Andrew Bach 6/30/2024 Module 5.2

Go To Bed

Play with the kids

Clean up the toys

Get kids baths

Brush kids teeth

Put kids to bed

Clean off the table

Load the dishwasher

Move Laundry

Fold any clothes in the dryer

Clean the litter boxes

Get Home From Work

Brush Teeth

Change into sleep attire

Shower

Throw clothes in laundry basket

Change from business attire to casual

Cook Dinner

Set the table

Eat Dinner

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| --- | --- |
| Dinner | 50 Minutes |
| Chores | 40 Minutes |
| Taking care of children | 90 Minutes |
| Taking care of myself | 60 Minutes |
| Estimated Cycle Time: 4 Hours | |
| Optimizing After Work Routine  **Eliminating Waste**: 15 Minutes could be saved by loading the dishwasher while we are cooking dinner instead of throwing dishes into the sink. The same could also be said for cleaning off the table. It would be more efficient to go directly to the dishwasher.  **Workflow Orchestration**: I could have the kids brush their teeth in the bath, but I would need to consider the risk of kids sticking brushes into bath water or not brushing well enough.  **Governance Models**: This process starting on time hinges on me making sure I am saved and ready to leave work at 5PM every day. I often work right up to 5. To ensure this process starts on time I should start saving at 4:50PM every day. | |