

Acknowledgments

The many sources of financial support that carried the Seven Countries Study through the entry examinations and the first five years of follow-up have been acknowledged in previous publications (Keys et al. 1967; Keys 1970; Keys et al. 1972a, 1972b, 1972c; Hartog et al. 1968; Taylor et al. 1966; Menotti et al. 1977). The support needed to complete the ten-year follow-up came, for the most part, from the same sources, but with crucial additional grants from the U.S. Public Health Service (HE 3088, HE 4672, HE 4697, HE 4774, HE 4854, HE 5471), the American Heart Association, the Finnish Heart Association, the Japanese Ministry of Education, the Chiyoda Mutual Life Subsidiary Fund, the Institute of Public Health of Croatia, the Finnish State Science Board, the Sigrid Juselius Fund, the Yrjö Jahnsson Foundation, the Netherlands Nutrition Council, the Organization for Food and Nutrition Research, the Royal Institute for Research of Greece, Elais Oil Company, the Serbian Ministry for Health, the Serbian Council for Research, the International Cardiology Foundation, the International Olive Oil Council, U.S. Counterpart Funds for Yugoslavia, and private individuals and anonymous donors.

Publication of this book has been aided by a grant from the U.S. National Heart, Lung, and Blood Institute and by the Commonwealth Fund.

Persons who aided in the research through the first five years of follow-up have been cited in the publications referred to above. We do not forget their essential help, but it is proper here to emphasize our indebtedness to those who provided assistance after the five-year re-examinations, notably in the ten-year re-examinations, in the check on interim mortality, and in data processing.

Most of the data processing was done at the Laboratory of Physiological Hygiene of the University of Minnesota in Minneapolis, mainly by Rosemarie Hilk, David R. Jacobs, Norris Schulz, John Vilandré, and Allan Womelsdorf. Additional computer work was done at the Laboratory of Epidemiology and Biostatistics of the Istituto Superiore di Sanità, Rome, Italy, and at the Department of Community Health and Preventive Medicine of Northwestern University Medical School, Chicago, Illinois. At Rome, computer analysis was done by Gino Farchi, Arduino Verdecchia, Riccardo Capocaccia, Sergio Mariotti, Susanna Conti, and Piero Corradini. At Chicago, computer analyses were made by Dan Garside. We are grateful to all of these persons. Readers of this book will appreciate the central importance of the data processing and computer analyses.

The experience of the American railroad men after the five-year follow-up was learned from the records of the Railroad Retirement Board, Chicago, and the death certificates of the states in which the men died. It is a pleasure to acknowledge the help of H. Benjamin and J. Klein of the retirement board.

The research team in Finland included Drs. Matti Arstila, Martti Helin, Veikko Kallio, Martti J. Karvonen, Heikki Peltola, and Sven Punzar, nurse Laila Tolppanen, Mrs. Pirkko Saarelainen, and Mrs. Kaija Nygård. Dr. Alessandro Menotti contributed his experience and helped in the study. The following persons performed various tasks and did much work in the study: the late health-nurse Impi Lavikainen, nurse Pirjetta Hirvisalo, Mrs. Ester Ehnberg, Miss Sirpa Kontkanen, school teacher Reetta Rintala, nurse Aino Toivonen, Mrs. Aila Mikkola, Mrs. Anja Rantasalo, Miss Ulla Tammi, and Mrs. Kirsti Haapanen. The local physicians, Dr. Tauno Koistinen in the East and Dr. Pentti Vaittinen in the West, were helpful in many ways. Professor Leo Noro, then director of the Institute of Occupational Health, placed members and facilities of the institute at the disposal of the study.

In rural Italy, the ten-year re-examinations were aided by Drs. Paolo Dini, Giuseppe Messina, and Paolo Signoretti (all of Rome), György Lamm (then of Budapest, Hungary, now of Copenhagen, Denmark), and Josef Pokorny (of Prague, Czechoslovakia). Special help was given at Crevalcore by Antonio Pedretti and Alfonso Barbieri and at Montegiorgio by Egidio Marziali and Giuseppe Allessandrini. The ten-year work with the Italian railroad men involved the help of Drs. Francesco Ceccherini, Giuseppe Lobefaro, and Paolo Signoretti (all of Rome). We are also grateful to Aldo Bellini, Cesare Coluzzi, and Antonio DeBartolomeo of the Ministry of Transportation, Rome.

The physicians who aided the ten-year re-examinations in Serbia were Drs. Vladan Josipović, Ljubica Božinović, Dusan G. Stojanović (who died in

1978), Vladimir Slavković, Gradomir Stojanović, Srboljub Sekulić, Borica Balog, Natalija Simin, Dejan Bošković, and Miodrag Ostojić. We are also grateful to nurse Desa Lovrić. Petar Vulicević at Velika Krsna and Danilo Babić at Zrenjanin gave much help, as did Milica Dodić, secretary at the University of Belgrade.

The responsibility for the work in Japan, under the direction of Noboru Kimura, was shared by Hironori Toshima, Yukki Nakayama, and Hiromi Tashiro (all of Kurume), Ichiro Furukawa (Fukuoka), Fuminobu Mori (Shimonosaki), Shunichi Kodama (Beppu), and Syoji Nishimoto (Kitakyushu). The professional staff on the team at Tanushimaru and at Ushibuka in the ten-year follow-up study comprised Drs. K. Takayama, T. Fukami, T. Mizuguchi, M. Yoshinaga, K. Abe, T. Arima, F. Katayama, Y. Yokata, T. Tanioka, S. Nanbu, E. Minagawa, K. Yamada, S. Shimada, R. Tanaka, T. Akiyoshi, F. Ohshima, K. Soejima, K. Tanaka, A. Mizunoe, K. Akasu, H. Ikeda, K. Nakamura, T. Niizaki, E. Nishi, M. Ageta, T. Inoue, T. Nakagawa, Y. Miike, M. Takagi and Y. Inaba. The local physicians, Drs. Y. Egami, R. Harada, T. Nakano, K. Nakano, M. Kimura, and T. Onizuka in Tanushimaru, and Drs. A. Kukumoto, Y. Hamasaki, H. Hatta, M. Kawano, M. Nishimura, T. Sato, T. Takahira, and T. Tateshi in Ushibuka, provided information about previous illnesses of the subjects. Special thanks are due to Major T. Inoue and Major A. Urata for local help in Tanushimaru and Ushibuka, respectively.

Important help in the ten-year followup at Zutphen was provided by Drs. F. S. P. van Buchem, E. B. Bosschieter, and Th. F. S. M. van Schaik and by A. H. Thomassen-Gijsbers, J. Brands-Thomassen, and N. H. Meures-Blom.

The work of the ten-year follow-up in Croatia was greatly aided by Drs. Ivan Mohaček, Miljenko Marinković, Djordje Vukadinović, Ante Smetiško, and Zdenko Radošević, all of Zagreb, by Dr. M. Marinović, pharmacist M. Barbieri, and I. Kosović of Makarska, and by Drs. C. Vugrinčić, B. Miljuš, and I. Vlahović of Osijek.

In the ten-year follow-up in Greece, the assistance of George Arnoukatis and Dr. E. Staphylakis in Crete was valuable. Direct help was also given by Dr. Adrian Corcondilas, by Drs. L. Anthopolous, C. Vasilikos, and D. Lekos in the field clinical examinations and by Maria Tzelisi, M. Papadatou, E. Sdrin, and the members of the diet group in the field laboratory. Dr. D. Galanos, Professor F. Fidanza, and Professor J. T. Anderson were helpful in performing the chemical analyses.