



RCCG OCEANIA

Holy Spirit & Power

JOURNEY TO IMMORTALITY

AT A GLANCE

BIG IDEA

Embark on a transformative journey to spiritual immortality by understanding the struggle between the flesh and the Spirit. Learn how to mortify the flesh, quicken the body, and renew the mind to align with God's purpose. Discover the power of the Holy Ghost in overcoming sin and death, and awaken to a life of divine dimensions.

PRIMARY PASSAGES

Romans 7:18-8:5

Romans 8:13

Romans 8:11

Romans 12:1-2

2 Timothy 1:10

KEY TAKEAWAYS

- Life in the Spirit is foundational for spiritual growth.
- The law of the Spirit of life overcomes the law of sin and death.
- Mortification of the flesh is essential for spiritual life.
- Renewing the mind leads to transformation and alignment with God's will.
- Intimacy with the Holy Ghost is crucial for overcoming the flesh.

INTRODUCTION

The journey to spiritual immortality is a profound path that involves overcoming the desires of the flesh and transforming the mind through the Spirit. This study explores how believers can align with God's purpose by embracing the power of the Holy Ghost, leading to a life that transcends sin and death.

SCRIPTURE READING

- **Romans 7:18-8:5** — Illustrates Paul's struggle with sin and the law of the Spirit of life.
- **Romans 8:13** — Explains the need for mortification of the flesh to live.
- **Romans 8:11** — Describes the quickening of mortal bodies by the Spirit.
- **Romans 12:1-2** — Calls for transformation by renewing the mind.
- **2 Timothy 1:10** — Describes how Jesus abolished death and brought life and immortality to light.

KEY POINTS

1. **MORTIFICATION OF THE FLESH** — Mortifying the flesh is crucial for spiritual life. It involves overcoming worldly desires and distractions that lead to spiritual numbness and death. By putting to death the deeds of the body, believers can live by the Spirit. This process requires a conscious effort to resist temptations and focus on spiritual growth.

- Identify areas in your life where worldly desires dominate.
- Pray for strength to overcome these desires.
- Seek accountability from fellow believers.
- Meditate on Scripture that encourages spiritual discipline.

Scripture: Romans 8:13

2. **QUICKENING OF THE BODY** — The Spirit quickens our mortal bodies, enabling us to live a life aligned with God's purpose. This quickening is a foretaste of immortality, as the Spirit empowers believers to live beyond the limitations of the flesh. It is a transformative experience that brings vitality and purpose to our earthly existence.

- Reflect on how the Spirit has empowered you in the past.
- Invite the Holy Ghost to quicken your spirit daily.
- Engage in activities that align with God's purpose for your life.
- Share testimonies of spiritual quickening with others.

Scripture: Romans 8:11

3. **TRANSFORMATION OF THE MIND** — Renewing the mind is essential for transformation. By setting our minds on the things of the Spirit, we align ourselves with God's will. This renewal involves a shift in perspective, where we focus on eternal truths rather than temporal concerns. It is a continuous process that requires dedication and openness to the Spirit's guidance.

- Dedicate time each day to meditate on Scripture.
- Challenge negative thoughts with biblical truths.
- Cultivate a mindset focused on eternal values.
- Engage in discussions that encourage spiritual growth.

Scripture: Romans 12:1-2

KEY POINTS (CONT.)

4. **THE LAW OF THE SPIRIT OF LIFE** — The law of the Spirit of life counters the law of sin and death, providing a pathway to spiritual freedom and immortality. This law, empowered by the Holy Ghost, liberates believers from the bondage of sin and enables them to live in righteousness. Understanding and embracing this law is key to experiencing the fullness of life in the Spirit.

- Study the contrast between the law of sin and the law of the Spirit.
- Pray for a deeper understanding of spiritual freedom.
- Live out the principles of the Spirit in daily life.
- Encourage others to embrace the law of the Spirit.

Scripture: Romans 8:2

GROUP DISCUSSION

Tip: Use these questions to guide the group from seeing → understanding → applying.

OBSERVATION

- What does Paul describe as his struggle in Romans 7:18-8:5?
- How does Romans 8:13 define the process of mortification of the flesh?
- What role does the Spirit play in quickening our mortal bodies according to Romans 8:11?
- What is the significance of renewing the mind in Romans 12:1-2?

INTERPRETATION

- How does the law of the Spirit of life overcome the law of sin and death?
- In what ways does mortifying the flesh lead to spiritual life?
- What does it mean for the Spirit to quicken our mortal bodies?
- How does renewing the mind align us with God's will?

APPLICATION

- What practical steps can you take to mortify the flesh in your daily life?
- How can you invite the Holy Ghost to quicken your spirit?
- What changes can you make to renew your mind consistently?
- How can you live out the law of the Spirit of life in your community?

PRAYER FOCUS

- Pray for strength to overcome the desires of the flesh and live by the Spirit.
- Ask the Holy Ghost to quicken and empower your spirit daily.
- Seek guidance for renewing your mind to align with God's eternal purpose.
- Pray for a deeper understanding and experience of spiritual freedom through the law of the Spirit.

NEXT STEP

Dedicate time each day to meditate on Scripture and invite the Holy Ghost to transform your mind and spirit.

CONCLUSION

The journey to spiritual immortality is marked by the overcoming of the flesh and the transformation of the mind through the Spirit. By embracing the power of the Holy Ghost, believers can experience a life that transcends the limitations of sin and death, aligning with God's eternal purpose. This transformative journey requires dedication, discipline, and a deep relationship with the Spirit.