



# RCCG OCEANIA

Faith & Trust

## Overcoming Seasons of Crisis

### At a Glance

#### BIG IDEA

In life's inevitable seasons of crisis, understanding that nothing is permanent except God and His promises can transform challenges into opportunities. By recognizing the temporary nature of crises and relying on faith, we can navigate through difficulties with hope and resilience.

#### PRIMARY PASSAGES

Ecclesiastes 3:1

Genesis 8:22

Ezekiel 34:26

John 16:33

1 John 5:4

## Key Takeaways

- Nothing is permanent except God and His promises.
- Seasons guarantee change, providing hope and opportunity.
- Crisis creates opportunities for creativity and growth.
- Faith is essential to overcoming the world's challenges.
- Work and plan for the future during times of crisis.

## Introduction

Life is full of seasons, each bringing its own challenges and opportunities. In times of crisis, it is crucial to remember that these periods are temporary and that God's promises remain constant. By anchoring ourselves in faith, we can find hope and resilience to navigate through life's storms.

## Scripture Reading

- **Ecclesiastes 3:1** — To understand that every aspect of life has its season, reinforcing the temporary nature of crises.
- **Genesis 8:22** — To affirm that as long as the earth remains, seasons will continue, implying that crises are temporary.
- **Ezekiel 34:26** — To convey that blessings come in seasons, encouraging faith even when blessings are not apparent.
- **John 16:33** — To affirm that in this world, there will be troubles, but Jesus has overcome the world.
- **1 John 5:4** — To emphasize that faith is the victory that overcomes the world.

## Key Points

**1. The Permanence of God** — In times of crisis, it is vital to remember that nothing is permanent except God and His promises. This understanding provides a foundation of stability and peace. Ecclesiastes 3:1 reminds us that every aspect of life has its season, but God's presence and promises remain constant. By focusing on this truth, we can find comfort and assurance even in the most turbulent times.

- Reflect on God's eternal nature and promises during personal crises.
- Memorize key scriptures that emphasize God's permanence.
- Share with others how God's promises have provided stability in your life.

Scripture: Ecclesiastes 3:1

**2. The Certainty of Change** — Change is a constant in life, and seasons are a natural part of this process. Genesis 8:22 assures us that as long as the earth remains, seasons will continue. This certainty of change offers hope and opportunities for new beginnings. Understanding that crises are temporary can help us embrace change and look forward to the new possibilities that lie ahead.

- Identify areas in your life where change is needed and take steps towards it.
- Encourage someone going through a difficult season by reminding them of the temporary nature of crises.
- Journal about past changes in your life and the growth they brought.

Scripture: Genesis 8:22

**3. Opportunities in Crisis** — Crisis can be a catalyst for creativity and growth. While challenges can be daunting, they also present opportunities to innovate and develop new skills. By viewing crises as opportunities, we can transform our perspective and approach these times with a mindset of growth and possibility.

- Identify a current challenge and brainstorm creative solutions.
- Seek out learning opportunities that arise from crises.
- Support others in finding growth opportunities during their difficult times.

## Key Points (cont.)

4. **Faith as Victory** — Faith is essential to overcoming the world's challenges. 1 John 5:4 emphasizes that faith is the victory that overcomes the world. By maintaining a strong faith, we can find the strength and resilience needed to face any crisis. Faith provides a lens through which we can see beyond our current circumstances and trust in God's greater plan.
- Strengthen your faith through regular prayer and study of Scripture.
  - Share testimonies of faith overcoming challenges with others.
  - Encourage someone struggling with their faith by sharing 1 John 5:4.

Scripture: 1 John 5:4

5. **Active Preparation** — During times of crisis, it is important to work and plan for the future. By storing resources and developing our unique gifts, we can be prepared for whatever lies ahead. Active preparation allows us to face crises with confidence and ensures that we are ready for the opportunities that follow.
- Create a plan for personal and spiritual growth during crises.
  - Identify and develop your unique gifts and talents.
  - Encourage others to prepare for future opportunities during challenging times.

## Group Discussion

Tip: Use these questions to guide the group from seeing → understanding → applying.

## Observation

- What does Ecclesiastes 3:1 teach us about the nature of life's seasons?
- How does Genesis 8:22 reassure us about the temporary nature of crises?
- What examples from Scripture show God's promises as constant?

## Interpretation

- How can understanding the permanence of God provide stability during crises?
- In what ways can crises be seen as opportunities for growth?
- Why is faith described as the victory that overcomes the world in 1 John 5:4?

## Application

- What steps can you take to strengthen your faith during difficult times?
- How can you actively prepare for future opportunities during a crisis?
- In what ways can you support others who are going through a season of crisis?

## Prayer Focus

- Pray for strength to trust in God's eternal promises during crises.
- Seek God's guidance to see opportunities in challenging times.
- Ask for increased faith and resilience in the face of life's storms.

## Next Step

Reflect on a current challenge and identify how God's promises can provide hope and direction.

## Conclusion

Seasons of crisis are an inevitable part of life, but they are not permanent. By focusing on the eternal nature of God and His promises, we can find hope and resilience. Embracing change, seeking opportunities for growth, and maintaining a strong faith will guide us through these challenging times and prepare us for the future.

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