



# RCCG OCEANIA

Spiritual Disciplines

## The Power of Words and Atmospheres

### At a Glance

#### BIG IDEA

Words are powerful tools that can create or destroy. They shape the spiritual atmosphere around us, influencing our thoughts, emotions, and actions. By understanding the role of words and atmospheres, we can harness their power to create positive spiritual environments and manifest God's will in our lives.

#### PRIMARY PASSAGES

Genesis 3

Ephesians 5:19

Psalm 23

## Key Takeaways

- Words are powerful and can shape our spiritual and physical realities.
- The conversation between the serpent and Eve illustrates the impact of words.
- Speaking psalms, hymns, and spiritual songs fosters a positive spiritual atmosphere.
- Creating a positive atmosphere involves worship, scripture, and rejecting negativity.
- Negative words and atmospheres can lead to spiritual decline.

## Introduction

Words have the power to shape our realities, both spiritually and physically. They can create life or bring destruction, influencing our thoughts, emotions, and actions. By understanding the role of words and the atmospheres they create, we can harness their power to foster positive spiritual environments and align our lives with God's will.

## Scripture Reading

- **Genesis 3** — Highlights the power of words through the serpent's conversation with Eve.
- **Ephesians 5:19** — Encourages speaking to oneself in psalms and hymns as a sign of being filled with the Spirit.
- **Psalms 23** — Illustrates the power of speaking psalms under the influence of the Holy Spirit.

## Key Points

1. **The Power of Words** — Words are vehicles that carry convictions to the heart. They can create or destroy, influencing our spiritual and physical realities. In Genesis 3, the serpent's words to Eve demonstrate how words can lead to significant consequences. Our words can either align with God's truth or lead us away from it.

- Reflect on the words you speak daily and their impact on your life.
- Choose to speak words that align with God's truth and promises.
- Be mindful of the words you allow to influence your thoughts and actions.

Scripture: Genesis 3

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2. **Creating Positive Atmospheres** — We can program our environment with worship and scripture. Speaking psalms, hymns, and spiritual songs fosters a positive spiritual atmosphere. Ephesians 5:19 encourages believers to speak to themselves in psalms and hymns, creating a climate of faith and spiritual growth.

- Incorporate worship and scripture reading into your daily routine.
- Speak positive confessions and affirmations based on scripture.
- Reject negative influences and focus on creating a faith-filled environment.

Scripture: Ephesians 5:19 Psalm 23

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3. **Impact of Negative Words** — Negative words can program destructive realities in your life. The conversation between the serpent and Eve in Genesis 3 shows how negative words can lead to spiritual decline. Avoid allowing negative atmospheres to take root, as they can prevent spiritual and emotional growth.

- Identify and eliminate negative words and influences in your life.
- Surround yourself with positive, faith-building individuals.
- Pray for discernment to recognize and reject negative atmospheres.

Scripture: Genesis 3

## **Group Discussion**

Tip: Use these questions to guide the group from seeing → understanding → applying.

### **Observation**

- What role did the serpent's words play in Genesis 3?
- How does Ephesians 5:19 describe the use of words in a believer's life?
- What is the significance of speaking psalms and hymns according to Psalm 23?

### **Interpretation**

- Why do you think words have such a powerful impact on our spiritual and physical realities?
- How can speaking psalms and hymns create a positive spiritual atmosphere?
- What are the potential consequences of allowing negative words to influence us?

### **Application**

- How can you incorporate more positive words into your daily life?
- What steps can you take to create a positive spiritual atmosphere in your home or workplace?
- How can you guard against the influence of negative words and atmospheres?



## **Prayer Focus**

- Pray for wisdom to speak words that align with God's truth.
- Ask for discernment to recognize and reject negative atmospheres.
- Seek strength to create and maintain positive spiritual environments.

## **Next Step**

Begin incorporating scripture-based affirmations and worship into your daily routine to foster a positive spiritual atmosphere.

## **Conclusion**

Words and the atmospheres they create have a profound impact on our lives. By choosing to speak words that align with God's truth and fostering positive spiritual environments, we can influence our thoughts, emotions, and actions for the better. Let us be intentional in our speech and the atmospheres we cultivate, seeking to manifest God's will in every aspect of our lives.