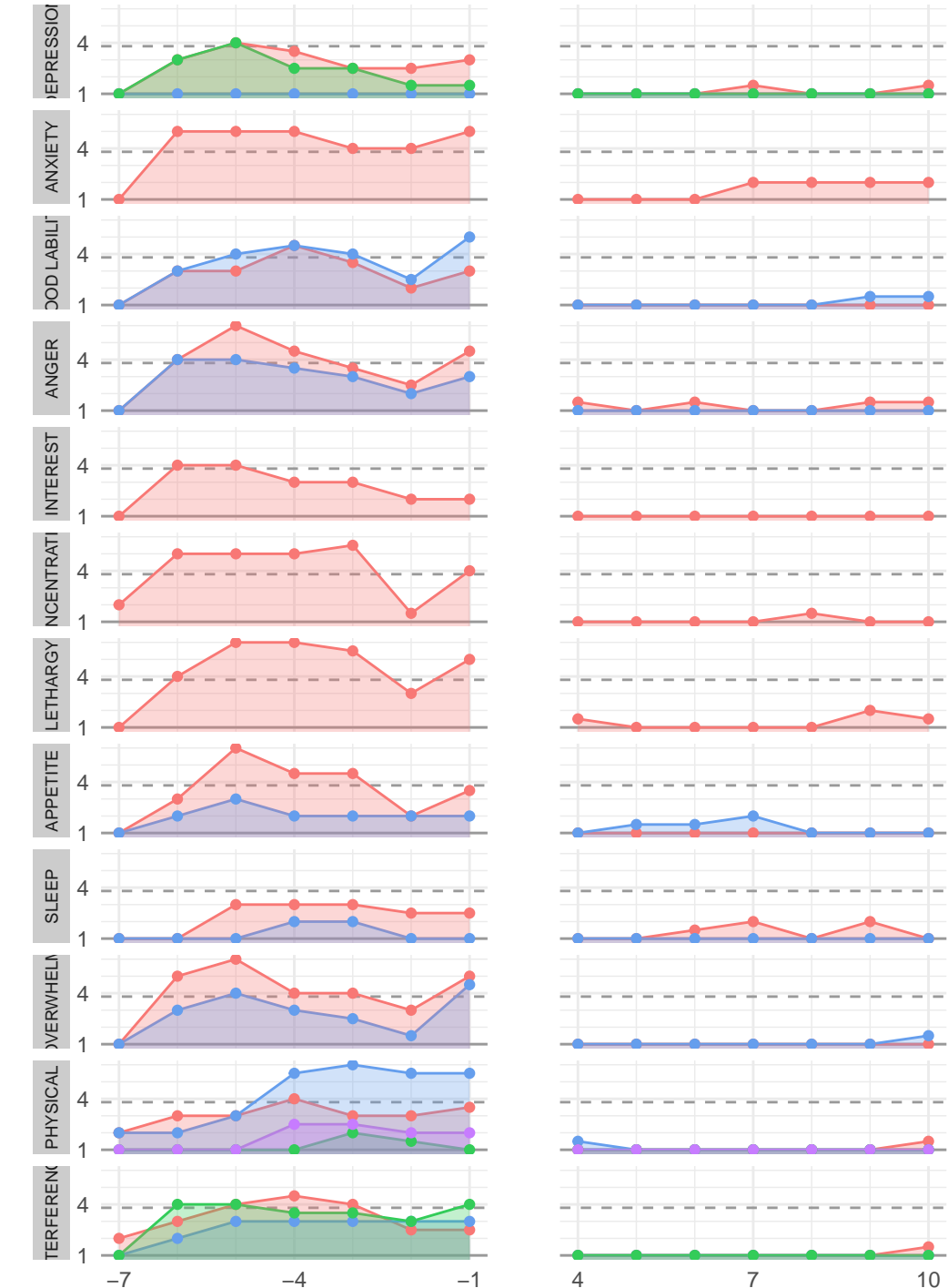
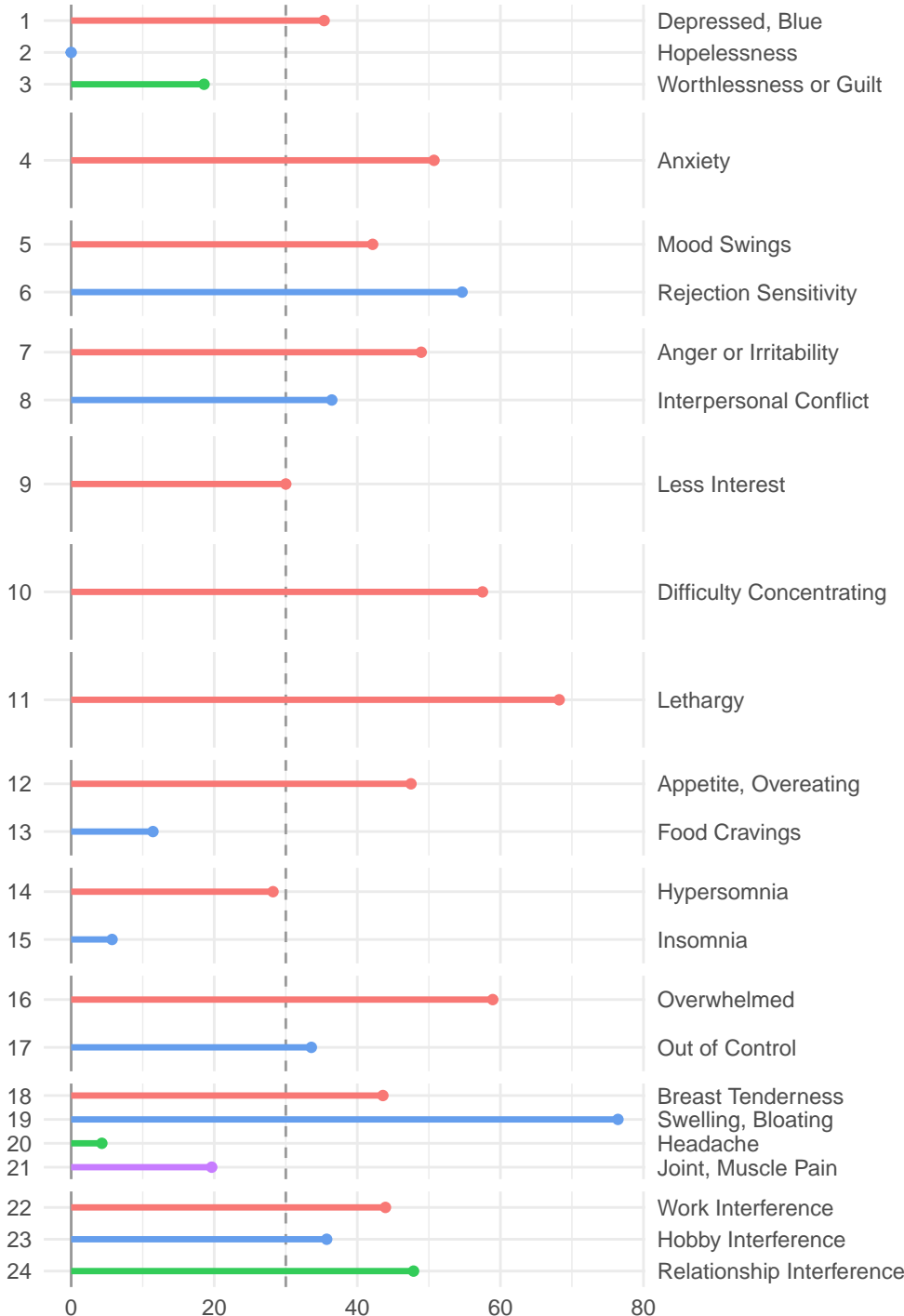


ITEM daily averages



Av. % change



CYCLE: 1 PMDD

pre-menses								post-menses								PME		PMDD		PME		PMDD		PME		MRMD		PMDD	
DEPRESSION	1	1	3	4	3	3	1	3	1	1	1	2	1	1	1	1. Depressed, Blue													
	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2. Hopelessness													
	3	1	3	4	4	4	2	2	1	1	1	1	1	1	1	3. Worthlessness or Guilt													
ANXIETY	4	1	5	5	6	6	4	6	1	1	1	2	1	1	3	4. Anxiety													
	5	1	3	3	4	4	2	2	1	1	1	1	1	1	1	5. Mood Swings													
	6	1	3	4	4	3	1	5	1	1	1	1	1	1	1	6. Rejection Sensitivity													
MOOD SWINGS	7	1	4	6	5	3	2	5	2	1	2	1	1	2	2	7. Anger or Irritability													
	8	1	4	4	4	3	2	4	1	1	1	1	1	1	1	8. Interpersonal Conflict													
	9	1	4	4	5	5	1	1	1	1	1	1	1	1	1	9. Less Interest													
DIFFICULTY CONCENTRATING	10	2	5	5	5	6	1	5	1	1	1	1	2	1	1	10. Difficulty Concentrating													
	11	1	4	6	6	5	1	6	2	1	1	1	1	2	1	11. Lethargy													
	12	1	3	6	6	6	2	4	1	1	1	1	1	1	1	12. Appetite, Overeating													
FOOD CRAVINGS	13	1	2	3	3	3	3	3	1	2	2	2	1	1	1	13. Food Cravings													
	14	1	1	3	2	3	2	2	1	1	2	2	1	2	1	14. Hypersomnia													
	15	1	1	1	3	3	1	1	1	1	1	1	1	1	1	15. Insomnia													
OVERWHELMED	16	1	5	6	5	5	1	6	1	1	1	1	1	1	1	16. Overwhelmed													
	17	1	3	4	4	3	1	5	1	1	1	1	1	1	1	17. Out of Control													
	18	2	3	3	4	3	3	3	1	1	1	1	1	1	1	18. Breast Tenderness													
PHYSICAL	19	2	2	3	5	6	6	6	2	1	1	1	1	1	1	19. Swelling, Bloating													
	20	1	1	1	1	3	2	1	1	1	1	1	1	1	1	20. Headache													
	21	1	1	1	3	3	2	1	1	1	1	1	1	1	1	21. Joint, Muscle Pain													
INTERFERENCE	22	2	3	4	5	5	2	2	1	1	1	1	1	1	1	22. Work Interference													
	23	1	2	3	4	4	2	2	1	1	1	1	1	1	1	23. Hobby Interference													
	24	1	4	4	4	4	2	4	1	1	1	1	1	1	1	24. Relationship Interference													
-7 -4 -1								4 7 10																					

CYCLE: 2 PMDD

pre-menses										post-menses										PME		PMDD		PME		PMDD		PME		MRMD		PMDD	
DEPRESSION	1	4	2	4	3					1	1	1	1	1	1	2	1. Depressed, Blue																
	2	1	1	1	1					1	1	1	1	1	1	1	2. Hopelessness																
	3	1	1	1	1					1	1	1	1	1	1	1	3. Worthlessness or Guilt																
ANXIETY	4	4	2	4	4					1	1	1	2	3	3	1	4. Anxiety																
	5	5	3	2	4					1	1	1	1	1	1	1	5. Mood Swings																
	6	5	5	4	5					1	1	1	1	1	2	2	6. Rejection Sensitivity																
ANGER	7	4	4	3	4					1	1	1	1	1	1	1	7. Anger or Irritability																
	8	3	3	2	2					1	1	1	1	1	1	1	8. Interpersonal Conflict																
	9	1	1	3	3					1	1	1	1	1	1	1	9. Less Interest																
INTEREST	10	5	5	2	3					1	1	1	1	1	1	1	10. Difficulty Concentrating																
	11	6	6	5	4					1	1	1	1	1	2	2	11. Lethargy																
	12	3	3	2	3					1	1	1	1	1	1	1	12. Appetite, Overeating																
APETITE	13	1	1	1	1					1	1	1					13. Food Cravings																
	14	4	3	3	3					1	1	1					14. Hypersomnia																
	15	1	1	1	1					1	1	1					15. Insomnia																
SLEEP	16	3	3	5	4					1	1	1					16. Overwhelmed																
	17	2	2	2	4					1	1	1	1	1	1	2	17. Out of Control																
	18	4	3	3	4					1	1	1	1	1	1	2	18. Breast Tenderness																
PHYSICAL	19	6	6	5	5					1	1	1	1	1	1	1	19. Swelling, Bloating																
	20	1	1	1	1					1	1	1	1	1	1	1	20. Headache																
	21	2	2	2	3					1	1	1	1	1	1	1	21. Joint, Muscle Pain																
INTERFERENCE	22	4	3	3	3					1	1	1	1	1	1	2	22. Work Interference																
	23	2	2	4	4					1	1	1	1	1	1	1	23. Hobby Interference																
	24	3	3	4	4					1	1	1	1	1	1	1	24. Relationship Interference																
-7 -4 -1										4 7 10																							