

**SHAIK ABDUL LATHEEF** PTGOC2500335001 Name Order Age / Sex 31 years / Male Test Registered 12-Aug-24 / 06:08 PM Contact 7095056455 Test Accepted 12-Aug-24 / 08:07 PM Collection Centre 13-Aug-24 / 10:19 AM INTGHYD95289 Test Reported Referral Doctor SELF Report Status Final

3T MRI - Dorsal Spine

DEPARTMENT OF RADIOLOGY AND

**CLINICAL HISTORY:** Neck pain radiating to right upper back.

TECHNIQUE: T1-T2, STIR sagittals, IR coronals, T2 axials.

FINDINGS:

Alignment of dorsal spine is normal.

Small osteophytes noted in dorsal spine.

Vertebral bodies are otherwise normal in shape and signal morphology.

Posterior neural arch elements appear normal.

Facet joints appear normal.

All intervertebral discs show normal signal intensity

Mild disc bulges at D6-D7,D8-D9 and D9-D10 levels causing indentation over thecal sac, bilateral neural recess narrowing with bilateral mild neural compromise at D9-D10 level.

Rest of the discs show no significant bulges.

Mild Focal ligamentum flavum hypertrophy at D10-D11 level causing posterior indentation of thecal sac.

Rest of the dorsal spinal cord and conus appear normal in shape and signal morphology.

Dorsal spinal canal measurements are within normal limits...

Costo-transverse junctions appear normal.

Both pleural spaces as seen in the study appear normal.

Pre and para-spinal soft tissues appear normal.

#### **IMPRESSION: MR IMAGE MORPHOLOGY IS IN FAVOUR OF**

- \* Mild disc bulges at D6-D7,D8-D9 and D9-D10 levels causing indentation over thecal sac, bilateral neural recess narrowing with bilateral mild neural compromise at D9-D10 level.
- \* Mild Focal ligamentum flavum hypertrophy at D10-D11 level causing posterior indentation of thecal sac

-Suggested clinical correlation & follow up.

\*\*\* END OF THE REPORT \*\*\*



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3T MRI - Dorsal Spine

DEPARTMENT OF RADIOLOGY AND IMAGING

Dr David Kiran Kanagala Consultant Radiologist

### **Feedback and Result Queries**

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## RECOMMENDED

LIFESTYLE-DISEASES **ASSESSMENT TESTS** 

Dr. Venkat Nageshwar Goud MBBS, DMRD HOD - Radiology & Chief Radiologist





## ESSENTIAL INSIGHT INTO YOUR BODY COMPOSITION

## **BODY FAT ANALYSIS (DEXA)**

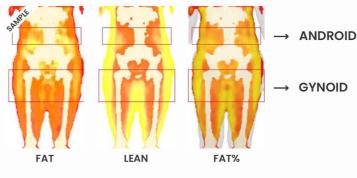
MRP ₹3196

MEDPLUS ADVANTAGE ₹799

Our DEXA machines use very low levels of x-rays to separately measure Fat mass, Lean mass and Bone mass.

With data your Physician or fitness trainer can build a safe weight reduction/ gain program.

The progress of your program can also be measured by regularly monitoring Fat mass, Lean mass and Bone mass.







FOR ANDROID AND GYNOID REGIONS



Android refers to the midsection of the torso, in the waist area, under the rib cage

Gynoid refers to the lower torso, in the hip area, down to the top of the thighs

# BEST VALUE, IF YOU ARE > 40 YEARS



## CT - CARDIAC CALCIUM SCORING

MRP ₹5196 MEDPLUS ADVANTAGE ₹1299

Quick and noninvasive. This scan takes less than 5mins.

The detailed images can help your Physician decide if you need treatment to prevent a heart attack or stroke.

You can return to normal activities right after the test.

At MedPlus you can avail our 128s Cardiac CT (low-radiation) for Calcium Score test.

### Feedback and Result Queries

wecare@medplusindia.com







Dr. T. Jyothirmayi MBBS, DNB General Medicine MedPlus Diagnostics, Gachibowli, Hyderabad

Dr. Jhansi Lakshmi MBBS, General Physician MedPlus Diagnostics, Nallagandla, Hyderabad



# **MINERALS & VITAMINS**

## IN COMMON FOODS

#### **Fruits**



Foods (100 gm)
Apple
Banana
Orange

**Minerals** K, Mg, P, Cl K, Ca, Mg, P

# **Vitamins**

## В A, C

Α

### Vegetables



Minerals	
K, Ca, Mg, P	
K, Mg, P, Cl, S	
K, Mg, P, S, Cl	

## **Vitamins**

В,	C	
В,	C	
A,	B,	C

#### Legumes



# Foods (100 gm)

Lentils Peas

#### **Minerals**

Na, K, Ca, Mg, P, S K, Ca, Mg, P, S, Cl

#### **Vitamins**

A, B, C

#### **Whole Grains**



## Foods (100 gm)

**Bread** (Wholemeal) Pasta Rice

#### **Minerals**

Na, K, Ca, Mg, P, S, Cl K, Mg, P, S, Cl K, P, S

#### **Vitamins**

В

В