

# Why Plants Need Zinc ?



Ismail Cakmak

Sabanci University, Istanbul



# Zinc Deficiency: a Global Micronutrient Deficiency in Human Populations



**2 BILLION**

People worldwide who don't get enough zinc

**1.5 MILLION**

Children who die each year from diarrhea

**800,000**

People at risk of dying each year from zinc deficiency

**450,000**

Children at risk of dying every year due to zinc deficiency

Source: A. Green: <http://www.zinc.org/crops>

# Zinc Deficiency: a global soil micronutrient deficiency. Around 1/3 of soils are deficient in available Zn

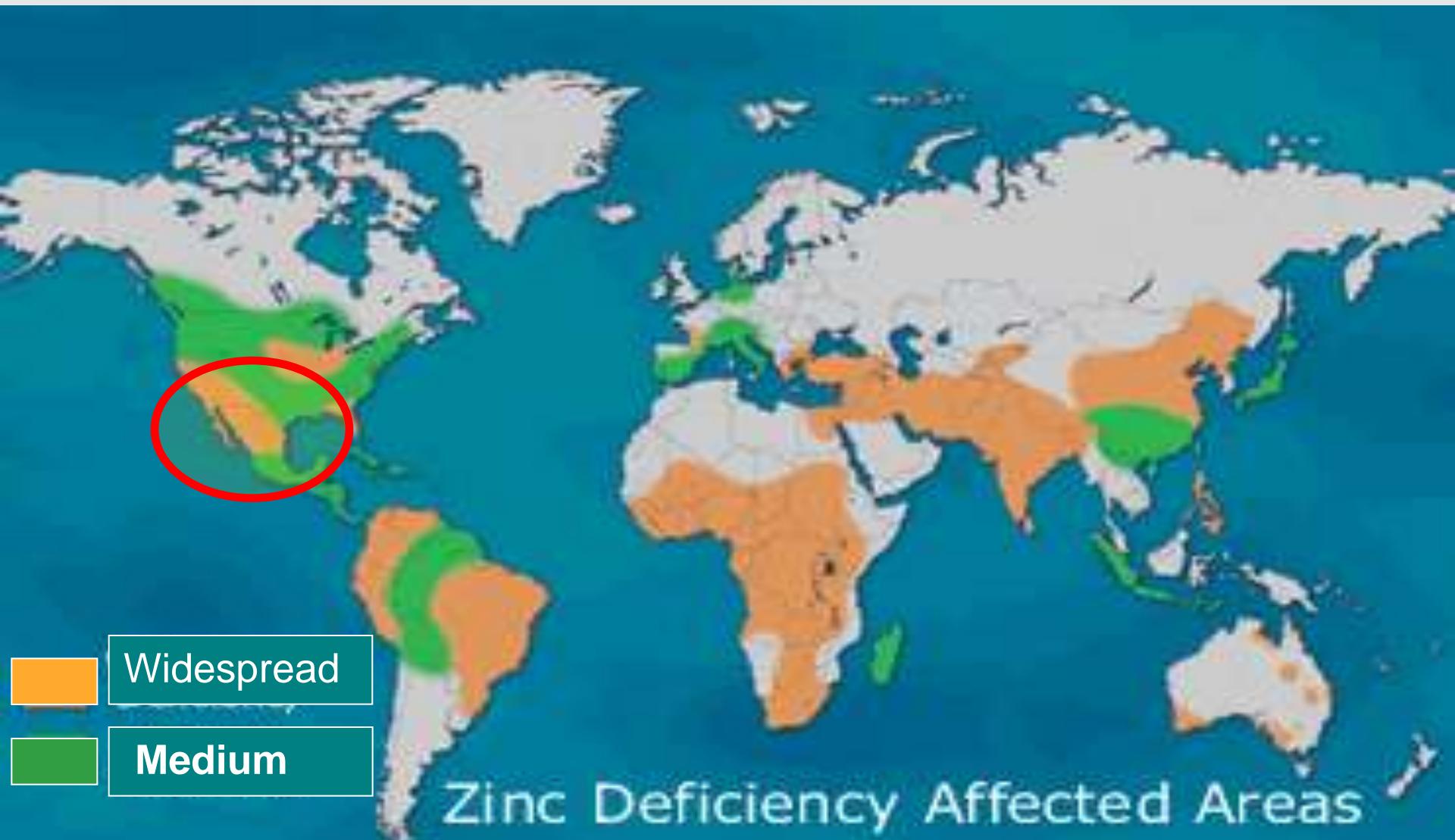


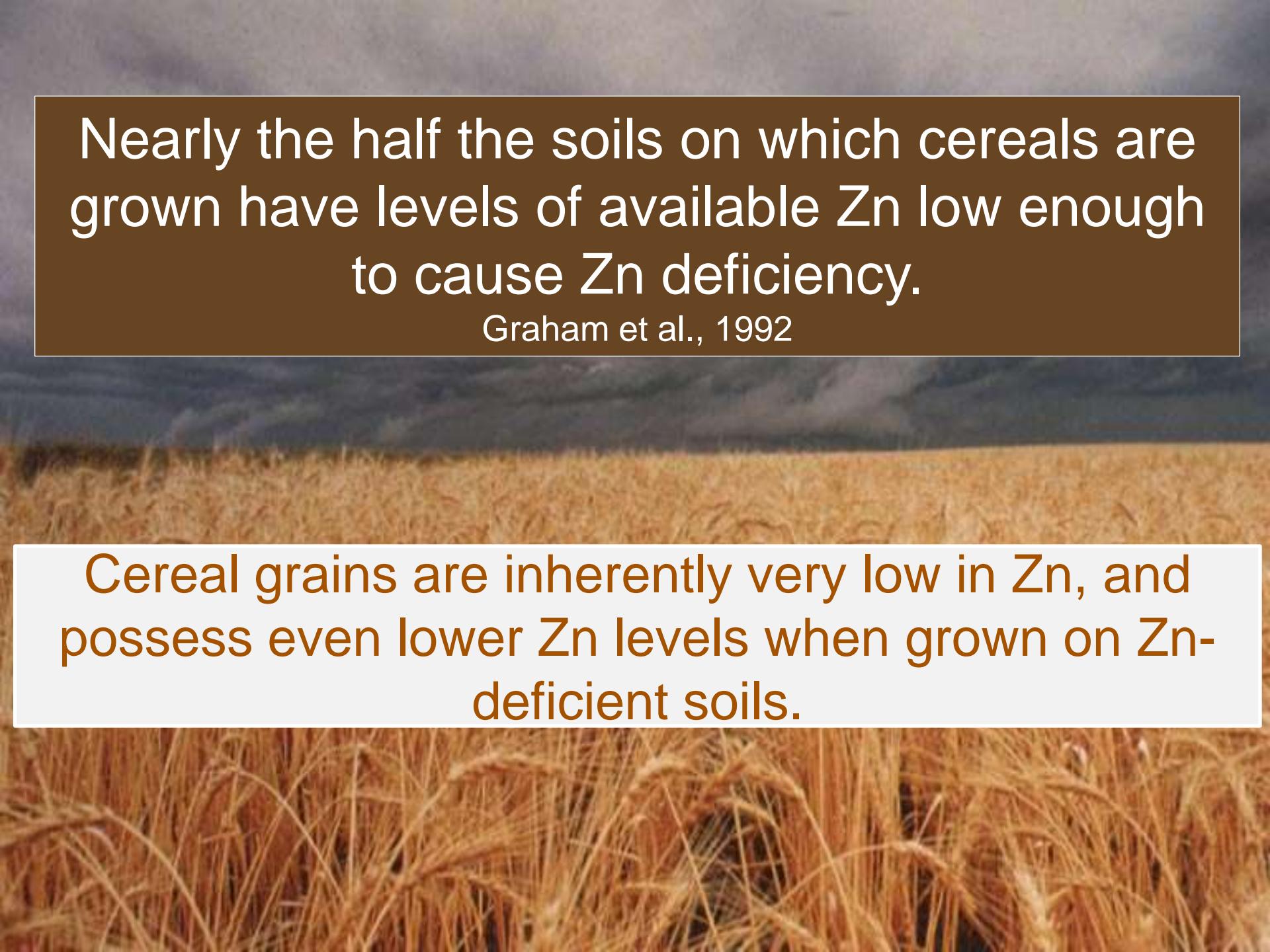
Australia	: >10 mio ha
Turkey	: 14 mio ha
Bangladesh	: 2 mio ha
China	: 30 mio ha
India	: 90 mio ha



White and Zasoski,  
1999; Field Crops  
Res., 60:11-26

# Zn Deficiency: Global Micronutrient Deficiency in Soils



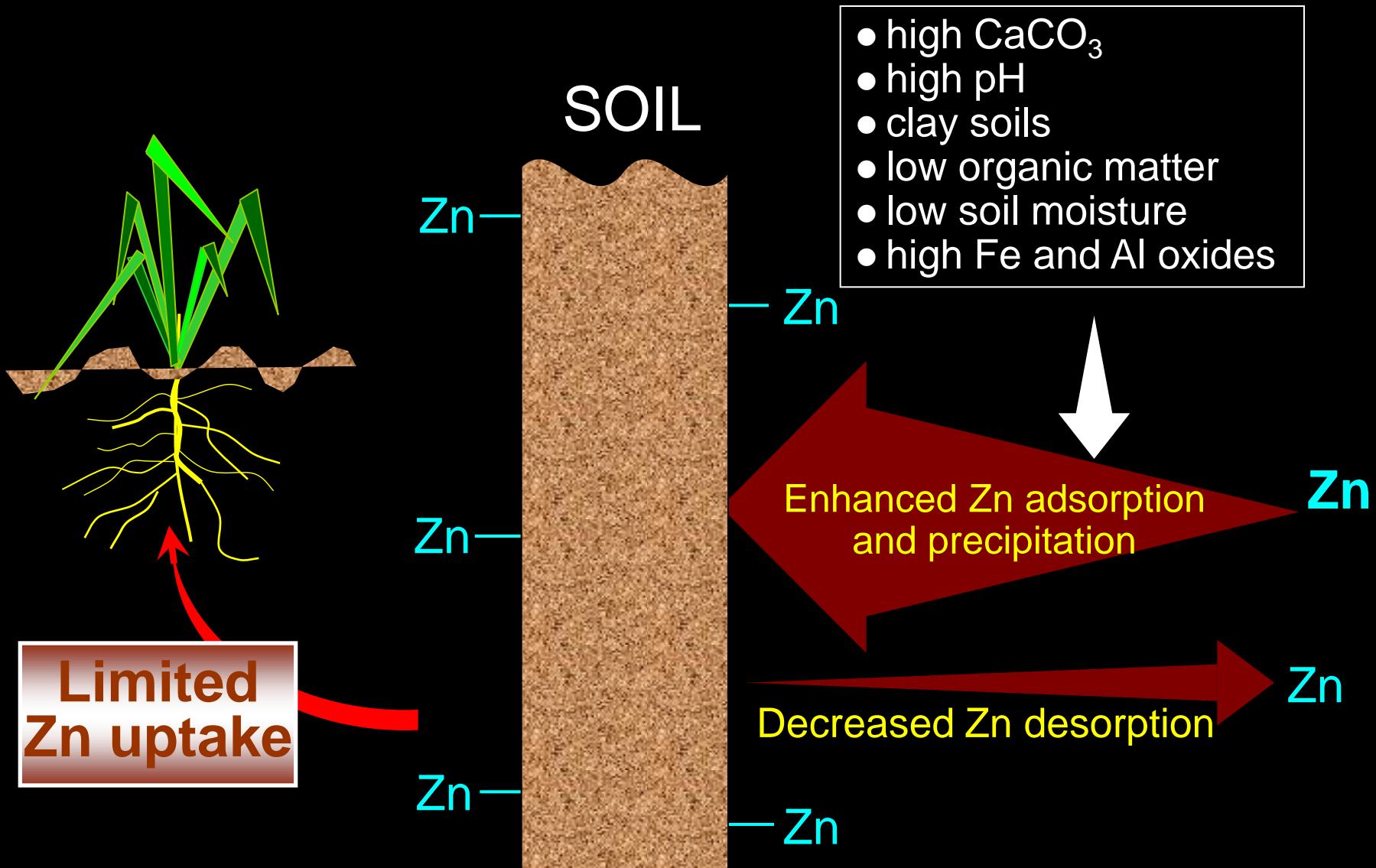
A photograph of a vast field of golden-colored cereal crops, likely wheat or barley, stretching towards a range of hills or mountains in the background. The sky is overcast with heavy, grey clouds.

Nearly half the soils on which cereals are grown have levels of available Zn low enough to cause Zn deficiency.

Graham et al., 1992

Cereal grains are inherently very low in Zn, and possess even lower Zn levels when grown on Zn-deficient soils.

# Soil factors affecting availability of Zn to roots



# **Additional Cause of Zn Deficiency: Intensification of Farming**

## **Zinc Depletion in Soil and Zinc Dilution in the Harvested Products**

Increasing grain yield potential of new varieties results in rapid depletion of soil-Zn and dilution of seed-Zn

# Functions of Zinc in Plant Systems

Why Plants Need Zinc

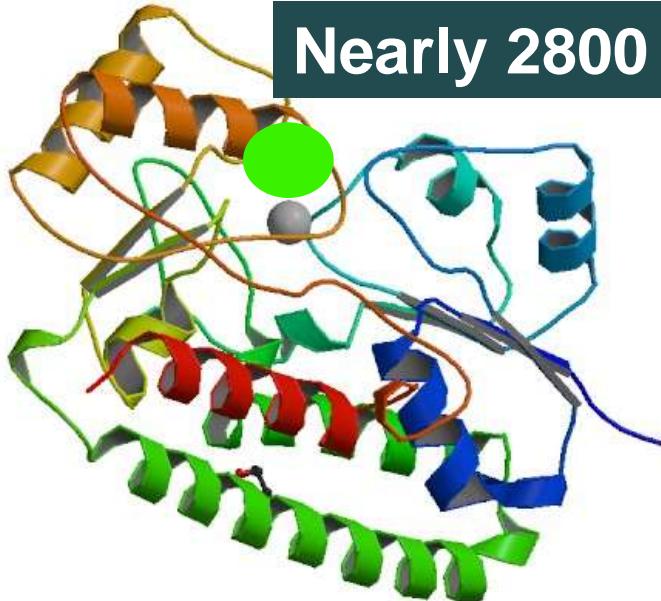
# Basic Roles of Zinc in Biological Systems



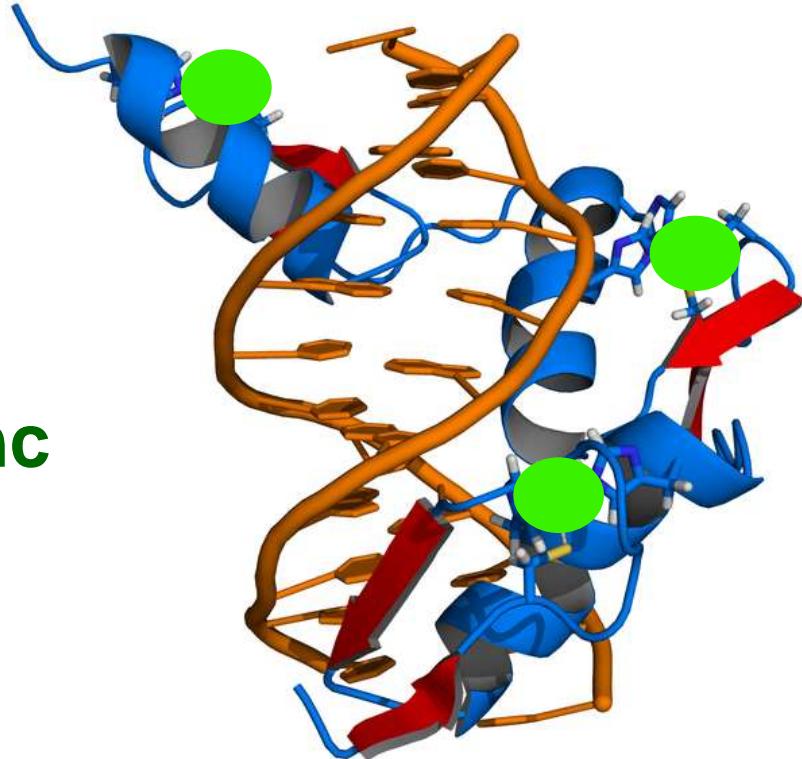
- nearly 10 % of proteins needs Zn for their function and structure
- structural and functional integrity of biological membranes depends on adequate amount of Zn
- Zinc is a major actor of cellular defense systems against highly toxic oxygen free radicals ( better tolerance to environmental stress factors, e.g., drought stress)
- Zinc is required for protection of IAA from oxidation
- Zinc is required for better pollination

# Zinc Binding Proteins

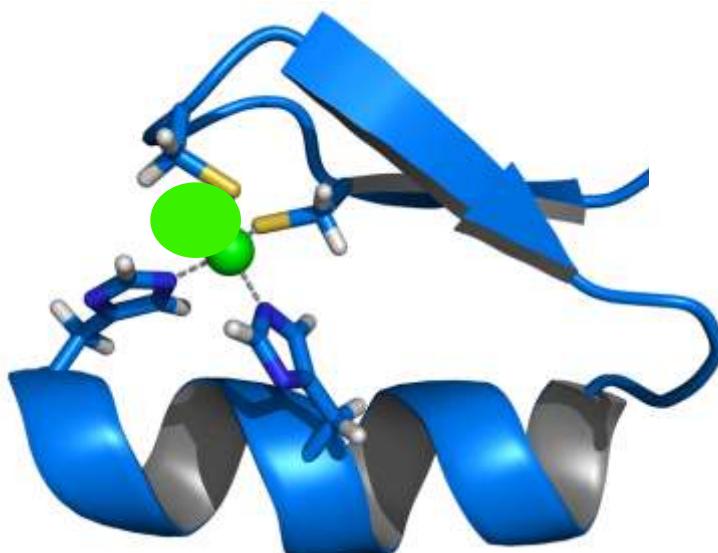
Nearly 2800 Proteins are Zn-dependent



●: Zinc



[http://commons.wikimedia.org  
/wiki/User:Splete](http://commons.wikimedia.org/wiki/User:Splete)



Nat.Struct.Biol. 6: 628-633

# Basic Roles of Zinc in Biological Systems



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# **Zinc : An important micronutrient controlling membrane stability**

Zn has a key role in maintaining structural integrity of plasma membranes of root cells.

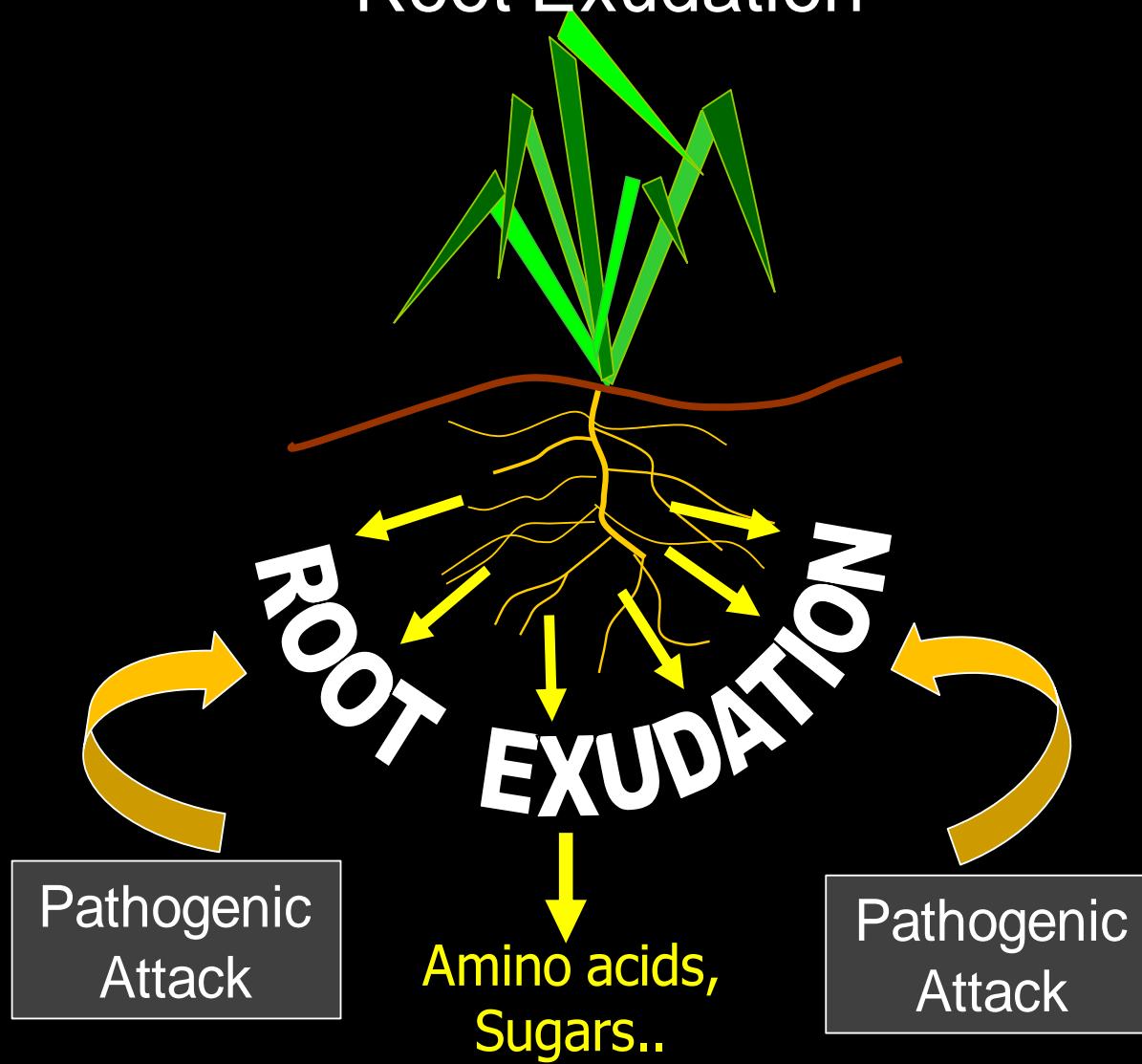
**Continues presence of chemically available Zn in root environment during the plant growth is of great importance for fulfilling the membrane function of Zn; otherwise, root cell membranes lose their stability and become leaky.**

# **Consequence of structural impairments in cell membranes under Zn deficiency:**

**Zn deficient roots are leaky and exude  
various carbon-containing compounds  
into the surrounding soil that is rich in  
fungal and bacterial populations**

**ROOT EXUDATES:  
feeding substrates for pathogens**

# Zinc Deficiency-Induced Root Exudation

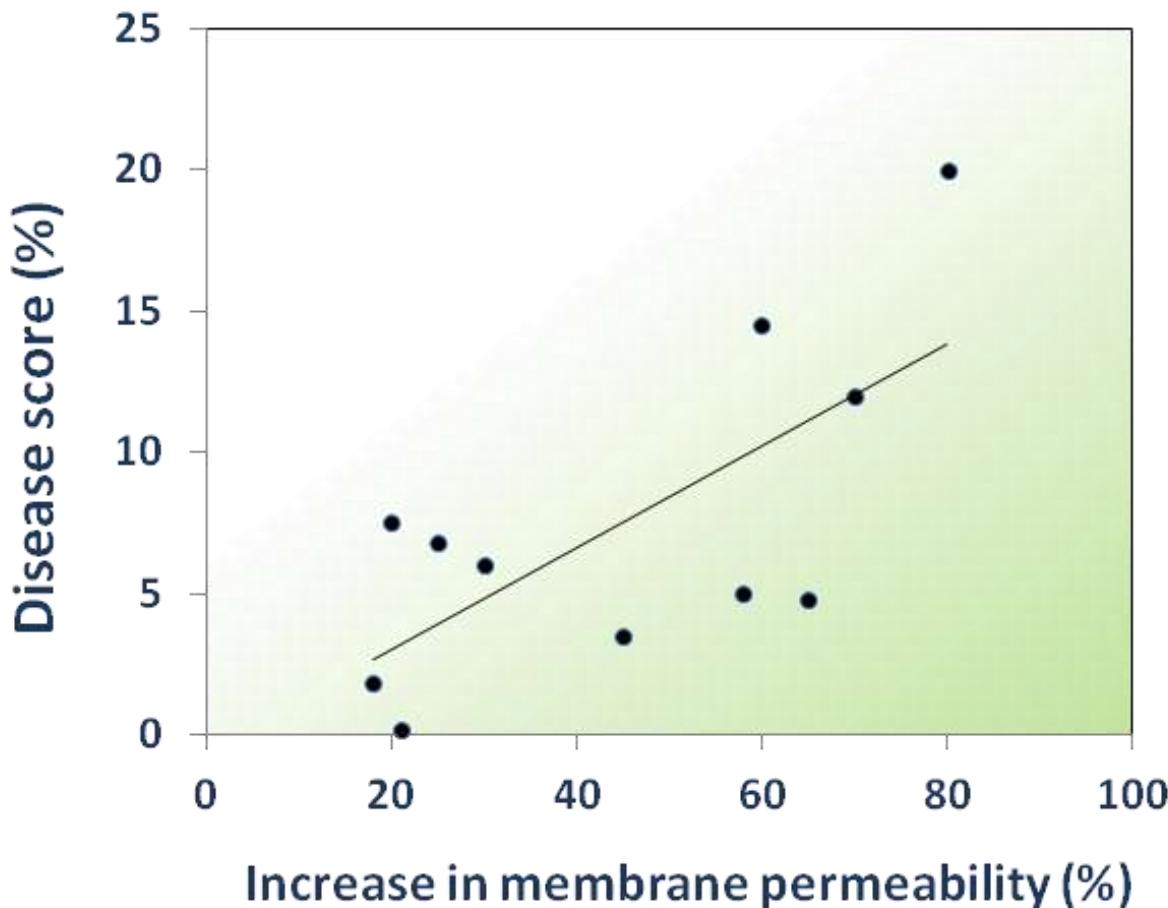


# Root exudation of organic compounds in cotton, wheat and apple at low (-Zn) and adequate (+Zn) Zn supplies

Zn Treatment	Amino acids	Sugars	Phenolics
	( $\mu\text{g g}^{-1}$ root $6\text{h}^{-1}$ )		
<b>COTTON</b>			
-Zn	165	751	161
+Zn	48	375	117
<b>WHEAT</b>			
-Zn	48	615	80
+Zn	21	315	34
<b>APPLE</b>			
-Zn	55	823	350
+Zn	12	275	103

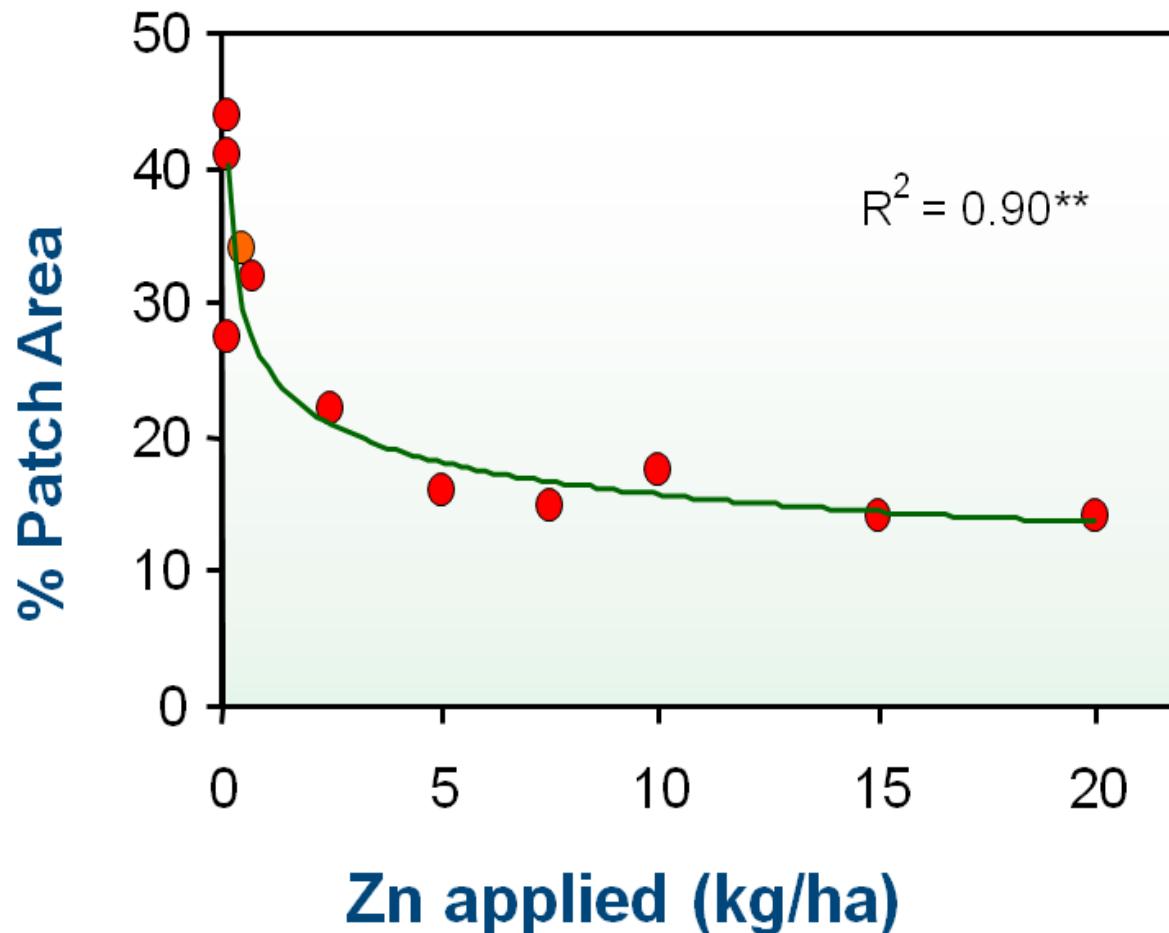
Cakmak and Marschner, 1988, J. Plant Physiol.

# Relationship between root membrane permeability and severity of the Fusarium disease under different Zn treatments



(Khoshgoftarmanesh et al., 2010. Soil Sci. Plant Nutr. 56:234-243).

# Correlation between Zn application and bare patch caused by Rhizoctonia in wheat



# Effect of Zn application on phytophtora zoospores on roots of two different Eucalyptus

Zn supply	Species	
	<i>E. marginata</i>	<i>E. sieberi</i>
	(No./mm <sup>2</sup> root)	
+Zn	4±1	89±13
-Zn	44±8	489±48

Graham and Webb, 1991

Adequate Zn supply is also effective in reducing growth and sporulation of various fungal pathogens

# Basic Roles of Zinc in Biological Systems

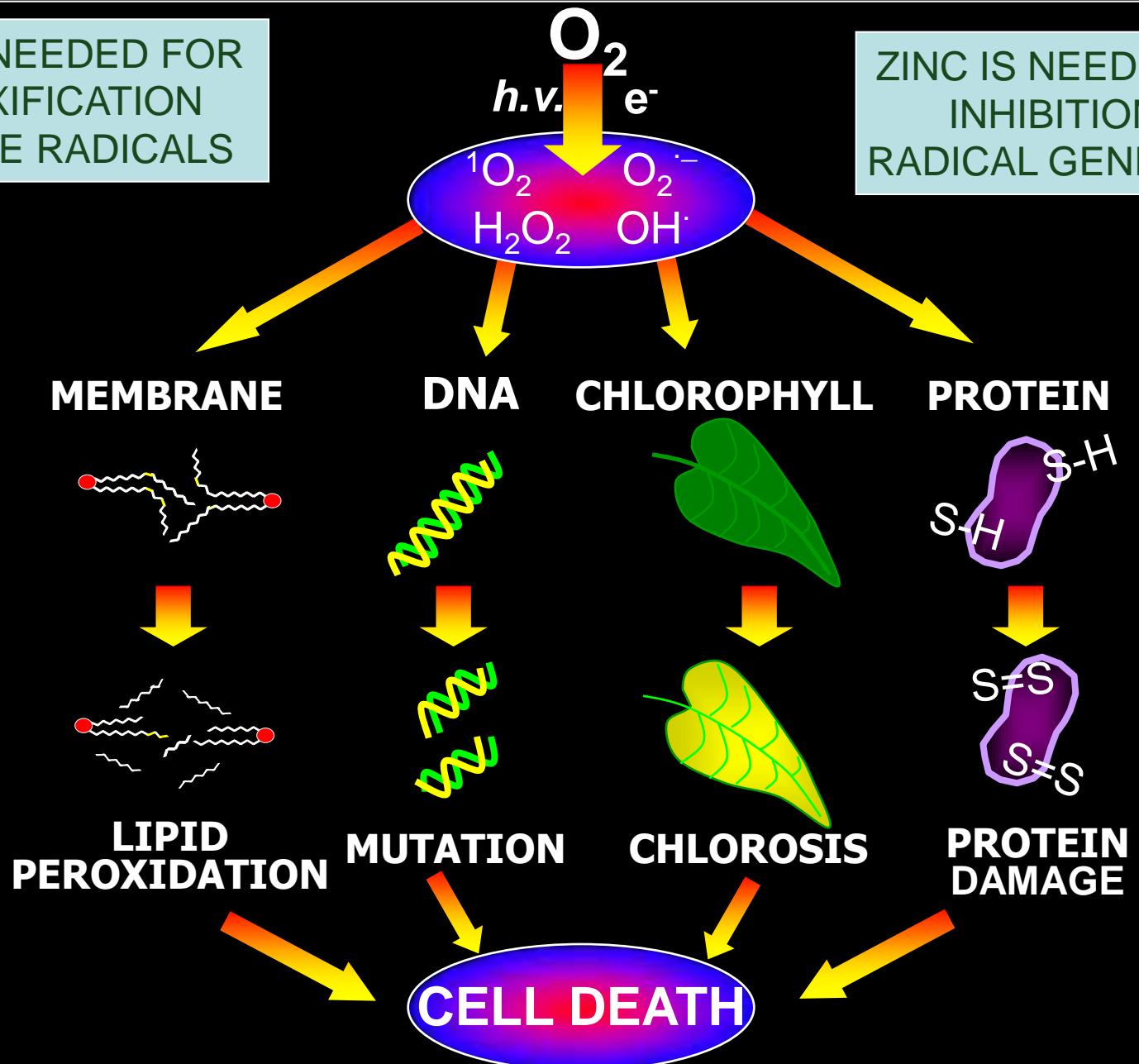


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- Zinc is required for protection of IAA from oxidation
- Zinc is required for better pollination

# ZINC PROVIDES DEFENSE AGAINST FREE RADICAL DAMAGE IN CELLS

ZINC IS NEEDED FOR  
DETOXIFICATION  
OF FREE RADICALS

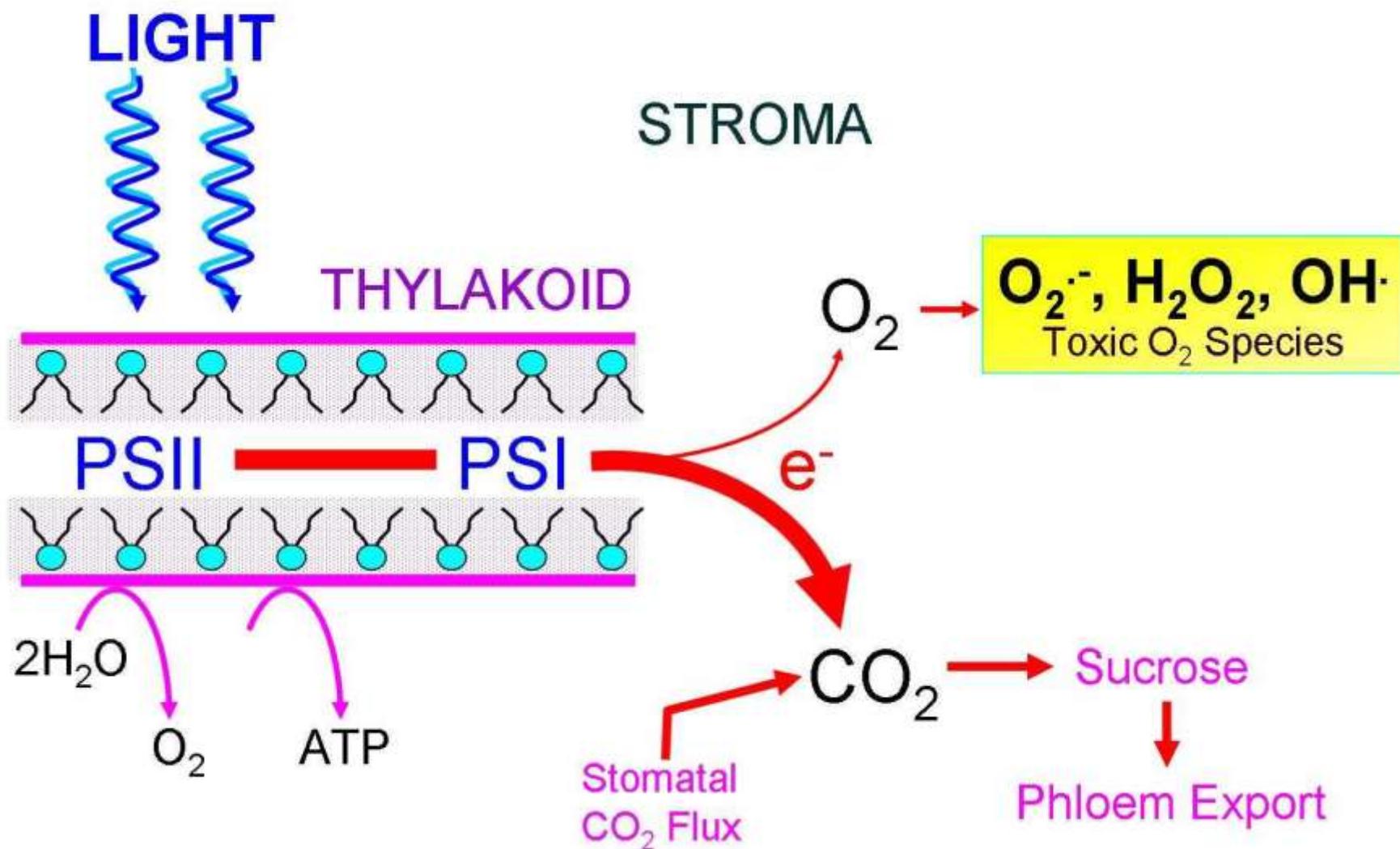
ZINC IS NEEDED FOR  
INHIBITION OF  
RADICAL GENERATION



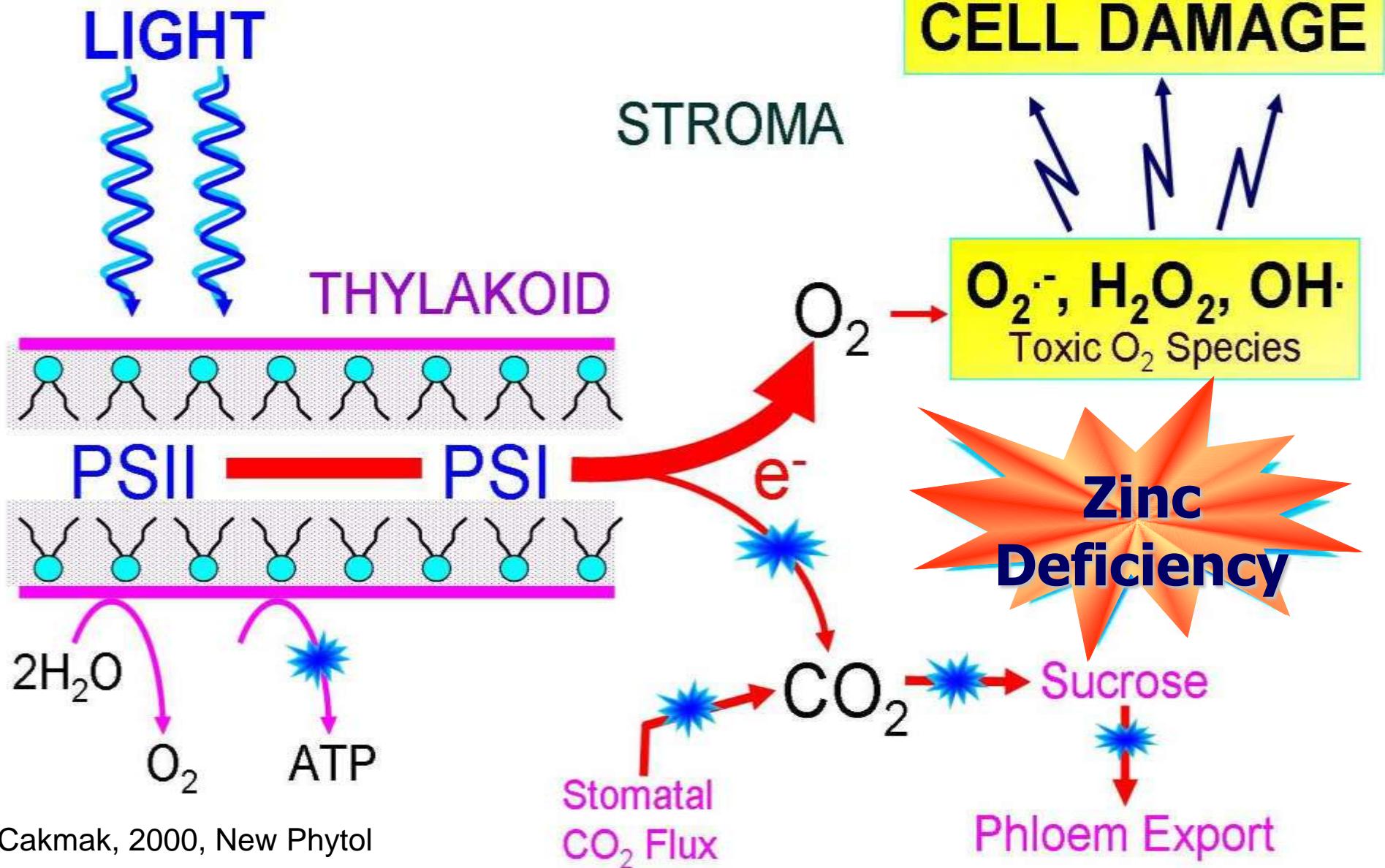
# **Photooxidative (Light) Damage in Zn-Deficient Plants**

# REMEMBER

## Photosynthetic Electron Transport and Superoxide Radical Generation



# Photosynthetic Electron Transport and Superoxide Radical Generation

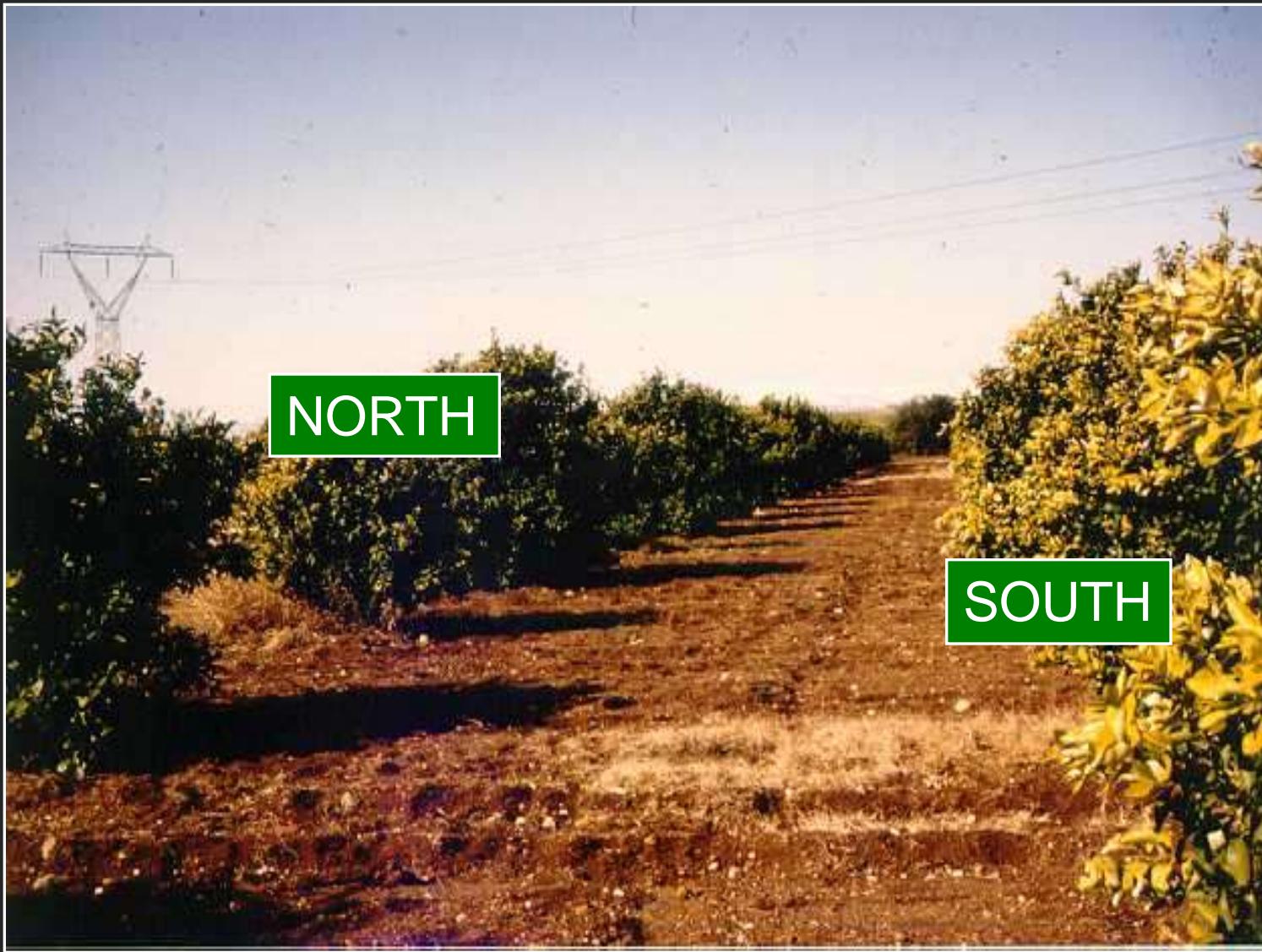


# Zinc Protects Plants from High Light and Heat Stress

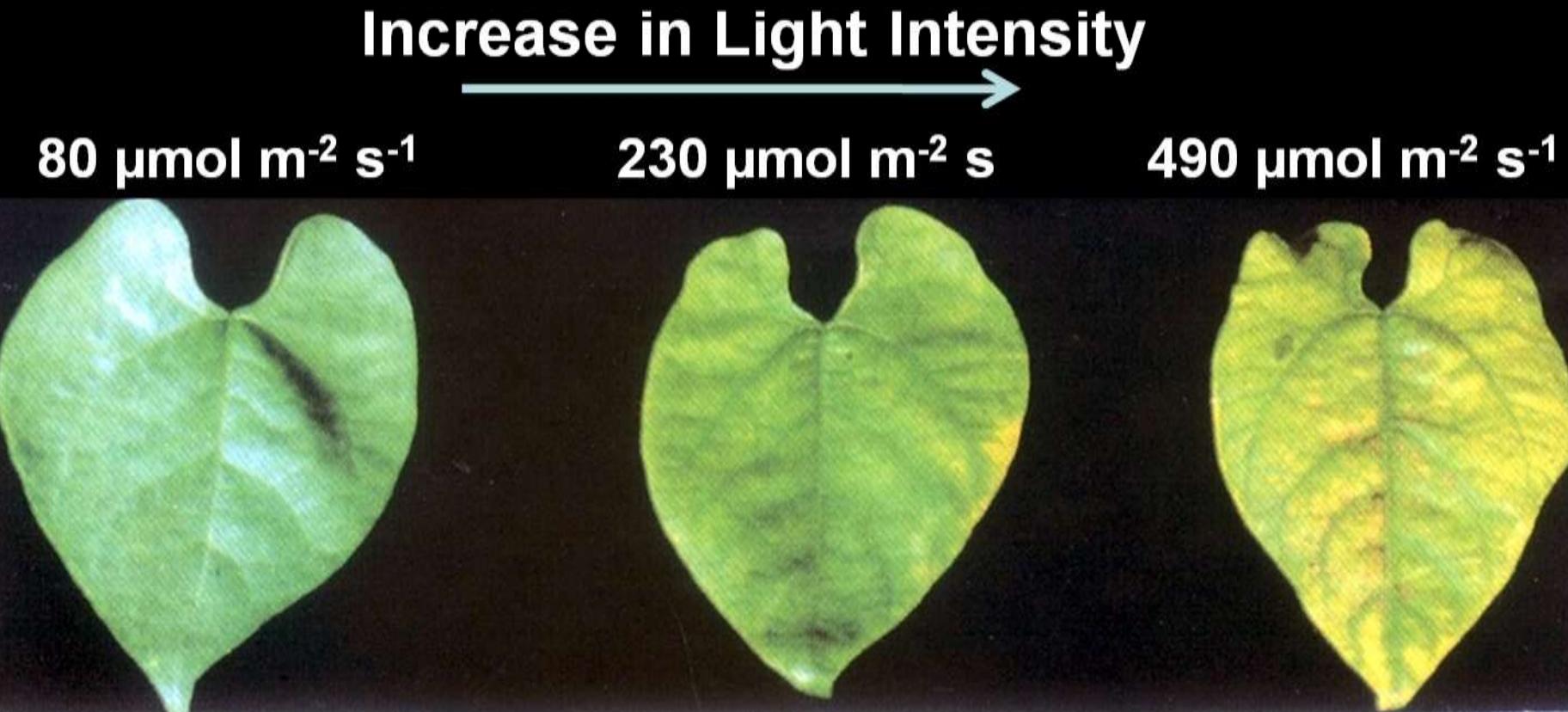


Zn Deficiency Makes Plants Highly Sensitive to High Light and Heat

Zn Deficiency chlorosis in citrus tress occurs mostly on sunny side of trees



# Zn Deficiency Makes Plants Highly Sensitive to High Light and Heat



Cakmak, 2000; New Phytologist, 146: 185-205

# Partial shading of primary leaves of Zn-deficient bean plants



# **Partial shading of primary leaves of Zn-deficient bean plants**



## **High Light-Induced Zn deficiency**

Marschner and Cakmak, 1989; J. Plant Physiology

Average **spike sterility (%)** in 20 wheat genotypes grown in field conditions in Central Anatolia with (+Zn) and without (-Zn) Zn fertilization under rainfed and irrigated conditions.

Spike Sterility (%)	Rainfed		Irrigated	
	-Zn	+Zn	-Zn	+Zn
	37	17	15	4

Bagci et al., 2007

Spike sterility index was estimated by multiplying the percentage of stress-affected spikes in 1 m<sup>2</sup> with the percent spike sterility as the average of 20 stress-affected spikes.

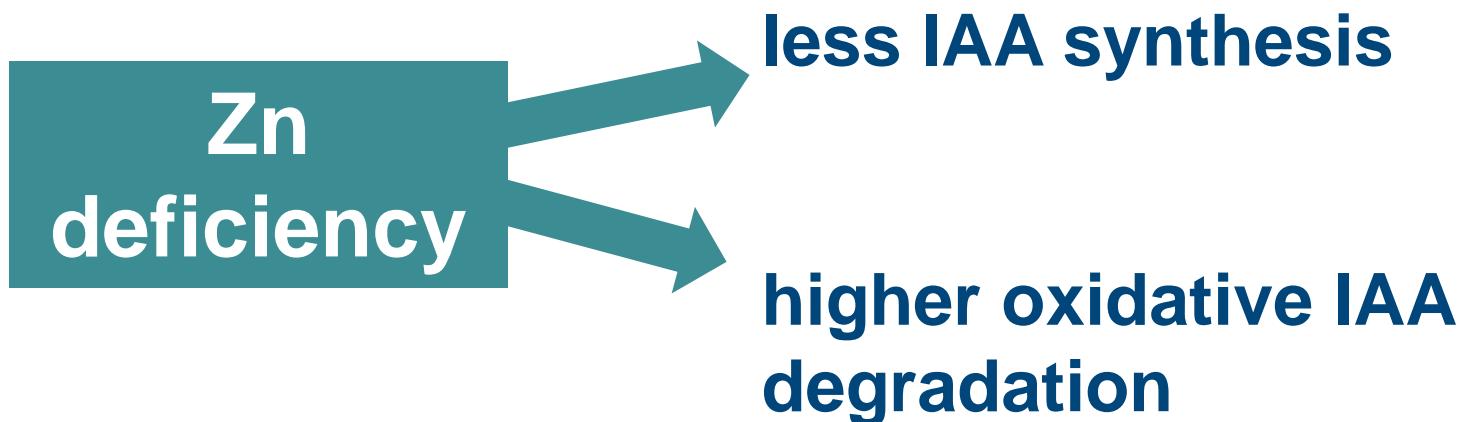
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- **Zinc is required for protection of IAA from oxidation**
- Zinc is required for better pollination

# **Importance of Zinc for Auxin (IAA) Hormone**

Evidence is available showing that Zn is involved in both biosynthesis of IAA and also protection of IAA from oxidative attack by free radicals



# Under Zn deficiency IAA is Reduced

Effect of Zn supply on shoot dry weight and composition of young leaves and shoot tips of bean plants.

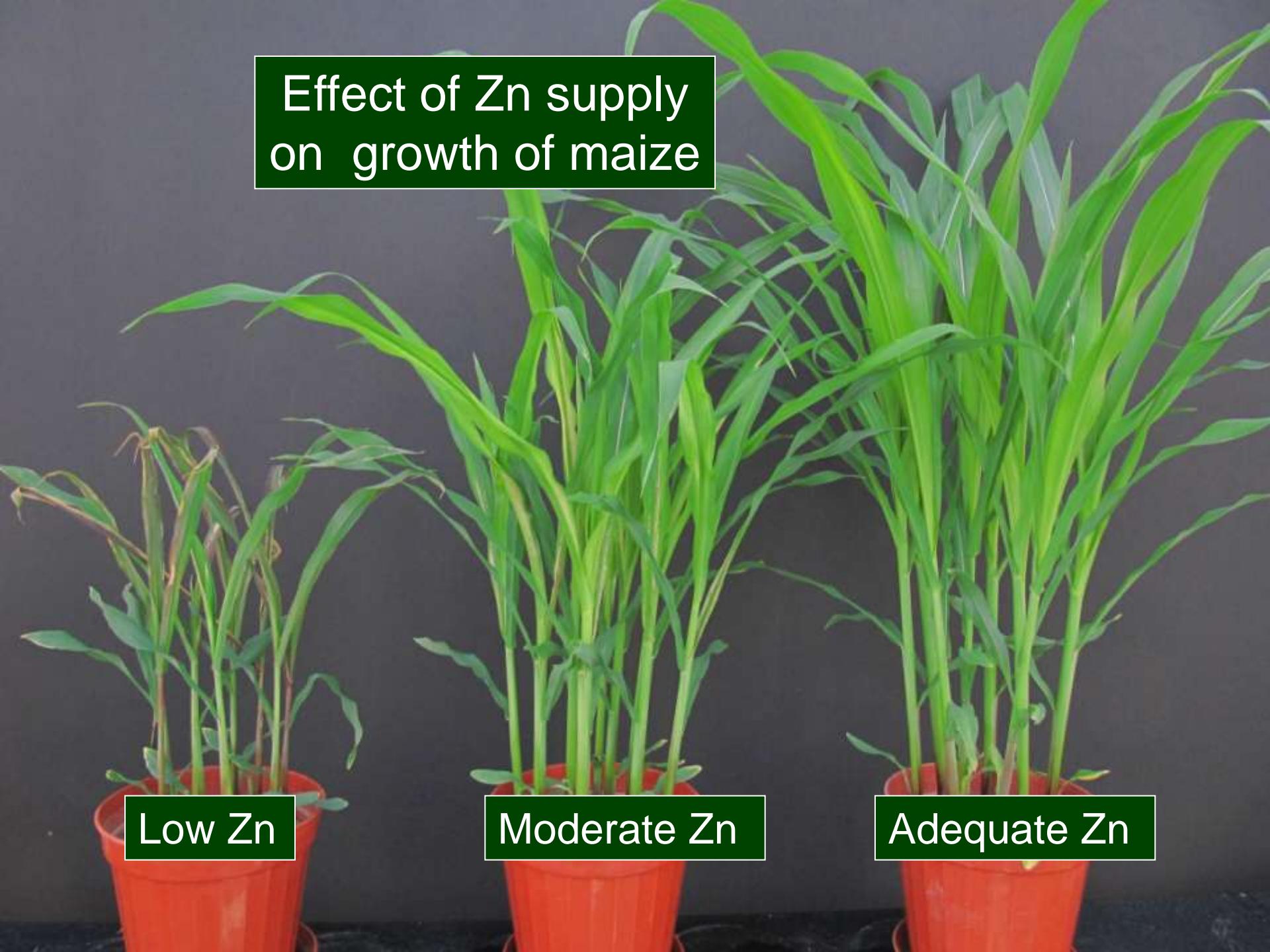
Zn supply M	Concentrations in young leaves and shoot tips			
	Shoot dry wt. g/plant	Zn mg kg <sup>-1</sup>	Free amino acids μmol g <sup>-1</sup> dry wt.	IAA μg kg <sup>-1</sup> fresh wt.
+Zn ( $10^{-6}$ )	8.24	52	82	240
- Zn	3.66	13	533	122
Zn-Resupply	4.53	141	118	180

Cakmak et al., 1989, J. Experimental Botany, 40:405

Reduced Shoot  
Elongation and  
Little Leaf  
Formation are very  
Characteristic for  
Zn deficiency



## Effect of Zn supply on growth of maize



Low Zn

Moderate Zn

Adequate Zn



Little Leaf Formation



# Basic Roles of Zinc in Biological Systems



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# High Zn demand for pollination



Effect of Zn supply on growth, grain yield, pollen viability and pollen Zn concentration in maize plants

Zn supply	Shoot Dry Weight (g/plant)	Grain yield (g/plant)	Pollen viability (%)	Zn conc. in pollen (mg/kg)
Adequate	74	70	85	75
Deficient	67	18	20	27

Sharma et al., *Plant Soil* 124, 221-226; 1990



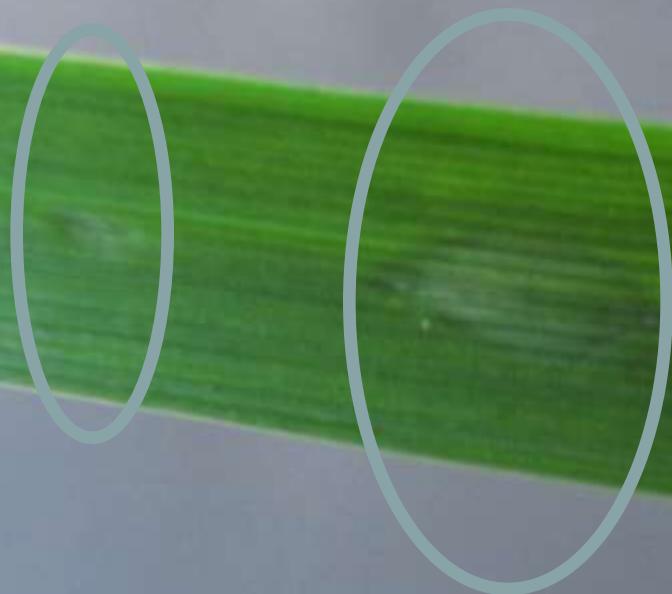
# Zinc Deficiency Symptoms

# **ZINC DEFICIENCY SYMPTOMS IN WHEAT**



Zn-adequate  
wheat leaf

## Development of Zn deficiency in wheat





## Development of Zn deficiency in wheat



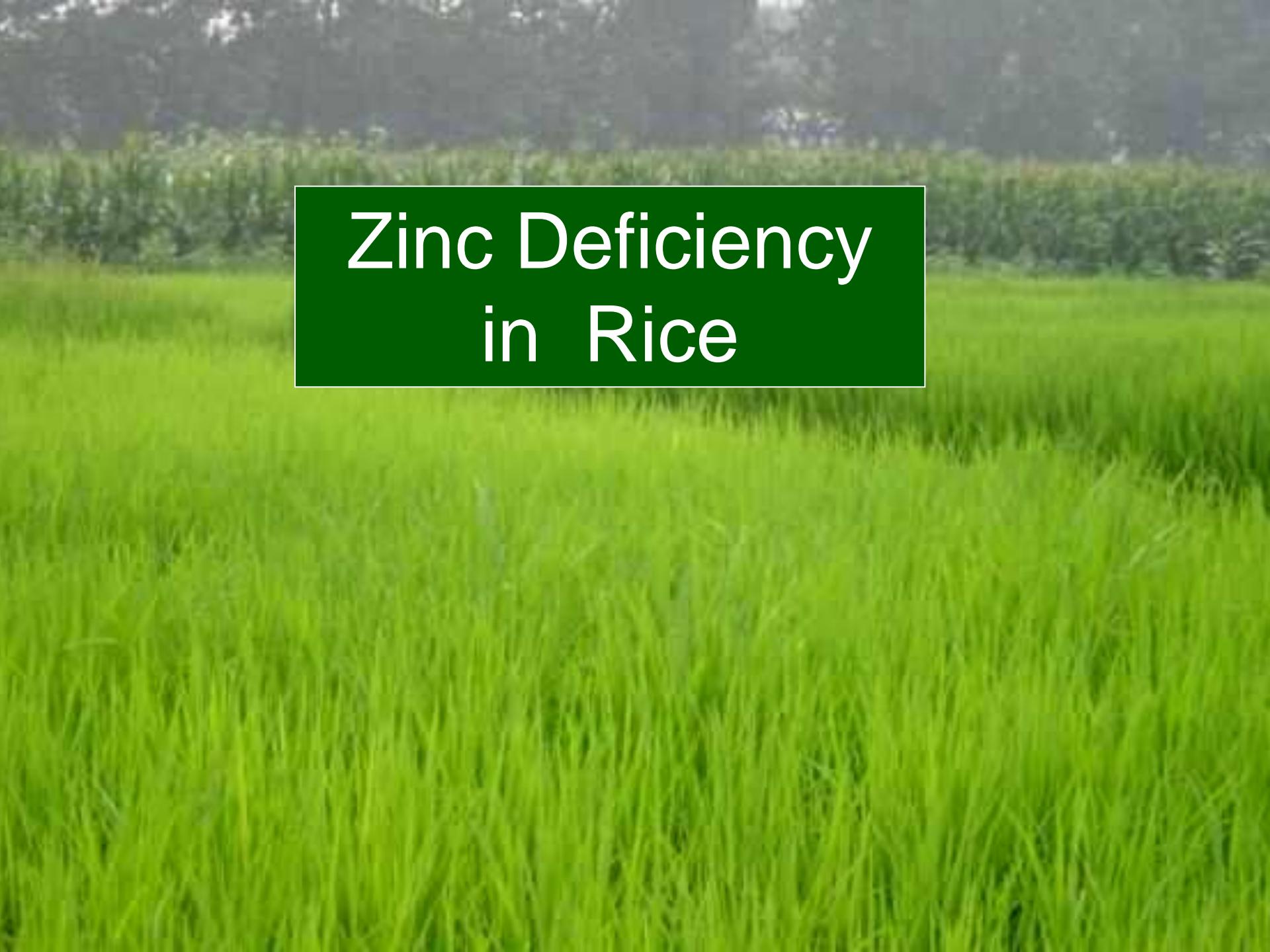
# Development of Zn deficiency in wheat



# Development of Zn deficiency in wheat



Zn deficiency in  
wheat



# Zinc Deficiency in Rice



Zn-adequate  
rice leaf

A close-up photograph of rice plants showing signs of zinc deficiency. The leaves are long, narrow, and green, with distinct yellowish-brown streaks and spots running parallel to the veins, characteristic of nutrient deficiencies in cereal crops.

# Development of Zn deficiency in rice

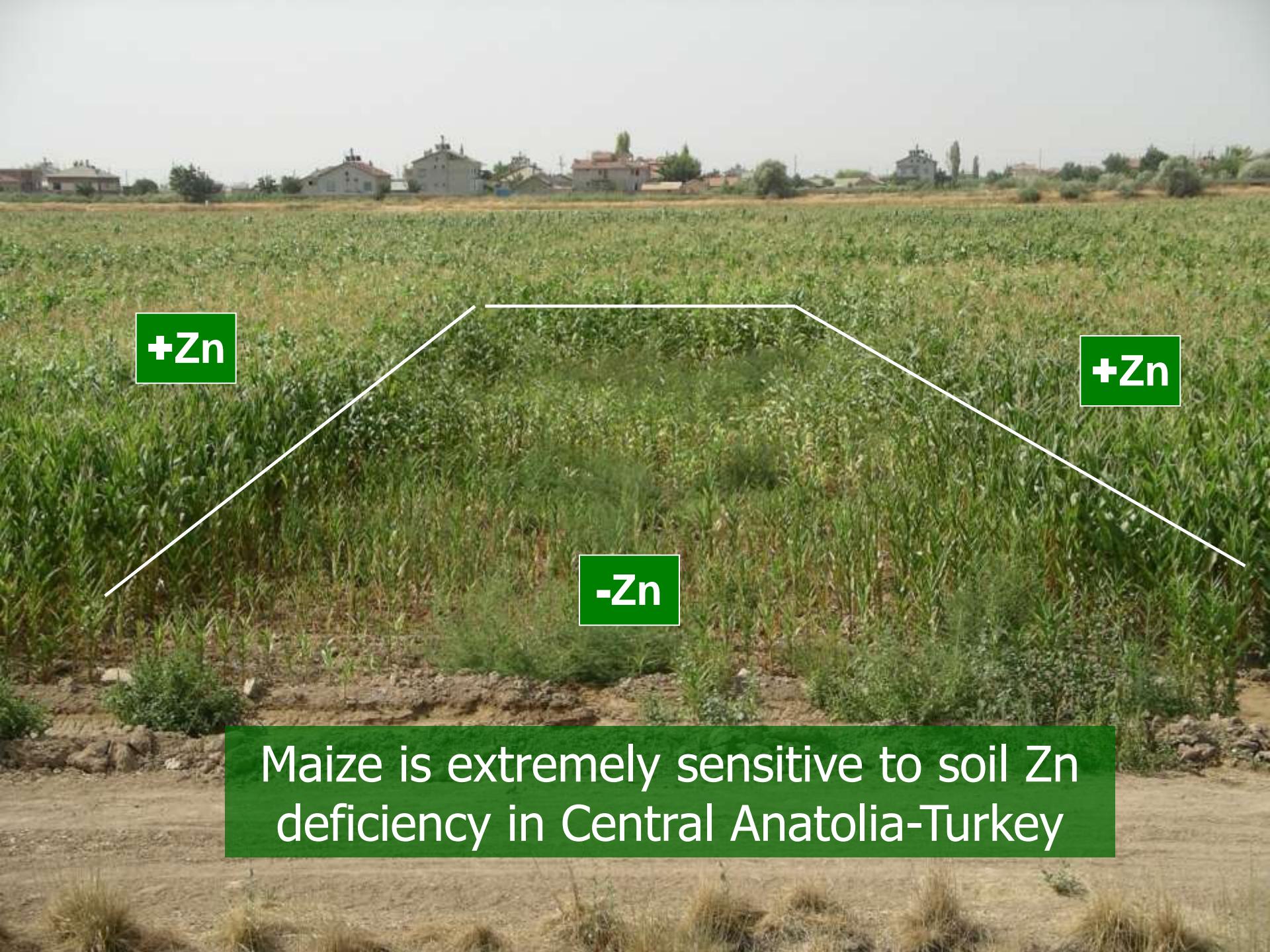
A close-up photograph of several green rice leaves. Some leaves exhibit distinct yellowish-brown streaks and spots, which are characteristic symptoms of zinc deficiency in rice plants.

Development of Zn  
deficiency in rice

A close-up photograph of a rice plant stem showing severe zinc deficiency. The stem is green with distinct brown, necrotic spots and streaks running vertically along its length. The background consists of other rice plants, slightly blurred.

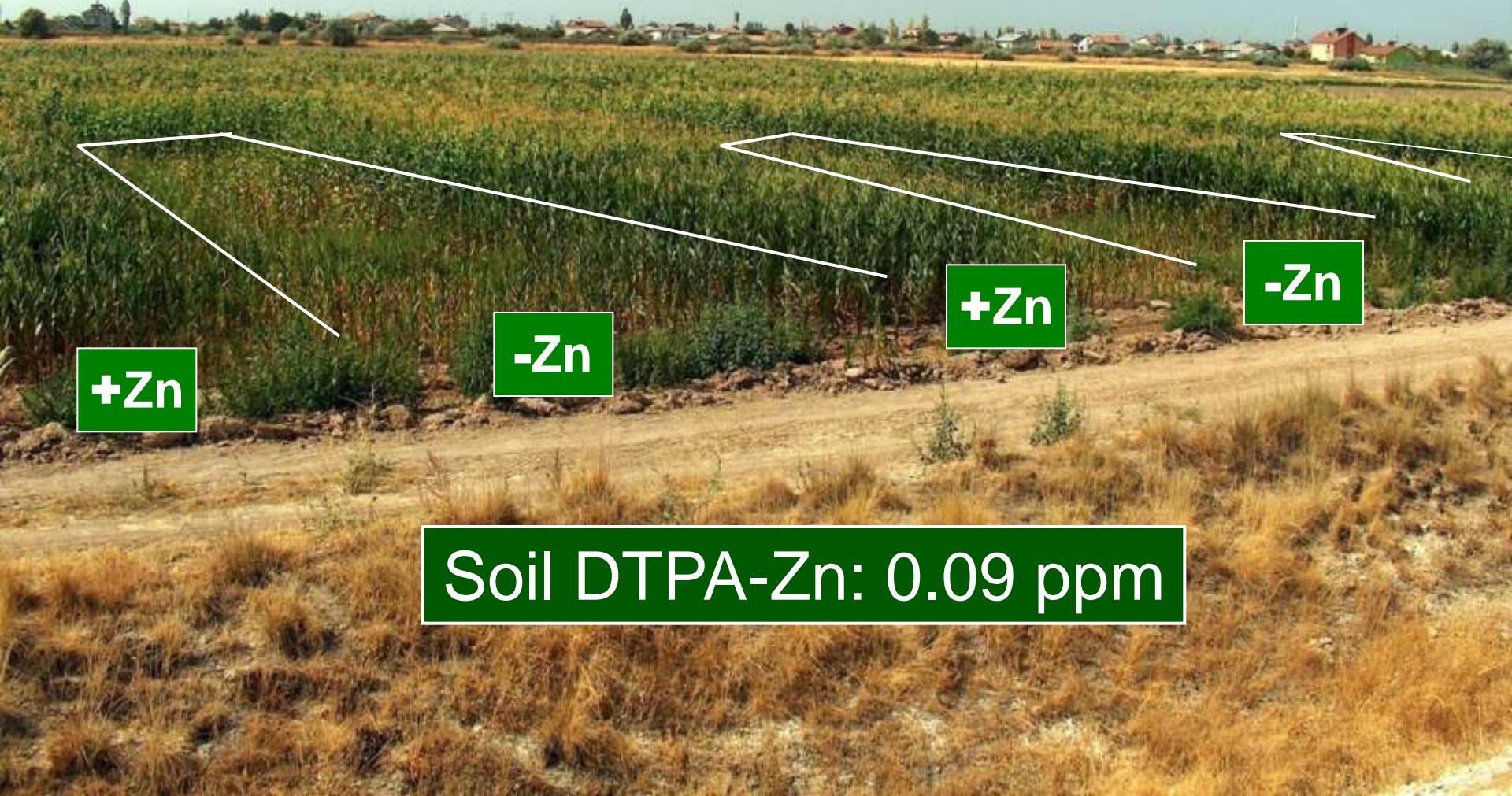
Severe Zn  
deficiency in rice

# **ZINC DEFICIENCY SYMPTOMS IN MAIZE**

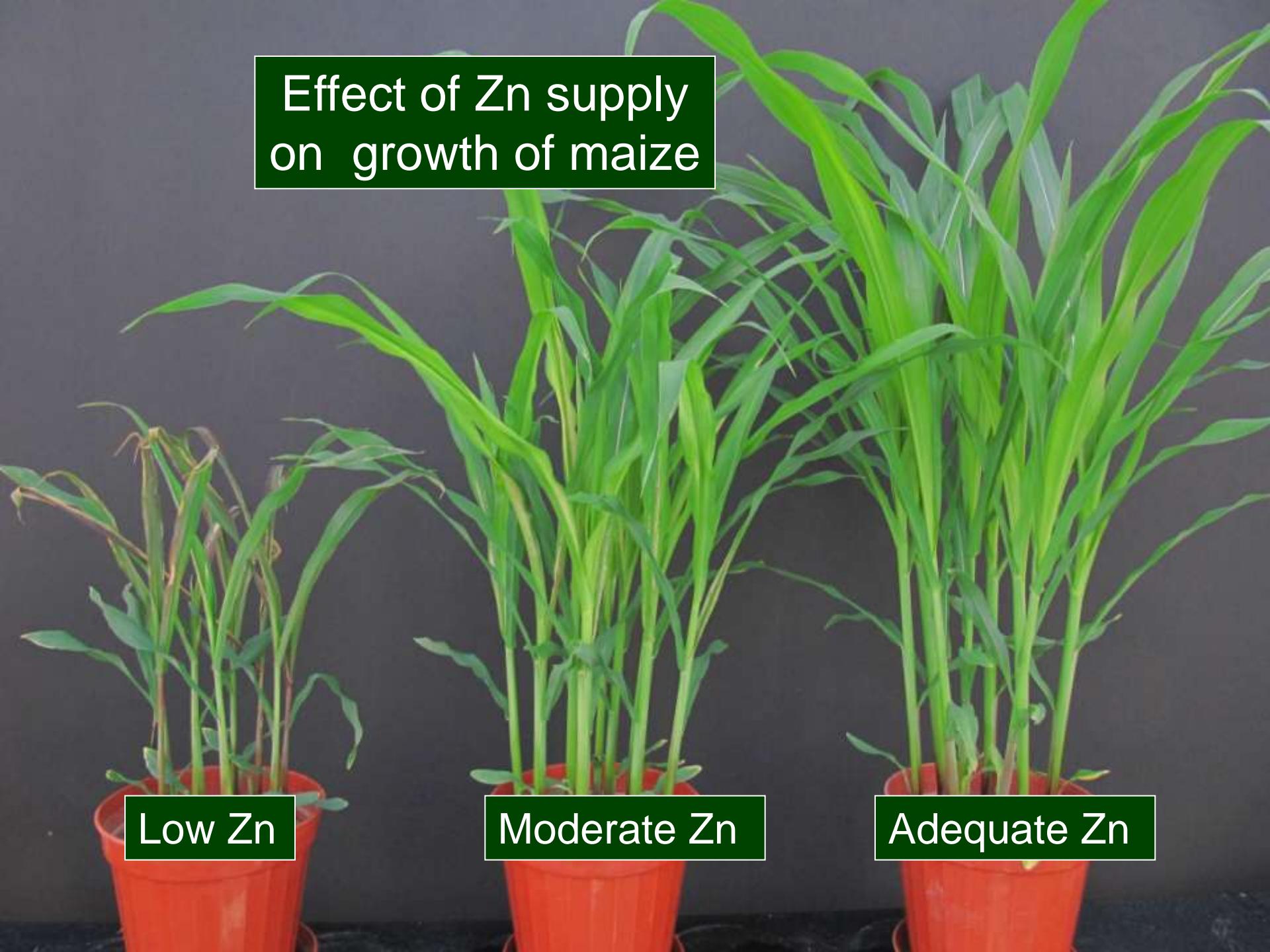


Maize is extremely sensitive to soil Zn deficiency in Central Anatolia-Turkey

# Maize is extremely sensitive to soil Zn deficiency in Central Anatolia-Turkey



## Effect of Zn supply on growth of maize



Low Zn

Moderate Zn

Adequate Zn

A close-up photograph of several green maize leaves. The leaves are long, narrow, and have a slightly curved shape. They are set against a solid black background, which makes the bright green color of the leaves stand out. The lighting highlights the texture of the leaf surfaces.

# Development of Zn deficiency in maize

A close-up photograph of several maize (corn) leaves. The leaves are long, narrow, and have a distinct green color with darker green veins. Some leaves show signs of yellowing or chlorosis, particularly towards the edges, which is a classic symptom of zinc deficiency in maize. The leaves are arranged in a dense, overlapping pattern.

# Zn deficiency in maize

Zn deficiency in  
maize



# **Video:**

## Growth of Corn Plants on a Zn-Deficient Soil

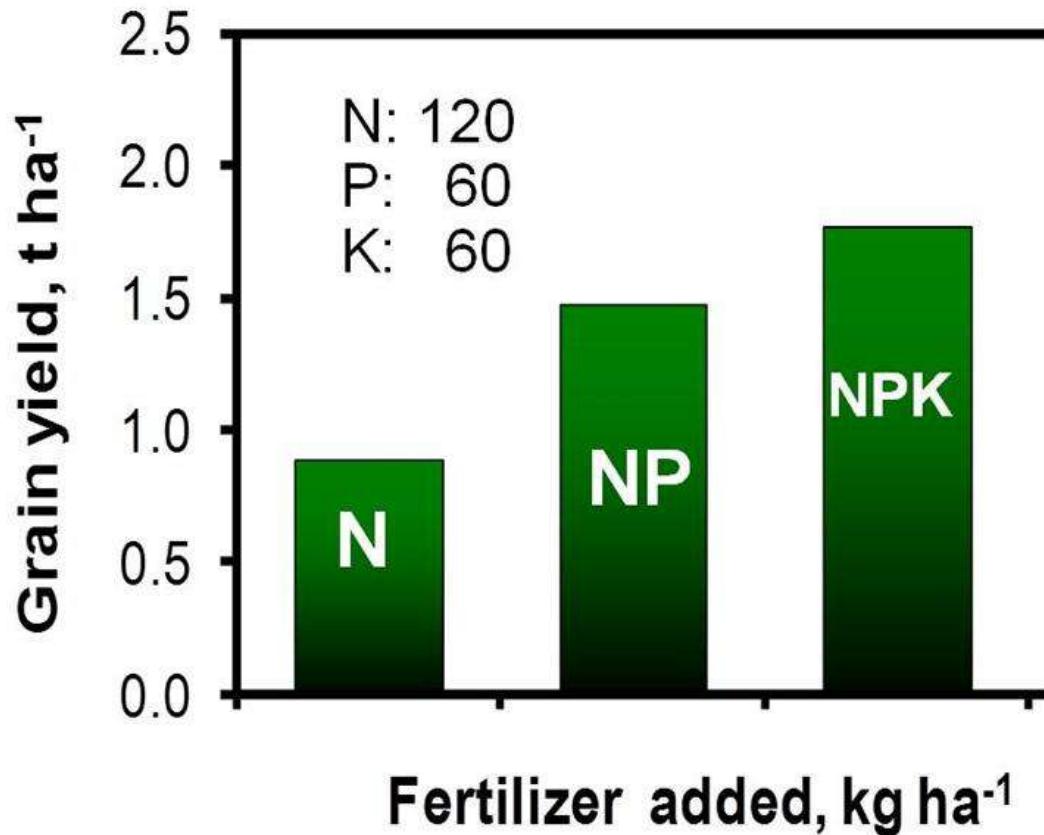
# Balanced Crop Nutrition (Zn)

Cultivation of high yielding cultivars under continuous monoculture or intensive cropping systems leads to **depletion of nutrients in soils**.

**The nutrients depleted should be replenished to sustain high yields under continuous cropping systems.**

Deficiencies of Zn and S are particular examples occurring in various cropping systems; for example in India

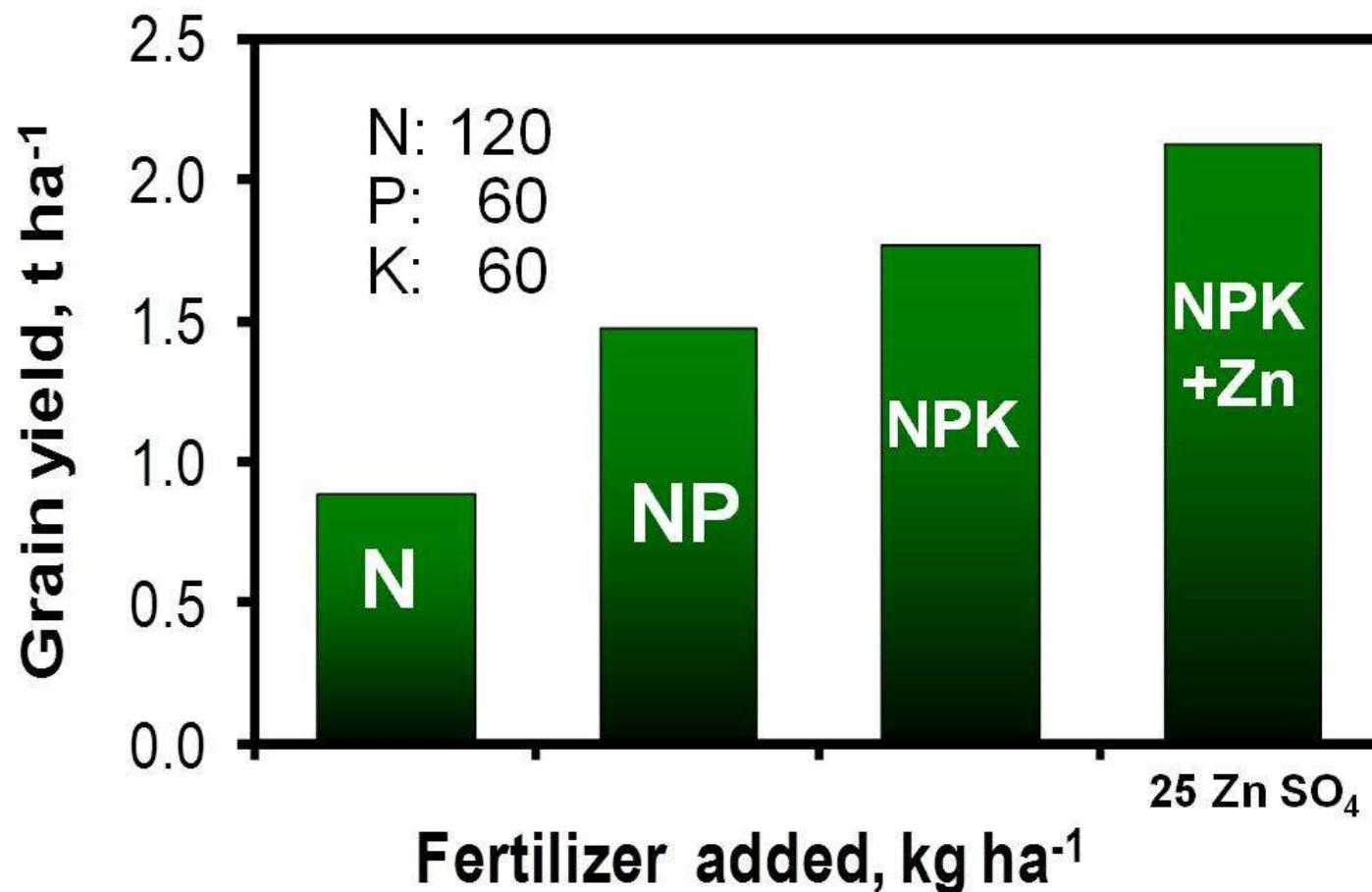
# Wheat Grain Yield Based on Long-term Multi Location Experiments in India



Source: Tandon, 1995

In: Proceedings of the IFPRI/FAO Workshop  
on Soil Fertility, Plant Nutrient Management, and Sustainable  
Agriculture: The future Through 2020. Eds. P Gruhn, et al,

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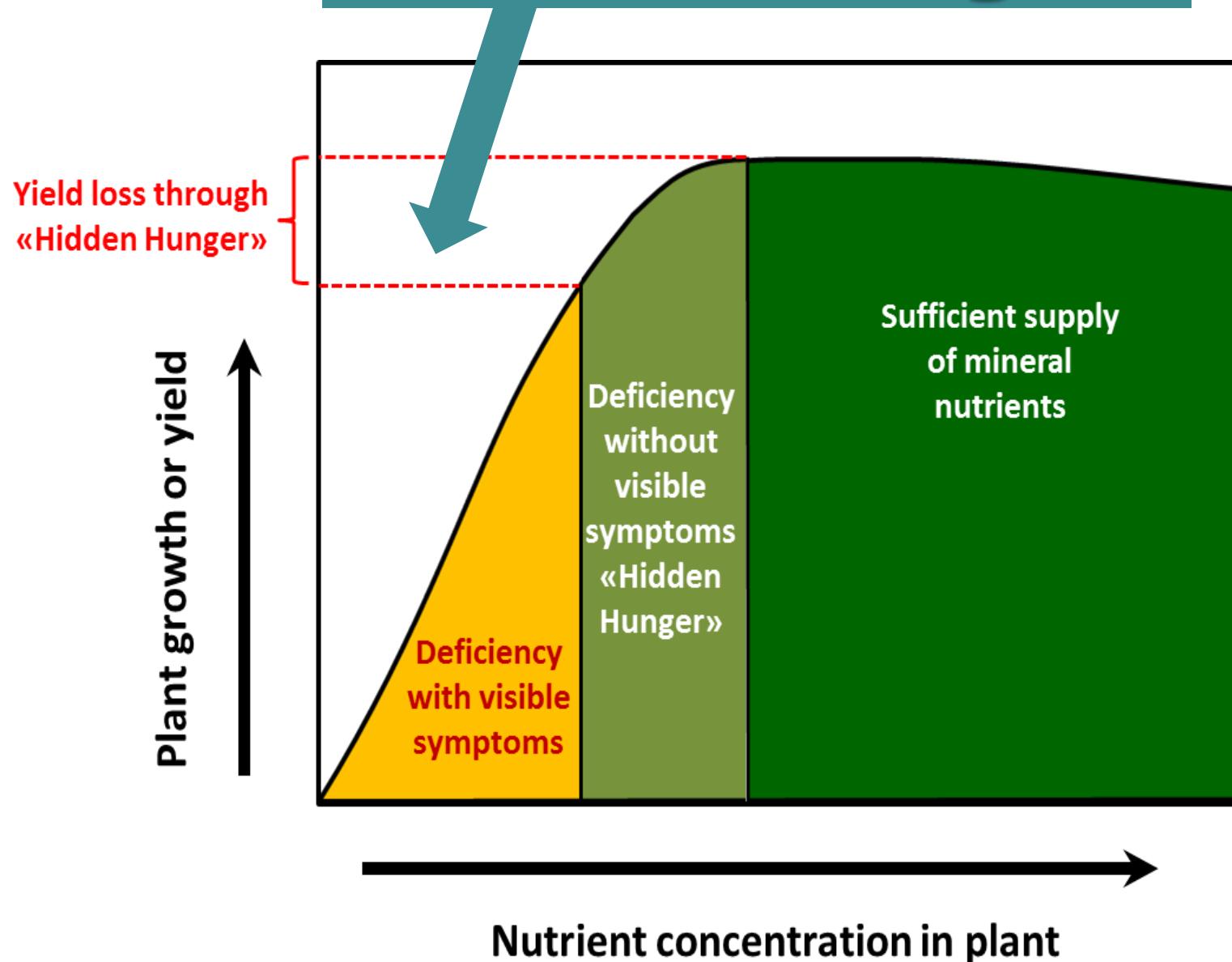
Tandon, 1995; In: Proceedings of the IFPRI/FAO Workshop on Soil Fertility, Plant Nutrient Management, and Sustainable Agriculture: The future Through 2020. Eds. P Gruhn, et al,

# **Hidden zinc deficiency**

In many crop plants **hidden zinc deficiency** has been well documented that may be responsible for reductions in yield up to 20 % without appearance of distinct leaf symptoms.

**It is, therefore, important to include zinc in the commonly applied NP fertilizers and/or spray foliar Zn-fertilizers to plants to ensure that plants don't suffer from Zn deficiency stress.**

# Hidden Hunger



# Micronutrients are also required for better nutritional quality

-Zn

+Zn

Grain Zn:  
 $12 \text{ mg kg}^{-1}$

Grain Zn:  
 $35 \text{ mg kg}^{-1}$





Further benefit achieved by adequate micronutrient nutrition of crop plants is related to quality of food crops and better nutritional diet.



# Micronutrient Deficiencies: Global Malnutrition Problem



**Iron  
Estimated 2  
billion**



**Zinc  
Estimated  
2 billion**



# Zinc deficiency impairs range of functions:

- 
- Immunity
  - Growth; physical development
  - Brain function and development
  - Reproduction
  - ....

# Children particularly sensitive to Zn deficiency

> 450,000  
deaths/year children  
under 5 years-old



Black et al. 2008

The Lancet Maternal and  
Child Undernutrition Series

# ZINC SAVES KIDS



Intl' Zinc Assoc.

IZA in partnership with UNICEF started a program called 'Zinc Saves Kids'

[www.ZincSavesKids.org](http://www.ZincSavesKids.org)



The image shows a screenshot of the Zinc Saves Kids website's welcome page. On the left, there is a large portrait of a young child with dark hair. On the right, the Zinc logo and the UNICEF logo are displayed. Below the logos, the word "Welcome" is written in a bold, black font. Underneath "Welcome", a paragraph of text describes the initiative: "Zinc Saves Kids is an initiative to improve the survival, growth and development of undernourished children by funding UNICEF-supported zinc programs around the world".

# Major Reason: Low Dietary Intake

## High Consumption Cereal Based Foods with Low Micronutrient Concentrations

In number of developing countries, cereals contributes nearly 75 % of the daily calorie intake.



For a better Zn nutrition of human beings,  
cereal grains should contain around  
**40-60 mg Zn kg<sup>-1</sup>**

Current Situation:  
**10-30 mg kg<sup>-1</sup>**

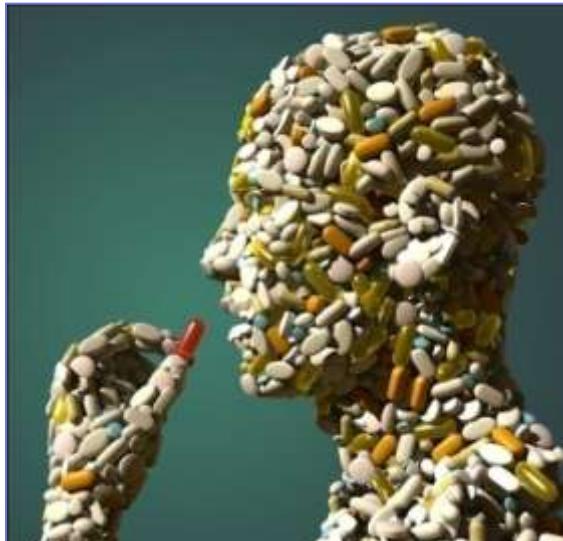


# The Underlying Cause of Malnutrition

- Agriculture is the primary source of all nutrients entering human food systems
- Therefore, agriculture must play an important role in fighting malnutrition

Health comes from the farm, not from the pharmacy.

# Solutions to Micronutrient Deficiencies



- Supplementation
  - Food Fortification
- (not affordable in rural regions)**



**Golden Wheat Fortified with Zn**

# Agricultural Solutions

## (Breeding and Fertilizer Approaches)



• Breeding



• Agronomy/Fertilizers





**HarvestPlus-**  
**Biofortification Challenge**  
**Program** [www.harvestplus.org](http://www.harvestplus.org)

**Breeding new cereal cultivars with  
high micronutrient content in cereal grains**

**Coordinating Institutions:**

International Food Policy Research Institute (IFPRI)  
Washington DC and CIAT-Colombia

**Main Sponsors:** Gates Foundation and World Bank

## Main Sponsor of HarvestPlus Program



[www.gatesfoundation.org](http://www.gatesfoundation.org)



Studying grain, Karsana, Nigeria

***“Two billion people in the developing world suffer from diets lacking essential vitamins and minerals.***

*Foods rich in vitamins and minerals are essential for a healthy diet. When diets do not contain sufficient amounts of vitamin A, folic acid, iodine, iron, and zinc, the consequences include significantly lower birth weight, a decrease in cognitive development, and increased susceptibility to other diseases.”*

# Global Zinc Fertilizer Project



Coordinating Institution: Sabancı University

Sabancı  
Üniversitesi





# Global Zinc Fertilizer Project

## II. Phase



2011 June- 2014 May



For a better Zn and Fe nutrition of human beings, cereal grains should contain around  $40\text{-}60 \text{ mg Zn or Fe kg}^{-1}$

Current Situation:  
**10-30 mg kg<sup>-1</sup>**



# Grain Zn concentration in different countries with and without zinc fertilization

Country/Location	-Zn	+Zn	Country/Location	-Zn	+Zn
	mg kg <sup>-1</sup>			mg kg <sup>-1</sup>	
India			Mexico		
•Varanasi	29	47	•Year-I	21	45
•PAU-I	25	81	•Year-II	36	60
•PAU-II	28	77	Turkey		
•PAU-III	26	61	•Konya	12	29
•PAU-IV	49	65	•Adana	32	57
•IARI	33	45	•Samsun	23	49
			•Eskisehir	22	43
Kazakhstan			China		
•Loc-I	19	54	•Loc-I	28	54
•Loc-II	28	73	•Loc-II	19	26
Pakistan			Australia		
•Loc-I	27	48	•Loc-I	18	39
•Loc-II	28	44	Germany		
•Loc-III	30	40	•Average	20	32
•Loc-IV	29	60	Iran		
			•Average	17	28
			Brazil		
			•Average	30	52

Average of all countries -Zn: 26 +z

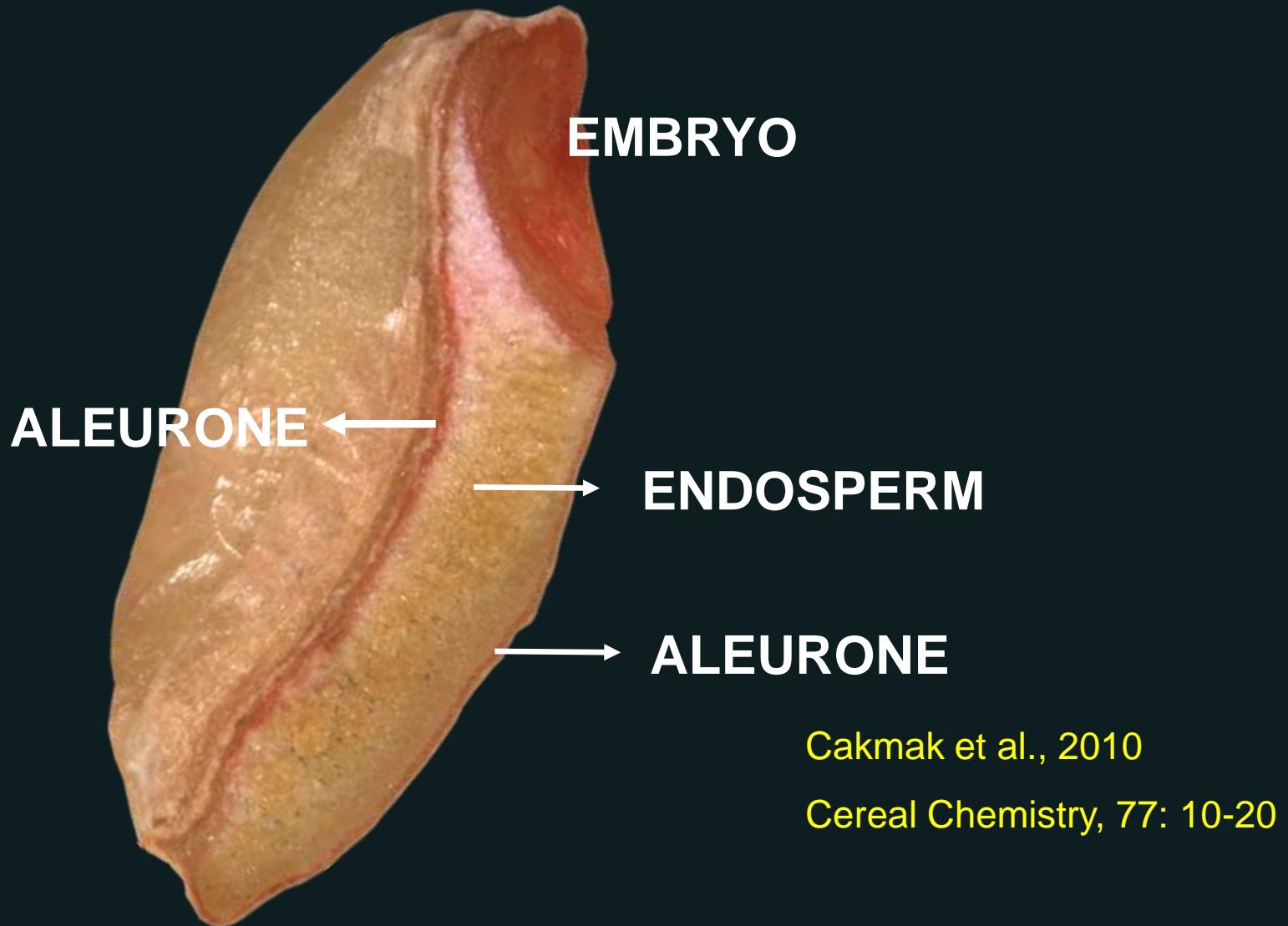
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		mg kg <sup>-1</sup>			mg kg <sup>-1</sup>
India			Mexico		
•Varanasi	27	48	•Year-I	21	45
•PAU-I	36	60		36	60
•PAU-II				12	29
•PAU-III				32	57
•PAU-IV				23	49
•IARI				22	43
Kazakhstan				28	54
•Loc-I				19	26
•Loc-II				18	39
Pakistan			Iran		
•Loc-I	27	48	•Average	17	28
•Loc-II	28	44	Brazil		
•Loc-III	30	40	•Average	30	52
•Loc-IV	29	60			

**Average Concentrations  
of Grain Zn  
(10 Countries with 32 locations)**

**-Zn: 26 ppm**  
**+Zn: 50 ppm**

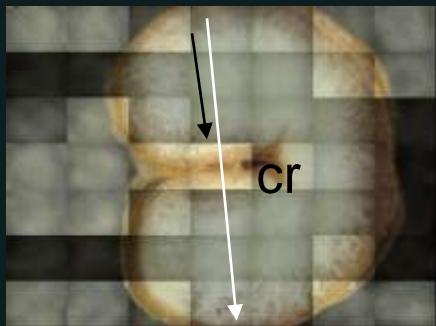
# Staining/Localization of Zinc in Wheat Grain (red color)



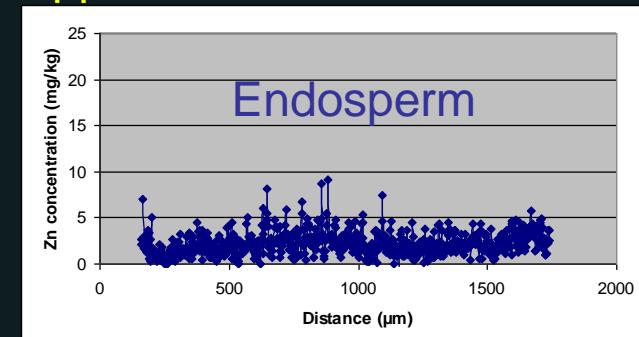
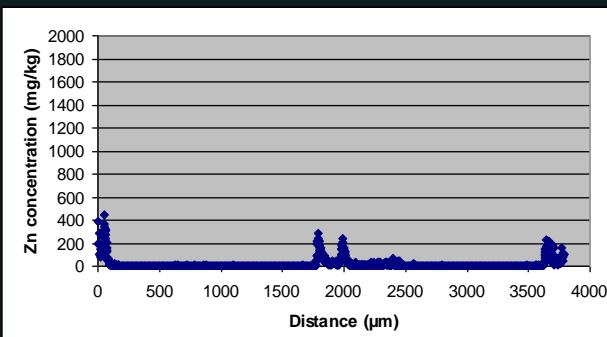
Cakmak et al., 2010

Cereal Chemistry, 77: 10-20

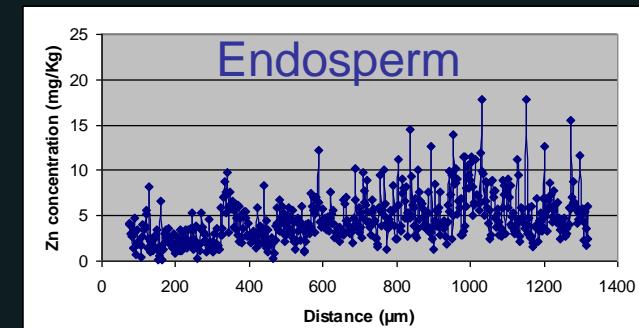
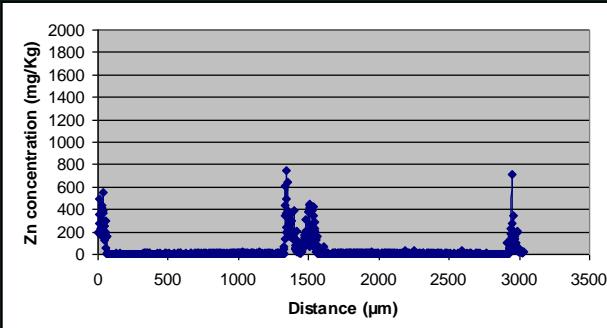
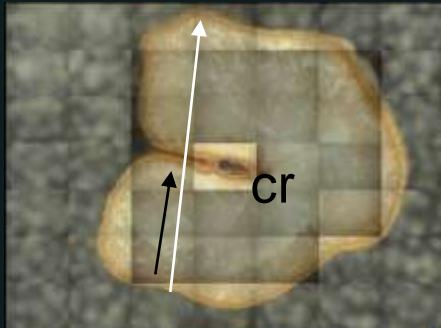
## LA-ICP-MS Tests



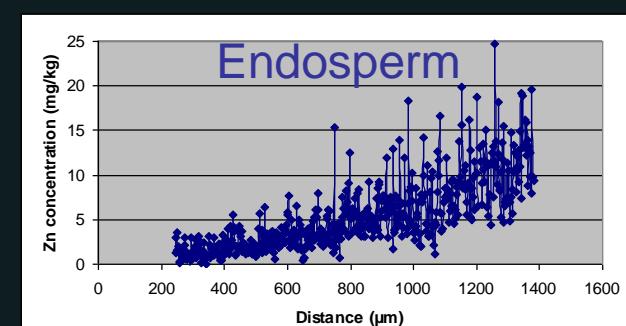
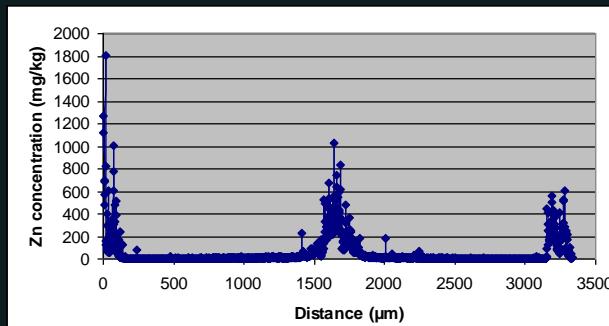
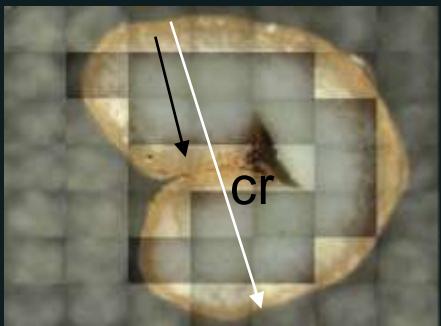
## No Foliar Zn Application



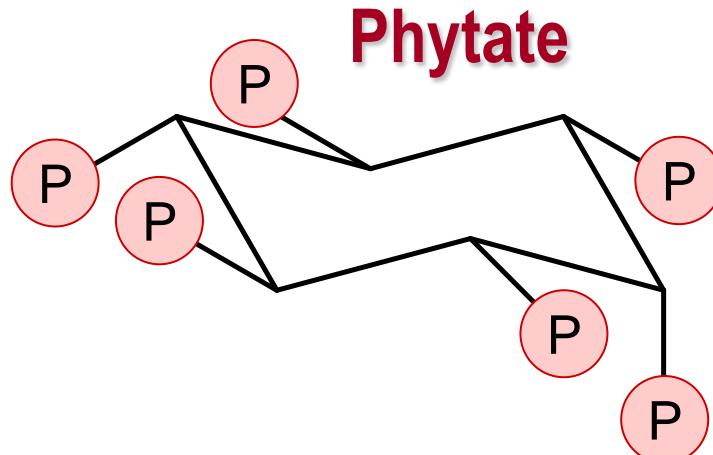
## Foliar Zn Application at Stem Elongation and Booting Stages



## Foliar Zn Application at Milk and Dough Stages



# Phytate is believed to impair Zn bioavailability



(P) : Phosphate group

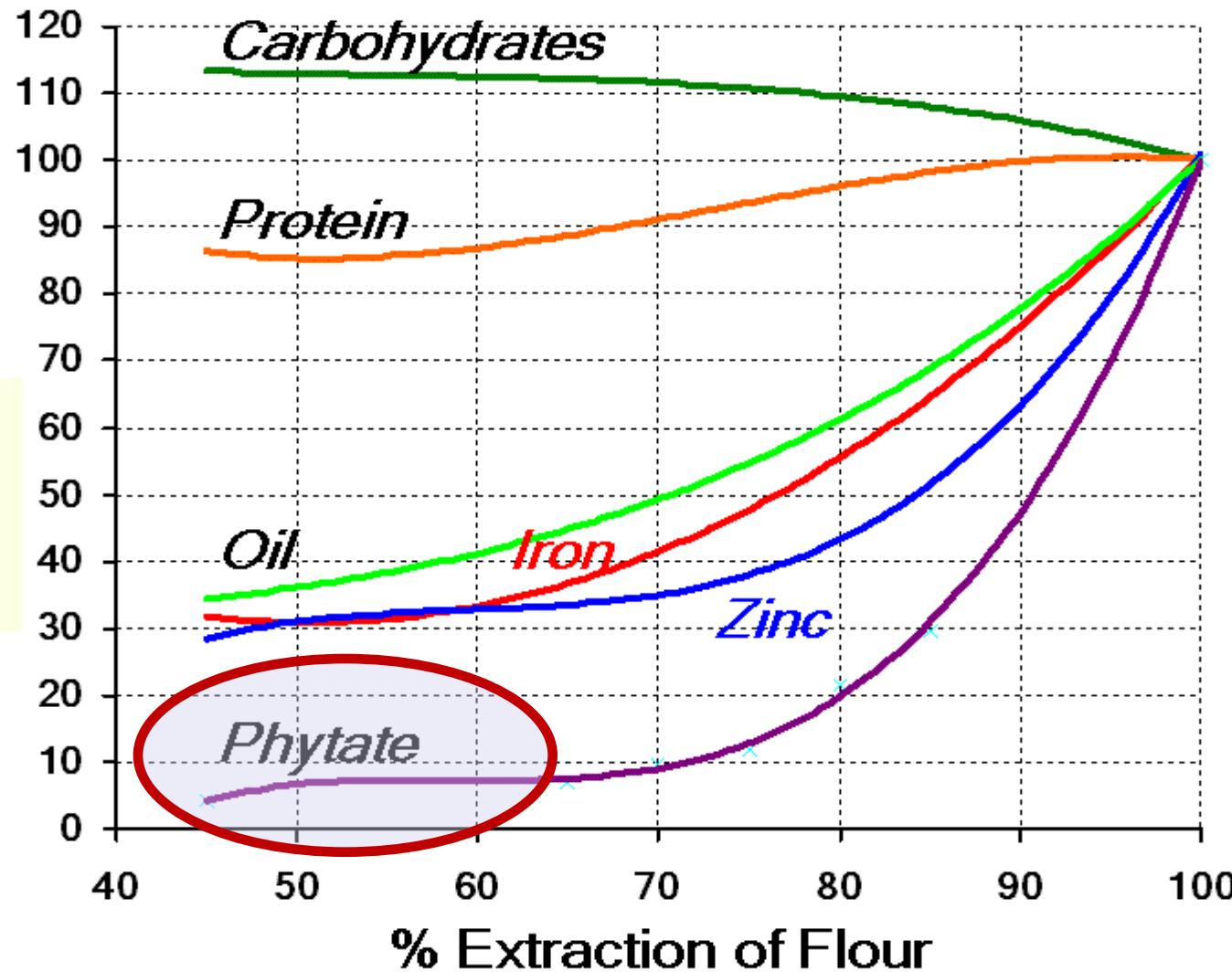
- Cereal grains are rich in phytate

- Phytate forms insoluble complexes with Zn<sup>2+</sup>

- Phytate concentration is very low in endosperm

# Change in Nutrient Composition With Milling Affects Bioavailability & Warrants Consideration in Breeding

% of Total  
in  
Unmilled  
Grain



# Thank you...

