



RCCG OCEANIA

Holy Spirit & Power

JUBILEE: DELIVERANCE AND FREEDOM

AT A GLANCE

BIG IDEA

Explore the concept of Jubilee as a divine declaration of freedom, breaking the chains of oppression, repression, and possession. Through biblical examples and teachings, discover how surrendering to Jesus and engaging in spiritual warfare can lead to true liberation.

PRIMARY PASSAGES

John 8:32

John 8:36

Leviticus 25:10

Mark 1:23-27

Exodus 1:8-12

KEY TAKEAWAYS

- Jubilee signifies a divine declaration of deliverance and freedom.
- Oppression and repression are tactics used to prevent spiritual growth.
- Regression and vexation are forces that push individuals backward or attack intermittently.
- Confusion and possession represent deeper levels of spiritual bondage.
- True freedom is found in surrendering to Jesus and engaging in spiritual warfare.

INTRODUCTION

The concept of Jubilee in the Bible is a profound declaration of freedom and deliverance. It represents a time when all forms of bondage are broken, offering a fresh start and liberation from spiritual chains. This study explores how the principles of Jubilee can be applied to achieve true freedom through Jesus.

SCRIPTURE READING

- **John 8:32** — Understanding the truth leads to freedom.
- **John 8:36** — Jesus is the source of true freedom.
- **Leviticus 25:10** — Jubilee is a time of liberation from bondage.
- **Mark 1:23-27** — Jesus delivers a man from an unclean spirit, demonstrating His power over demonic forces.
- **Exodus 1:8-12** — The oppression of the Israelites illustrates how spiritual forces can prevent growth.
- **Judges 6:1-6** — The Midianites oppressed the Israelites, preventing their growth and prosperity.
- **Matthew 17:14-18** — A boy is healed from a spirit that causes seizures, showing Jesus' power over vexation.
- **Daniel 4:28-end** — Nebuchadnezzar's mental confusion and restoration by God.
- **Mark 5:2-20** — Jesus frees a man possessed by many demons, illustrating His authority over possession.

KEY POINTS

1. UNDERSTANDING JUBILEE — Jubilee is a biblical concept of liberation, representing a time when all forms of bondage are broken. It is a declaration of freedom and deliverance, rooted in the idea of a fresh start every fifty years as described in Leviticus. This principle can be applied spiritually to signify the breaking of chains and the beginning of a new life in Christ.

- Reflect on areas of life where you feel bound and seek God's liberation.
- Study the biblical principles of Jubilee and apply them to your spiritual journey.
- Pray for a fresh start in areas where you need deliverance.

Scripture: [Leviticus 25:10](#)

2. IDENTIFYING OPPRESSION AND REPRESSION — Oppression and repression are spiritual tactics that hinder growth and destroy efforts to rise. The story of the Israelites in Egypt serves as a powerful example of how these forces can prevent spiritual and personal development. Recognizing these tactics is the first step towards seeking deliverance and experiencing the freedom that comes with Jubilee.

- Identify areas in your life where you feel oppressed or repressed.
- Seek God's guidance in overcoming these spiritual barriers.
- Join a community of believers to support each other in prayer and encouragement.

Scripture: [Exodus 1:8-12](#) [Judges 6:1-6](#)

3. OVERCOMING REGRESSION AND VEXATION — Regression pushes individuals backward, while vexation involves intermittent attacks. These forces can be discouraging and require spiritual intervention for liberation. Through faith and perseverance, one can overcome these challenges and move forward in their spiritual journey.

- Pray for strength and perseverance in the face of regression and vexation.
- Focus on spiritual growth and avoid distractions that lead to regression.
- Seek support from spiritual mentors or leaders.

Scripture: [Mark 5:25-34](#) [Matthew 17:14-18](#)

KEY POINTS (CONT.)

4. BREAKING CONFUSION AND POSSESSION — Confusion leads to mental bondage, and possession involves full control by demonic forces. These are deeper levels of spiritual bondage that require the power of Jesus for deliverance. Through prayer and faith, one can break free from these chains and experience true liberation.

- Pray for clarity and wisdom to overcome confusion.
- Seek deliverance through Jesus for any areas of possession.
- Engage in regular spiritual practices to maintain freedom.

Scripture: Daniel 4:28-end Mark 5:2-20

5. PATH TO DELIVERANCE — Surrendering to Jesus and engaging in spiritual warfare through prayer and song are essential steps to achieving true freedom. By embracing the truth of the Gospel and relying on the power of Jesus, believers can experience the liberation promised in the concept of Jubilee.

- Commit to daily prayer and worship as a means of spiritual warfare.
- Surrender areas of struggle to Jesus and trust in His deliverance.
- Share testimonies of deliverance to encourage others.

Scripture: John 8:32 John 8:36

GROUP DISCUSSION

Tip: Use these questions to guide the group from seeing → understanding → applying.

OBSERVATION

- What is the significance of Jubilee in the Bible?
- How does the story of the Israelites in Egypt illustrate oppression?
- What examples of regression and vexation can be found in Scripture?
- How did Jesus demonstrate His power over demonic forces?

INTERPRETATION

- Why is Jubilee considered a time of liberation?
- How can recognizing oppression and repression lead to deliverance?
- What role does faith play in overcoming regression and vexation?
- In what ways does Jesus provide deliverance from confusion and possession?

APPLICATION

- How can you apply the principles of Jubilee to your own life?
- What steps can you take to overcome spiritual oppression?
- How can you support others in their journey towards deliverance?
- What practices can help maintain spiritual freedom?

PRAYER FOCUS

- Pray for the breaking of spiritual chains and the experience of true liberation.
- Ask for strength and guidance in overcoming oppression and repression.
- Seek divine intervention for clarity and freedom from confusion and possession.
- Commit to surrendering to Jesus and engaging in spiritual warfare for deliverance.

NEXT STEP

Reflect on areas of spiritual bondage in your life and seek God's deliverance through prayer and faith.

CONCLUSION

The concept of Jubilee offers a powerful message of deliverance and freedom. By understanding and applying its principles, believers can break free from spiritual bondage and experience the true liberation that comes through Jesus. Embrace this divine declaration of freedom and walk in the new life that God offers.

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For personal and small-group study.