

Christian Quade Howald

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EDUCATION

Laurentian University

Bachelor Mechanical Engineering GPA: 3.00/4.00

Sudbury, ON

Sep 2017 - Apr 2021

EXPERIENCE

Aecon - Sudbury Lateral Replacement Project

Jr. Project Coordinator

Sudbury, ON

May 2018 | Sep 2018

- Ensured document control
- Reached out to vendors
- Worked closely with project manager planning in projects and preparing documents (RFI's, Change orders, etc.)
- Created progress reports and communicated results to appropriate staff
- Performed general office support and administrative tasks as requested
- Frequently updated turn over binders for client
- Assured specification was maintained

YMCA Northeastern Ontario

Youth Instructor

Sudbury, ON

Jan 2015 | May 2018

- Competitive gymnastics instructor
- Activity coordinator
- Day camp worker

SKILLS

Software:	MS Office Suite, SolidWorks, AutoCAD, Java
Technical Skills:	Circuit Construction/Soldering, Technical report writing, Strong presenter, Mathematics
Language:	Fluent orally and written in French and English
Additional Skills:	Project planning, Excellent time management and organization skills, Conflict management, Strong research skills

LEADERSHIP & VOLUNTEERING

YMCA Sudbury

Judo Instructor Assistant

Opera Gala, Opera for a Cause

Opera singer to raise money for Infant Food Bank and Blue Door Cafe

Human League Association of Sudbury

Technical support for fundraising activities

Volunteering in my community for more than 200 hours annually

Helping raise over \$40,000 for local charities such as the Infant Food Bank, Blue Door Soup Kitchen, YMCA Strong Kids Foundation, Breakfast Club for Kids, and Positive Leisure Activities For Youth.

AWARDS/ACCOMPLISHMENTS

Judo, 2016 – Present

Canadian judo development team, Ontario high performance team, Silver medalist at the Canadian National Judo Championships, Bronze medalist at the Elite 8 National Championships, Gold medalist at the Judo Ontario Open, Silver medalist at the Judo Quebec Open

Community engagement and leadership awards

CIBC Youthvision Scholarship (2015), Canada 150 community volunteerism award (2017), Ontario Volunteer Service Award from the Ontario Ministry of Citizenship and Immigration (2014), Greater Sudbury Civic Award for Volunteerism (2014), Lionel Burgess Award for Young Volunteer of the year (2014)

References available upon request.