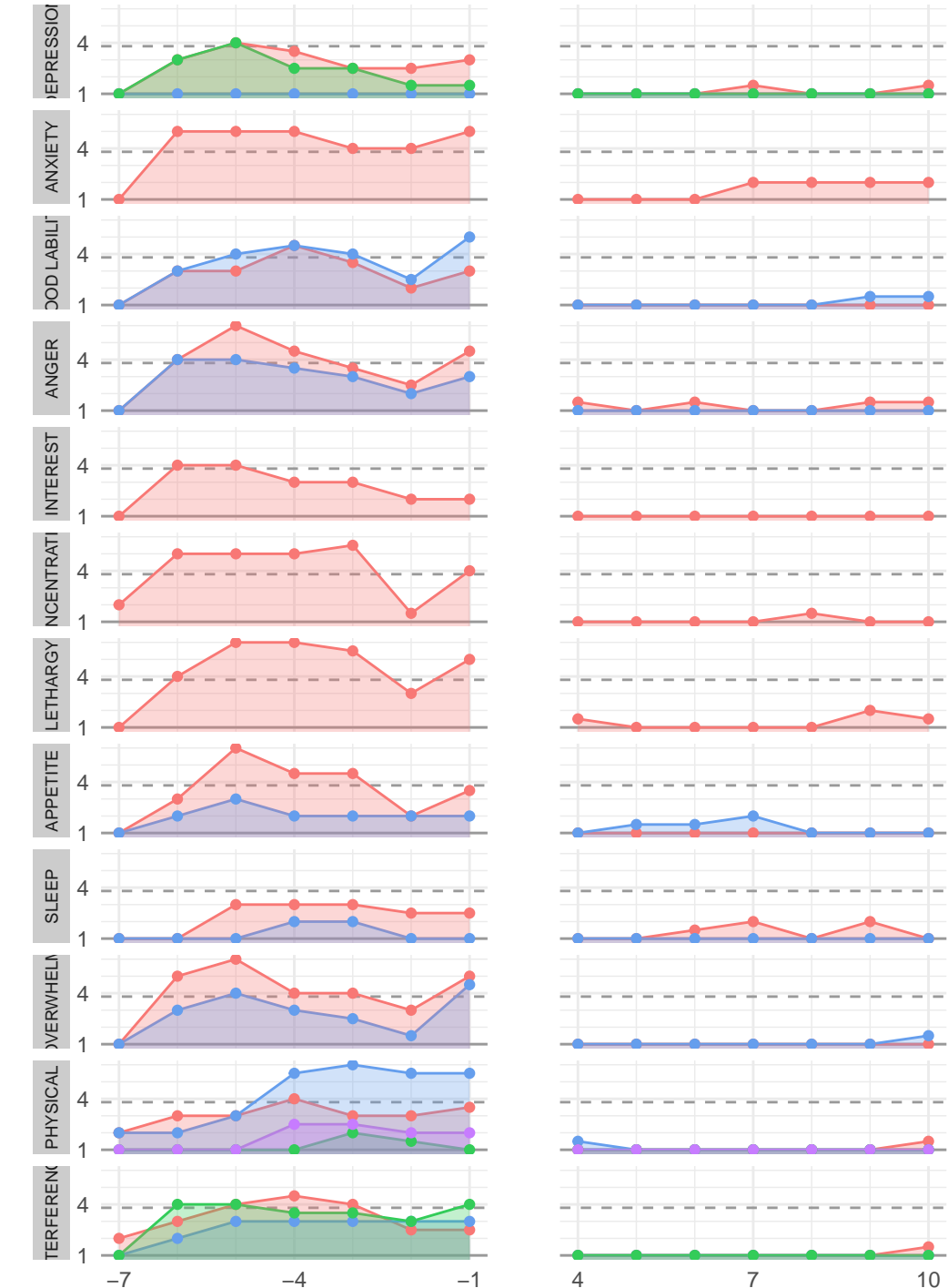
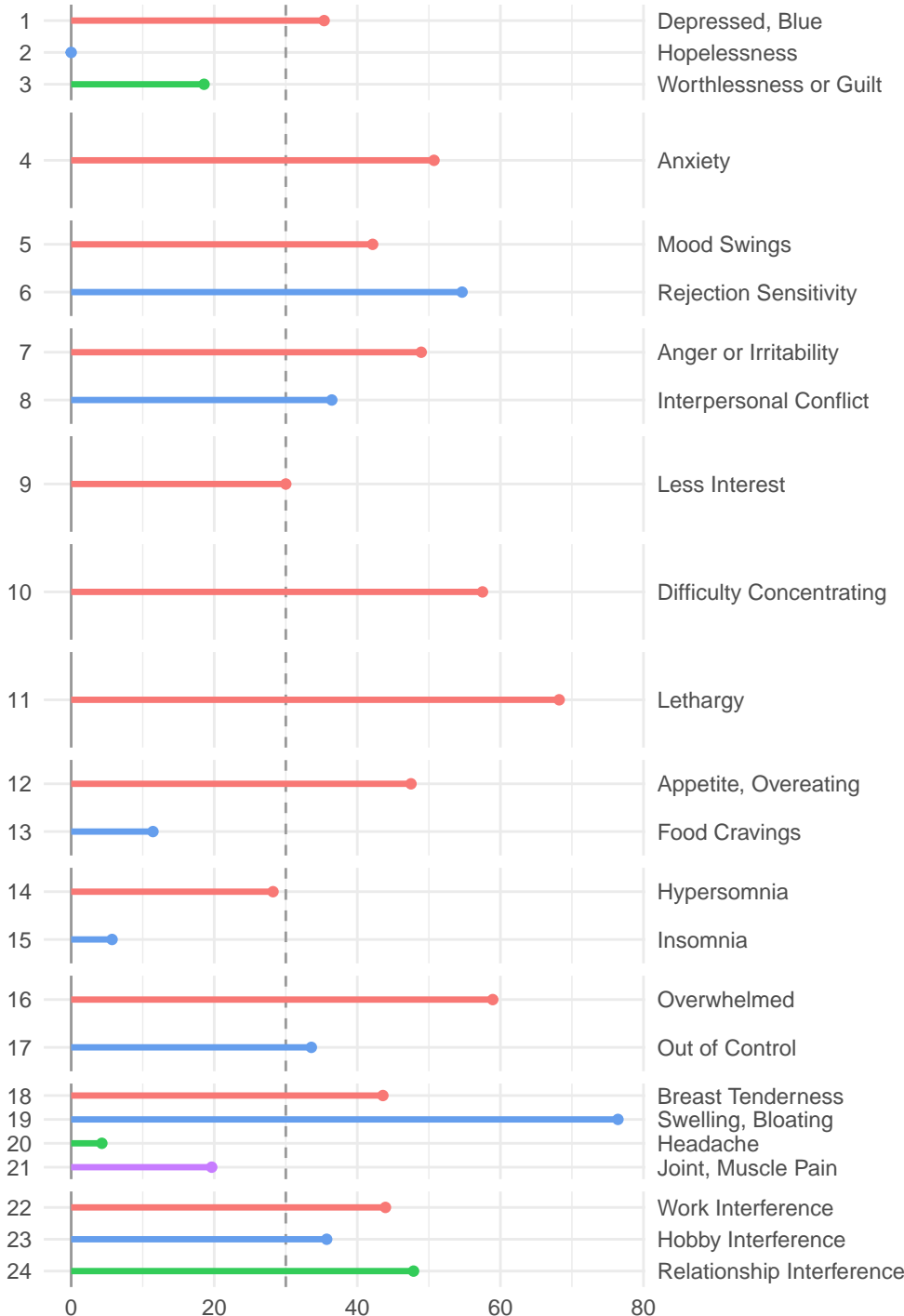


ITEM daily averages



Av. % change



CYCLE: 1 PMDD

pre-menses								post-menses								PME		PMDD		PME		PMDD		PME		MRMD		PMDD	
DEPRESSION	1	1	3	4	3	3	1	3	1	1	1	2	1	1	1	1. Depressed, Blue													
	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2. Hopelessness													
	3	1	3	4	4	4	2	2	1	1	1	1	1	1	1	3. Worthlessness or Guilt													
ANXIETY	4	1	5	5	6	6	4	6	1	1	1	2	1	1	3	4. Anxiety													
	5	1	3	3	4	4	2	2	1	1	1	1	1	1	1	5. Mood Swings													
	6	1	3	4	4	3	1	5	1	1	1	1	1	1	1	6. Rejection Sensitivity													
MOOD SWINGS	7	1	4	6	5	3	2	5	2	1	2	1	1	2	2	7. Anger or Irritability													
	8	1	4	4	4	3	2	4	1	1	1	1	1	1	1	8. Interpersonal Conflict													
	9	1	4	4	5	5	1	1	1	1	1	1	1	1	1	9. Less Interest													
INTERPERSONAL CONFLICT	10	2	5	5	5	6	1	5	1	1	1	1	2	1	1	10. Difficulty Concentrating													
	11	1	4	6	6	5	1	6	2	1	1	1	1	2	1	11. Lethargy													
	12	1	3	6	6	6	2	4	1	1	1	1	1	1	1	12. Appetite, Overeating													
LETHARGY	13	1	2	3	3	3	3	3	1	2	2	2	1	1	1	13. Food Cravings													
	14	1	1	3	2	3	2	2	1	1	2	1	2	1	1	14. Hypersomnia													
	15	1	1	1	3	3	1	1	1	1	1	1	1	1	1	15. Insomnia													
OVERWHELMED	16	1	5	6	5	5	1	6	1	1	1	1	1	1	1	16. Overwhelmed													
	17	1	3	4	4	3	1	5	1	1	1	1	1	1	1	17. Out of Control													
	18	2	3	3	4	3	3	3	1	1	1	1	1	1	1	18. Breast Tenderness													
PHYSICAL	19	2	2	3	5	6	6	6	2	1	1	1	1	1	1	19. Swelling, Bloating													
	20	1	1	1	1	3	2	1	1	1	1	1	1	1	1	20. Headache													
	21	1	1	1	3	3	2	1	1	1	1	1	1	1	1	21. Joint, Muscle Pain													
INTERFERENCE	22	2	3	4	5	5	2	2	1	1	1	1	1	1	1	22. Work Interference													
	23	1	2	3	4	4	2	2	1	1	1	1	1	1	1	23. Hobby Interference													
	24	1	4	4	4	4	2	4	1	1	1	1	1	1	1	24. Relationship Interference													
-7 -4 -1								4 7 10																					

CYCLE: 2 PMDD

pre-menses				post-menses				PME		PMDD		PME		PMDD		PME		MRMD		PMDD		
DEPRESSION	1	4	2	4	3	1	1	1	1	1	1	2	1. Depressed, Blue									
	2	1	1	1	1	1	1	1	1	1	1	1	2. Hopelessness									
	3	1	1	1	1	1	1	1	1	1	1	1	3. Worthlessness or Guilt									
ANXIETY	4	4	2	4	4	1	1	1	2	3	3	1	4. Anxiety									
	5	5	3	2	4	1	1	1	1	1	1	1	5. Mood Swings									
	6	5	5	4	5	1	1	1	1	1	2	2	6. Rejection Sensitivity									
MOOD SWINGS	7	4	4	3	4	1	1	1	1	1	1	1	7. Anger or Irritability									
	8	3	3	2	2	1	1	1	1	1	1	1	8. Interpersonal Conflict									
	9	1	1	3	3	1	1	1	1	1	1	1	9. Less Interest									
INTERPERSONAL CONFLICT	10	5	5	2	3	1	1	1	1	1	1	1	10. Difficulty Concentrating									
	11	6	6	5	4	1	1	1	1	1	2	2	11. Lethargy									
	12	3	3	2	3	1	1	1	1	1	1	1	12. Appetite, Overeating									
LETHARGY	13	1	1	1	1	1	1	1					13. Food Cravings									
	14	4	3	3	3	1	1	1					14. Hypersomnia									
	15	1	1	1	1	1	1	1					15. Insomnia									
HYPERSONMIA	16	3	3	5	4	1	1	1					16. Overwhelmed									
	17	2	2	2	4	1	1	1	1	1	1	2	17. Out of Control									
	18	4	3	3	4	1	1	1	1	1	1	2	18. Breast Tenderness									
BREAST TENDERNESS	19	6	6	5	5	1	1	1	1	1	1	1	19. Swelling, Bloating									
	20	1	1	1	1	1	1	1	1	1	1	1	20. Headache									
	21	2	2	2	3	1	1	1	1	1	1	1	21. Joint, Muscle Pain									
SWELLING, BLOATING	22	4	3	3	3	1	1	1	1	1	1	2	22. Work Interference									
	23	2	2	4	4	1	1	1	1	1	1	1	23. Hobby Interference									
	24	3	3	4	4	1	1	1	1	1	1	1	24. Relationship Interference									
		-7	-4	-1		4	7	10														