


Name	SHAIK ABDUL LATHEEF	Order	PTGOC2500335000	
Age / Sex	31 years / Male	Test Registered	12-Aug-24 / 06:08 PM	
Contact	7095056455	Test Accepted	12-Aug-24 / 08:07 PM	
Collection Centre	INTGHYD95289	Test Reported	13-Aug-24 / 10:15 AM	
Referral Doctor	SELF	Report Status	Final	

3T MRI - Cervical Spine Plain

DEPARTMENT OF RADIOLOGY AND
IMAGING

CLINICAL HISTORY : Neck pain radiating to right upper back.

TECHNIQUE : T1-T2 sagittals, IR coronals, FFE axials.

FINDINGS :

Straightening of cervical spine - Possibly due to Spasm.

Small osteophytes noted in the cervical spine.

Vertebral bodies are otherwise normal in shape and signal morphology.

Posterior neural arch elements appear normal.

Facet joints appear normal.

Degenerative changes in the C5-C6 cervical intervertebral discs in the form of loss of normal T2 bright signal.

Disc protrusion with annular tear at C5-C6 level causing indentation over thecal sac, bilateral neural recess narrowing with bilateral neural compromise.

Disc bulges at C4-C5 and C6-C7 levels with annular tear at C6-C7 level causing indentation over thecal sac, bilateral neural recess narrowing with bilateral neural compromise, more so at C6-C7 level.

Rest of the discs show no significant bulges.

Rest of cervical spinal cord and cervicomedullary junction appear normal.

Cervical spinal canal measurements are otherwise within normal limits.

Pre and para-spinal soft tissues appear normal.


IMPRESSION : MR IMAGE MORPHOLOGY IS IN FAVOUR OF

*** Degenerative changes in the Cervical spine with disc protrusion with annular tear at C5-C6 level causing indentation over thecal sac, bilateral neural recess narrowing with bilateral neural compromise.**

*** Disc bulges at C4-C5 and C6-C7 levels with annular tear at C6-C7 level causing indentation over thecal sac, bilateral neural recess narrowing with bilateral neural compromise, more so at C6-C7 level.**

-Suggested clinical correlation & follow up.

*** END OF THE REPORT ***

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3T MRI - Cervical Spine PlainDEPARTMENT OF RADIOLOGY AND
IMAGING

Dr David Kiran Kanagala
Consultant Radiologist

Feedback and Result Queries

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RECOMMENDED LIFESTYLE-DISEASES ASSESSMENT TESTS

Dr. Venkat Nageshwar Goud

MBBS, DMRD

HOD - Radiology & Chief Radiologist



1

ESSENTIAL INSIGHT INTO YOUR BODY COMPOSITION

BODY FAT ANALYSIS (DEXA)

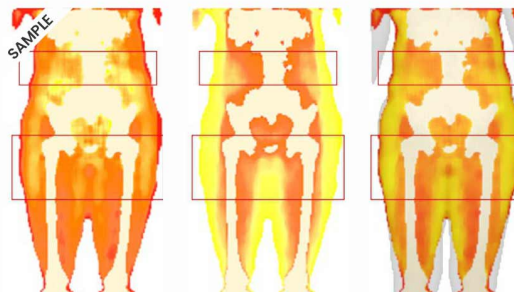
MRP ₹3196

MEDPLUS ADVANTAGE ₹799

Our DEXA machines use very low levels of x-rays to separately measure Fat mass, Lean mass and Bone mass.

With data your Physician or fitness trainer can build a safe weight reduction/ gain program.

The progress of your program can also be measured by regularly monitoring Fat mass, Lean mass and Bone mass.



→ ANDROID

→ GYNOID

11.2
kgs

FAT MASS

14.9
kgs

LEAN MASS

0.4
kgs

BONE MINERAL

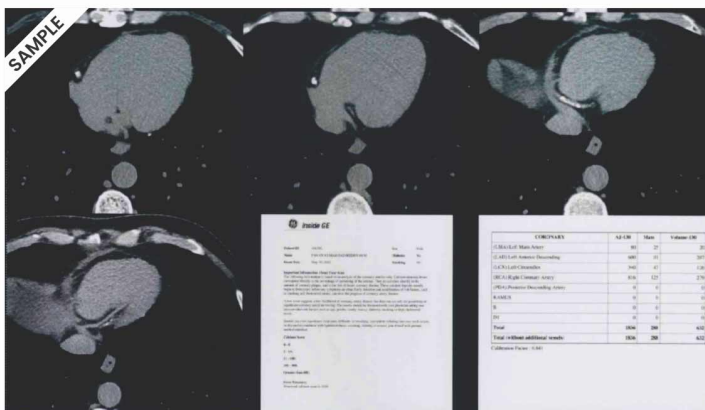
Android refers to the midsection of the torso, in the waist area, under the rib cage

Gynoid refers to the lower torso, in the hip area, down to the top of the thighs

FOR ANDROID AND GYNOID REGIONS

2

BEST VALUE, IF YOU ARE > 40 YEARS



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MINERALS & VITAMINS IN COMMON FOODS

Fruits



Foods (100 gm)

Apple
Banana
Orange

Minerals

K
K, Mg, P, Cl
K, Ca, Mg, P

Vitamins

A
B
A, C

Vegetables



Foods (100 gm)

Cabbage (raw)
Potato, baked
Tomato

Minerals

K, Ca, Mg, P
K, Mg, P, Cl, S
K, Mg, P, S, Cl

Vitamins

B, C
B, C
A, B, C

Legumes



Foods (100 gm)

Lentils
Peas

Minerals

Na, K, Ca, Mg, P, S
K, Ca, Mg, P, S, Cl

Vitamins

B
A, B, C

Whole Grains



Foods (100 gm)

Bread (Wholemeal)
Pasta
Rice

Minerals

Na, K, Ca, Mg, P, S, Cl
K, Mg, P, S, Cl
K, P, S

Vitamins

B
-
B

K: Potassium, P: Phosphorus, Na: Sodium, Ca: Calcium, Mg: Magnesium, S: Sulfur, Cl: Chlorine