



RCCG OCEANIA

Faith & Trust

STRENGTH THROUGH KNOWING GOD

AT A GLANCE

BIG IDEA

In times of difficulty, the strength to persevere comes from a deep relationship with God. By understanding His character, ways, and power, believers can navigate life's challenges with confidence. This study explores how scripture and a functional relationship with the Holy Spirit empower us to live victoriously.

PRIMARY PASSAGES

Ephesians 6:10

Daniel 11:32

John 17:3

Psalm 103

Matthew 4:4

KEY TAKEAWAYS

- Strength in the Lord is rooted in a relationship with the Holy Spirit.
- Knowing God's character, ways, and power is essential for spiritual strength.
- Scripture is a vital source of life and guidance.
- God's promises are reliable and empower believers to partake in His divine nature.
- Scars and challenges are testimonies of victory and growth.

INTRODUCTION

In a world filled with challenges, finding strength to persevere can often seem daunting. However, the Bible teaches that true strength is found in knowing God deeply. This study will explore how a relationship with God, understanding His character, and relying on Scripture can empower believers to overcome life's obstacles.

SCRIPTURE READING

- **Ephesians 6:10** — Encourages believers to find strength in their relationship with the Lord.
- **Daniel 11:32** — Highlights the strength that comes from knowing God.
- **John 17:3** — Defines eternal life as knowing God and Jesus, emphasizing the importance of relationship.
- **Psalm 103** — Provides a comprehensive view of God's character, which is foundational to knowing Him.
- **Matthew 4:4** — Stresses the necessity of living by God's word for spiritual sustenance.

KEY POINTS

1. STRENGTH IN THE LORD — True strength comes from a functional relationship with the Holy Spirit. This relationship empowers believers to face challenges with confidence and resilience. Ephesians 6:10 reminds us to be strong in the Lord and in His mighty power. This strength is not of our own making but is derived from our connection with God.

- Cultivate a daily relationship with the Holy Spirit through prayer.
- Seek God's strength in moments of weakness.
- Reflect on past experiences where God's strength was evident in your life.

Scripture: Ephesians 6:10

2. KNOWING GOD DEEPLY — Understanding God's character, ways, and power is crucial for spiritual growth and strength. Daniel 11:32 states that those who know their God will display strength and take action. Knowing God goes beyond intellectual knowledge; it involves a deep, personal relationship that transforms and empowers.

- Spend time studying God's attributes in Scripture.
- Meditate on God's faithfulness and power in your life.
- Engage in community discussions about God's character.

Scripture: John 17:3 Daniel 11:32

3. LIVING BY SCRIPTURE — Scripture is essential for guidance and sustenance. Matthew 4:4 emphasizes that man shall not live by bread alone but by every word that comes from the mouth of God. The Bible provides the wisdom and direction needed to navigate life's challenges.

- Commit to a daily Bible reading plan.
- Memorize key verses that speak to your current life situation.
- Apply biblical principles to decision-making processes.

Scripture: Matthew 4:4

KEY POINTS (CONT.)

- 4. GOD'S PROMISES** — God's promises are unbreakable and empower believers to partake in His divine nature. Psalm 89:34-35 assures us of God's faithfulness to His word. These promises provide hope and assurance, enabling believers to stand firm in faith.
- Identify and meditate on God's promises relevant to your life.
 - Trust in God's faithfulness even when circumstances seem contrary.
 - Share testimonies of how God's promises have been fulfilled in your life.

Scripture: [Psalm 89:34-35](#) [2 Peter 1:4](#)

- 5. TESTIMONIES OF VICTORY** — Scars and challenges serve as testimonies of the battles fought and victories won through faith. These experiences are not just reminders of past struggles but are evidence of God's faithfulness and our growth in Him.
- Reflect on past challenges and how they have strengthened your faith.
 - Share your testimonies with others to encourage them.
 - Recognize the growth and maturity that have come from overcoming difficulties.

GROUP DISCUSSION

Tip: Use these questions to guide the group from seeing → understanding → applying.

OBSERVATION

- What does Ephesians 6:10 say about where our strength comes from?
- How does Daniel 11:32 describe those who know God?
- What is the significance of knowing God according to John 17:3?

INTERPRETATION

- How does a relationship with the Holy Spirit empower believers?
- In what ways does understanding God's character provide strength?
- Why is Scripture essential for spiritual sustenance?

APPLICATION

- How can you cultivate a deeper relationship with God in your daily life?
- What steps can you take to rely more on Scripture for guidance?
- How can you use your past challenges as testimonies of God's faithfulness?

PRAYER FOCUS

- Pray for a deeper understanding of God's character and ways.
- Ask for the Holy Spirit's empowerment to face life's challenges.
- Seek guidance from Scripture for daily living.
- Thank God for His promises and faithfulness in your life.

NEXT STEP

Begin a daily practice of studying Scripture and seeking a deeper relationship with God through prayer and reflection.

CONCLUSION

Knowing God deeply is the foundation of spiritual strength. Through a relationship with the Holy Spirit, understanding God's character, and living by Scripture, believers are equipped to face life's challenges with confidence. As we grow in our knowledge of God, we find the strength to overcome and the assurance of His promises.