



RCCG OCEANIA

Faith & Trust

TRUSTING GOD AMIDST LIFE'S LIMITS

AT A GLANCE

BIG IDEA

Life is full of mysteries and challenges that we cannot always control or understand. By embracing humility and recognizing our limitations, we can trust God to guide us through uncertainty. This study explores how biblical figures like David and Job exemplified faith amidst life's inevitable changes.

PRIMARY PASSAGES

Psalm 131:1

Philippians 3:12-13

1 Timothy 6:11

KEY TAKEAWAYS

- Recognize and accept the limits of human understanding.
- Embrace humility as demonstrated by David in Psalm 131:1.
- Understand that change is inevitable and requires faith.
- Learn from Job's unwavering trust in God during trials.
- Pursue righteousness and endurance as advised in 1 Timothy 6:11.

INTRODUCTION

In a world filled with uncertainties and challenges, understanding our limitations and trusting in God becomes essential. This study delves into how biblical figures like David and Job navigated life's complexities with faith and humility.

SCRIPTURE READING

- **Psalm 131:1** — Illustrates the importance of humility and knowing one's limitations.
- **Philippians 3:12-13** — Encourages believers to forget the past and press forward in faith.
- **1 Timothy 6:11** — Describes the qualities to pursue, such as righteousness and endurance.

KEY POINTS

1. **UNDERSTANDING LIFE'S LIMITS** — Life presents questions without answers and events beyond our control. Recognizing these limits is crucial for spiritual growth and maturity.
David's humility in Psalm 131:1 ...

KEY POINTS (CONT.)

- 1. UNDERSTANDING LIFE'S LIMITS (CONT.)** — serves as a model for accepting our human limitations and trusting in God's wisdom.
 - Reflect on areas in life where you feel limited and seek God's guidance.
 - Practice humility by acknowledging that not all questions have immediate answers.
 - Pray for wisdom to discern when to act and when to trust God's timing.

Scripture: Psalm 131:1

KEY POINTS (CONT.)

2. FAITH AMIDST CHALLENGES — Faith is essential even when life is inexplicable, as demonstrated by Job's trust in God despite severe trials. Job's story teaches us to maintain faith and integrity, even when circumstances seem overwhelming.

- Identify current challenges and commit them to God in prayer.
- Read Job's story to understand how he maintained faith during trials.
- Encourage others by sharing testimonies of faith in difficult times.

KEY POINTS (CONT.)

3. EMBRACING CHANGE — Change is inevitable and must be managed with maturity and faith. Philippians 3:12-13 highlights the importance of pressing forward and not dwelling on the past, encouraging believers to focus on their spiritual journey.
- List changes you are currently facing and pray for strength to adapt.
 - Meditate on Philippians 3:12-13 and consider how it applies to your life.
 - Set spiritual goals that align with your faith journey.

Scripture: [Philippians 3:12-13](#)

KEY POINTS (CONT.)

- 4. PURSUING RIGHTEOUSNESS** — Believers are called to pursue righteousness and endurance, trusting God beyond personal limits. 1 Timothy 6:11 advises us to actively seek virtues that align with God's will, fostering a life of faith and perseverance.
- Identify virtues you need to cultivate and create a plan to pursue them.
 - Reflect on 1 Timothy 6:11 and its call to righteousness.
 - Seek accountability partners to support your spiritual growth.

Scripture: **1 Timothy 6:11**

GROUP DISCUSSION

Tip: Use these questions to guide the group from seeing → understanding → applying.

OBSERVATION

- What does Psalm 131:1 teach us about humility?
- How did Job demonstrate faith during his trials?
- What is the main message of Philippians 3:12-13 regarding change?
- What qualities does 1 Timothy 6:11 encourage us to pursue?

INTERPRETATION

- Why is it important to recognize our limitations according to Psalm 131:1?
- How can Job's story inspire us to trust God amidst challenges?
- In what ways does Philippians 3:12-13 encourage believers to handle change?
- What does pursuing righteousness look like in practical terms based on 1 Timothy 6:11?

APPLICATION

- How can you practice humility in your daily life?
- What steps can you take to strengthen your faith during difficult times?
- How can you better embrace change in your personal or spiritual life?
- What specific virtues will you focus on cultivating this week?

PRAYER FOCUS

- Pray for the humility to accept life's mysteries and our limitations.
- Ask for strength to maintain faith during life's challenges.
- Seek God's guidance in embracing and adapting to change.
- Pray for the wisdom to pursue righteousness and endurance.

NEXT STEP

Reflect on areas in your life where you feel limited and seek God's guidance to navigate them with faith and trust.

CONCLUSION

Trusting God amidst life's limits requires humility, faith, and a commitment to righteousness. By learning from biblical figures like David and Job, we can navigate life's uncertainties with confidence in God's guidance and wisdom.