



RCCG OCEANIA

Faith & Trust

TRUSTING GOD'S POWER AND HELP

AT A GLANCE

BIG IDEA

In a world where human strength often falls short, turning to God for help can lead to miraculous transformations. By lifting our eyes to God, trusting in His power, and surrendering completely to Jesus, we can experience divine intervention in our lives. This study explores how biblical examples demonstrate God's control over destiny and His ability to bring life to seemingly dead situations.

PRIMARY PASSAGES

Psalm 121:1-2

Jeremiah 17:5-8

John 11:39-45

Matthew 15:21-28

Proverbs 21:1

KEY TAKEAWAYS

- Look to God for help and guidance.
- Trusting in human strength leads to disappointment.
- Complete surrender to Jesus opens the door to the impossible.
- God has the power to transform dead situations into life.
- God's sovereignty extends over all rulers and authorities.

INTRODUCTION

In every corner of the world, people face challenges that seem insurmountable. Yet, the Bible offers a timeless truth: trusting in God's power and help can lead to miraculous transformations. This study will guide us through key biblical passages that reveal how turning to God can change our lives and circumstances.

SCRIPTURE READING

- **Psalm 121:1-2** — Emphasizes the importance of looking to God for help.
- **Jeremiah 17:5-8** — Contrasts the outcomes of trusting in man versus trusting in God.
- **John 11:39-45** — Demonstrates God's power over death and hopeless situations.
- **Matthew 15:21-28** — Shows how surrendering to Jesus can lead to miraculous outcomes.
- **Proverbs 21:1** — Illustrates God's control over the hearts of rulers.
- **Isaiah 66:1** — Declares God's sovereignty over heaven and earth.
- **2 Kings 4:1-7** — Shows God's provision and deliverance from debt.
- **1 Samuel 2:7-8** — Describes God's ability to elevate the humble.
- **2 Corinthians 3:18** — Speaks of transformation from glory to glory.

KEY POINTS

- 1. LIFT YOUR EYES TO GOD** — In times of trouble, it is crucial to begin by looking to God for help. Psalm 121 reminds us that our help comes from the Lord, the Maker of heaven and earth. By acknowledging His supremacy, we open ourselves to His guidance and support.
- Begin each day by seeking God's guidance in prayer.
 - Memorize Psalm 121:1-2 to remind yourself of God's help.
 - Share a testimony of how God has helped you with a friend.

Scripture: [Psalm 121:1-2](#)

- 2. TRUST IN GOD'S POWER** — Jeremiah 17 contrasts the outcomes of trusting in human strength versus trusting in God. Those who rely on human wisdom may find themselves disappointed, but those who trust in God's power will experience blessings and transformation.
- Reflect on areas where you rely too much on your own strength.
 - Pray for the faith to trust in God's power in difficult situations.
 - Encourage someone who is struggling to trust in God's promises.

Scripture: [Jeremiah 17:5-8](#)

- 3. SURRENDER COMPLETELY TO JESUS** — The story of the Canaanite woman in Matthew 15 illustrates the power of complete surrender to Jesus. By laying down our burdens and trusting Him fully, we open the door to experiencing the impossible becoming possible.
- Identify an area of your life that you need to surrender to Jesus.
 - Spend time in prayer, asking Jesus to take control of that area.
 - Share your journey of surrender with a trusted friend or mentor.

Scripture: [Matthew 15:21-28](#)

- 4. EXPERIENCE MIRACULOUS TRANSFORMATIONS** — In John 11, Jesus raises Lazarus from the dead, showcasing God's power to bring life to dead situations. This passage reminds us that no situation is beyond God's ability to transform.
- Reflect on a 'dead' situation in your life that needs God's intervention.
 - Pray for God's miraculous transformation in that situation.
 - Celebrate and testify when you see God's hand at work.

Scripture: [John 11:39-45](#)

KEY POINTS (CONT.)

- 5. RECOGNIZE GOD'S SOVEREIGNTY** — Proverbs 21:1 teaches that God controls the hearts of rulers and authorities. Understanding God's sovereignty helps us trust that His will is accomplished, even in the face of human authority.
- Pray for leaders and authorities, trusting God's control over them.
 - Discuss with others how God's sovereignty brings peace in uncertain times.
 - Reflect on historical examples where God's sovereignty was evident.

Scripture: Proverbs 21:1

GROUP DISCUSSION

Tip: Use these questions to guide the group from seeing → understanding → applying.

OBSERVATION

- What does Psalm 121:1-2 say about where our help comes from?
- How does Jeremiah 17 describe those who trust in human strength?
- What miracle does Jesus perform in John 11?
- How does the Canaanite woman demonstrate faith in Matthew 15?
- What does Proverbs 21:1 reveal about God's control over rulers?

INTERPRETATION

- Why is it important to look to God for help rather than relying on ourselves?
- What are the consequences of trusting in human strength according to Jeremiah 17?
- How does the raising of Lazarus illustrate God's power over hopeless situations?
- What can we learn from the Canaanite woman's interaction with Jesus?
- How does understanding God's sovereignty affect our view of worldly authorities?

APPLICATION

- In what areas of your life do you need to lift your eyes to God?
- How can you shift your trust from human strength to God's power?
- What steps can you take to surrender completely to Jesus?
- Can you identify a 'dead' situation in your life that needs God's intervention?
- How can you apply the understanding of God's sovereignty in your daily life?

PRAYER FOCUS

- Pray for the faith to trust in God's power in all situations.
- Ask for the courage to surrender completely to Jesus.
- Seek God's miraculous intervention in seemingly hopeless situations.
- Thank God for His sovereignty and control over all aspects of life.

NEXT STEP

Reflect on areas in your life where you need to trust more in God's power and seek His guidance through prayer.

CONCLUSION

Trusting in God's power and help is a journey that requires faith and surrender. As we lift our eyes to God, trust in His power, and surrender to Jesus, we open ourselves to His miraculous interventions. Let us be encouraged by the biblical examples of God's sovereignty and power, knowing that He is able to transform our lives and circumstances.

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Adapted from Pastor E.A Adeboye's teachings: [https://www.youtube.com/watch?
v=NRZSpTdFigs](https://www.youtube.com/watch?v=NRZSpTdFigs)