

North Menu: Veg (Week A and C)							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	White & Brown Bread, Butter, Tea, Coffee and Milk, Sugar						
	Mango Jam Boiled Chole Omelette/Oats Poha Tamarind Chutney	Mixed fruit jam Boiled green gram Boiled egg/chocos Kachori Imli chutney Aloo sabji	Mango jam Boiled Black Chana Fried egg/Oats Pav Bhaji Pav bhaji masala	Mango jam Green gram sprouts Boiled Egg/Cornflakes Moong dal chilla Tomato+Onion Chutney	Mixed Fruit Jam Millet sprouts Fried Egg/ Oats Semiya Khichdi Coconut Chutney	Pineapple Jam Boiled Peanut Boiled Egg/ Chocos Aloo Paratha Plain curd Green chutney	Mango jam Boiled Mixed sprouts Boiled Egg/Oats Onion Dosa (A)/Plain Dosa (C) Mix veg Sambar Onion Tomato Chutney
LUNCH	Salt, Papad/Fryums & Salad (any of two of Cucumber, Tomato, Beetroot, Radish, Carrot)						
	Rice Chapati Dal Makhani Gobi Capsicum Masala Dry Chole Curry dry Curd	Rice Phulka Dal (Masoor) Bhindi Aloo Bhujia Red Pumpkin Chana Masala Curd	Rice Phulka Dal (Rajma) Carrot Peas foogath Aloo Baingan Tamatar masala Sweet Lassi	Rice Phulka Dal (Toor) Cabbage peas sabji (dry) Lauki Chana Dal (curry) Fried chilli curd	Rice Phulka Dal (Chana) Karela fry Aloo matar (gravy) curd	Rice Green Methi Paratha Mixed Dal Tadka Aloo 65 Ridge gourd chana masala curd	Veg Hyderabad Biryani Phulka Dal (Toor Dal) Raita Onion + Lemon salad Paneer Butter Masala Pineapple Kesari (A)/ Sahi Tukda (C )
SNACKS	Tea, Coffee & Milk						
	Masala corn & Lemon [A] Sambar +vada [C]	Mysore Bonda with Coconut Chutney [A] Punugulu with kara chutney[C]	Rusk (4 pieces) [A] / biscuit packet [C]	Bhel puri [A] & [C]	Butter salted Popcorn [A] Banana bajji [C]	Bread pakora with sauce [A] Aloo Bonda with sauce - 2 pieces [C]	Chana chaat [A] Crispy soya chunks [C]
DINNER	Salt + Onion slices of Chilli, Papad/ Fryums, Salad (any two of the Cucumber, Tomato, Beetroot, Radish, Carrot)						
	Rice Phulka Chana dal Malai Kofta/ Raw banana kofta Boondi	Veg Fried Rice Chapathi Toor dal Veg Manchurian Water Melon fruit Buttermilk	Rice Phulka Masoor Dal Paneer Tikka Masala Seasonal fruit Lemon Juice	Jeera Rice Methi Puri Dal Tadka Black Chana Curry Sabudhana Kheer	Rice Chapathi Fried Dal Soya chunk curry Muskmelon Buttermilk	Rice Phulka Masoor Dal Tawa mix veg sabzi Banana fruit Milk + Boost	Rice Moong Dal Chole bhature Seasonal Fruit Lemon Juice