total of 1014 instances with no missing values. The attribute age, systolic blood pressure, diastolic blood pressure, blood sugar, body temperature, and heart rate are considered given inputs, which are all close related to the status of maternal during the birth and by defining what factors lead to a high risk, corresponding prevention may applied in order to keep maternal away from death.

Personally, making model according to problem that related to health care is more meaningful compare to any other classification. Even though this is a quiet brief model of neural network, which might not ever get chance to become a real-world application, the given input seem very reasonable and relevant in order to determine the output of risk level, which gives more credibility in the prediction process. For the sake of accuracy, several techniques will be applied into the prediction process and be introduced later on this report.

## 2 Data Set

### 2.1 Data cleaning

**Reform the multi-classified data into binary**, as known as data cleaning for selected data set is straight forward, age, systolic/diastolic blood pressure, blood sugar, body temperature, and heart rate are all integer values and they are not required to be binary since these are going to be our inputs, the output value, risk-level, is 3-variable classification defined by high/mid/low risks. where  $high(272) < mid(336) < low(406)$ . Considering the balance of the data set, we merge mid-risk class into

$$x_h = \frac{x_{high}}{sum(x)}, x_l = \frac{x_{low}}{sum(x)} \quad (1)$$

We have results:

level	Number	Percentage
High(1)	608	59.96%
Low(0)	406	40.04%
Total	1014	100%

Table 1: Two classes are distributed in balance

### 2.2 Data Normalization

**To achieve feature scaling**, because we have no extreme value among the inputs, standardization is not necessary, the function applied is the mean-range normalization function[2]:

$$x' = \frac{X - \mu}{X_{max} - X_{min}} \quad (2)$$

Usually, feature scaling is used when each category of data do not have the same range scales, which in our case, the value range of systolic blood pressure obviously differs from blood sugar; these difference can slow down the learning of a model. When we apply Gradient Descent in both normalized and non-normalized data set, Gradient Descent converges to the minimum faster if the input is normalized.

The range of each attribute is narrowed down to same interval  $[-1, 1]$ . The attribute In-risk(RiskLevel before cleaning), is exclusive.

## 2.3 Data Overview

Before constructing the model, It is better to go through the data set in detail.

### 2.3.1 Histogram

We can see the distribution via histogram, the graph shown below will illustrate distribution of each attribute, BloodSugar, BodyTemp, and HeartRate are reasonably centralized:

Figure 1)

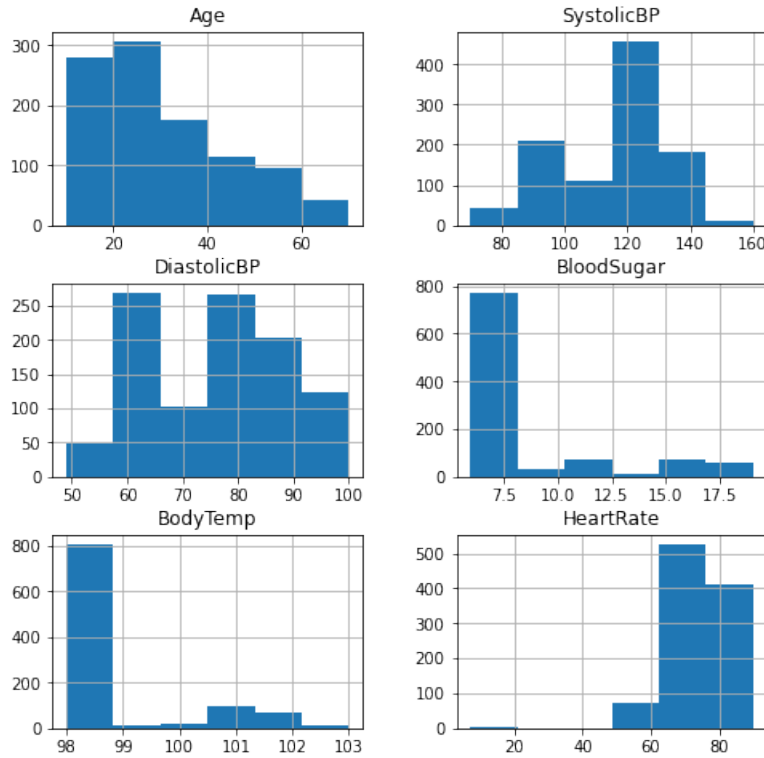


Figure 1: the distribution histogram of each input attribute

Figure 2)

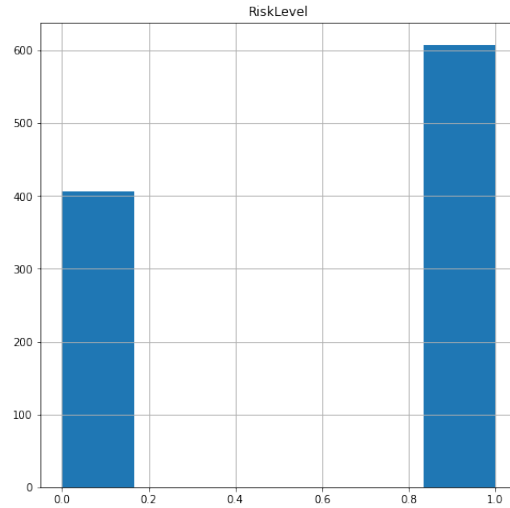


Figure 2: the distribution histogram for output attribute

### 2.3.2 data significance

**Age:** The maternal sample's age, extreme age is more likely to develop pregnancy-related high blood pressure and anemia (lack of healthy red blood cells).

**Systolic Blood pressure:** indicates how much pressure your blood is exerting against your artery walls when the heart beats. Monitoring blood pressure is important before, during, and after pregnancy.

**Diastolic blood pressure:** The pressure of maternal sample's blood exerting against artery walls while the heart is resting between beats. Monitoring blood pressure is important before, during, and after pregnancy.

**Blood sugar:** blood sugar concentration, High blood glucose can increase the chance that maternal samples will have a miscarriage or damage of the health

**Body temperature:** changes of body temperature can influence metabolic changes in different nutrients of pregnant women.

**Heart rate:** During childbirth, maternal sample's heart pumps more blood each minute and heart rate increases, especially when push, they will have abrupt changes in blood flow and pressure.

**Besides,** all other related information are contained in the table shown below:

	max	min	mean	median	std
age	70.00	10.00	29.87	26.00	13.47
systolicBP	160.00	70.00	113.20	120.00	18.39
diastolicBP	100.00	49.00	76.46	80.00	13.88
BloodSugar	19.00	6.00	8.73	7.50	3.29
BodyTemp	103.00	98.00	98.67	98.00	1.37
HeartRate	90.00	7.00	74.30	76.00	8.08

Table 2: Input data overview information

## 3 Modeling

**In this section,** I will show how our data set fits into different modeling mechanisms and how each one of the techniques affects our accuracy. In order to do this, we apply python library "Tensorflow".

### 3.1 logistic regression

**First of all** let's see how does the data set fit the logistic regression model. After assigning variable `model = Sequential()`, we now have a deep learning modeling environment where we can add layers into the network, every unit in a layer is connected to every unit in the previous layer. However, for now we will have only one layer with one node to do the logistic regression[3].

**After** setting epoch to 256 and repeat several times, here is result of last 5 training of our model in last reputation of epochs of 256:

epochs	loss	accuracy
252/256	0.5580	0.6726
253/256	0.5516	0.6746
254/256	0.5556	0.6785
255/256	0.5646	0.6686
256/256	0.5564	0.6716

Table 3: single layer training result

Below is the first 10 predictions the model makes compare to original output 'Y' value (bad predictions are highlighted):

TrueValue	1.00	1.00	1.00	1.00	0.00	1.00	1.00	1.00	1.00	1.00
Prediction	0.99	0.95	0.26	0.52	0.40	0.59	0.61	0.63	0.26	1.00

Table 4: single layer accuracy comparison

**Since** we are using only one layer here, I think this is a acceptable result, however, to achieve higher accuracy, we might build a model with multiple layers and nodes.

### 3.2 multi-layered model

**A multi-layered** model is more precise than what we have seen in 3.1 since it involves more weights/rates and biases that tweak the prediction over and over.

In this model, I have added up to 4 layers in total, where first layer has 16 node, and second layer has 8 nodes, 4 for third layer, and also, last node in fourth layer. The thing we should pay attention here is that, first three layer we will use **activation = 'relu'** since they are not binary classification, and last layer we use **activation = 'sigmoid'**.

**As** we can see, there are 289 params since we have 6 categories of input plus bias, which is  $(6 + 1) * 16 + (16 + 1) * 8 + (8 + 1) * 4 + (4 + 1) * 1 = 289$ , another good way to see this is via visualization (see

Just like 3.1, below is the table showing last 5 execution of running epochs, this time I set epochs = 2560 and it repeated 4 times.

epochs	loss	accuracy
2556/2560	0.1928	0.9043
2557/2560	0.2018	0.9093
2558/2560	0.2034	0.9083
2559/2560	0.2025	0.9043
2560/2560	0.1963	0.9132

Table 5: multi-layered training result

To see how well it can predict after all, here are first 10 values of comparison between true values and predictions where bad predictions are highlighted:

TrueValue	1.00	1.00	1.00	1.00	0.00	1.00	1.00	1.00	1.00	1.00
Prediction	1.00	1.00	1.00	1.00	0.48	1.00	1.00	1.00	0.43	1.00

Table 6: multi-layered accuracy comparison

**It is obvious** that multi-layered model performs better than our single-layered model, there are 8 perfect guess in first 10 values.

### 3.3 Evaluating different models

Since different hype-parameters and different model do affect the performing of accuracy, we want to try as much as we can to find the highest accuracy when input is validation set.

Recall from phrase 1, the number of high risk cases are 608, which takes 59.96% of total cases, this is considered our base-line accuracy. Even though any accuracy above this percentage is acceptable, we do want to find out that the highest validation set accuracy is under what kind of environment.

For binary output, we always want the output layer to be "sigmoid", also, holding loss to "binary\_crossentropy" and metrix to "accuracy" as default.

dataset	model	layer	epochs	loss	accuracy	F1 score	precision
TRAIN	logistic regression	1	1536	0.50	0.72	0.77	0.76
VALID		1	1536	0.48	0.68	0.74	0.73
TRAIN	logistic regression	1	512	0.49	0.71	0.76	0.76
VALID		1	512	0.56	0.66	0.73	0.69
TRAIN	NNs 16-8-4-2-1	5	128	0.39	0.81	0.83	0.88
VALID		5	128	0.50	0.76	0.79	0.81
TRAIN	NNs 16-8-4-2-1	5	100	0.46	0.79	0.81	0.89
VALID		5	100	0.55	0.74	0.77	0.80
TRAIN	NNs 8-4-2-1	4	512	0.39	0.81	0.84	0.85
VALID		4	512	0.51	0.75	0.79	0.78
TRAIN	NNs 8-4-2-1	4	128	0.43	0.78	0.80	0.89
VALID		4	128	0.51	0.74	0.77	0.81
TRAIN	NNs 4-1	2	256	0.45	0.77	0.79	0.86
VALID		2	256	0.52	0.71	0.75	0.76

Table 7: train/valid comparison (rmsprop, sigmoid, relu +sigmoid for NNs)[4]

**1536 epochs comparison** seems to start over-fitting since the validation set on loss is slightly going upwards, for adjustment. Since the NNs 16-8-4-2-1 model tends to be over-fitting somewhere about 100 epoch, We choose to run it with 128 epochs, this is not quiet generalized. When setting epochs to aound 100, it starts to under-fitting, so, this would be considered as best result. Now, let activation change to **"adam"**. We see that model (NNs 16-8-4-2-1 128 epoch), (NNs 16-8-4-2-1 100 epoch) (NNs 8-4-2-1 512 epoch), and (NNs 8-4-2-1 128 epoch) are giving higer accuracy let's see if we can make any improvement on those models.



dataset	model	layer	epochs	loss	accuracy	F1 score	precision
TRAIN	NNs 16-8-4-2-1	5	128	0.40	0.81	0.83	0.90
VALID		5	128	0.50	0.74	0.77	0.81
TRAIN	NNs 16-8-4-2-1	5	256	0.37	0.81	0.83	0.90
VALID		5	256	0.51	0.71	0.74	0.79
TRAIN	NNs 8-4-2-1	4	512	0.37	0.83	0.85	0.90
VALID		4	512	0.48	0.77	0.82	0.82
TRAIN	NNs 8-4-2-1	4	128	0.43	0.79	0.81	0.89
VALID		4	128	0.51	0.73	0.76	0.79

Table 8: train/valid comparison (adam, sigmoid, relu +sigmoid for NNs)

This time 256 epoch of model NNs 16-8-4-2-1 it's smoother and giving higher validation accuracy. Now, let's compare (NNs 16-8-4-2-1 256 epoch) and (NNs 8-4-2-1 512 epoch).

First, let model (NNs 16-8-4-2-1 256 epoch) with activation change to "linear" except output layer remains "sigmoid", and remain other hype-parameter the as before (optimizer as "adam"), and model (NNs 8-4-2-1 512 epoch) with optimizer change to "sgd", and remain other hype-parameter the as before.

dataset	model	layer	epochs	loss	accuracy	F1 score	precision
TRAIN	NNs 16-8-4-2-1 (activation "linear")	5	256	0.48	0.72	0.77	0.76
VALID		5	256	0.56	0.67	0.74	0.69
TRAIN	NNs 8-4-2-1 (optimizer "sgd")	4	512	0.46	0.78	0.79	0.90
VALID		4	512	0.54	0.72	0.74	0.83

Table 9: train/valid comparison (different hype-parameter)

**After comparing Table 9 with Table 8, We Found neither "sgd" optimizer nor "linear" activation make the validation accuracy higher.**

**Overall,** The highest validation set accuracy is given by model (NNs 8-4-2-1 512 epoch) with hype-parameter activation "relu" with output layer "sigmoid", optimizer "adam", and metrix "accuracy". The result is

Validation set accuracy 0.77

Loss 0.48

F1 socre 0.82

Precision 0.82

**Figure 3)**

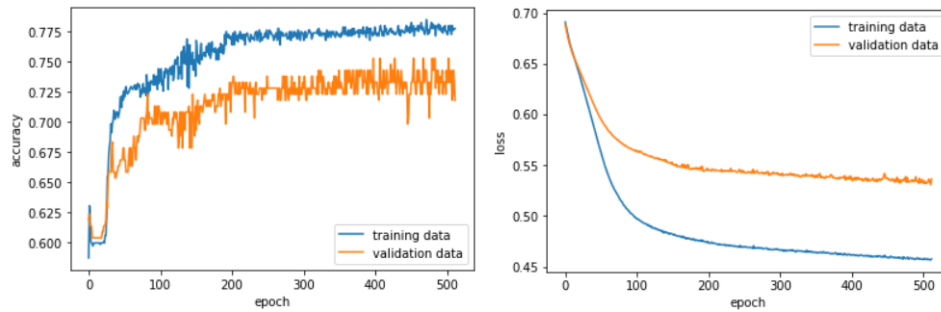


Figure 3: 512 epochs comparison with NNs 8-4-2-1 model

**Applying "EarlyStopping" and "ModelCheckpoint"** with patience of 10 and batch size of 2, model fitting stops at epoch 22, which means the epoch 12 is latest improvement made, the validation set accuracy at epoch 12 is **0.797** and its latest loss is **0.481** as Figure 4 shown below:

**Figure 4)**

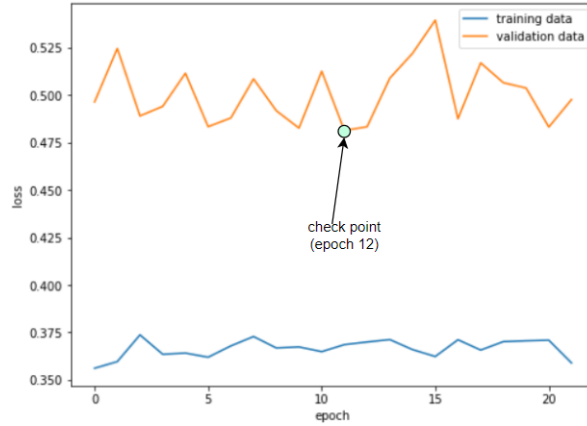


Figure 4: early stop of 22 epoch with checkpoint

## 4 Feature importance

Since there are 6 attributes in the data set; now, we test the validation set performance after training each attribute alone in the training set.

In section 3, the best model found is 4 layers (NNs 8-4-2-1) with hype-parameter activation "relu", output layer "sigmoid", optimizer "adam", and metrix "accuracy". This model is now being used again with the difference that "input\_dim" = 1, moreover, instead of having all columns except output column as the input, we will first start with "age", and use this single column to train the training set (predict output in training set), then apply the trained model to predict output in the validation set. Below is the table and bar-chart recorded with all 6 input and their performance in the validation set:

	age	systolicBP	diastolicBP	bloodSugar	bodyTemp	heartRate
LOSS	0.6513	0.5295	0.6199	0.5108	0.6497	0.6714
ACCURACY	0.6040	0.7079	0.6188	0.7228	0.6040	0.6040

Table 10: single attribute prediction performance

Figure 5)

As the table and the graph show, the age, body temperature, and heart rate

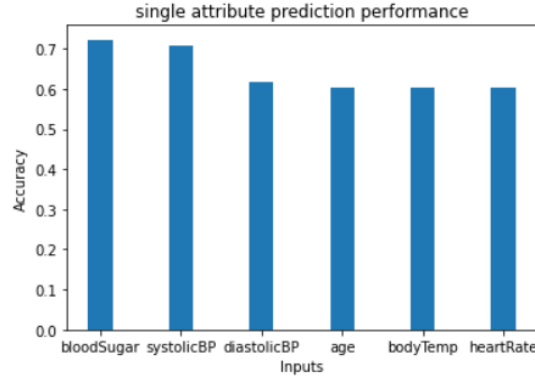


Figure 5: single attribute prediction performance

yield the lowest accuracy which is 0.6040. These data are less importance since they are just passed through the baseline of accuracy, but we will still take them off one by one in the following steps.

The table shown below illustrate the accuracy change after taking each least important input out from the model all the way until the 2 most important feature in the model.

	whole model	No age	No age/bt	No age/bt/hr	No age/bt/hr/dBP'
LOSS	0.3994	0.3543	0.4124	0.4312	0.4428
ACCURACY	0.7970	0.8069	0.7772	0.7624	0.7525

Table 11: model performance with decreasing input number

**Figure 6)**

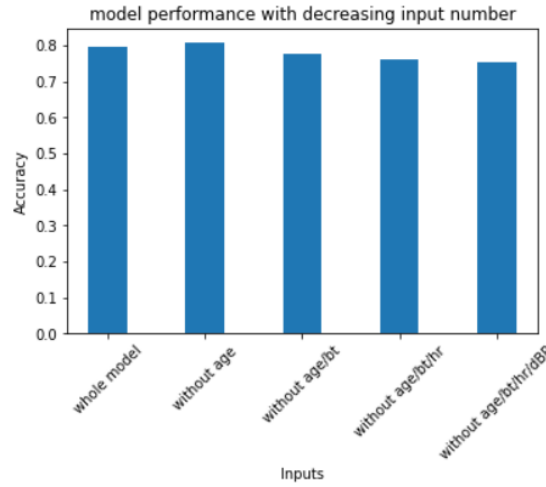


Figure 6: model performance with decreasing input number

**Overall,** we first found baseline accuracy of 0.59, then split and shuffle data set in 2-to-8 percentage format with mean normalization. Under the acknowledge that multi-layered model yields higher accuracy, we found that (NNs 8-4-2-1) with 512 epoch is our best model, and its accuracy can reach as high as 0.77.

From figure 5 we can see that blood sugar is the most important input, then systolic blood pressure. In figure 6, we can tell that after remove "age", the accuracy of the model reaches its peak, which is 0.8069. After taking off age we see that even though body temperature and heart rate are also less important compare to others, but the accuracy of the model starts to decrease, which is, when remove age from data set, the model can best predict whether there is a risk while mothers giving birth according to the data of blood sugar, systolic blood pressure, diastolic blood pressure, body temperature, and heart rate.

The confusion metric and ROC graph is not included here due to the length consideration, the result AUC is 0.87, which I think would be good enough. It's done by using the loaded weights from the best (8-4-2-1) model and with early-stop pointers, which I think that it would be the best performance of the entire project. There is a bunch of new techniques I learned from this project, honestly, this is my first machine learning related course and everything here is totally new to me. I did enjoy a lot from this project!

## References

- [1] Marzia Ahmed. UCI maternal health risk data set data set, 2020.
- [2] K. Adith Narasimhan. Mean normalization and feature scaling - a simple explanation. <https://medium.com/analytics-vidhya/mean-normalization-and-feature-scaling-a-simple-explanation-3b9be7bfd3e8#:~:text=Mean>, 2021. Accessed: 2021-2-11.
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- [4] Jason Brownlee. How to use learning curves to diagnose machine learning model performance. <https://machinelearningmastery.com/learning-curves-for-diagnosing-machine-learning-model-performance/>, 2019.