



RCCG OCEANIA

Spiritual Disciplines

Transformation into the Spiritual Man

At a Glance

BIG IDEA

Discover the transformative power of becoming a spiritual man, as you move from natural understanding to embodying the mind and works of Christ. This study explores the essential steps and scriptural foundations necessary for spiritual maturity and unity in faith.

PRIMARY PASSAGES

Romans 8:6

1 Corinthians 2:14-16

Galatians 4:19

Ephesians 4:13

Philippians 2:5

Acts 10:38

Key Takeaways

- Being spiritually minded leads to life and peace.
- The natural man cannot comprehend spiritual truths.
- Christ must be formed in believers for true maturity.
- Spiritual maturity reflects the nature and works of Christ.
- Transformation requires submission to the Holy Spirit and the Word.

Introduction

The journey from natural to spiritual maturity is a transformative process that involves embodying the nature, wisdom, and works of Christ. This study guide explores the steps and scriptural foundations necessary for this transformation, aiming for unity and maturity in faith.

Scripture Reading

- **Romans 8:6** — Highlights the contrast between carnal and spiritual mindsets.
- **1 Corinthians 2:14-16** — Explains why the natural man struggles with spiritual truths.
- **Galatians 4:19** — Emphasizes the importance of Christ being formed in believers.
- **Ephesians 4:13** — Describes the goal of unity and maturity in faith.
- **Philippians 2:5** — Encourages believers to adopt the mindset of Christ.
- **Acts 10:38** — Demonstrates the anointing and power of Jesus as a model for believers.

Key Points

1. **Understanding the Natural Man** — The natural man is unable to grasp spiritual truths, much like a child unaware of his own condition. This state requires transformation to progress spiritually. The natural mind is limited to human wisdom and cannot perceive the things of the Spirit. It is essential to recognize this limitation to begin the journey towards spiritual maturity.
 - Reflect on areas where natural understanding limits your spiritual growth.
 - Pray for insight and revelation from the Holy Spirit.
 - Engage in regular study of the Scriptures to deepen spiritual understanding.

Scripture: 1 Corinthians 2:14-16

Key Points (cont.)

2. **The Carnal Mind's Danger** — A carnal mind leads to spiritual death, similar to a student who never progresses beyond admission. It is crucial to move beyond this state. The carnal mind is preoccupied with worldly desires and is hostile to God. Transitioning from a carnal mindset to a spiritual one is vital for experiencing life and peace.

- Identify thoughts and behaviors that reflect a carnal mindset.
- Seek accountability from fellow believers to overcome carnal tendencies.
- Meditate on Scriptures that promote spiritual thinking.

Scripture: Romans 8:6

Key Points (cont.)

3. Formation of Christ in Believers — Spiritual maturity is achieved when Christ is formed within, leading to a life that reflects His nature and works. This formation is a process that involves growing in the knowledge and likeness of Christ. It requires intentional effort and reliance on the Holy Spirit.

- Commit to personal and communal spiritual disciplines.
- Allow the Holy Spirit to transform your character and actions.
- Pursue relationships that encourage Christ-like growth.

Scripture: Galatians 4:19 Ephesians 4:13

Key Points (cont.)

4. **Embodying the Mind of Christ** — Adopting the mindset of Christ is essential for spiritual growth and unity in faith, guiding believers in their daily walk. This mindset involves humility, obedience, and love, which are central to the life of a believer. It shapes how we interact with others and respond to life's challenges.

- Practice humility and service in daily interactions.
- Align your thoughts and decisions with the teachings of Christ.
- Regularly evaluate your mindset against the example of Christ.

Scripture: **Philippians 2:5**

Key Points (cont.)

5. **Living Out the Works of Christ** — Believers are called to reflect the works of Christ, empowered by the Holy Spirit, as demonstrated in His life and ministry. This involves actively participating in the mission of God through acts of love, service, and proclamation of the Gospel.
- Identify ways to serve others in your community.
 - Seek opportunities to share the Gospel with those around you.
 - Rely on the Holy Spirit for guidance and empowerment in ministry.

Scripture: Acts 10:38

Group Discussion

Tip: Use these questions to guide the group from seeing → understanding → applying.

Observation

- What are the characteristics of the natural man according to 1 Corinthians 2:14-16?
- How does Romans 8:6 describe the outcome of a carnal mind?
- What does Galatians 4:19 say about Christ being formed in believers?

Interpretation

- Why is it difficult for the natural man to understand spiritual truths?
- What are the dangers of remaining in a carnal mindset?
- How does embodying the mind of Christ lead to unity in faith?

Application

- In what ways can you move from a natural to a spiritual mindset?
- How can you actively participate in the works of Christ in your daily life?

Application (cont.)

- What steps can you take to ensure Christ is being formed in you?

Prayer Focus

- Pray for the Holy Spirit's guidance in transforming your mind and heart.
- Ask for strength to overcome carnal tendencies and embrace spiritual growth.
- Seek unity and maturity in faith as you embody the mind of Christ.

Next Step

Commit to daily spiritual disciplines that foster the formation of Christ within you.

Conclusion

Transformation into the spiritual man is a journey that requires intentionality and reliance on the Holy Spirit. By understanding the limitations of the natural man, overcoming the carnal mind, and embodying the mind and works of Christ, believers can achieve spiritual maturity and unity in faith.