

North Menu: Veg (Menu B & D) Without Onion and Garlic							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Brown & White Bread, Bucter, Tea, Coffee and Milk, Sugar						
	Pineapple Jam Millet sprouts Cornflakes Poha Sev Tamarind Chutney	Pineapple Jam Green Gram Sprouts Oats Luchi Aloo Dum	Pineapple Jam Boiled black chana Cornflakes Rice Idli + Medu Vada without onion (2 Pcs) Mix veg Sambar Coconut chutney	Mixed Fruit Jam Boiled Green Gram Oats Macaroni [B] / Maggi[D] Sauce	Mixed Fruit Jam Chole Green Gram Chocos Plain-Utthappam Coconut-Chutney Mix Veg Sambhar	Mango jam Boiled chole Oats Poori Aloo masala	Mango / Orange jam Boiled Green gram Chocos Aloo paratha *Gobi paratha Green chutney Curd
	Salt, Sugar, Papad/ Fryums & Salad (any two of the Cucumber, Tomato, Beetroot, Radish, Carrot), green chilli						
LUNCH	Rice Roti Dal fry Jeera Aloo * Sev Tamatar Kadi Pakoda Buttermilk	Rice Roti Dal (Masoor) Mix Veg curry Aloo saag sabji Fried green chilli Curd	Rice Roti Dal (Rajma) Cabbage Peas dry Aloo Parwal (seasonal) curry *Soya Beans Curry Sweet Lassi	Rice Roti Dal (Urad) Mushroom Peas Aloo masala *Peas Masala Tindly Fry Curd	Rice Roti Chana dal Chilli Panner Semi-dry Kadai Mix Veg Curry Curd	Moong Dal vegetable Khichdi  Roti Green leaf sabji Aloo Gobhi curry *Chow Chow curry Fried green chilli Curd	Mixed Veg Biryani Roti Raita Kadai Paneer Onion *Tomato + Lemon Salad Gulab Jamun(B) / Double Ka Meetha(D)
SNACKS	Tea, Coffee & Milk						
	Biscuit Packet [B] Fruit Cake/ Masala Bhel [D]	Veg cutlet - 2 no [B] Chill Bajji with sauce [D]	Masala boiled Chana [B] French Fries with tomato sauce [D]	Veg Puff/ Bread Pakoda [B] Dahi vada [D]	Sev puri [B] Onion pakoda [D]	Samosa - 1 no [B] Dahi Papdi chaat [D]	Banana Cake/Rusk (4 Pcs) [B] Sundal [D]
DINNER	Buttermilk/Lemon Juice, Papad/ Fryums & Salad (any two of the Cucumber, Tomato, Beetroot, Radish, Carrot), cut onion, mirchi, lemon						
	Rice Roti Channa dal Bangara baigan Dry * Raw Banana dry Rice Kheer	Fried rice Roti Toor dal Vegetable Manchurian Buttermilk Papaya frui	Rice Roti Masoor Dal Shahi Paneer Lemon Juice Seasonal Fruit	Jeera Rice Phulka Aloo Beans dry *Beans dry Chole Curry Fruit Custard	Rice Roti Tomato Dal Kala channa masala curry Water Melon fruit Buttermilk	Rice Roti Dal Makhani Lauki chana sabji (B) / Rad Pumpkin Sabji (D) Banana fruit	Rice Dal fry Puri Chana Masala Seasonal Fruit
		* Items without Onion and Garlic					