



latr-meetups

welcome!

Mick Girdwood & Prasanna Sritharan

25 May 2022



Dr Prasanna Sritharan

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La Trobe Sports & Exercise Medicine Research Centre

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[@psbiomech](https://twitter.com/psbiomech)

Research interests:
Musculoskeletal modelling, biomechanical simulation

I use R for:
Data analysis, wrangling, visualisation



Mick Girdwood

PhD Student / Physiotherapist
La Trobe Sports & Exercise Medicine Research Centre

m.girdwood@Latrobe.edu

Research interests:
Muscle strength and cortical processes in MSK injuries

I use R for:
Data management, wrangling, analysis and
visualisation

OBJECTIVES

- Introduction
- Scenario
- Worked examples
- Over to you

OBJECTIVES

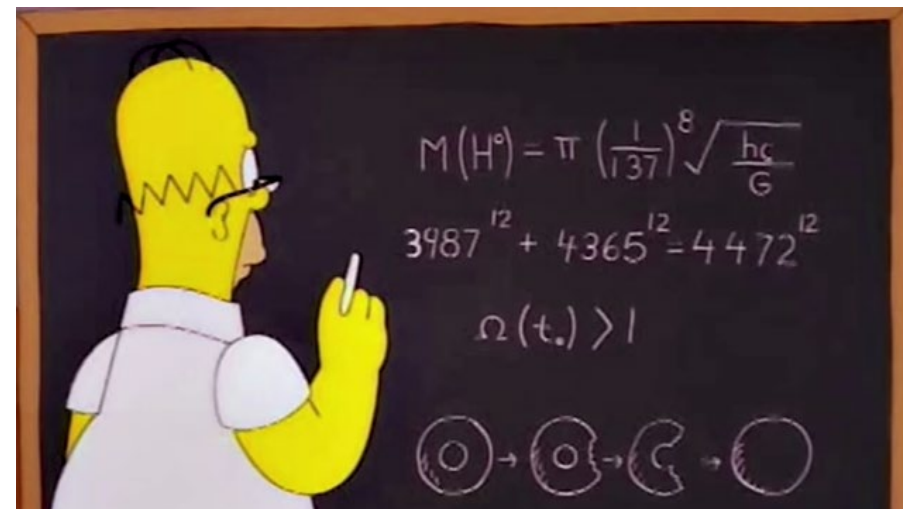
Friendly and regular meet up to help share the joy of R and other coding methods, between researchers and students



latr-meetu



Share our experiences with new packages



Workshops to help develop coding skills



Regular drop-in sessions for coding help

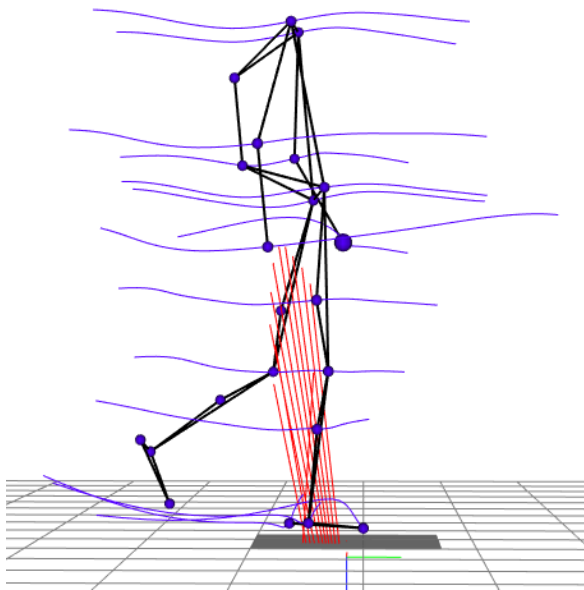


Initiate new collaborations
and explore new ideas and methods

Scenario:
Gait Experiments

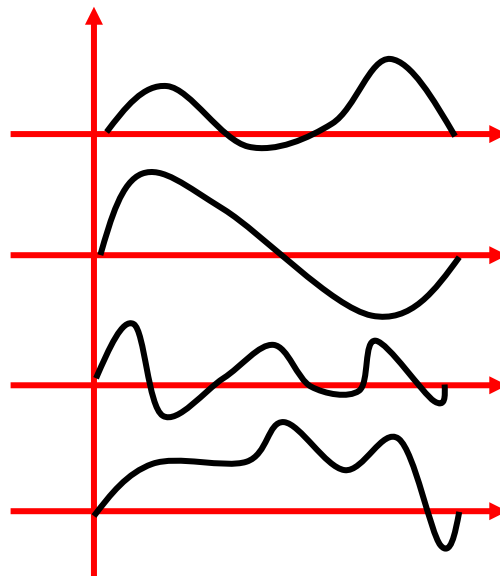


Experimental data



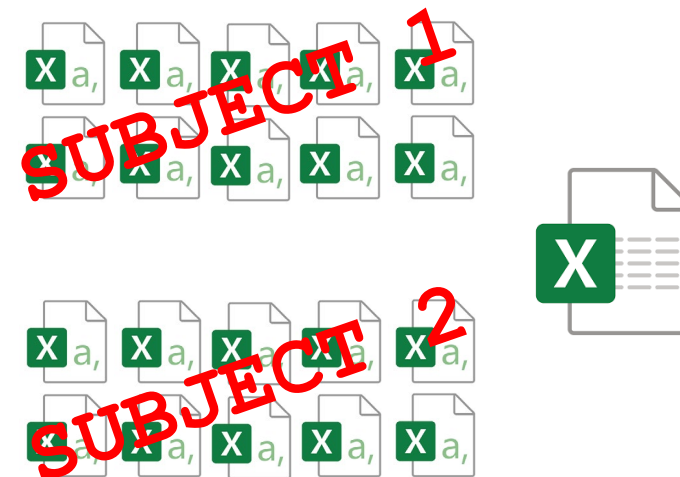
50 participants
25 symptomatic, 25 control
10 trials per participant

500 trials total
(250 trials per group)



20 measured temporal
variables per trial + time

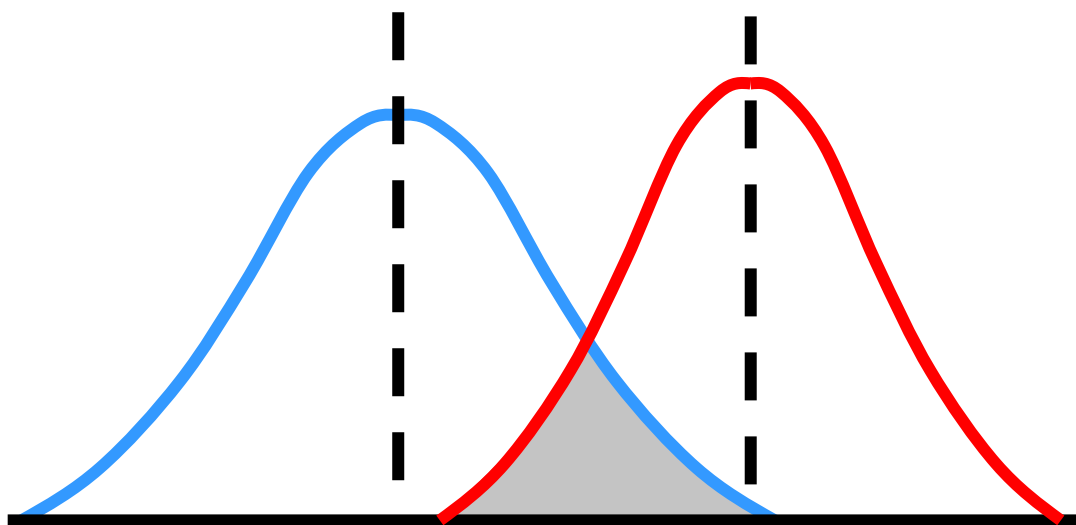
Each trial duration is different



10 CSV files per participant
21 data columns per file

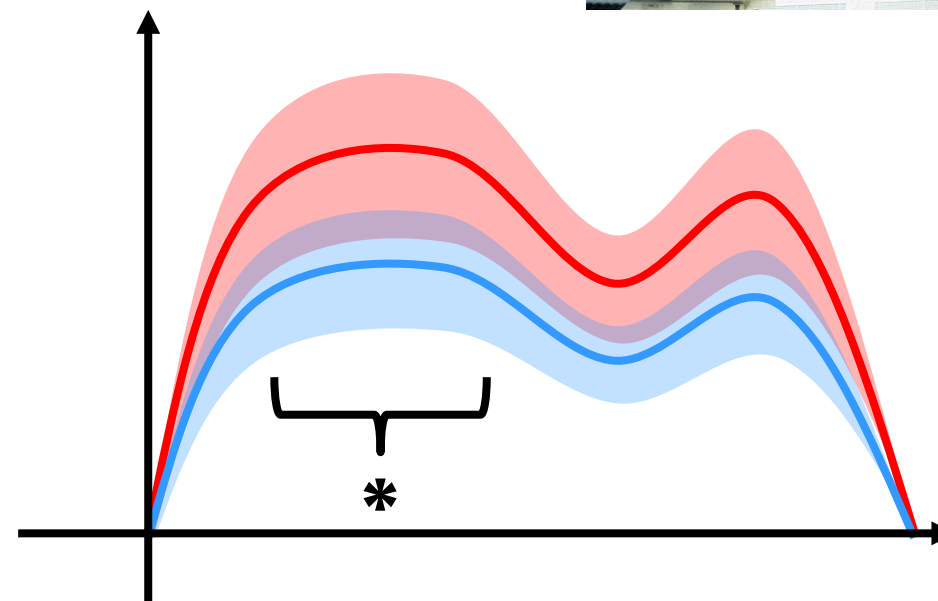
+ 1 Excel spreadsheet
with participant info
(group, age, mass, sex, etc)

Your mission



Calculate descriptives for each variable
(mean, variance, etc)

Perform inferential testing on each variable
(t-tests, F-test, ANOVA, SPM{?}, etc)



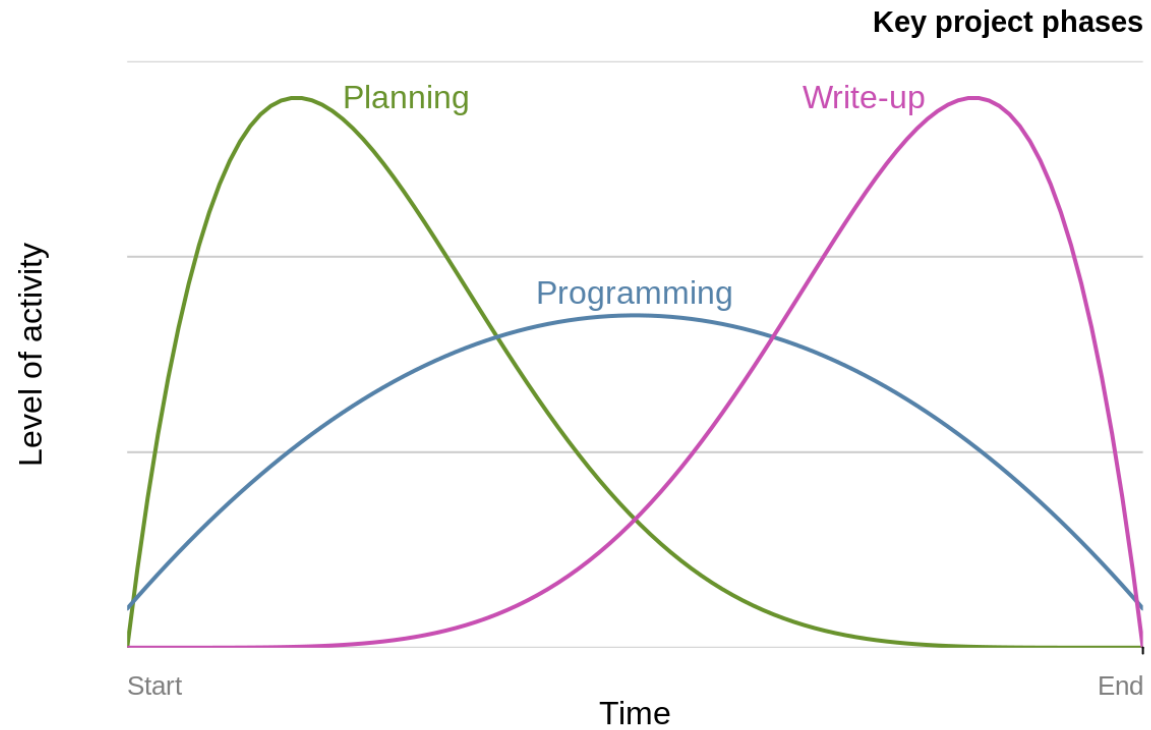
Generate plots of the mean of
each temporal variable with
 ± 1 std dev shaded

Indicate regions of significance

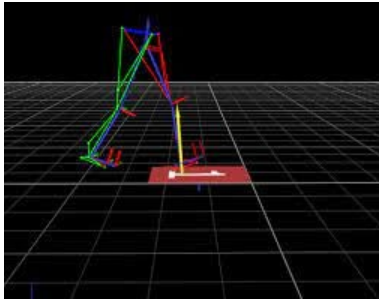
HOW CAN SCRIPTING HELP?

A scripting language is a programming language that automates the execution of tasks that would otherwise be performed individually by a human operator.

SCRIPTING \neq STATISTICS

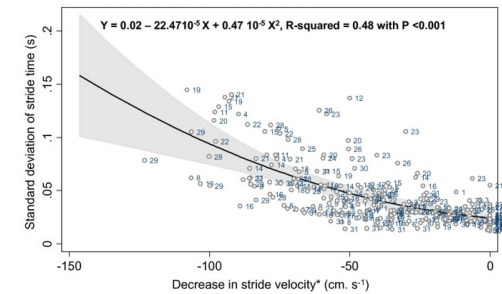


HOW CAN SCRIPTING HELP?



```
Console Terminal
# Print tibble to RStudio console
> my_tibble
# A tibble: 110 x 5
  Sepal.Length Sepal.Width Petal.Length Petal.Width Species
  <dbl>         <dbl>         <dbl>         <dbl>         <fct>
1     5.1         3.5         1.4         0.2      setosa
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# ... with 100 more rows
> |
```

$$t = \frac{\bar{X}_1 - \bar{X}_2}{\sqrt{\frac{s_1^2}{N_1} + \frac{s_2^2}{N_2}}}$$



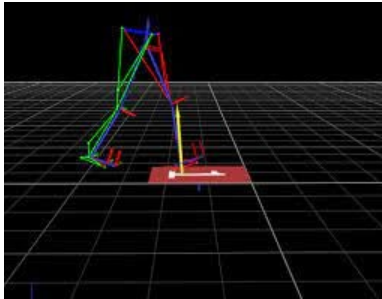
Acquire data

Prepare data

Modelling &
Analysis

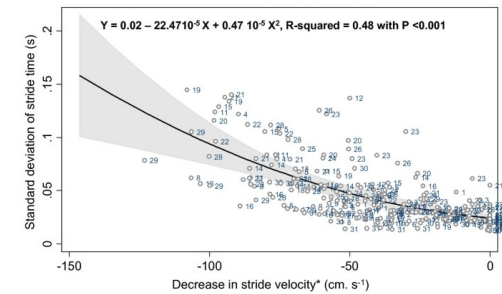
Report/
Visualise

HOW CAN SCRIPTING HELP?



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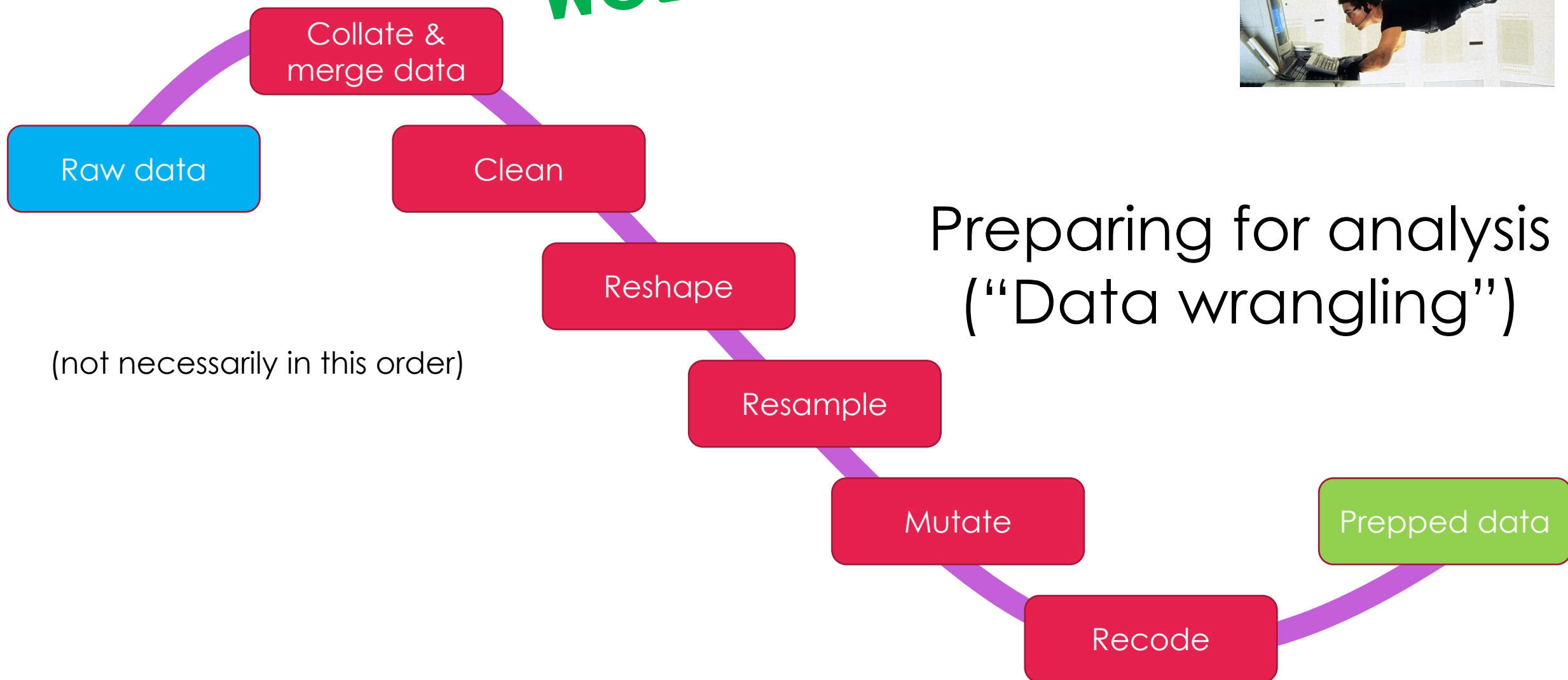
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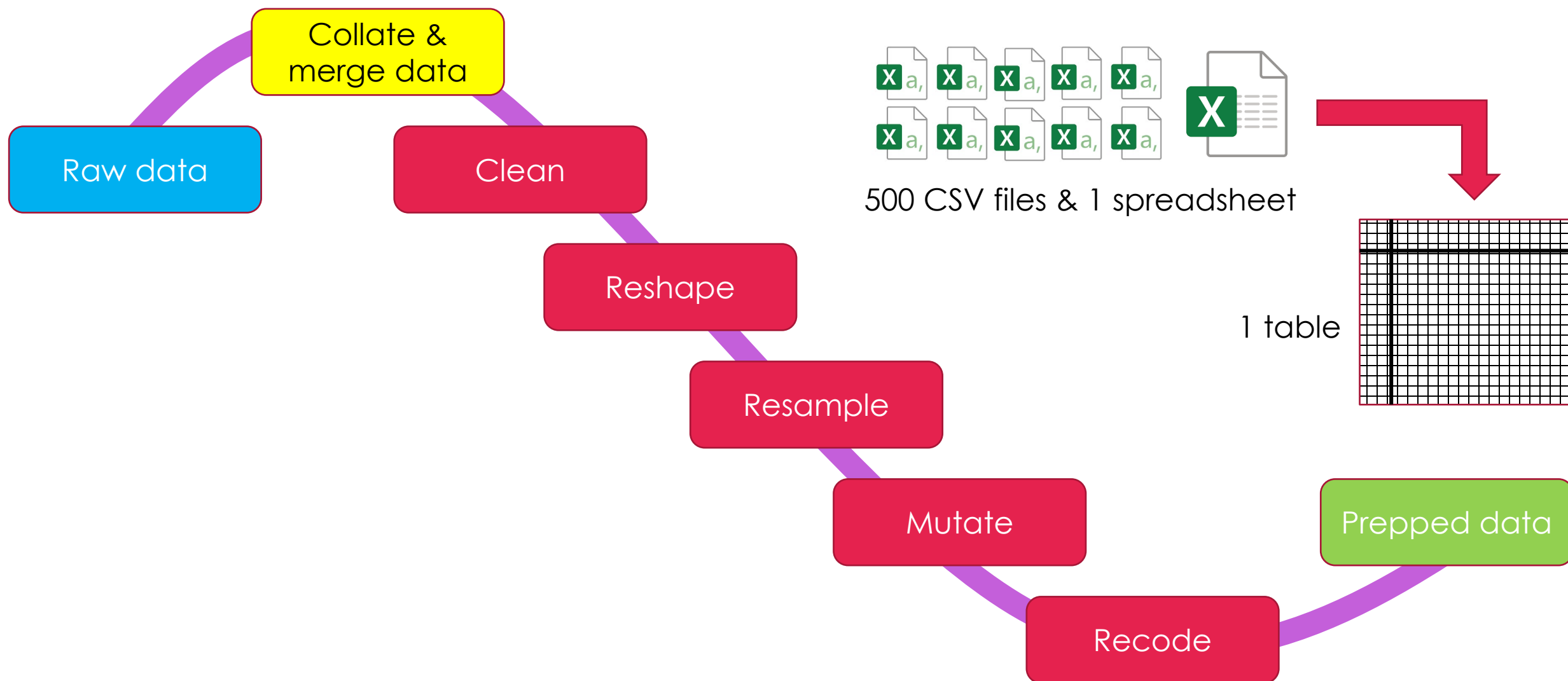
Modelling &
Analysis

Report/
Visualise

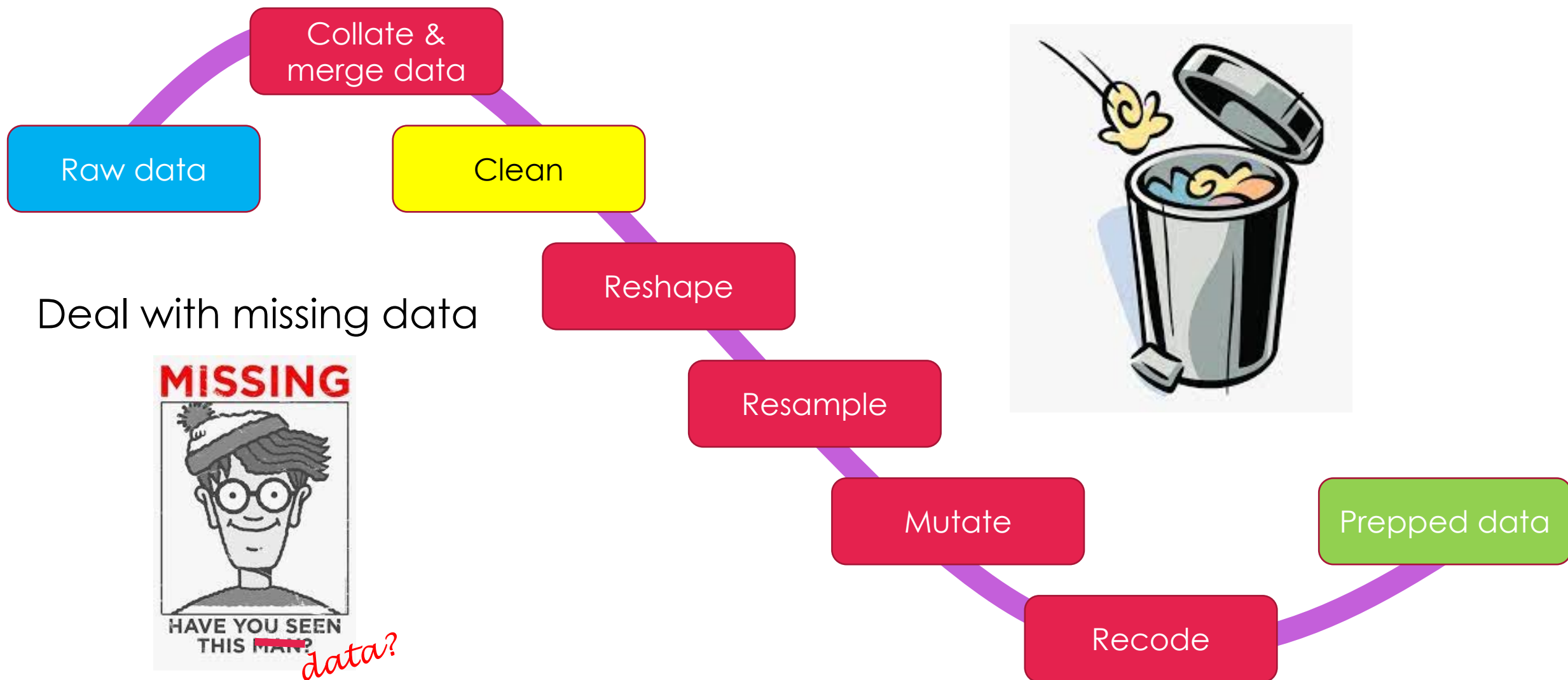
Workflow

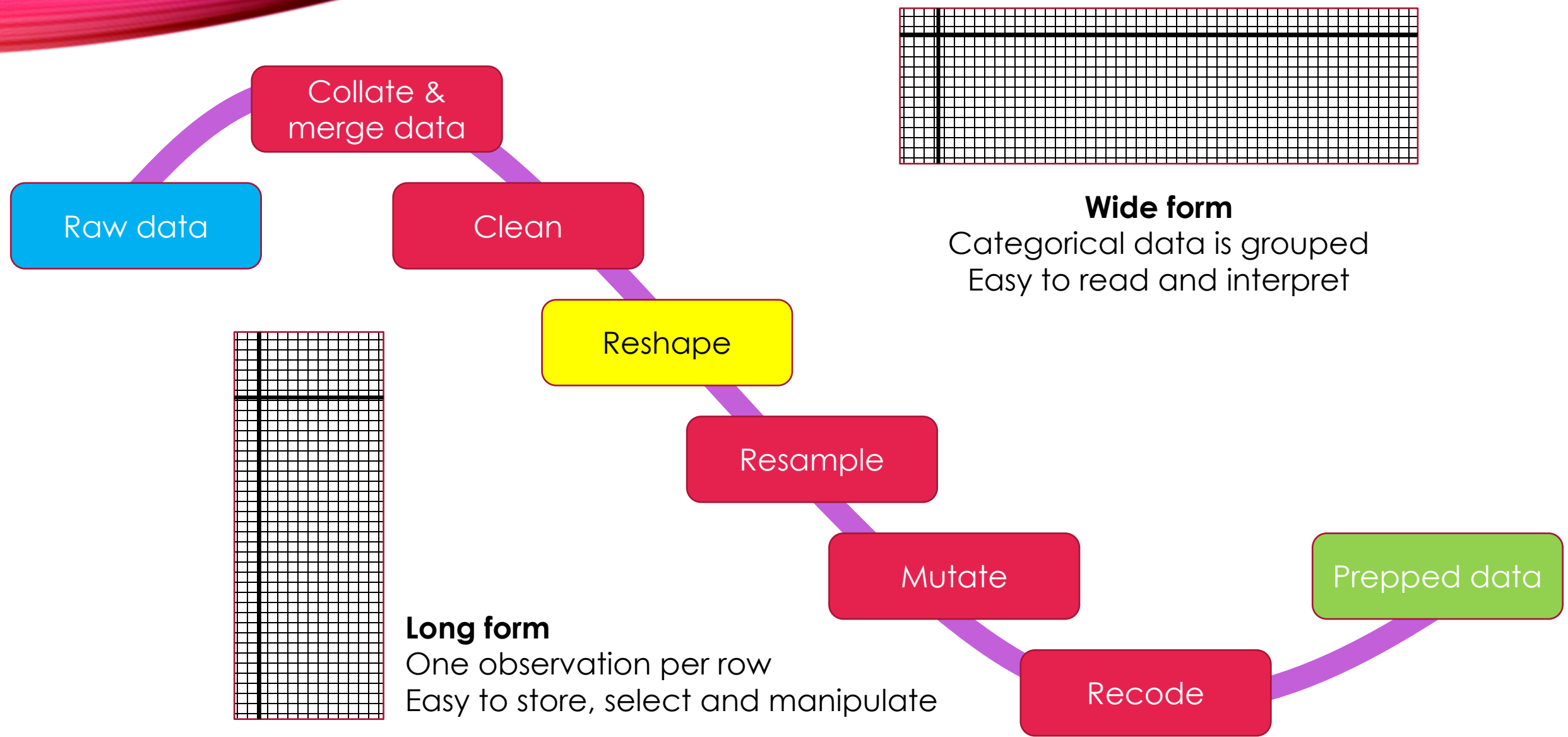


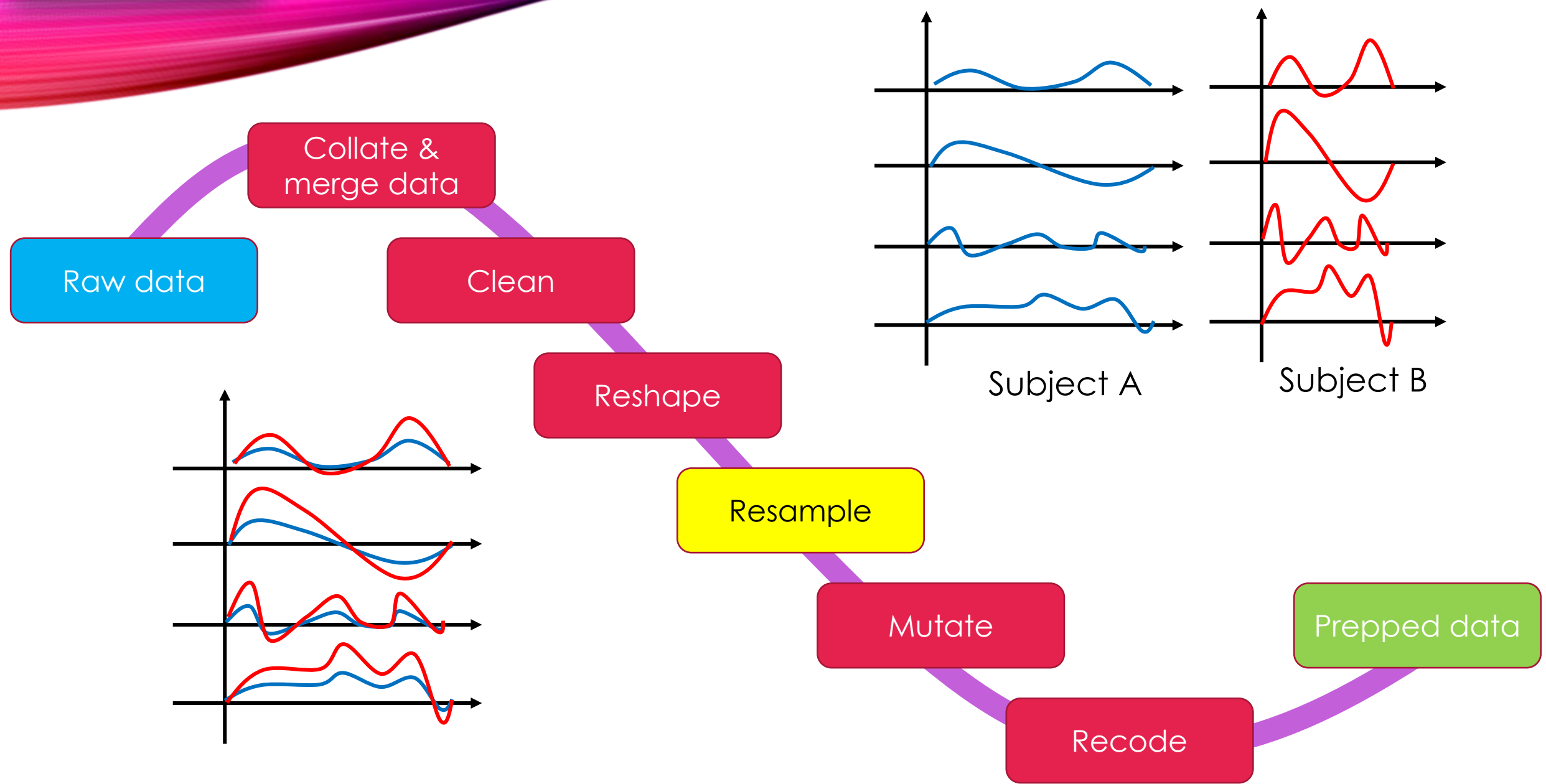
Gather all the raw data into one place



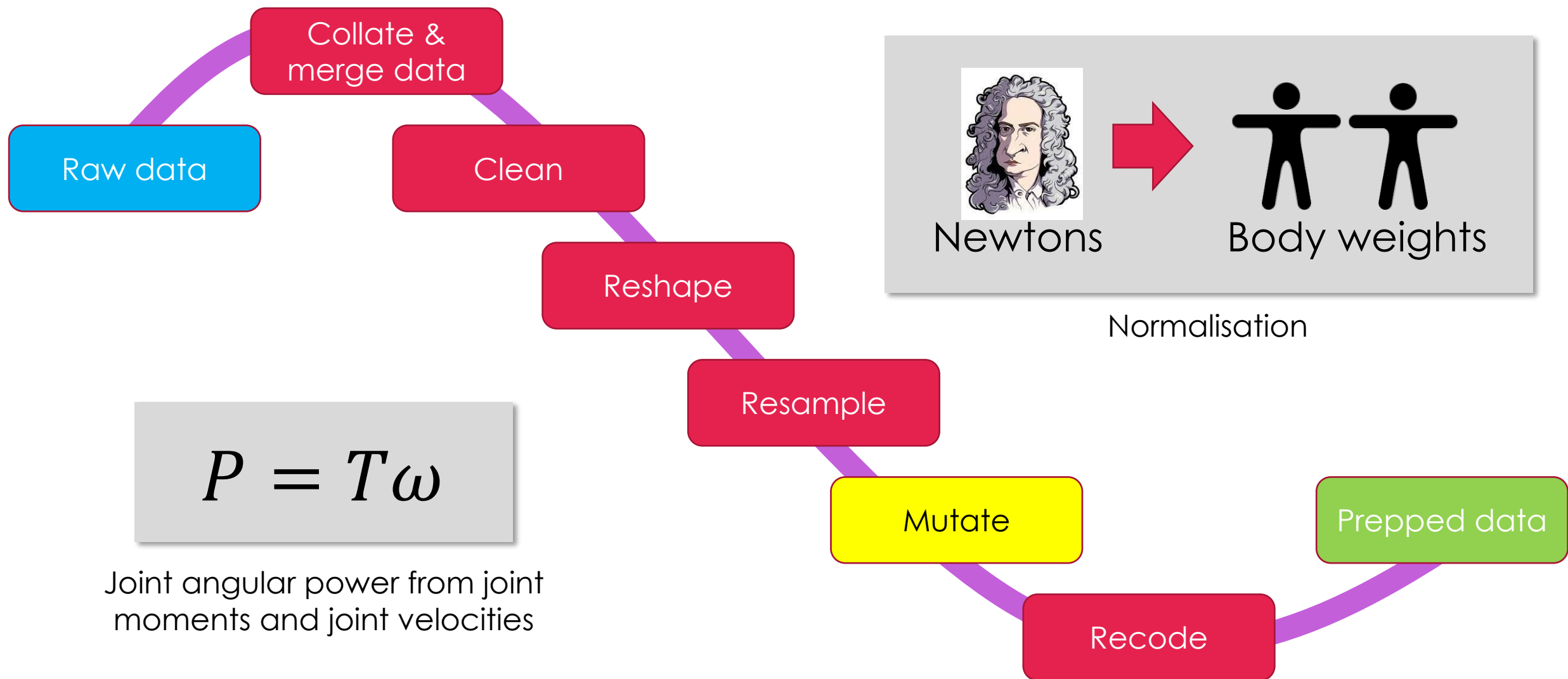
Throw out or rectify bad data

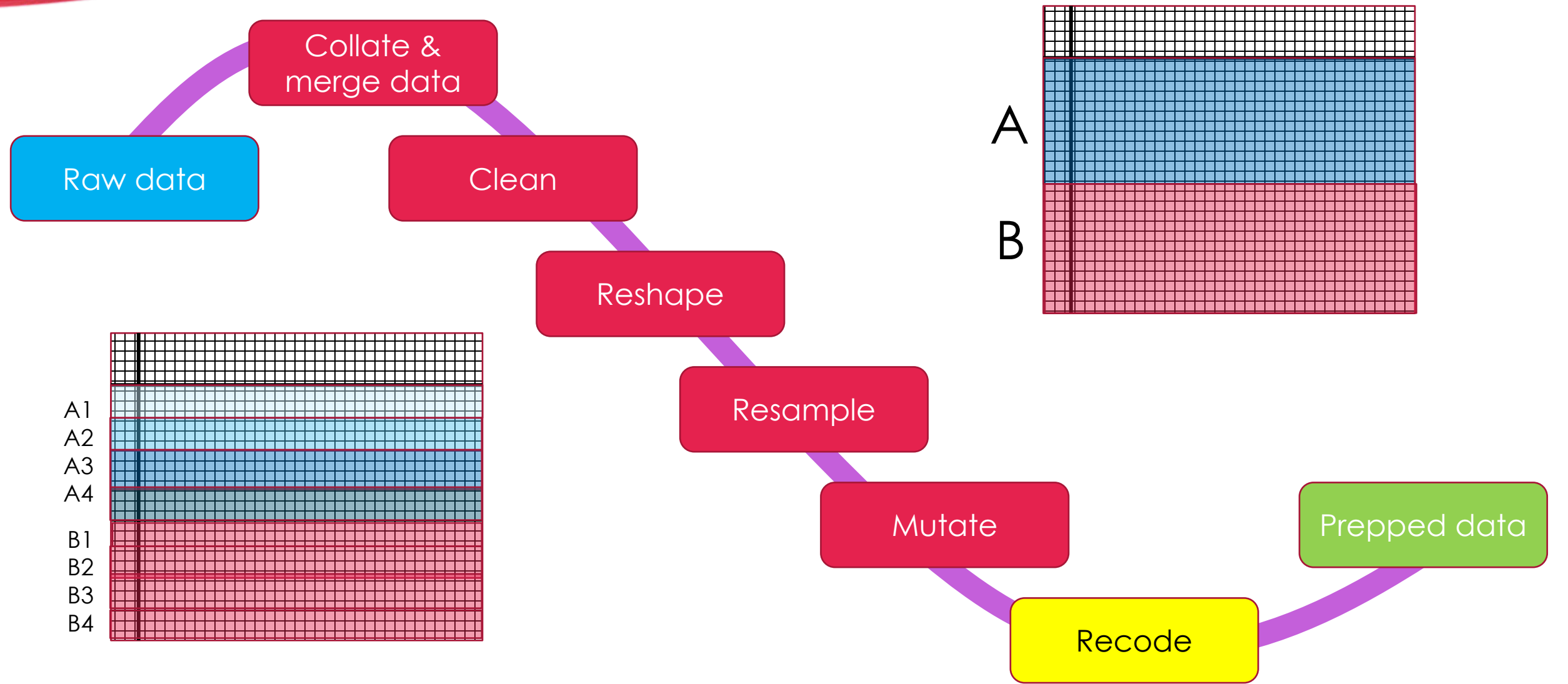






Create new variables from existing ones



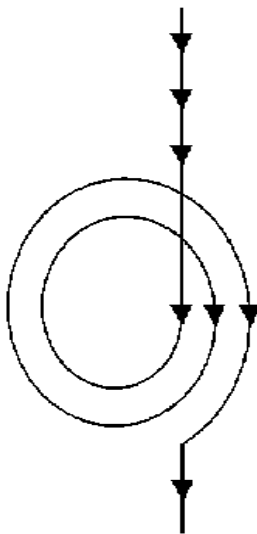


HOW CAN SCRIPTING HELP?

- **Lifelong skill**, improves problem solving through structural thinking
- Flexibility, the language isn't important, it's the thinking – languages are the easy part
- Enables abstraction, reusability, efficiency, and minimises errors
- Competitive advantage, scripting is not domain-specific, take it with you to your next job
- Develop an in-depth understanding of what you are doing and why



HOW CAN SCRIPTING HELP?



Algorithms, data structures,
control flow, functions

e.g. Loops:

Repeat actions until job done
e.g. load each CSV and
append data to a table.



Tools and functionality

Useful tools to help you do
what you need to do, e.g.
tidyverse for data wrangling
and visualisation.

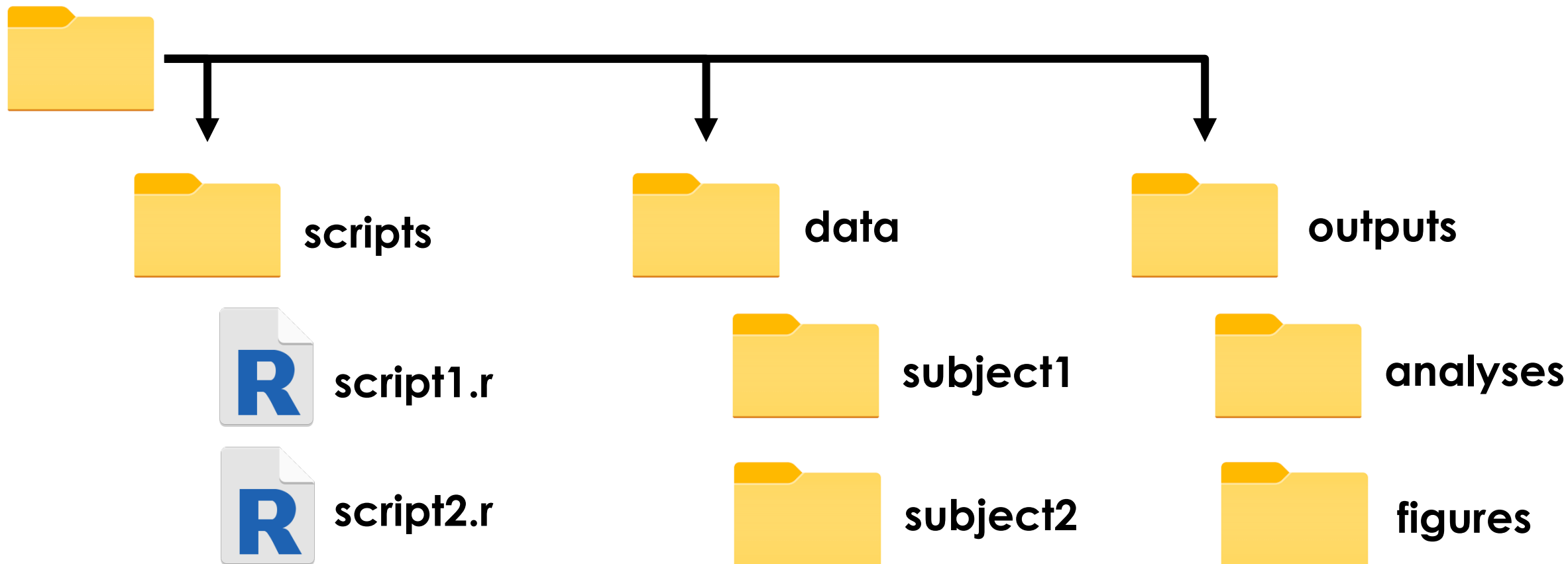


Reusability & flexibility

Scripts and functions you
develop can be modified and
reused for other projects,
saving time and effort.

Promotes more systematic management of information

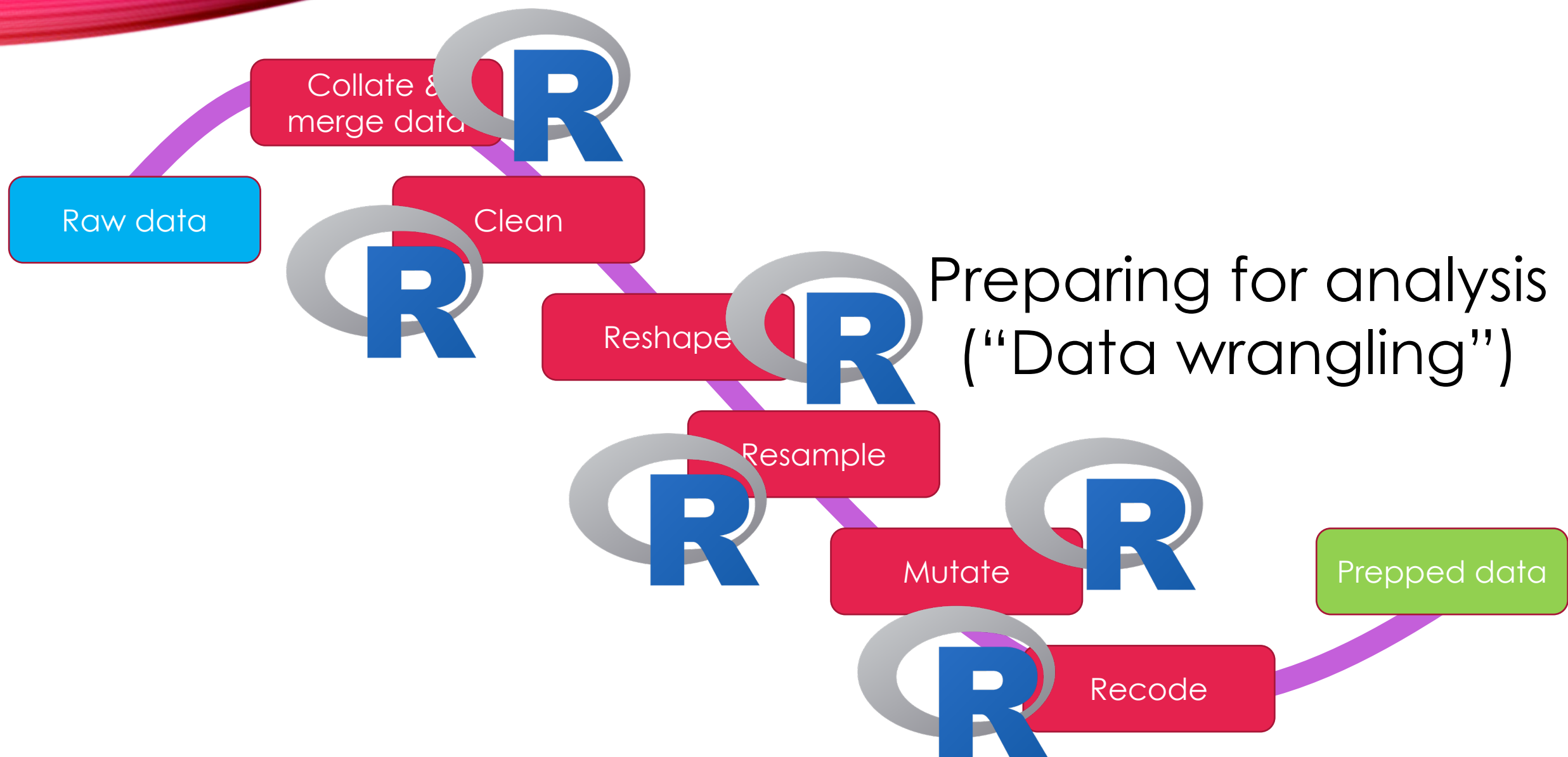
my_project



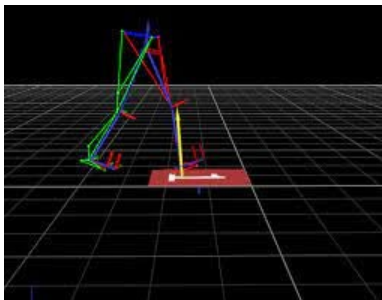
WHY USE R?



- R is a programming language
- Rich, flexible and powerful
- Specifically developed for statistical programming and data analysis
- Comes pre-built with many useful tools for statistics and analysis, data wrangling and visualisation
- Easy to set up, easy to learn

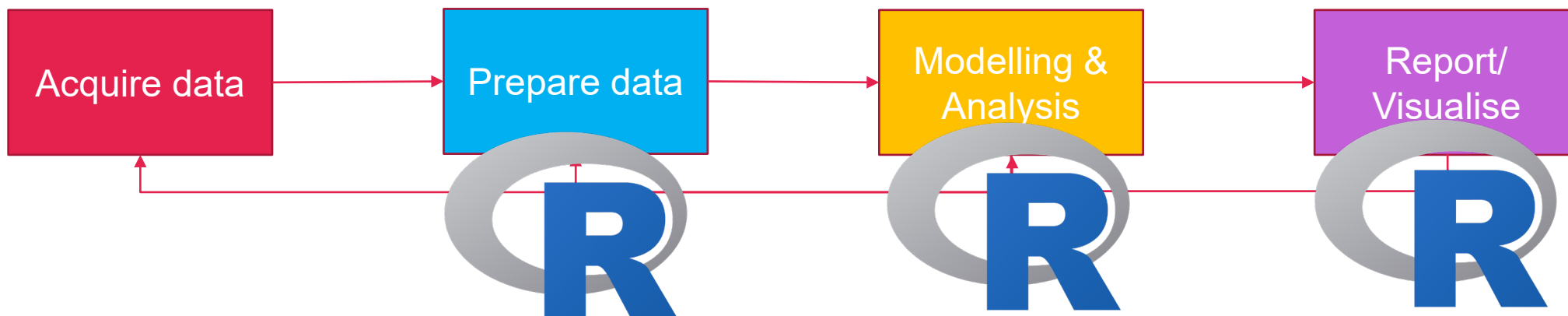
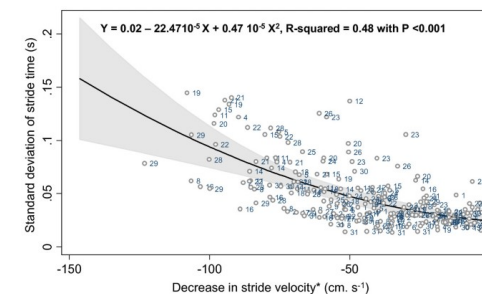


Implement your whole workflow with R scripts!



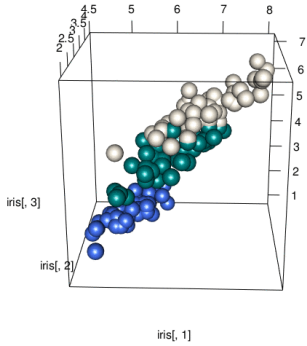
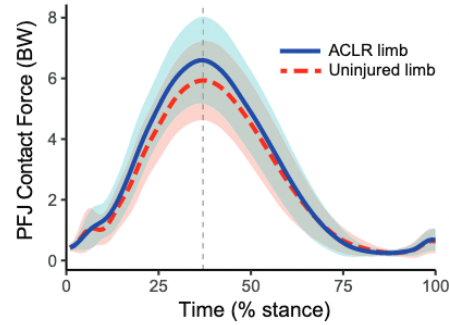
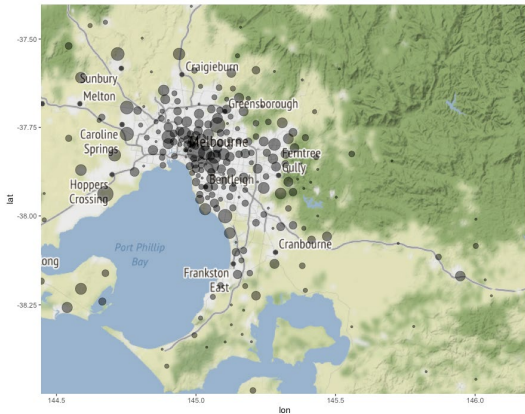
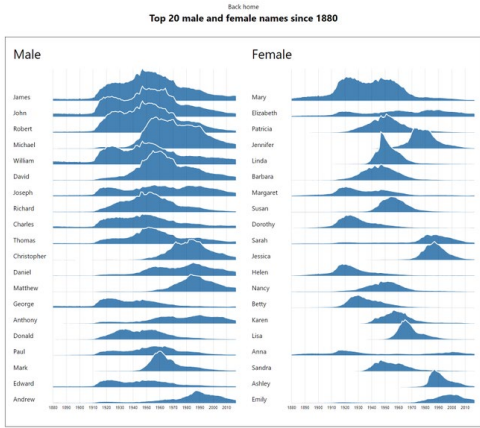
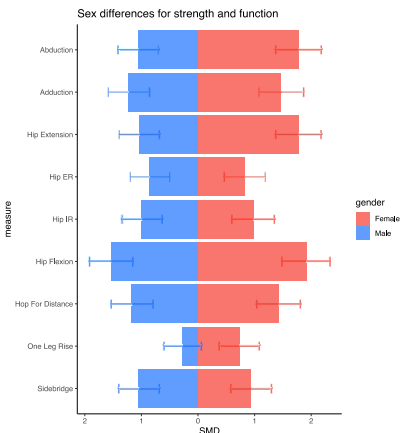
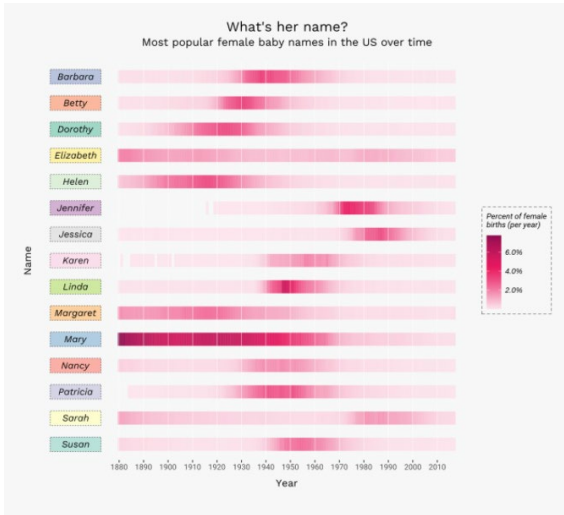
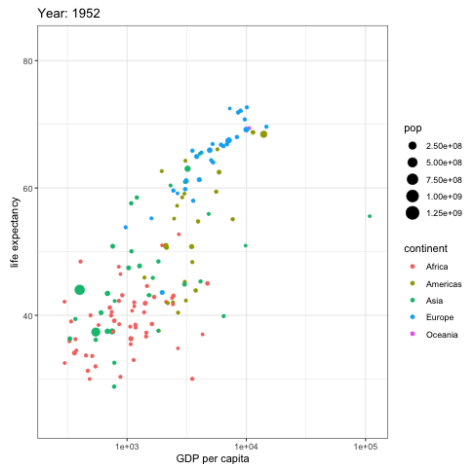
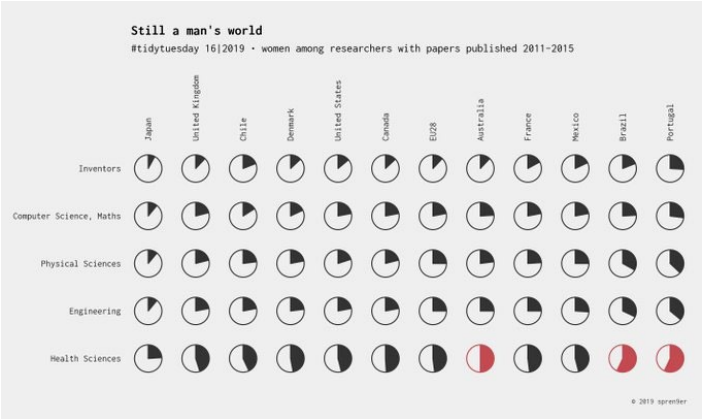
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LESS OBVIOUS APPLICATIONS

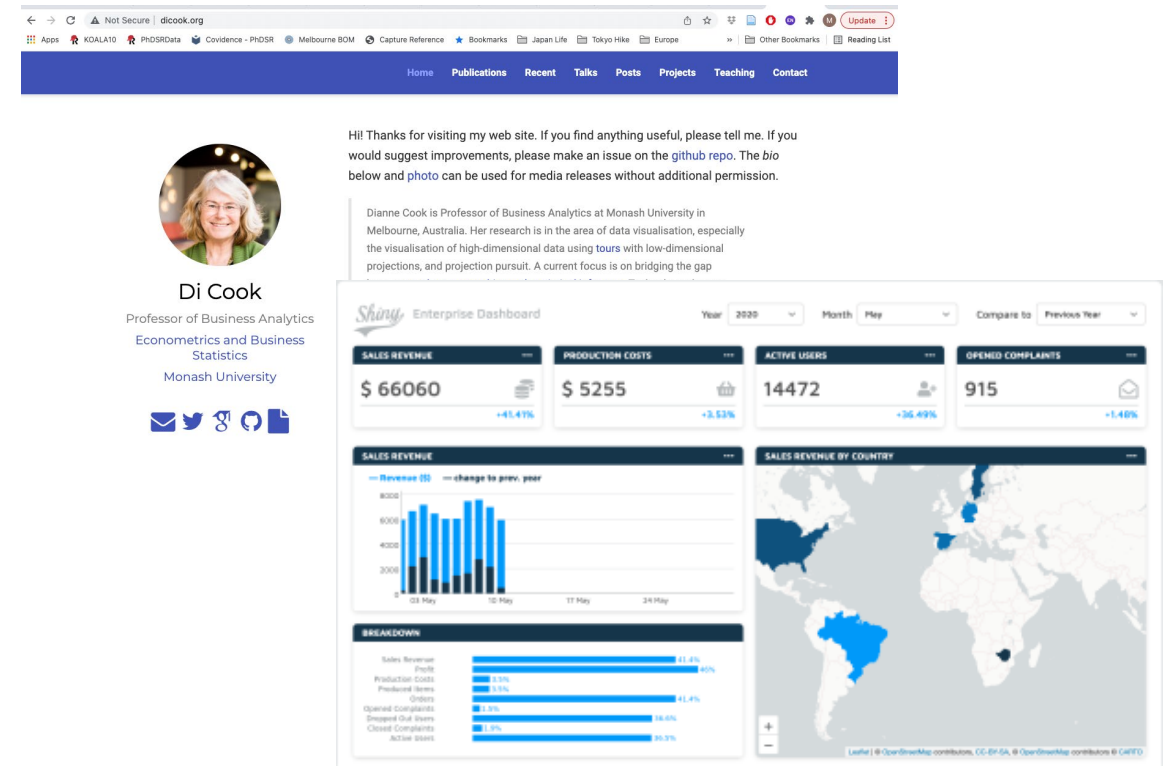
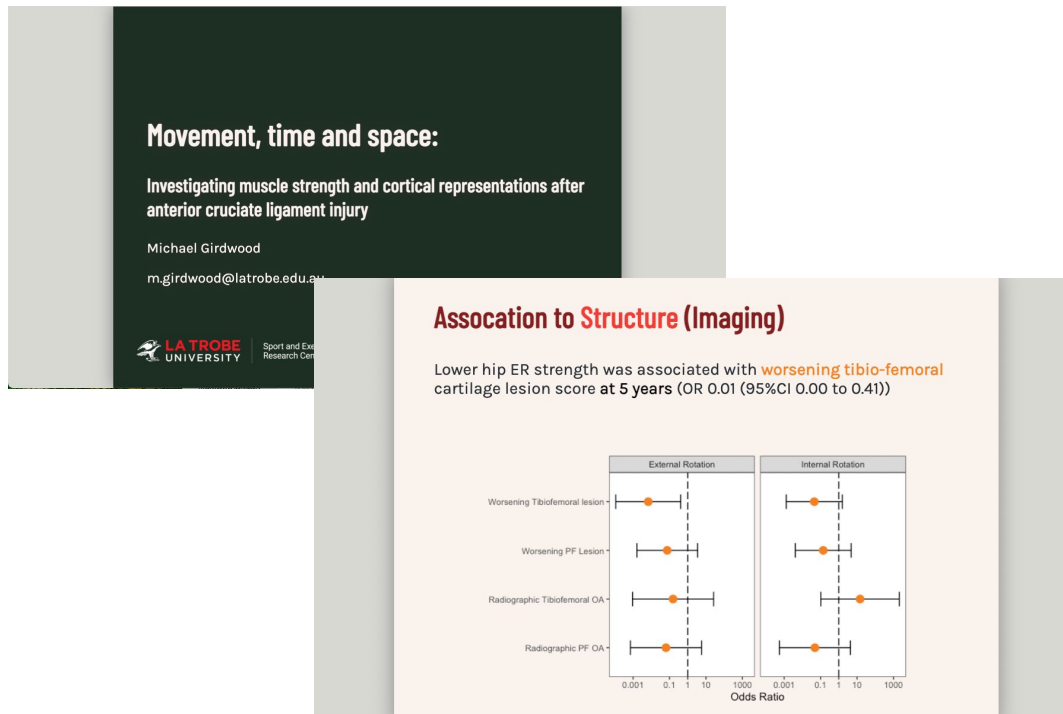
- Rich, sophisticated visualisations



LESS OBVIOUS APPLICATIONS

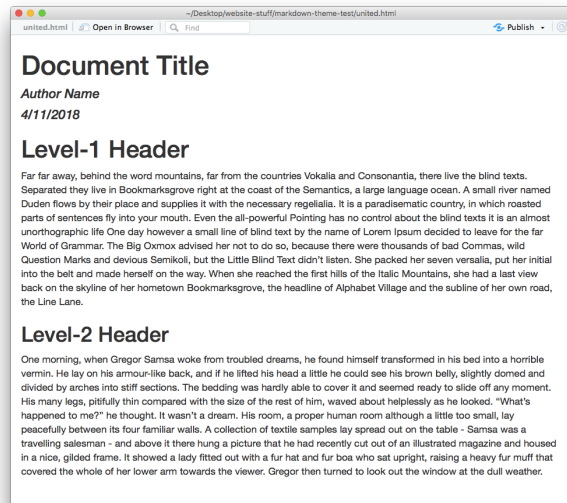
- Presentations/Slides

- Websites / Dashboards / Apps

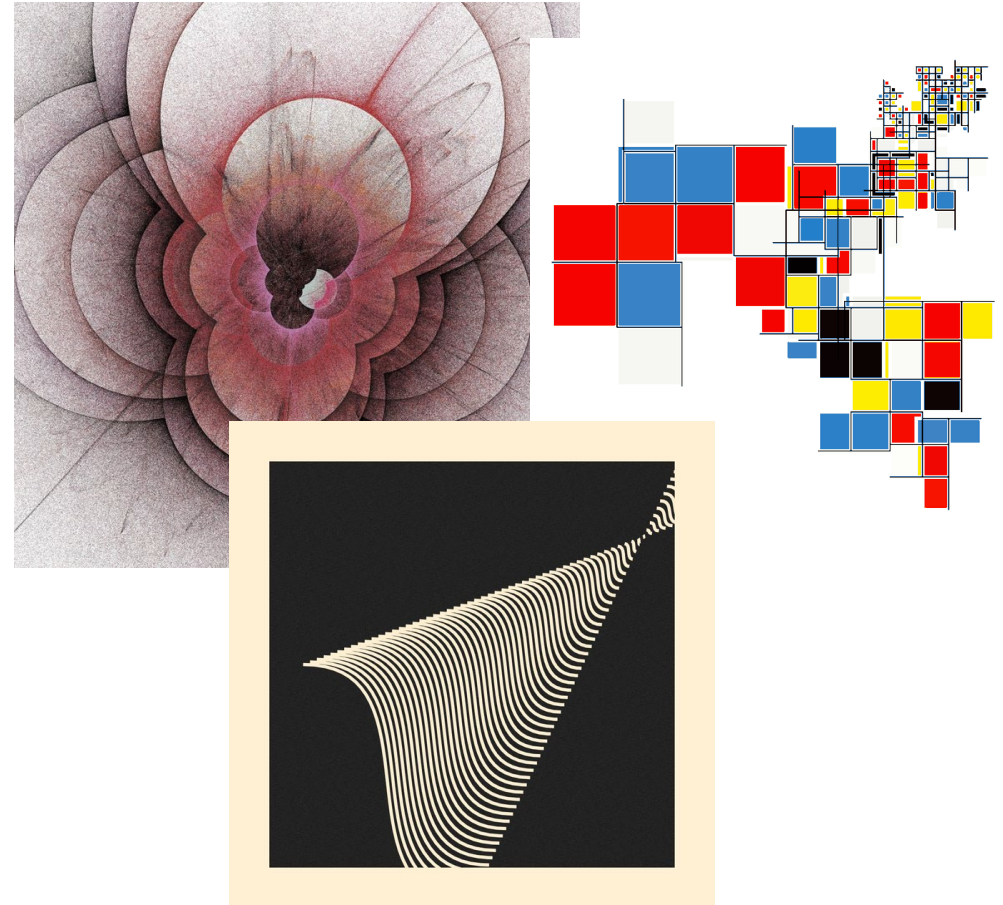


LESS OBVIOUS APPLICATIONS

- Documents / Reports



- Art!





WORKED EXAMPLE



OVER TO YOU!

RESOURCES

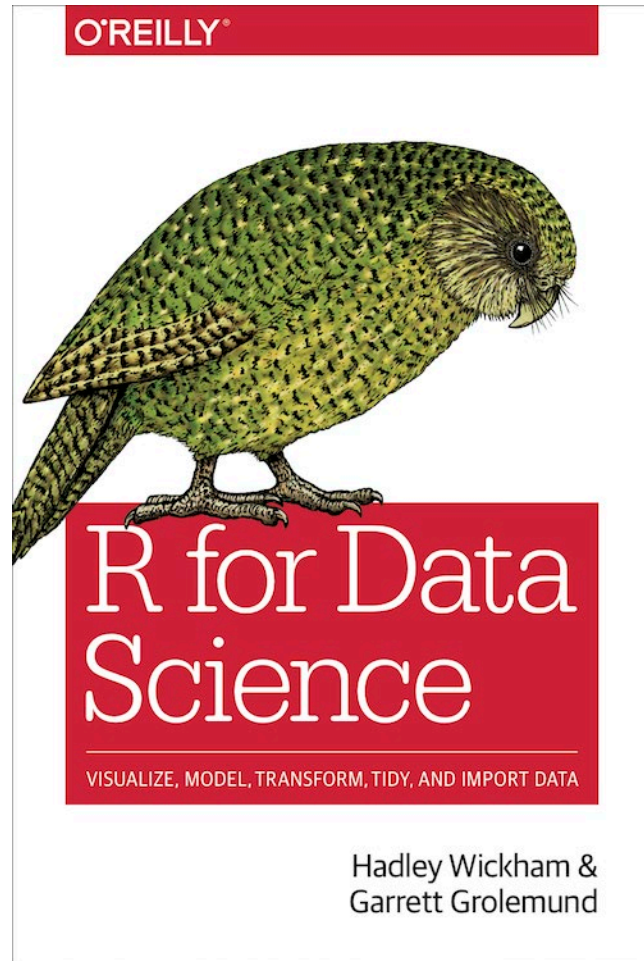


Learn R, in R.

swirl teaches you R programming and data science
interactively, at your own pace, and right in the R
console!

<https://swirlstats.com/>

RESOURCES

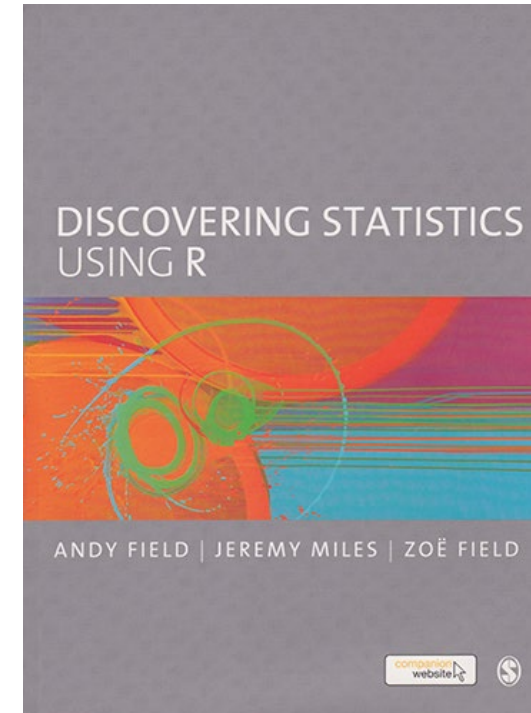


<https://r4ds.had.co.nz/index.html>

RESOURCES



<https://bookdown.org/ndphillips/YaRrr/>



<https://www.discoveringstatistics.com/books/discovering-stat>

RESOURCES





BRING A PROBLEM TO SOLVE!

THANK YOU!

Presentations, code and other stuff available here
(for the moment, until we can find a nice place for them):

<https://github.com/latr-meetups/latr>