

# TOOLBOX TALK

## 手防护



想象一下如果失去了双手你的生活会变成什么样? 甚至无法完成开灯等一些最简单的日常行为. 每年超过三分之一的工伤致残事故是手部受伤. 超过百分之八十的受伤是由于切割工具. 保护你的双手从现在开始.

### 使用专业的手套

- 根据工作任务选择正确的手套并且确保尺寸适合你的双手 (工作前认真完成TSTI).
- 工作中佩戴手表, 手镯, 戒指存在划破手套等风险
- 使用手套的前后要洗手.
- 在使用佩戴手套前对手套进行检查, 查看是否有漏洞处等, 确保使用完好的手套
- 清除现场的损坏的手套
- 降低重复工作的任务.
- 避免借手套, 手套是个人用品
- 注意保护自己的双手, 多想想如果工作中存在的风险, 提高自身的安全意识



### 相关的手部受伤风险:

- ☐ 注意工作中的危险设备及物质
- ☐ 潜在的割伤和撕裂
- ☐ 严重的擦伤
- ☐ 可能刺破皮肤
- ☐ 潜在的化学灼伤
- ☐ 潜在的皮肤灼伤
- ☐ 皮炎
- ☐ 手腕损伤症状



### 员工责任:

- ☐ 佩戴手套前后洗手并保持手干燥
- ☐ 针对不同的工作佩戴对应的手套
- ☐ 使用前都对手套进行检查
- ☐ 向上级主管及安全部上报所有的受伤事故
- ☐ 按照机械的操作规程进行作业
- ☐ 丢弃弄脏 (沾到油料等) 的手套
- ☐ 在进行新的作业任务前更换已经弄脏 (沾到油料等) 的手套
- ☐ 应经常性进行更换手套



❖ 真皮手套隔离你的双手与粗糙的表面



❖ 隔热手套主要用来防护工作造成的火花及飞溅的热物质(电焊及风焊).



❖ 塑料手套抵抗化学物质.



❖ 双层防震手套主要用于震动作业, 可以避免尖锐的边缘划上手.



❖ 橡胶手套, 主要用于与用电相关的作业.



❖ 乳胶手套用来防护细菌等以避免患皮肤病

"ALWAYS USE THE CORRECT GLOVES FOR THE JOB !!!"



中国港湾工程有限责任公司  
CHINA HARBOUR ENGINEERING COMPANY LTD.

The aim is "no one gets hurt"

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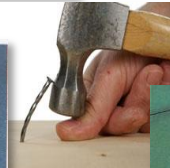
## Hand Protection



Try to imagine your life without the use of your hands. Being unable to perform the simplest task, such as turning on a light switch. Hand injuries account for approximately 1/3 of all disabling job-related injuries each year. Over 80% of these injuries are caused by pinch points. It's up to you to protect your hands.

### ➤ Wearing and Using Gloves

- Select and use the right kind of glove for the job and select gloves that fit (complete the TSTI properly).
- Assess the risk any rings, watches, or bracelets that might cut/ tear your gloves or snag the wearer's hand / fingers.
- Wash your hands before and after wearing your gloves.
- Inspect your gloves before you use them. Look for tears, holes or cracks.
- Replace gloves that are worn or torn.
- Reduce repetitive movement tasks.
- Avoid borrowing gloves. Gloves are Personal Protective Equipment.
- Think about how you can injure your hands. Think "what if" and be aware of the hazards and the risk of injury (especially 'pinch points').



### Injuries Related to Hands:

- ☐ Absorption of Hazardous Substances
- ☐ Potential Cuts / Lacerations
- ☐ Severe Abrasions
- ☐ Possible Skin Punctures
- ☐ Potential Chemical Burns
- ☐ Potential Thermal Burns
- ☐ Dermatitis
- ☐ Carpal Tunnel Syndrome



### Employees are responsible for:

- ☐ Washing and drying hands before and after using gloves
- ☐ Using proper gloves for the task
- ☐ Inspecting gloves before and after use
- ☐ Reporting all injuries to CHEC safety and their supervisor
- ☐ Complying with manufacturer warnings
- ☐ Disposing of contaminated gloves
- ☐ Removing contaminated gloves prior to handling other items
- ☐ Gloves should be replaced when damaged or no longer offer the proper protection for the task.



❖ Leather Gloves shield your hands from rough surfaces.



❖ Heat Resistant Gloves protect your hands from heat, flames, sparks / ejected particles (hot works / welding).



❖ Vinyl and Neoprene Gloves protect your hands against toxic chemicals.



❖ Padded Cloth Gloves protect your hands from sharp edges, slivers, dirt, and vibration.



❖ Rubber Gloves protect you when working around electricity.



❖ Latex Disposable Gloves are used to protect your hands from germs, bacteria and dermatitis.

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