


Name	<b>SHAIK ABDUL LATHEEF</b>	Order	PTGOC2500335004	
Age / Sex	31 years / Male	Test Registered	12-Aug-24 / 06:08 PM	
Contact	7095056455	Test Accepted	12-Aug-24 / 10:47 PM	
Collection Centre	INTGHYD95289	Test Reported	13-Aug-24 / 10:55 AM	
Referral Doctor	SELF	Report Status	Final	

**3T MRI - Knee Right**

DEPARTMENT OF RADIOLOGY AND  
IMAGING

**TECHNIQUE :**

T1-T2-PD- Fat sat, GRE- sagittals, PD- Fat sat- coronals and axials.

**FINDINGS:**

**Complex meniscal tear involving posterior horn of medial meniscus.**

**Fluid collection in suprapatellar recess and tibiofemoral joint space.**

Alignment of knee joint is normal.

Femur, tibia and fibula are normal in shape and signal morphology.

Patella appears normal in shape and signal morphology.

Anterior and posterior cruciate ligaments are normal in shape and signal morphology.

Lateral menisci is normal in shape and signal morphology.

Medial and lateral collateral ligaments appear normal.

Soft tissues, muscles and fat planes appear normal.

**IMPRESSION :**

**- Complex meniscal tear involving posterior horn of medial meniscus.**

**- Fluid collection in suprapatellar recess and tibiofemoral joint space.**

*Suggested clinical correlation & follow up.*

\*\*\* END OF THE REPORT \*\*\*



**Dr C Divya**  
Consultant Radiologist

## Feedback and Result Queries

 [wecare@medplusindia.com](mailto:wecare@medplusindia.com)

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 +91 40 6700 6700

## RECOMMENDED LIFESTYLE-DISEASES ASSESSMENT TESTS

Dr. Venkat Nageshwar Goud

MBBS, DMRD

HOD - Radiology & Chief Radiologist



# 1

## ESSENTIAL INSIGHT INTO YOUR BODY COMPOSITION

### BODY FAT ANALYSIS (DEXA)

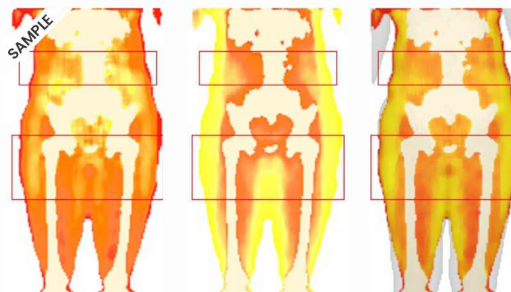
MRP ₹3196

MEDPLUS ADVANTAGE ₹799

Our DEXA machines use very low levels of x-rays to separately measure Fat mass, Lean mass and Bone mass.

With data your Physician or fitness trainer can build a safe weight reduction/ gain program.

The progress of your program can also be measured by regularly monitoring Fat mass, Lean mass and Bone mass.



→ ANDROID

→ GYNOID

11.2  
kgs

FAT MASS

14.9  
kgs

LEAN MASS

0.4  
kgs

BONE MINERAL

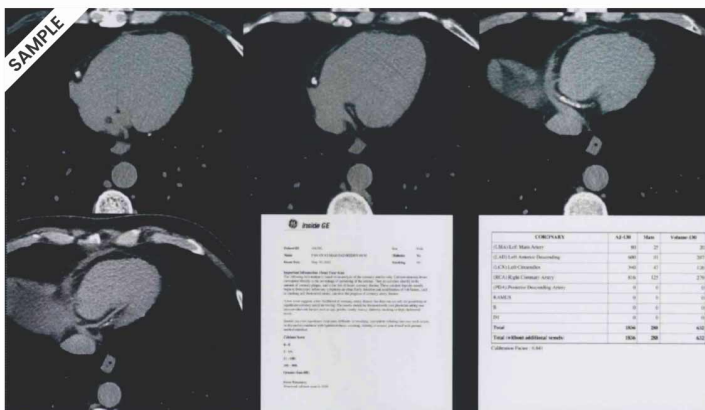
Android refers to the midsection of the torso, in the waist area, under the rib cage

Gynoid refers to the lower torso, in the hip area, down to the top of the thighs

FOR ANDROID AND GYNOID REGIONS

# 2

## BEST VALUE, IF YOU ARE > 40 YEARS



### CT - CARDIAC CALCIUM SCORING

MRP ₹5196

MEDPLUS ADVANTAGE ₹1299

Quick and noninvasive. This scan takes less than 5mins.

The detailed images can help your Physician decide if you need treatment to prevent a heart attack or stroke.

You can return to normal activities right after the test.

At MedPlus you can avail our 128s Cardiac CT (low-radiation) for Calcium Score test.

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## MINERALS & VITAMINS IN COMMON FOODS

### Fruits



#### Foods (100 gm)

Apple  
Banana  
Orange

#### Minerals

K  
K, Mg, P, Cl  
K, Ca, Mg, P

#### Vitamins

A  
B  
A, C

### Vegetables



#### Foods (100 gm)

Cabbage (raw)  
Potato, baked  
Tomato

#### Minerals

K, Ca, Mg, P  
K, Mg, P, Cl, S  
K, Mg, P, S, Cl

#### Vitamins

B, C  
B, C  
A, B, C

### Legumes



#### Foods (100 gm)

Lentils  
Peas

#### Minerals

Na, K, Ca, Mg, P, S  
K, Ca, Mg, P, S, Cl

#### Vitamins

B  
A, B, C

### Whole Grains



#### Foods (100 gm)

Bread (Wholemeal)  
Pasta  
Rice

#### Minerals

Na, K, Ca, Mg, P, S, Cl  
K, Mg, P, S, Cl  
K, P, S

#### Vitamins

B  
-  
B

K: Potassium, P: Phosphorus, Na: Sodium, Ca: Calcium, Mg: Magnesium, S: Sulfur, Cl: Chlorine