



RCCG OCEANIA

Character & Holiness

OVERCOMING PERSONAL WEAKNESSES BIBLICALLY

AT A GLANCE

BIG IDEA

Discover how biblical principles can help you overcome personal weaknesses. By understanding the power of faith, the importance of obedience, and the consequences of anger, you can transform your life. Learn to guard your senses and use your words wisely to achieve victory without fighting.

PRIMARY PASSAGES

Proverbs 16:32

Romans 10:17

Numbers 13:26-33

Deuteronomy 28:1-13

Numbers 20:1-12

KEY TAKEAWAYS

- Faith is strengthened by hearing God's word.
- Obedience to God's commands can lead to victory without conflict.
- Anger can have destructive consequences, as seen in Moses' life.
- Your perception and words significantly impact your outcomes.
- Self-control is more powerful than physical strength.

INTRODUCTION

In our journey of faith, we often encounter personal weaknesses that challenge our spiritual growth. The Bible offers timeless principles that guide us in overcoming these weaknesses. By focusing on faith, obedience, and self-control, we can transform our lives and achieve victory over our struggles.

SCRIPTURE READING

- **Proverbs 16:32** — Highlights the superiority of self-control over physical might.
- **Romans 10:17** — Explains how faith is built through hearing God's word.
- **Numbers 13:26-33** — Shows how fear can spread and affect a community.
- **Deuteronomy 28:1-13** — Describes the blessings that come from obedience to God.
- **Numbers 20:1-12** — Illustrates the consequences of anger through Moses' experience.
- **Psalm 90:1-2** — Affirms God's eternal presence before creation.
- **Mark 11:22-23** — Encourages faith in God to move mountains.
- **2 Corinthians 3:18** — Describes transformation through beholding Christ.
- **Proverbs 18:21** — Emphasizes the power of the tongue in life and death.
- **Revelation 12:10-11** — Describes overcoming by the blood of the Lamb and testimony.
- **Ephesians 6:11-18** — Instructs on putting on the whole armor of God.
- **2 Corinthians 6:17** — Advises against touching unclean things for God's acceptance.
- **Romans 8:31** — Assures that if God is for us, no one can be against us.

SCRIPTURE READING (CONT.)

- **Isaiah 52:7** — Praises the feet of those who bring good news.

KEY POINTS

1. STRENGTHENING FAITH — Faith is developed by consistently hearing and engaging with God's word. This foundation is crucial for overcoming personal weaknesses. Romans 10:17 emphasizes that faith comes from hearing, and hearing through the word of Christ. By immersing ourselves in Scripture, we build a resilient faith that can withstand life's challenges.

- Dedicate time daily to read and meditate on Scripture.
- Listen to teachings and sermons that reinforce biblical truths.
- Engage in discussions that challenge and grow your faith.

Scripture: **Romans 10:17**

2. POWER OF OBEDIENCE — Obedience to God's commands can lead to victories without the need for physical battles, as promised in the scriptures. Deuteronomy 28:1-13 outlines the blessings that follow obedience. By aligning our actions with God's will, we position ourselves to receive His favor and protection.

- Identify areas in your life where you need to align more closely with God's commands.
- Set specific goals to practice obedience in daily decisions.
- Reflect on past experiences where obedience led to positive outcomes.

Scripture: **Deuteronomy 28:1-13**

3. CONSEQUENCES OF ANGER — Anger can lead to significant setbacks, as demonstrated by Moses. In Numbers 20:1-12, Moses' anger resulted in him not entering the Promised Land. Managing anger is essential for personal growth and maintaining a clear path to God's promises.

- Identify triggers that lead to anger and develop strategies to manage them.
- Practice patience and seek God's guidance in moments of frustration.
- Reflect on the consequences of past anger and learn from them.

Scripture: **Numbers 20:1-12**

KEY POINTS (CONT.)

4. GUARDING YOUR SENSES — Training your senses—ears, eyes, mouth, hands, and legs—helps in maintaining focus on God's path and avoiding distractions. Proverbs 16:32 teaches that self-control is more powerful than physical strength. By guarding our senses, we can stay aligned with God's will.

- Be mindful of what you watch and listen to, ensuring it aligns with biblical values.
- Practice speaking words that build up rather than tear down.
- Choose activities and environments that support your spiritual growth.

Scripture: **Proverbs 16:32**

5. POWER OF WORDS — The tongue holds the power of life and death. Speaking positively can transform situations and lead to life-giving outcomes. Proverbs 18:21 reminds us of the impact our words can have. By choosing our words carefully, we can influence our circumstances and those around us positively.

- Commit to speaking words of encouragement and truth.
- Avoid gossip and negative speech that can harm others.
- Use affirmations to reinforce positive beliefs and attitudes.

Scripture: **Proverbs 18:21**

GROUP DISCUSSION

Tip: Use these questions to guide the group from seeing → understanding → applying.

OBSERVATION

- What does Proverbs 16:32 say about self-control?
- How does Romans 10:17 describe the development of faith?
- What were the consequences of Moses' anger in Numbers 20:1-12?
- What blessings are promised in Deuteronomy 28:1-13 for obedience?

INTERPRETATION

- Why is self-control considered more powerful than physical strength?
- How can hearing God's word strengthen our faith?
- In what ways did Moses' anger affect his leadership and destiny?
- What does obedience to God's commands look like in practical terms?

APPLICATION

- How can you incorporate more Scripture reading into your daily routine?
- What steps can you take to practice obedience in your life?
- How can you better manage anger in challenging situations?
- What changes can you make to guard your senses more effectively?

PRAYER FOCUS

- Pray for strength to develop self-control and overcome personal weaknesses.
- Ask for guidance in aligning actions with God's will through obedience.
- Seek wisdom to use words that build up and encourage others.
- Pray for patience and understanding to manage anger effectively.

NEXT STEP

Commit to daily Scripture reading and reflection to strengthen faith and character.

CONCLUSION

Overcoming personal weaknesses requires a commitment to biblical principles. By strengthening our faith, practicing obedience, managing anger, guarding our senses, and using our words wisely, we can experience transformation and victory in our lives. Let us strive to apply these teachings and grow closer to the life God intends for us.

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Adapted from Pastor E.A Adeboye's teachings: <https://www.youtube.com/watch?v=0IKbm7P1kCw>