

## Diagnosis

For many illnesses, successful prevention and treatment depends on difficult fundamental behavioral changes, including altering diet, taking up exercise, giving up smoking, cutting down drinking, and adhering to medication regimens that are often complex. Adherence is a problem in every practice; up to 50% of patients fail to achieve full adherence, and one-third never take their medicines. Many patients with medical problems, even those with access to care, do not seek appropriate care or may drop out of care prematurely. Adherence rates for short-term, self-administered therapies are higher than for long-term therapies and are inversely correlated with the number of interventions, their complexity and cost, and the patient’s perception of overmedication.

## Lab Report

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Ready to send lab

## Prescription

| Doug name  | Dose | Time     | Duration |
|------------|------|----------|----------|
| Pandoll    | 2    | Day      | 5 Day    |
| Vitermin c | 1    | Morning  | 3 Week   |
| MDR        | 3    | Full Day | 5 Month  |