# Intrusion detection and prevention systems (IDS/IPS) for OS protection with Machine Learning and Network segmentation

Lathigaa M, Konne Madhavi Reg No: 12223482, Section: K22SB, Roll.No: 69 Lovely Professional University, Jalandhar(Punjab), INDIA, (lathigaamurugan14@gmail.com)

## **ABSTRACT:**

Operating systems (OS) are essential for computing tasks across devices, from personal to enterprise-level servers. However, rising cyber threats challenge OS security. Intrusion Detection and Prevention Systems (IDS/IPS) are vital for safeguarding OS against attacks.

This paper reviews IDS/IPS technologies for OS protection. It examines modern cyber threats to OS, like malware and exploits, and explains how IDS/IPS detect and mitigate intrusions in real-time. Different IDS/IPS approaches, including signature-based and anomaly-based methods, are evaluated for their effectiveness in addressing evolving threats.

The paper also discusses integrating IDS/IPS with other security tools like firewalls and antivirus software for a layered defense. Challenges in deploying and managing IDS/IPS in diverse OS environments are explored.

Through comparative analysis, this paper identifies best practices and emerging trends in OS protection. It suggests future research areas, such as leveraging machine learning for enhanced intrusion detection.

In conclusion, this research enhances understanding of IDS/IPS technologies' role in bolstering OS security, offering insights for cybersecurity practitioners, researchers, and policymakers tackling evolving cyber threats.

#### INTRODUCTION

In today's interconnected world, where digital connectivity permeates every aspect of our lives, operating systems (OS) stand as the cornerstone of modern computing infrastructure. They facilitate an extensive array of tasks, from individual computing endeavors to large-scale enterprise

operations. However, this widespread usage also renders operating systems highly susceptible to a diverse range of cyber threats, spanning from basic malware to highly sophisticated, targeted attacks. As a result, safeguarding these foundational platforms has become an urgent concern for individuals, organizations, and society as a whole.

The challenge of securing operating systems is intricate and constantly evolving. While traditional defense mechanisms like firewalls and antivirus software remain crucial, they are no longer adequate to counter the increasingly sophisticated tactics employed by cyber adversaries. As attackers exploit vulnerabilities within operating systems to breach networks, steal sensitive data, or disrupt critical services, the necessity for proactive and adaptive security measures has never been more pressing.

In response to this dynamic threat landscape, Intrusion Detection and Prevention Systems (IDS/IPS) have emerged as indispensable components of contemporary cybersecurity strategies. These systems are specifically designed to monitor network traffic, scrutinize system events, and identify anomalous behavior indicative of potential intrusions. By doing so, IDS/IPS play a pivotal role in fortifying operating systems against a wide spectrum of cyber threats.

The incorporation of IDS/IPS technology into operating system security architectures marks a paradigm shift in defensive capabilities. It enables real-time threat detection and proactive response mechanisms, thus enhancing the overall resilience of operating systems against both known and unknown threats.

Through the utilization of signature-based detection, anomaly detection, and behavioral analysis techniques, IDS/IPS solutions offer a multifaceted defense approach that complements

traditional security measures.

Despite their significance, the deployment and management of IDS/IPS solutions present their own set of challenges. Issues such as false positives, resource overhead, and the complexity of managing large-scale deployments can hinder the effectiveness of these systems if not addressed comprehensively. Moreover, as cyber threats continue to evolve in sophistication, the efficacy of IDS/IPS solutions must evolve in tandem to ensure continued relevance and effectiveness.

In light of these considerations, this paper aims to provide a thorough review and analysis of IDS/IPS technologies within the context of operating system protection. By examining the fundamental principles. methodologies, and deployment considerations associated with IDS/IPS solutions, this research endeavors to shed light on their role in enhancing the security posture of operating systems. Through a critical evaluation of existing approaches, challenges, and emerging trends, this paper seeks to contribute to the body of knowledge surrounding OS security and inform future research directions in this critical domain.

#### LITERATURE REVIEW:

1.A Critical Review of Intrusion Detection Systems in the Internet of Things: Techniques, Deployment Strategy, Validation Strategy, Attacks, Public Datasets and Challenges

Year: 2021

Authors: Rayen Boudjit, et al.

Title: A Critical Review of Intrusion Detection Systems in the Internet of Things: Techniques, Deployment Strategy, Validation Strategy, Attacks, Public Datasets and Challenges

Objective: This survey paper explores IDS techniques specifically designed for the Internet of Things (IoT) environment. It analyzes detection methods, deployment strategies, and challenges in securing IoT devices.

Limitations: The paper focuses on IoT-specific IDS and may not directly translate to traditional OS protection.

2.Lightweight Deep Learning-Based Intrusion Detection System for Android OS

Year: 2020

Authors: Amin Mehdi Amin et al.

Title: Lightweight Deep Learning-Based Intrusion

**Detection System for Android OS** 

Objective: This paper proposes a lightweight deep learning model for anomaly-based intrusion detection on Android OS. It aims to balance accuracy with resource efficiency on mobile devices.

Limitations: The research focuses on a specific OS (Android) and may not be directly applicable to other operating systems. Additionally, the effectiveness of the deep learning model against novel attacks needs further evaluation.

**3.** A Novel Hybrid Intrusion Detection System for Cloud Environments Using Machine Learning.

Year: 2019

Authors: Priya Dhuria and Mukesh Tiwari Title: A Novel Hybrid Intrusion Detection System for Cloud Environments Using Machine Learning Objective: This research proposes a hybrid IDS for cloud environments that combines signature-based and machine learning techniques. It aims to improve accuracy and adaptability to evolving threats in the cloud.

Limitations: The paper doesn't delve into specific limitations of the proposed system. Further research is needed to assess its performance against diverse attack scenarios.

**4.** Efficient and Comprehensive Network Intrusion Detection Using a Novel Hybrid Machine Learning Approach

Year: 2018

Authors: Naomie Salim et al.

Title: Efficient and Comprehensive Network Intrusion Detection Using a Novel Hybrid Machine Learning Approach

Objective: This paper introduces a hybrid machine learning approach for network intrusion detection. It combines Support Vector Machines (SVM) and Artificial Neural Networks (ANN) for improved accuracy and efficiency.

Limitations: The research may not explore limitations of the chosen machine learning algorithms in detail. Further studies could analyze the system's performance against complex attacks.

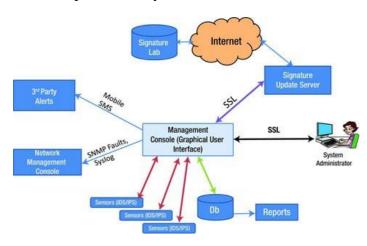
## **METHODOLOGY**

An intrusion detection system (IDS) monitors network traffic, keeps an eye out for odd behavior, and notifies users when it's detected. While anomaly detection and reporting are an intrusion detection system's primary responsibilities, certain intrusion detection systems have the ability to respond to the discovery of hostile activity or anomalous traffic. There are five different types of intrusion detection systems:

- Network Intrusion Detection System (NIDS)
- Host Intrusion Detection System (HIDS)
- Protocol-based Intrusion Detection System (PIDS)

- Application Protocol-based Intrusion Detection System
- Hybrid Intrusion Detection System

The term "intrusion detection and prevention system" is another name for the intrusion prevention system. It is a network security tool that keeps an eye out for potentially harmful activity on networks or systems. The identification of malicious behavior, the gathering of information about it, reporting of it, and attempts to block or stop it are the main duties of intrusion prevention systems.



The approach used for this is intrusion detection with machine learning and network segmentation. This is done by combination of

- Network Segmentation,
- Machine Learning-based IDS,
- Centralized Management and Threat Intelligence,
- Adaptive Segmentation

which are explained in detail below.

# Network segmentation:

Network segmentation is a security practice that involves dividing a computer network. The term "intrusion detection and prevention system" is another name for the intrusion prevention system. It is a network security tool that keeps an eye out for potentially harmful activity on networks or systems. The identification of malicious behavior, the gathering of information about it, reporting of it, and attempts to block or stop it are the main duties of intrusion prevention systems.

Or into smaller, isolated subnetworks. This compartmentalization helps to improve security, performance, and manageability of the network. Here's a breakdown of key aspects of network

segmentation:

#### Benefits:

# -Enhanced Security:

Network segmentation limits the potential damage caused by a security breach. If an attacker gains access to one segment, they are typically restricted from accessing other segments that contain critical resources.

#### -Improved Performance:

Dividing the network into smaller segments reduces overall traffic congestion. This can lead to faster network speeds and better application performance for authorized users.

## -Simplified Network Management:

Network segmentation allows for easier management and administration of network resources. You can apply specific security policies and controls to each segment based on its needs.

# -Compliance:

Network segmentation can be vital for complying with industry regulations or data privacy standards. By isolating sensitive data in specific segments, you can demonstrate control and minimize the risk of unauthorized access.

Implementation Strategies:

#### -Firewalls:

Firewalls are network devices that control and filter traffic flow between segments. You can configure firewalls to allow only authorized traffic between specific segments, further restricting unauthorized access.

## -VLANs (Virtual LANs):

VLANs are logical subnetworks created within a single physical network. They allow you to segment traffic based on function, department, or security level without requiring additional physical hardware.

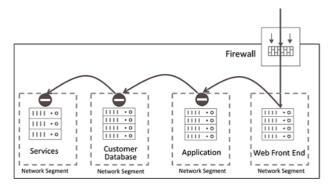
# Network segmentation Internet Internet Guest WiFi General Network PCI IoT Network Network

## -VPNs (Virtual Private Networks):

VPNs can be used to create secure tunnels between different network segments, even if they are geographically dispersed.

## -DMZs (Demilitarized Zones):

DMZs are isolated network segments that can be used to host public-facing servers like web servers or email servers. This provides an extra layer of security between the public internet and your internal network.



Network segmentation is a powerful security strategy that can significantly enhance the protection of your operating systems within the network. By isolating critical resources and controlling traffic flow, you can create a more secure and manageable network environment.

Machine learning (ML) has become a powerful tool in Intrusion Detection Systems (IDS) for operating system (OS) protection. Here's a breakdown of how ML is integrated into IDS and its advantages:

## Techniques:

# -Supervised Learning:

This is the most common approach for anomaly and signature-based detection.

#### -Anomaly Detection:

Trains an ML model on labeled data containing normal system activity. Deviations from these established baselines are flagged as potential intrusions. Common algorithms include Support ---Vector Machines (SVMs) and Isolation Forests.

Signature-based Detection:

Trains models to identify specific patterns associated with known attacks. This approach is effective against known threats but can miss zeroday attacks. Common algorithms include Neural Networks and Decision Trees.

#### **Unsupervised Learning:**

This technique can be used to identify anomalies in network traffic or system behavior without prelabeled data. Clustering algorithms can group similar activities, and outliers might indicate potential intrusions.

#### Advantages:

#### -Improved Detection Rates:

ML models can learn complex patterns in data, enabling them to identify subtle anomalies that might be missed by traditional signature-based methods.

#### -Adaptability:

ML models can continuously learn and adapt to evolving attack patterns. As new attack data becomes available, the models can be retrained to improve detection accuracy.

# -Zero-day Attack Detection:

Anomaly detection techniques can identify previously unknown attack patterns, offering some protection against zero-day attacks.

# Automated Analysis:

ML models can automate the analysis of large volumes of network traffic and system logs, reducing the burden on security personnel.

ML-based IDS can be integrated with traditional signature-based IDS to create a more robust defense system. This layered approach combines the strengths of both methods:

Signature-based IDS offers fast and reliable detection for known threats.

ML-based IDS provides advanced anomaly detection capabilities to identify novel attacks.

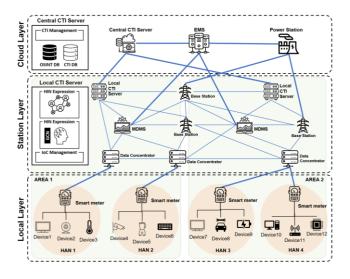
By leveraging machine learning, IDS can become more intelligent, adaptable, and effective in protecting operating systems from a wider range of threats.

#### Centralized management and threat intelligence:

In the context of enhancing OS security through IDS/IPS, centralized management and threat intelligence play a crucial role in streamlining operations, improving decision-making, overall strengthening defenses. Here's breakdown of these concepts:

## **Centralized Management:**

-Function: Establishes a central hub for managing and monitoring multiple IDS/IPS deployments across your network infrastructure.



#### Benefits:

## -Simplified Configuration and Updates:

Allows for centralized configuration of IDS/IPS settings and policies across all systems. Security updates and rule deployments can be pushed out from a single point, ensuring consistency and minimizing configuration errors.

# -Real-time Visibility:

Provides a comprehensive view of security events and alerts generated by all IDS/IPS instances. This centralized view enables security personnel to identify potential threats and correlate events across different network segments.

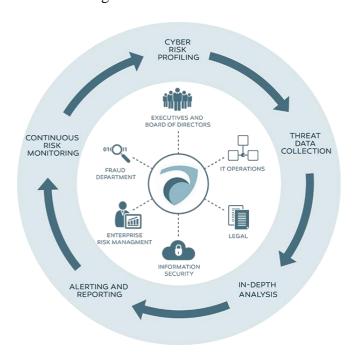
# -Improved Efficiency:

Streamlines troubleshooting and incident response by offering centralized access to logs, alerts, and security data from all IDS/IPS systems.

#### -Scalability:

Makes it easier to manage and scale your security infrastructure as your network grows.

## Threat Intelligence:



Function: Involves the collection, analysis, and

dissemination of information about potential and existing security threats.

#### **Benefits:**

# -Enhanced Detection Capabilities:

Utilizing threat intelligence feeds can help IDS/IPS systems identify and block malicious traffic patterns associated with known threats.

#### -Proactive Defense:

Understanding attacker tactics and trends allows for proactive security measures to be implemented, potentially preventing attacks before they occur.

# -Improved Incident Response:

Threat intelligence can inform decision-making during security incidents, enabling faster and more effective response actions.

# -Prioritization and Automation:

Threat intelligence can be used to prioritize security alerts based on their severity and potential impact. This allows for automation of certain responses to known threats, freeing up security personnel to focus on more complex investigations.

## Integration:

Centralized management systems often integrate with threat intelligence platforms, enabling them to:

#### -Automate Rule Updates:

Threat intelligence feeds can be used to automatically update IDS/IPS rules with signatures for newly identified threats.

## -Contextualize Alerts:

Threat intelligence data can enrich security alerts generated by IDS/IPS, providing additional context about the potential threat and its source.

## -Identify Emerging Threats:

Centralized analysis of data from multiple IDS/IPS instances and threat intelligence sources can help identify emerging threats and global attack trends. Overall, centralized management and threat intelligence are critical components for a robust security posture. By using a centralized platform to manage and analyze data from your IDS/IPS systems, coupled with insights from threat intelligence, you can gain a comprehensive view of your security landscape, effectively prioritize threats, and proactively counter evolving cyberattacks, ultimately enhancing the security of your operating systems.

# Adaptive segmentation:

Adaptive segmentation is an advanced security technique that dynamically adjusts network segmentation based on real-time security threats and network activity. It builds upon traditional

static segmentation by adding a layer of flexibility to respond to evolving risks.

In traditional network segmentation, the network is divided into fixed subnetworks based on security needs.

Adaptive segmentation takes this a step further. It utilizes network monitoring tools like IDS/IPS and threat intelligence feeds to continuously assess the security posture of each segment.

Based on this real-time analysis, the segmentation can be dynamically adjusted to isolate threats and minimize potential damage.

This combined approach goes beyond simply layering network segmentation and machine learning-based intrusion detection. It creates a synergistic defense strategy that empowers you to proactively combat evolving threats and minimize the risk to your operating systems. Let's delve deeper into the benefits mentioned earlier:

#### **Enhanced Detection:**

# Granular Anomaly Detection:

Machine learning models trained on segment-specific data can identify subtle deviations from normal traffic patterns within each segment. This is particularly valuable for detecting attacks targeting specific applications or systems within a segment. Traditional, centrally-managed IDS might miss these nuances due to the broader range of traffic it needs to analyze.

Adaptability with Supervised Learning: Supervised learning techniques like anomaly detection can be used to train models on labeled data containing both normal and malicious activities within a segment. This allows the models to adapt to new attack patterns and identify previously unseen anomalies. This is crucial for zero-day attacks catching that exploit vulnerabilities not yet known to traditional signature-based detection methods.

Unsupervised Learning for Unseen Threats: Unsupervised learning techniques can be employed to analyze network traffic and system behavior within a segment without pre-labeled data. By identifying clusters of similar activity patterns and highlighting outliers, these models can potentially uncover anomalies indicative of novel attacks.



# Reduced Attack Impact:

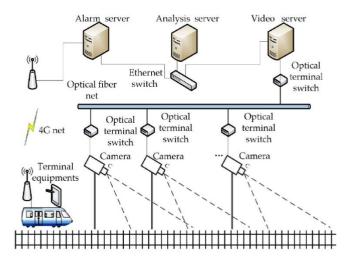
# -Limiting Lateral Movement:

Network segmentation creates isolated security zones. Even if an attacker breaches a segment and gains access to a system, they'll encounter additional hurdles to move laterally across the network and reach critical resources in other segments. This compartmentalization significantly reduces the potential damage an attack can inflict. -Micro-segmentation:

This approach can be further enhanced by implementing micro-segmentation within segments. Micro-segmentation creates even smaller, more granular security zones, further restricting an attacker's ability to move laterally and access sensitive data.

## Improved Threat Intelligence:

-Centralized View and Correlation: The central management system acts as a central hub for collecting data from all IDS instances across different segments. This allows security teams to analyze security events and alerts from a holistic perspective. By correlating events across segments, they can identify:



#### Coordinated Attacks:

These attacks often involve simultaneous attempts to breach multiple segments or systems. Observing correlated events from different segments can reveal the bigger picture and allow for a more coordinated defensive response.

-Attacker TTPs:

Analyzing trends and patterns across segments can provide valuable insights into the attacker's Tactics, Techniques, and Procedures (TTPs). This knowledge can be used to improve future threat hunting efforts and identify early indicators of compromise (IOCs).

-Threat Hunting Efficiency:

The centralized view and threat intelligence gathered can empower security analysts to proactively hunt for threats within the network. By correlating events and identifying suspicious activity patterns, analysts can identify potential intrusions before they escalate into major incidents.

#### Dynamic Defense:

-Adaptive Segmentation with Automation:

The central management system can leverage realtime threat intelligence to dynamically adjust network segmentation through automation. For example, if an anomaly is detected within a segment, the system can automatically:

- -Isolate the infected segment: This prevents the threat from spreading to other parts of the network and minimizes its potential impact.
- -Micro-isolate specific devices: If the threat is contained within a single system or application, the system can further isolate that specific device within the segment, minimizing disruption to other systems within the segment.

Additional Considerations:

- -Alert Fatigue Reduction: By having segmentspecific models, the number of false positives can be reduced. This lowers alert fatigue for security personnel, allowing them to focus on legitimate threats.
- -Improved Incident Response: The detailed information gathered from centralized analysis and adaptive segmentation can significantly improve incident response efficiency. Security teams can pinpoint the specific location of the attack and take targeted actions to mitigate the damage.

By combining the strengths of network segmentation and machine learning-based intrusion detection, this approach offers a comprehensive and adaptable security strategy that significantly enhances the protection of your operating systems within the network.

#### **Conclusion:**

By combining the strengths of network segmentation and machine learning-based intrusion detection, this approach offers a comprehensive and adaptable security strategy that significantly enhances the protection of your operating systems within the network. It empowers you to proactively combat evolving threats, minimize attack impact, and streamline your security posture.

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This research paper explored the potential of a combined approach to intrusion detection, leveraging both machine learning and network segmentation. We examined the individual strengths of each method and how they can be synergistically combined to create a robust and adaptable security strategy.

Machine learning-based intrusion detection offers enhanced detection capabilities through anomaly detection and adaptation to evolving threats. Segment-specific models can identify subtle deviations from normal traffic patterns, improving the ability to detect targeted attacks and zero-day exploits.

Network segmentation significantly reduces the potential impact of intrusions by limiting lateral movement within the network. Even if an attacker breaches a segment, they face additional hurdles to reach critical resources in other isolated segments. Micro-segmentation further strengthens this defense by creating even smaller security zones.

Centralized management and threat intelligence play a crucial role in this approach. By collecting data from all IDS instances across segments, security teams gain a holistic view of security events. This enables them to identify coordinated attacks, analyze attacker TTPs, and improve threat hunting efficiency.

Dynamic segmentation, facilitated by automation, allows for real-time adjustments based on threat intelligence. This proactive approach can automatically isolate infected segments or specific devices, minimizing the spread of threats.

## **Future scope:**

This research paper has illuminated the significant potential of a combined approach to intrusion detection, leveraging both machine learning and network segmentation. However, the security landscape is constantly evolving, demanding continuous innovation and exploration. Here are some captivating avenues for future research:

Delving Deeper into Machine Learning Techniques: While this research explored the effectiveness of supervised learning for anomaly detection, future studies can delve into the potential of unsupervised and reinforcement learning in this context. Unsupervised learning algorithms can analyze network traffic patterns within segments without pre-labeled data, potentially uncovering anomalies indicative of novel attacks. Reinforcement learning could be used to train models that dynamically adjust their detection thresholds based on real-time network behavior and threat intelligence.

Integration with Threat Sharing Platforms: The central management system serves as a powerful tool for gleaning threat intelligence from within the network. However, the security landscape extends beyond the confines of your organization. Future research can explore methods for integrating threat intelligence from external sources such as threat sharing platforms (ISPs, security vendors) into the central management system. This broader threat picture can empower security teams to identify emerging threats and adjust their defenses accordingly.

Automated Incident Response Workflows: This research highlighted the potential for automated threat response based on pre-defined rules. Future research can delve deeper into developing more sophisticated automated response workflows. These workflows could leverage machine learning and threat intelligence to take targeted actions in real-time, such as:

Dynamically adjusting network segmentation based on the severity and location of the threat.

Deploying deception technologies to mislead

attackers and disrupt their operations.

Initiating sandboxing of suspicious files or applications to analyze their behavior in a controlled environment.

Scalability and Performance Optimization: As network complexity increases, so too does the challenge of managing a large number of IDS instances and the central management system. Future research can explore methods for scaling this approach to accommodate larger and more intricate network environments. This could involve investigating distributed processing techniques and optimizing machine learning algorithms for performance and efficiency.

Human-in-the-Loop Security: While automation plays a crucial role in modern security strategies, human expertise remains irreplaceable. Future research can explore methods for integrating human oversight and decision-making into this approach. This could involve developing intuitive interfaces for security analysts to interact with the central management system, allowing them to review flagged events, refine machine learning models, and make informed decisions regarding security posture.

By actively exploring these avenues for future research, we can continue to refine and strengthen the combined approach of machine learning-powered network segmentation and intrusion detection. This will create a more dynamic, adaptable, and intelligent security posture, enabling organizations to stay ahead of the ever-evolving threat landscape and safeguard their critical systems from intrusion.

#### Reference links:

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- c.)https://cybersecurity.springeropen.com/articles/10.1186/s42400-019-0038-7
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