



RCCG OCEANIA

Faith & Trust

With the Governor: Healing and Deliverance

At a Glance

BIG IDEA

What changes when you are “with the governor”—with the One who has true authority? Scripture shows God sending His word to heal, fulfilling promises that look impossible, and delivering people from destructive bondage. This study traces that same restoring power from promise to healing to a transformed life.

PRIMARY PASSAGES

Psalms 107:20

Genesis 18:9-14

Mark 5:2-20

Psalms 1:7

Key Takeaways

- God can “send His word” to heal and deliver from destruction (Psalms 107:20).
- God’s promises are not limited by human impossibility; His timing and power stand above circumstances (Genesis 18:9-14).
- Jesus has authority over oppressive forces, bringing deliverance and restoring a person to wholeness (Mark 5:2-20).
- Deliverance is not the end—Jesus restores identity, stability, and purpose (Mark 5:2-20).
- A restored person becomes a witness, telling others what the Lord has done (Mark 5:2-20).

Introduction

The Scriptures present God as the true Governor—One whose authority is not merely a title but an active power that brings real change. His rule is expressed through His word, His promise, and His deliverance in Christ. This study follows a simple progression: God sends His word to heal and rescue, God speaks a promise that overrules impossibility, and Jesus demonstrates authority that restores a broken life and turns restoration into a testimony.

Scripture Reading

- **Psalms 107:20** — In a psalm celebrating God’s rescue, this verse summarizes a pattern: God “sent His word” to heal and to deliver people from destruction.
- **Genesis 18:9-14** — God reaffirms His promise to Abraham and Sarah when the situation appears humanly impossible, confronting doubt with the question of God’s limitless power.
- **Mark 5:2-20** — Jesus encounters a severely tormented man and demonstrates authority that brings deliverance, visible restoration, and a commission to tell others what God has done.
- **Psalms 1:7** — Read in context as part of Psalm 1’s contrast between righteous and wicked ways, emphasizing God’s guidance and authority over the path of a person’s life.

Key Points

1. With the Governor: Authority That Acts — Scripture portrays God's authority as effective, not symbolic. Being "with the Governor" means drawing near to the One whose word carries the power to accomplish what He intends. In Psalms 107:20, God's authority is seen in a word that heals and delivers. In Mark 5:2-20, Jesus' authority is seen in a life-changing deliverance that no human strength could produce. God's governance is not distant; it reaches into real situations—pain, bondage, fear, and disorder—and brings restoration through His decisive action.

- Name a specific area of need (bondage, fear, emotional torment, relational collapse) and bring it honestly before God in prayer.
- Practice listening obedience: identify one clear instruction from Scripture to follow this week as an expression of trust in God's authority.
- Replace helpless conclusions ("nothing can change") with faith-filled truth ("God has authority to act") when you speak about your situation.
- Ask God to make His authority visible in your life through increasing peace, clarity, and stability that align with His restoring work.

Scripture: Psalms 107:20

Mark 5:2-20

2. The Word That Heals — Psalms 107:20 connects healing and deliverance directly to God's initiative: He "sent His word." This highlights that restoration begins with God speaking and acting, not merely human effort. The verse also links healing to rescue from "destructions," reminding readers that God's intervention addresses both the condition and the dangerous direction it can lead. God's word does not only comfort; it confronts what is destructive and brings a different outcome. Receiving God's word involves trust. God's word can be received through Scripture read and believed, prayed and applied, and held onto when circumstances resist change.

- Read Psalms 107 slowly and identify what God does for those who cry out; turn that into personal prayer.
- Choose a short portion of Scripture to rehearse daily, asking God to "send His word" into your thoughts and decisions.
- Identify one destructive pattern (thought, habit, reaction) and ask God to replace it with obedience shaped by His word.
- When seeking healing, combine faith with humility: ask God to work in His way while you respond with repentance and trust.

Scripture: Psalms 107:20

Key Points (cont.)

3. The Promise That Overrules Impossibility — Genesis 18:9-14 centers on a promise that appears beyond human possibility. God speaks directly into a situation defined by limitations, delay, and doubt. The passage highlights a key question: Is anything too hard for the Lord? The issue is not whether the circumstances are difficult, but whether God's authority extends beyond what humans can produce. God's promise invites faith that rests in His character and timing. Waiting seasons can expose unbelief, but they can also become places where trust deepens and God's power is displayed.

- Write down one promise-shaped prayer request you have been tempted to abandon; bring it back to God with renewed trust.
- When doubt rises, answer it with the question from the passage: "Is anything too hard for the Lord?" and pray accordingly.
- Practice patient faith by obeying God in daily responsibilities while you wait for Him to fulfill what only He can do.
- Talk with a trusted believer about one area of impossibility and ask for prayer that strengthens faith rather than cynicism.

Scripture: Genesis 18:9-14

4. Deliverance and a Restored Life — Mark 5:2-20 presents deliverance as more than a dramatic moment; it results in a restored person. The man's torment is severe and socially isolating, but Jesus' authority is greater than the bondage. The change is visible: the man is no longer defined by chaos and harm. Restoration includes stability of mind, dignity, and a renewed ability to live among others. This passage also teaches that Jesus is not threatened by deep brokenness. His deliverance reaches where human control and community solutions fail, and His restoration produces lasting evidence of His rule.

- Ask Jesus specifically for deliverance where you experience bondage (compulsion, fear, tormenting thoughts), trusting His authority.
- Pursue restoration practices that support a stable life—honest confession, wise boundaries, and consistent prayer grounded in Scripture.
- Pay attention to "fruit of restoration" (peace, self-control, clarity, reconciled relationships) as evidence of God's healing work.
- If you are walking with someone who needs help, respond with compassion and prayer, looking to Jesus rather than fear or stigma.

Scripture: Mark 5:2-20

Key Points (cont.)

- 5. Restoration Leads to Witness** — In Mark 5:2-20, the restored man is given direction: speak about what the Lord has done and the mercy shown. Restoration is meant to overflow into testimony. This witness is not self-promotion; it points back to God's mercy and authority. A changed life becomes a message that invites others to consider Jesus' power to heal, deliver, and rebuild. Witness is also part of staying restored. Telling the truth about God's work strengthens gratitude, reinforces identity, and keeps attention on the One who governs and sustains the change.
- Write a brief account of what the Lord has done for you (before, what changed, what life looks like now) and keep it ready to share.
 - Share your story with humility: emphasize God's mercy and authority rather than focusing on sensational details.
 - Look for one person who needs hope and offer a simple testimony of God's restoring work in your life.
 - Continue in restoration by staying close to Jesus through prayer and Scripture, not only through a past experience of deliverance.

Scripture: Mark 5:2-20

Group Discussion

Tip: Use these questions to guide the group from seeing → understanding → applying.

Observation

- In Psalms 107:20, what actions are attributed to God, and what outcomes are described?
- In Genesis 18:9-14, what human reactions to God's promise appear in the passage, and how does God respond?
- In Mark 5:2-20, what details show the man's condition before Jesus' intervention, and what details show his condition afterward?
- What words or phrases in Mark 5:2-20 emphasize Jesus' authority and the completeness of the change?
- Across the readings, what repeated pattern do you notice: need → God's word/promise → deliverance → restored life?

Interpretation

- What does it mean that God "sent His word" to heal and deliver (Psalms 107:20)? What does this reveal about God's authority as Governor?
- Why does God's question in Genesis 18:14 matter for people facing impossible circumstances?
- How does Mark 5:2-20 shape a balanced understanding of deliverance (not just removal of bondage, but restoration of mind, identity, and purpose)?
- What does Jesus' instruction to the restored man teach about the relationship between restoration and witness?
- How does Psalm 1 (read in context) support the idea that God governs a person's path and outcomes?

Application

- Where do you need God to “send His word” for healing or deliverance from destruction? What would trusting response look like this week?
- What promise from God are you tempted to doubt because of time, limitations, or disappointment? How can you bring that honestly before God?
- What signs of being restored (peace, stability, self-control, renewed relationships) do you desire, and what practices can help you remain close to Jesus?
- How can you speak about what the Lord has done for you in a way that highlights mercy and points others to Jesus?
- If someone around you is suffering in bondage or torment, what compassionate and faith-filled steps can you take without fear or stigma?

Prayer Focus

- Lord, send Your word to heal and deliver me from destruction.
- Strengthen my faith to trust Your promise when circumstances feel impossible.
- Jesus, bring deliverance where I am bound and restore my mind and life.
- Help me testify with humility about Your mercy and restoring power.

Next Step

Choose one Scripture promise to pray daily and take one concrete step of obedience that aligns your life with God’s restoring authority.

Conclusion

God's authority as Governor is revealed through His active word, His unshakable promise, and His deliverance in Jesus. Psalms 107:20 calls for trust that God can send His word to heal and rescue from destruction. Genesis 18:9-14 confronts the limits of human possibility with the certainty of God's power. Mark 5:2-20 shows that deliverance leads to a restored life—stable, dignified, and purposeful—and that restoration naturally becomes witness. The path forward is to draw near to God, receive His word, hold to His promise, and live as one restored by His mercy.

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Adapted from Pastor E.A Adeboye's teachings: <https://www.youtube.com/watch?v=Z8yEbV110zQ>