

COVID-19 Test Results



Your recent COVID-19 test result was **positive**.

We will contact you by phone to discuss your test results, share resources, and provide directions for you and your close contacts. **Until we call you, please self-isolate at home away from others.**

If this is your first positive test in the past 90 days, please isolate yourself at home away from others until:

- It has been at least 10 days since your symptoms first started
 - If you have no symptoms, isolate for at least 10 days since your test was done
- Your symptoms have improved, AND
- You have been fever-free for at least 24 hour hours without using fever-reducing medications (such as Ibuprofen)

We will discuss how to isolate at home and protect others you may live with when we call. We will also give you the date that you are safe to be around others and may leave isolation.

While you are isolating:

- Stay home except to get medical care. Call ahead before visiting your doctor.
- Separate yourself from other people in your home
- Wear a facemask when in shared spaces in your home, such as the kitchen or living room
- Cover your coughs and sneezes
- Wash your hands often
- Avoid sharing personal household items, such as cups, towels and utensils

Most people recover quickly from COVID-19 and we wish you a speedy recovery. **Seek medical care immediately if you have trouble breathing, persistent pain or pressure in your chest, new confusion, inability to wake or stay awake, bluish lips or face.** These are not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

If you would like an official copy of your results, please register at <https://patient.ap2.com/Login> using the exact name you used when registering for your test. If you need assistance obtaining the official copy, please call the laboratory at 866-864-7284.

Thank you for taking the time and initiative to be tested. If you have any other questions or concerns, please call our information line Monday through Friday between 9am and 4:30pm at 970-498-5500. Text your questions anytime to 970-999-1770.