

North Menu: Veg (Menu A & C) without Onion and Garlic							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>Brown &amp; White Bread, Butter, Tea, Coffee, and Milk, Sugar</b>						
	Mango jam Boiled Chole Oats Poha Tamarind Chutney	Mixed fruit jam Boiled green gram Fried egg/chocos Kachori Imli chutney Aloo sabji	Mango jam Boiled Black Chana Oats Pav Bhaji Pav bhaji masala	Mango jam Green gram Sprouts Oats Moong Dal Chilla Tomato + Onion Tomato Chutney	Mix fruit Jam Millet sprouts Cornflakes Semiya Khichdi Coconut Chutney	Pineapple Jam Boiled green Gram Chocos Aloo paratha *Cabbage Paratha Curd Green Chutney	Mango jam Chole / Green Gram sprouts Oats Plain Dosa Aloo masala Mix veg Sambhar Coconut Chutney
	<b>Plain Rice, Salt, Sugar, Papad/ Fryums &amp; Salad (any two of the Cucumber, Tomato, Beetroot, Radish, Carrot), green chilli</b>						
<b>LUNCH</b>	Rice Chapati Dal Makhani Aloo Gobi Capsicum dry Chole Curry curd	Rice Phulka Dal (Masoor) Bhindi Aloo Bhujia Red Pumpkin Chana Masala * Tori Ki Sabzi (Sponge gourd) curd	Rice Phulka Dal (Rajma) Carrot Peas foogath *peas Masala Aloo Baigan Tamatar masala *Sev Tamatar Detox water Sweet Lassi	Rice Phulka Dal (Toor) Aloo Karela(dry) Lauki Chana Dal (Semi-fry) curd	Rice roti Dal (Chana) Cabbage Peas dry Mix veg Curry fried green Chilli curd	Rice Green Methi Paratha Mixed Dal Tadka Jeera Aloo *Tindly Fry Ridge gourd masala curd	Veg Hyderabad Biryani Roti Onion / Cucumber raita Paneer Butter Masala Pineapple Kesari {A}/ Sahi Tukda (C)
<b>SNACKS</b>	<b>Tea, Coffee &amp; Milk</b>						
	Masala corn & Lemon [A] Sambar+vada [C]	Mysore Bonda with Coconut Chutney [A] Punugulu with kara chutney[C]	Rusk (4 pieces) [A] / biscuit packet [C]	Bhel puri [A] & [C]	Butter salted Popcorn [A]/Banana bajji(1 piece) [C]	Bread pakora with sauce - 1 piece [A] Aloo Bonda with sauce - 2 pieces [C]	Chana chaat [A]/ Crispy soya chunks [C]
<b>DINNER</b>	<b>Buttermilk/Lemon Juice, Papad/ Fryums &amp; Salad (any two of the Cucumber, Tomato, Beetroot, Radish, Carrot), cut onion, mirchi, lemon</b>						
	Rice Phulka Chana dal Malai Kofta/Raw banana kofta Boondi	Veg Fried Rice Roti Toor dal Veg Manchurian Water Melon fruit Buttermilk	Ghee rice Roti Masoor Dal Kadai Paneer Seasonal Fruit (Papaya, Orange, etc.) Lemon Juice	Peas Pulao Methi Puri Dal Tadka Black Chana Curry Sabudhana Kheer	Rice Chapati Fried Dal Soya Chunk curry Musk melon fruit Buttermilk	Rice Roti Masoor Dal Tawa mix veg sabzi Banana fruit Milk + Boost	Rice Chole Bhature Dal (Moong) Seasonal Fruit Lemon Juice
		<b>* Items without Onion and Garlic</b>					