**While Loop**

Loop that continue going while a particular condition is true

While condition:

#code

**Loop Control Statements:**

* Continue
* Break

**Continue:**

It is used to skip the current iteration & jump into next iteration

For item in lis\_of\_items:

#code

If condition:

Continue

#code

While condition:

#code

If condition:

Continue

#code

**Break:**

This is used to exit or terminate the loop completely

For item in lis\_of\_items:

#code

If condition:

break

#code

While condition:

#code

If condition:

break

#code