



## Design and Evaluation of Travel and Orientation Techniques for Desk VR

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- Current Navigation Techniques
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# Why we chose this paper?

01

Past  
experiences  
with VR

02

Curiosity

03

Relevance  
of the  
topic

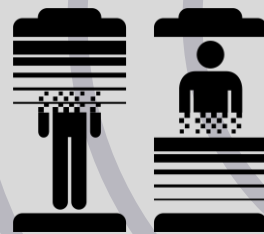


# Current navigation techniques



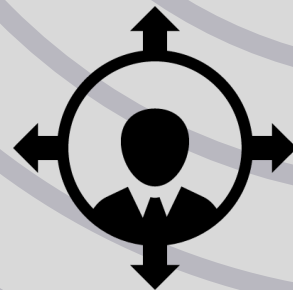
Continuous

Discrete



Travel

Orientation



# Cybersickness

- One of the biggest problems introduced by VR
- Especially noted when user is seated
- Short movements don't cause as much cybersickness so movement time should be set to a maximum of 300ms

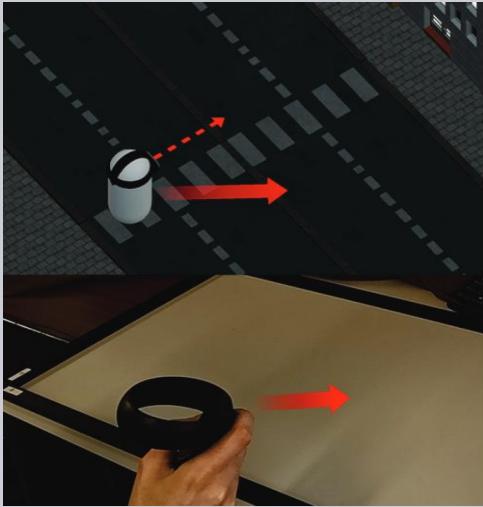


# Proposed Techniques



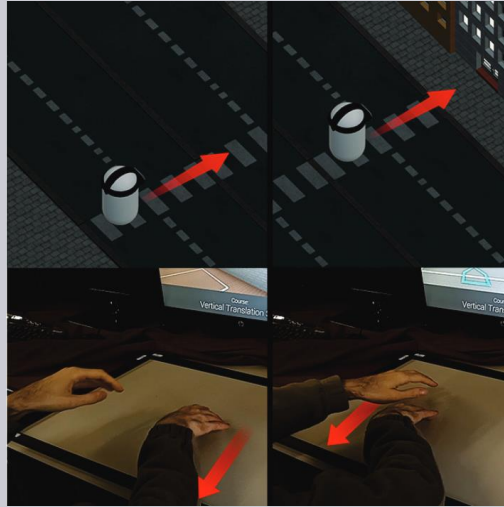
# Travel

## Continuous Directional Movement



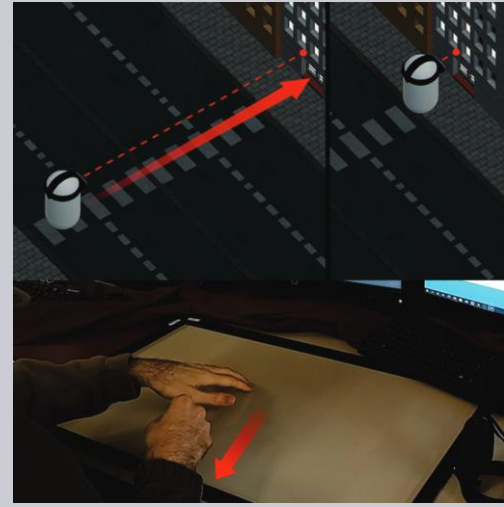
Point the VR controller in the direction of the movement.

## Dog Paddle



Repetead gestures on a touch surface to move the user in the direction of his gaze.

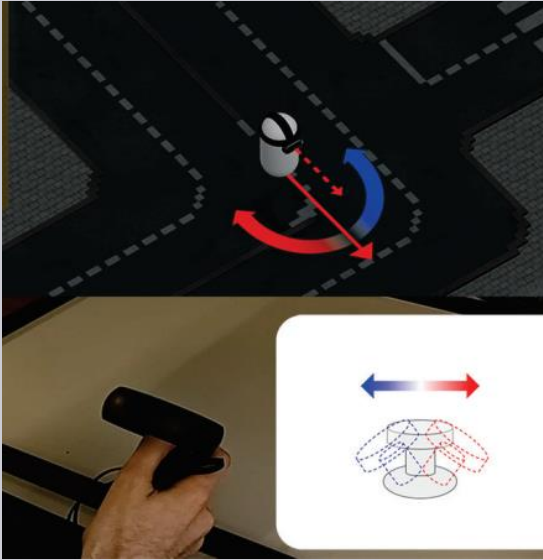
## Drag'n Go



Similar to Dog Paddle but the final position is determined when the gesture begins.

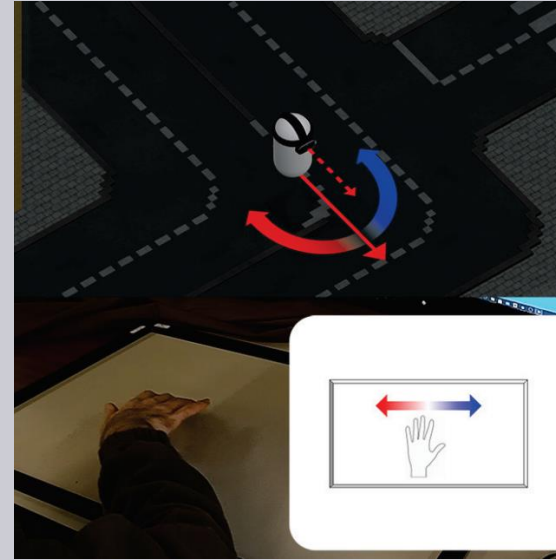
# Orientation

## Continuous Directional Rotation



Use an analog stick to indicate the direction of rotation, which is applied over the vertical axis of the user.

## Tactile Surface Dragging

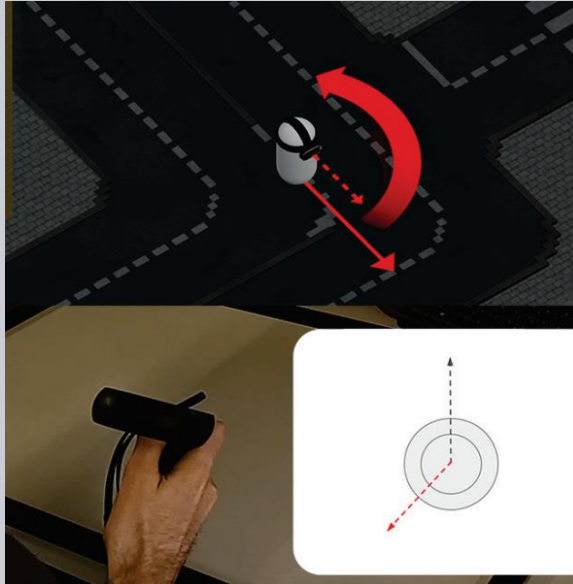


The user do a gesture over a tactile surface and convert it into rotation over the vertical axis of the virtual body.



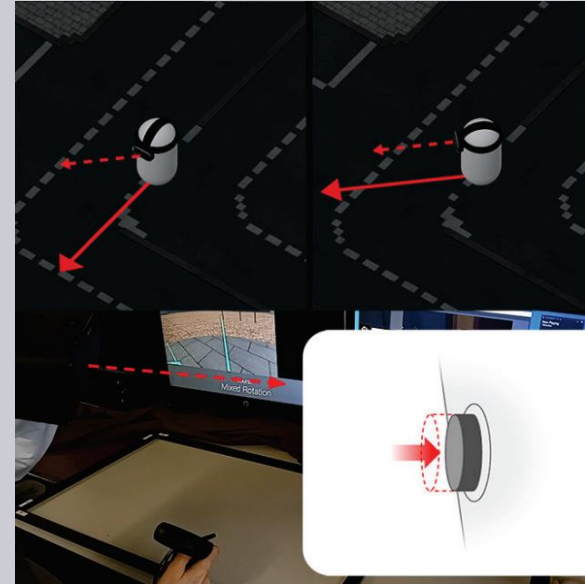
# Orientation

## Choose & Click



Point to the final direction of rotation using the analog stick. After defining the directions, the user can press the button to confirm.

## Gaze Convergence



Use of the final orientation of the head instead of the analog stick and then press the button to confirm the rotation.

# User Evaluation





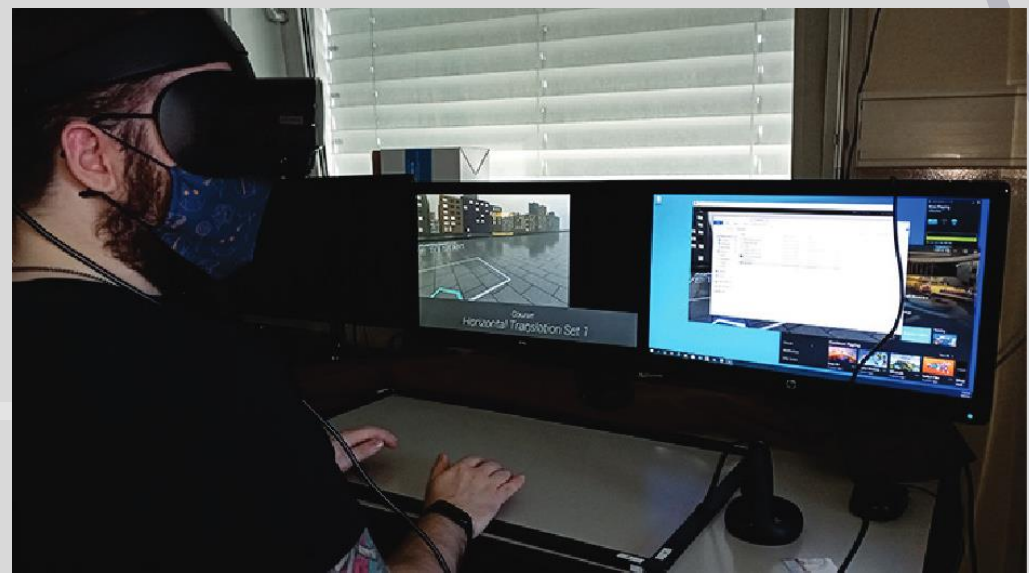
# Prototype



Unity 2020.3.19



Oculus Rift S



Superfície multi-touch 32"

# Participants

12 

5 

7 

8 

No experience  
with VR

2 

<1 / month

2   
daily

8 

18-25



3 

26-32



1 

49-62



1 

Vertigo



# Method

- Followed a Balanced Latin Square distribution
- 1 minute to explore freely
- 45-60 minutes to complete the tasks, then a break
- Questionnaire evaluating user satisfaction, workload and comfort tax, following standards like SUS and NASA-Task Load Index
- 16 questions, including overall rating and cybersickness
- Time, distance traveled and total rotation recorded

# Tasks

- 4 movement and 3 orientation tasks repeated for each technique
- User had information about next checkpoint, including an arrow pointing towards it and checkpoint number
- Depending on category (movement or orientation), the other one was locked
- Time started in the first movement made by user



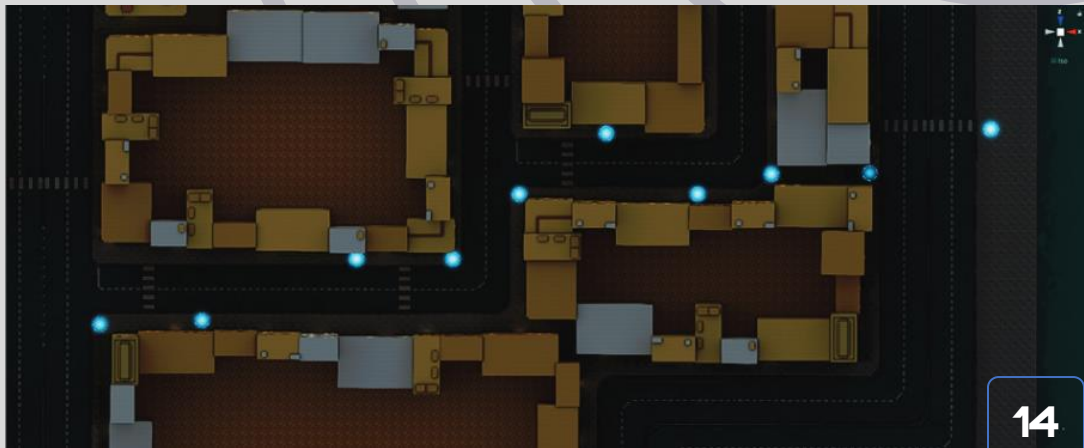
# Movement Tasks



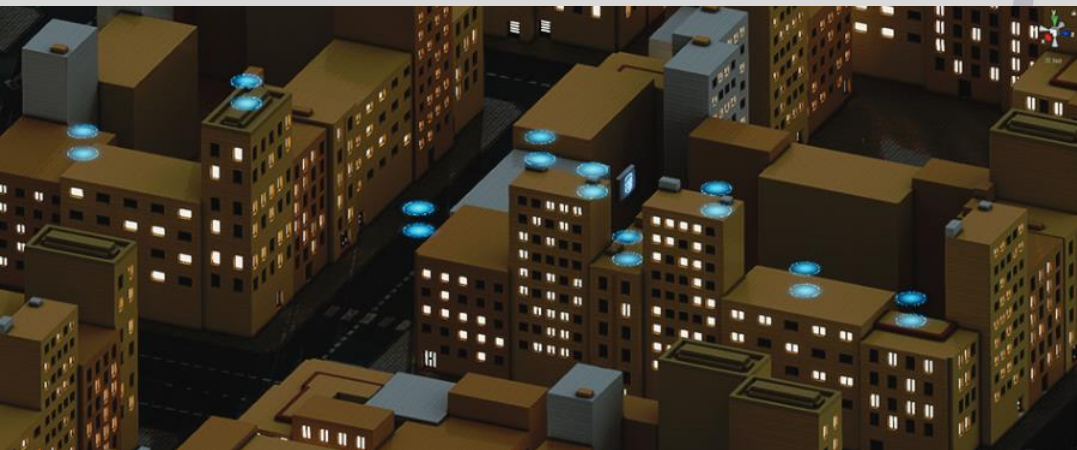
a) Mixed task, with horizontal and vertical movement



b) Horizontal movements on plane environment



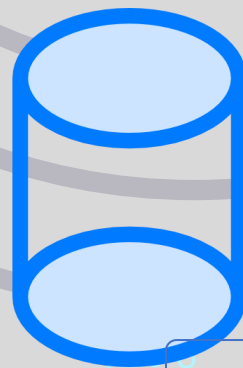
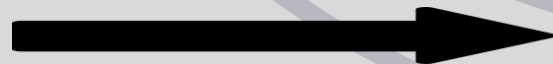
# Movement Tasks



c) Vertical Movements to test obstacle bypassing



d) 1 distant checkpoint with no movement restrictions





# Orientation Tasks

a) 7 checkpoints with various rotations

b) Small rotations

c) Big rotations



# Results



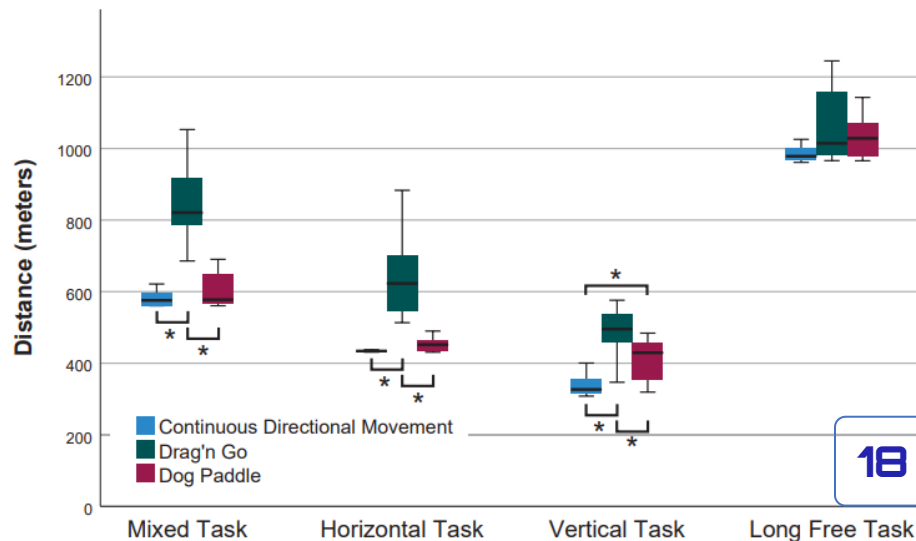
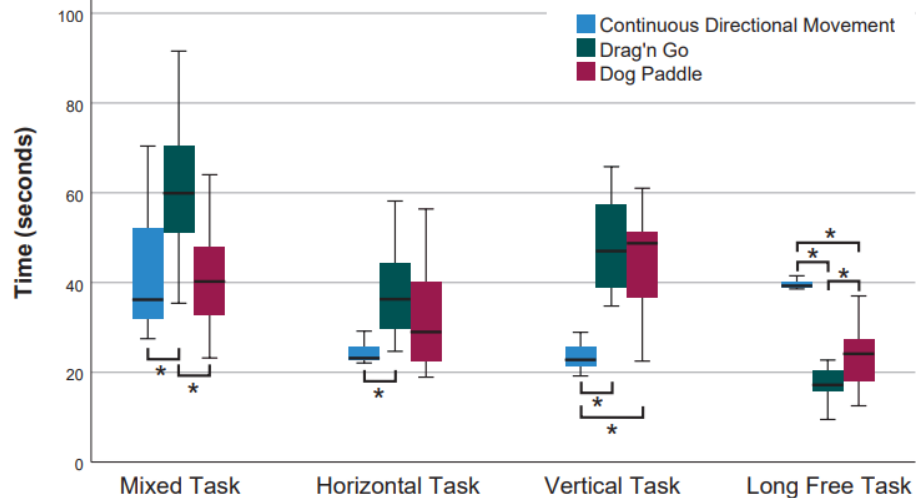
# Travel tasks

## Time:

- **Mixed task:** DnG is slower than both CDM and DP
- **Horizontal task:** only CDM is faster than DnG
- **Vertical task:** CDM is much faster than both DnG and DP
- **Long task:** DnG is faster than both DP and CDM

## Path length:

- **Mixed, Horizontal and Vertical tasks :** DnG had a larger path than both CDM and DP
- **Long task:** no differences between the proposed techniques



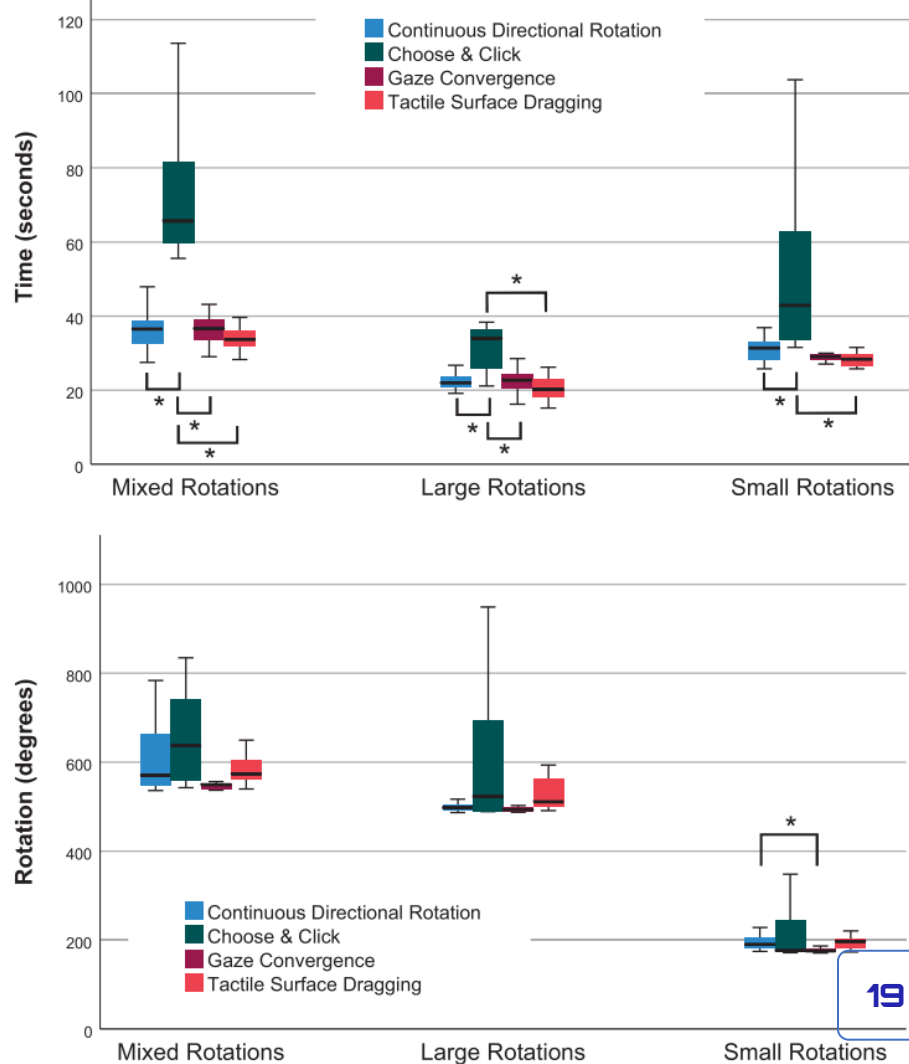
# Orientation tasks

## Time:

- **Mixed and Large Orientation tasks:** C&C performed worse than GC and TSD
- **Small Orientation task:** C&C performed worse than CDR and TSD

## Total Rotation:

- **Small Orientation task:** GC had a smaller total rotation than CDR



# Questionnaire Results and Discussion

Question	Travel			Orientation			TSD
	CDM	DnG	DP	CDR	C&C	GC	
How well do you think you performed?	7(1)*	5(1)* <sup>†</sup>	6(3) <sup>†</sup>	6.5(1)*	4.5(2)* <sup>†‡</sup>	6(1) <sup>†</sup>	6.5(1) <sup>‡</sup>
How much effort did it require to reach your level of performance?	1(2)*	3.5(2)*	3.5(4)	1(2)*	5(2)* <sup>†</sup>	3(4)	2(2) <sup>†</sup>
How do you feel about your performance?	7(1)*	4.5(3)*	6(3)	7(1)*	3(3)* <sup>†</sup>	6(2)	7(1) <sup>†</sup>
How mentally demanding was the task?	1(1)*	3(3)*	2(3)	1(1)*	3.5(3)* <sup>†</sup>	2(3)	1.5(1) <sup>†</sup>
How physically demanding was the task?	2(1)	2(2)	3.5(4)	1(1)*	2.5(2)	3(4)*	1.5(2)
How rushed was your pace on the task?	1(3)	3(4)	3.5(5)	1(4)	4(2)	4.5(4)	2(4)
I would like to use this technique frequently.	4(1)	3(3)	3(3)	5(2)	3(2)	4.5(3)	4(3)
I found the technique unnecessarily complex.	1(0)	1(1)	1.5(2)	1(0)	2.5(3)	1(1)	1(0)
The technique was easy to use.	5(0)*	4(2)*	4(2)	5(0)*	3(2)* <sup>†</sup>	5(2)	5(0) <sup>†</sup>
I think that I would need the support of a technical person to be able to use this technique.	1(1)	1(2)	1(1)	1(0)	1(1)	1(1)	1(0)
I would imagine that most people would learn to use this technique very quickly.	5(1)*	4(2)*	4(2)	5(0)	3(3)	4(2)	5(1)
I found the technique very cumbersome to use.	1(1)	2(2)	2(3)	1(1)	3(4)	1.5(3)	1(0)
I felt very confident using the technique.	5(1)	4(2)	4(2)	5(0)	3(2)*	4.5(2)	5(0)*
I needed to learn a lot of things before I could get going with this technique.	1(0)	1(1)	1(1)	1(0)	1(2)	1(1)	1(0)



# Conclusion and Future Work



# Conclusion and Future Work

- Desk VR limits the user interactions
- Increase the number of participants, improve the multi-touch surface hardware and use a surface with one or two controllers.
- Low participant number, but results provide good conclusions for further studies
- Symptom tax was low and user focus contributes to it





# Thank you!

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Techniques for Desk VR



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