



RCCG OCEANIA

Relationships

MAINTAINING DESTINY RELATIONSHIPS

AT A GLANCE

BIG IDEA

In a world where relationships can be easily strained by jealousy and misunderstandings, it is crucial to rise above competitive jealousy and practice forgiveness. By actively contributing to relationships and avoiding gossip, we can maintain strategic connections that are vital for our destiny.

PRIMARY PASSAGES

Proverbs 14:30

Matthew 2:1-12

KEY TAKEAWAYS

- Competitive jealousy destroys strategic relationships.
- Forgiveness and tolerance are essential for lifelong connections.
- Active contribution is necessary for healthy relationships.
- Avoiding gossip and backbiting fosters a welcoming environment.

INTRODUCTION

Building and sustaining meaningful relationships is a vital aspect of fulfilling our destiny. However, relationships can be easily strained by jealousy, misunderstandings, and lack of contribution. This study explores how to overcome these challenges and maintain strategic connections.

SCRIPTURE READING

- **Proverbs 14:30** — Illustrates the destructive nature of envy and its impact on relationships.

KEY POINTS

1. **RISE ABOVE COMPETITIVE JEALOUSY** — Competitive jealousy can prevent the maintenance of strategic relationships. It breeds discontent and rivalry, which can lead to the breakdown of important connections. Overcoming jealousy requires a heart of contentment and a focus on personal growth rather than comparison with others.
 - Reflect on areas where jealousy may be affecting your relationships.
 - Practice gratitude for your own blessings and achievements.
 - Encourage and celebrate the successes of others.

Scripture: Proverbs 14:30

KEY POINTS (CONT.)

2. **PRACTICE FORGIVENESS AND TOLERANCE** — Forgiveness and tolerance are vital for maintaining lifelong relationships. Without them, misunderstandings and offenses can fester, leading to broken connections. Embracing forgiveness allows us to move past hurts and build stronger bonds.
 - Identify any grudges you may be holding and choose to forgive.
 - Practice patience and understanding in your interactions.
 - Seek reconciliation in strained relationships.
3. **BE AN ACTIVE CONTRIBUTOR** — Relationships thrive on a balance between expectations and contributions. Being an active contributor means offering support, time, and resources to nurture the connection. Contributions can honor and strengthen relationships.
 - Consider how you can contribute positively to your relationships.
 - Offer your time and resources to support others.
 - Be proactive in meeting the needs of those around you.
4. **AVOID GOSSIP AND BACKBITING** — Evil speaking and backbiting create an unwelcoming atmosphere and can quickly erode trust. Avoiding these behaviors is crucial for fostering healthy relationships. Instead, focus on speaking positively and building others up.
 - Refrain from participating in gossip or negative talk.
 - Speak positively about others, even when they are not present.
 - Encourage open and honest communication.

GROUP DISCUSSION

Tip: Use these questions to guide the group from seeing → understanding → applying.

OBSERVATION

- What does Proverbs 14:30 say about the impact of envy?
- What are some common causes of jealousy in relationships?

INTERPRETATION

- Why is competitive jealousy destructive to relationships?
- How does forgiveness contribute to the longevity of relationships?
- What role does active contribution play in maintaining healthy connections?

APPLICATION

- How can you overcome jealousy in your personal relationships?
- What steps can you take to practice forgiveness and tolerance?
- In what ways can you actively contribute to the relationships in your life?

PRAYER FOCUS

- Pray for the strength to overcome jealousy and celebrate others' successes.
- Ask for a forgiving heart to mend and sustain relationships.
- Seek guidance to be an active contributor in your relationships.
- Pray for wisdom to avoid gossip and foster positive communication.

NEXT STEP

Reflect on your relationships and identify areas where you can practice forgiveness and contribute positively.

CONCLUSION

Maintaining destiny relationships requires intentional effort to overcome jealousy, practice forgiveness, and contribute actively. By avoiding gossip and fostering a positive environment, we can build and sustain meaningful connections that are essential for our journey.

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Adapted from Apostle Joshua Selman on relationships' teachings:
<https://www.youtube.com/watch?v=1m6WKHZlmc>