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Join Orangetheory Fitness & Explore Our Gym Membership Options

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.Flexible Memberships for Everyone.Find Your StudioMembership Options.PremierUnlimited Classes(recommended for usage of 3x/week or more)30-Day Risk Free Guarantee†Elite8 Classes Monthly (avg. usage of 2x/week)Discounted Add-On ClassesBasic4 Classes Monthly (avg. usage of 1x/week)Discounted Add-On ClassesClass Packs10 Classes20 Classes30 ClassesMembership Benefits.Fitness is personal, which means having flexible membership options that work best for you. Studio staff are ready to help you decide based on how often you want to take classes at Orangetheory. 2-3 classes a week are recommended to maximize results and get the minimal weekly exercise recommended by the American Heart Association. With access to over 1,300 nationwide studios open 364 days a year, Orangetheory is a convenient way to stay on track toward your fitness goals

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. With access to over 1,300 nationwide studios open 364 days a year, Orangetheory is a convenient way to stay on track toward your fitness goals. Access to 1,300 Studios Nationwide Privileges ‡ Month-to-Month Contract 30-Day Cancellation Flexible Class Times Open 7 Days Per Week Mobile App to Book Classes and Track Performance Freeze Privileges Max 60 Days up to 2x/Year Flexible Contract Terms Get the most out of your membership with the OTF app. Quick and easy class bookings at any studio Find and save your favorite studio locations Track your workout performance over time Track your body composition changes from your InBody™ scans See your challenge and benchmark results Track out-of-studio and guided on-demand workouts Apple Store Google Play Store Love it or your money back. Orangetheory's total body workout energizes you from the inside out with results you'll see and feel. We're so confident you'll love Orangetheory that we guarantee it and offer a 30-day risk-free guarantee

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. We're so confident you'll love Orangetheory that we guarantee it and offer a 30-day risk-free guarantee.**Start your fitness journey today.Search For StudiosOrangetheory homepageThe WorkoutLocationsMembershipsOwn A StudioShopFAQBook a Class OnlineApple StoreGoogle Play StoreMembership CancellationSelect Your LocationOur Mission, Vision & ValuesFAQ (including Mobile App)PressUS FranchisingInternational FranchisingCustomer ServiceReal EstateGlobal StudiosJobsArticlesShopReal EstateDo Not Sell My InformationAffordable Care Act: Transparency in CoverageDo Not Sell or Share My Personal InformationPrivacy PolicyTerms of UsePromotion TermsDownload Our AppApple StoreGoogle Play StoreSelect your languageAmericasAsia PacificEuropeMiddle East© 2011-2025 OTF Franchisor, LLC and its affiliations. All rights reserved

. All rights reserved.*The “Free Class” offer is open only to first-time visitors and local residents aged 18 years and older; however, minors aged 14 and above may participate if special conditions are met. Valid at participating studios only. Conditions apply. See studios for details. Recommended retail price of a casual visit is \$35; however, prices do vary, as each studio is individually owned and operated. Offer may be subject to satisfactory completion of pre-exercise screening and/or standard temporary/guest membership terms.†Offer limited to Premier members who complete 12 sessions within a month of membership start date. All sessions must be at the member’s home studio. Member must notify their home studio within 30 days of membership start date to initiate cancellation and receive refund of membership dues. OTBeat® sales are not refundable.**Restrictions may apply, inquire at local studio for additional information.