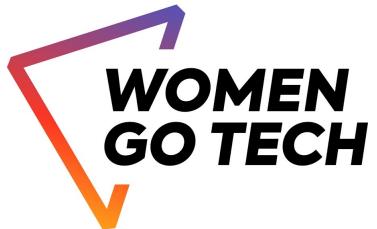


# Sprints & Strategies: Mastering Agile practices

- Arūnas Penkaitis
- 2024.04.24





Pasaulinio  
JA tinklo nariai

# Arūnas Penkaitis

## Digital innovations

- Agile Coach @ Agile Coach Lithuania
- Lecturer @ Verslo Žinios Academy
- Mentor @ Women Go Tech
- Mentor @ Lietuvos Junior Achievement
- Mentor @ Innovation Agency Lithuania
- Co-founder @ CIO.LT association
- Innovations director @ InMedica & Kardiolita
- Board member @ Central Project Management Agency



Agile.  
What it really is?



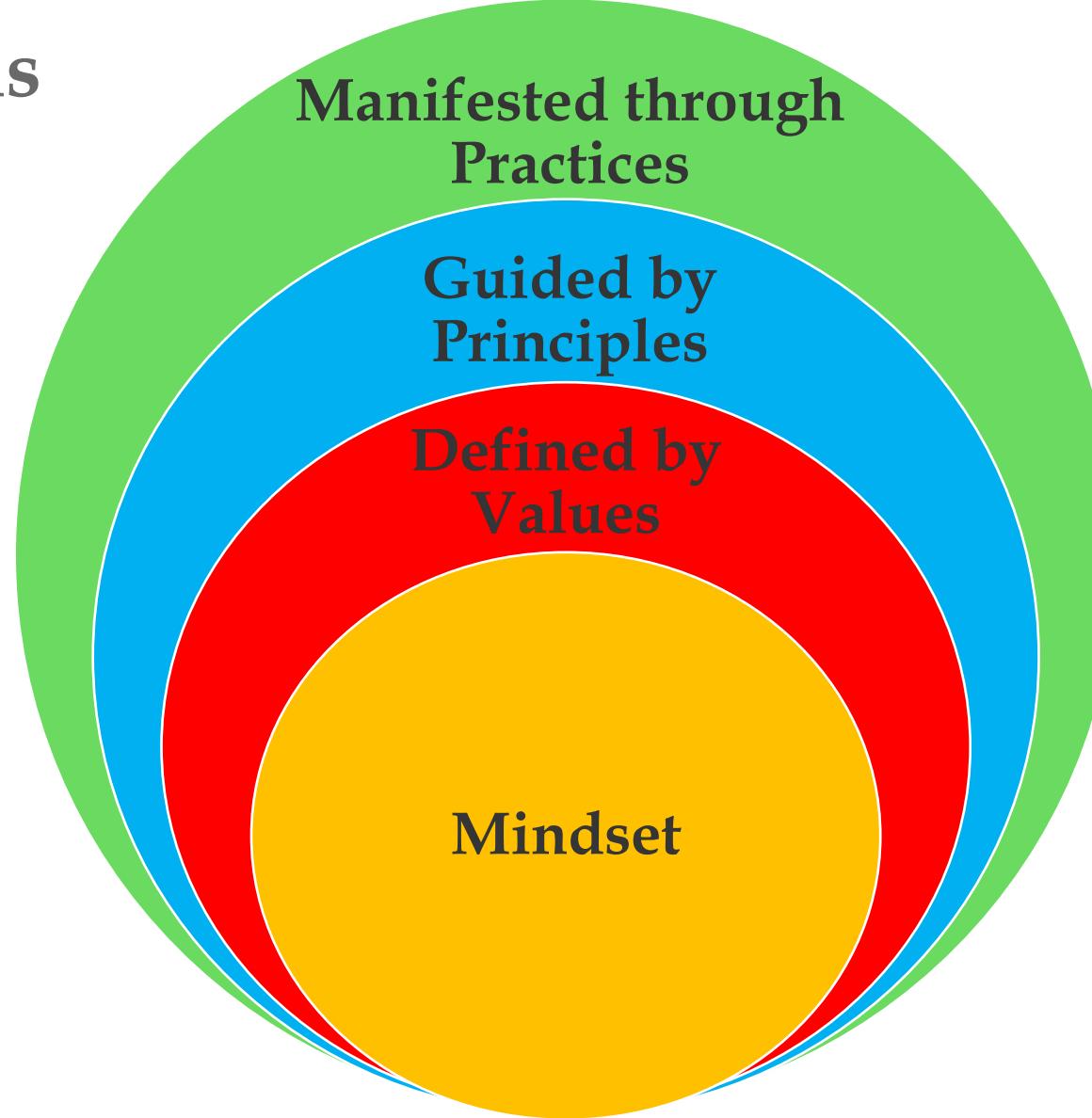
# Agile myths

A photograph of a person from the chest down, wearing a dark green blazer over a white shirt and a dark tie. They are holding a white rectangular card with the word "NO" printed in large, bold, black capital letters. The card is held up towards the camera, with the person's fingers visible at the top and bottom edges. The background is plain and light-colored.

NO

- Agile = Scrum. Or Kanban.
- Excuse to stop producing documentation
- Opportunity to eliminate planning
- Open season on scope creep
- Blindly following a set of “best” practices
- Excuse for poor quality
- Undisciplined
- Hippie cult, quick fix, silver bullet, ...

# So what Agile is



# Agile mindset



# Defined by values: Agile manifesto

We are uncovering better ways of developing solutions **by doing it and helping others do it.**

Through this work we have come to value:

- **Individuals and interactions** over processes and tools
- **Working and valuable solution** over comprehensive documentation
- **Customer collaboration** over contract negotiation
- **Responding to change** over following a plan

That is, while **there is value in the items on the right,**

**we value the items on the left more.**

# Guided by principles: 12 Agile principles

Satisfy the  
Customer

Welcome  
change

Deliver  
Frequently

Collaborate  
Daily

Support &  
Trust  
Motivated  
Teams

Promote  
Face-to-Face  
Conversations

Deliver  
Working  
Solution

Promote  
Sustainable  
Pace

Promote  
Technical  
Excellence

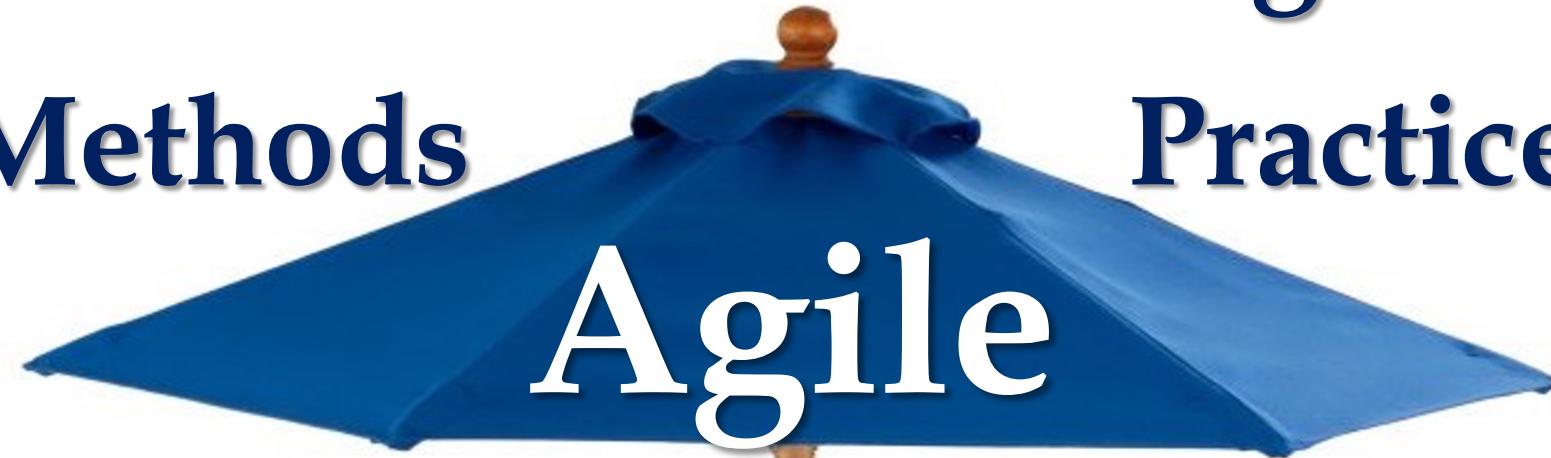
Maximize  
Through  
Simplicity

Have Self-  
Organized  
Teams

Reflect &  
Adjust  
Regularly

# Manifested through

## Methods      Practices



XP

Lean

Scrum

Kanban

...

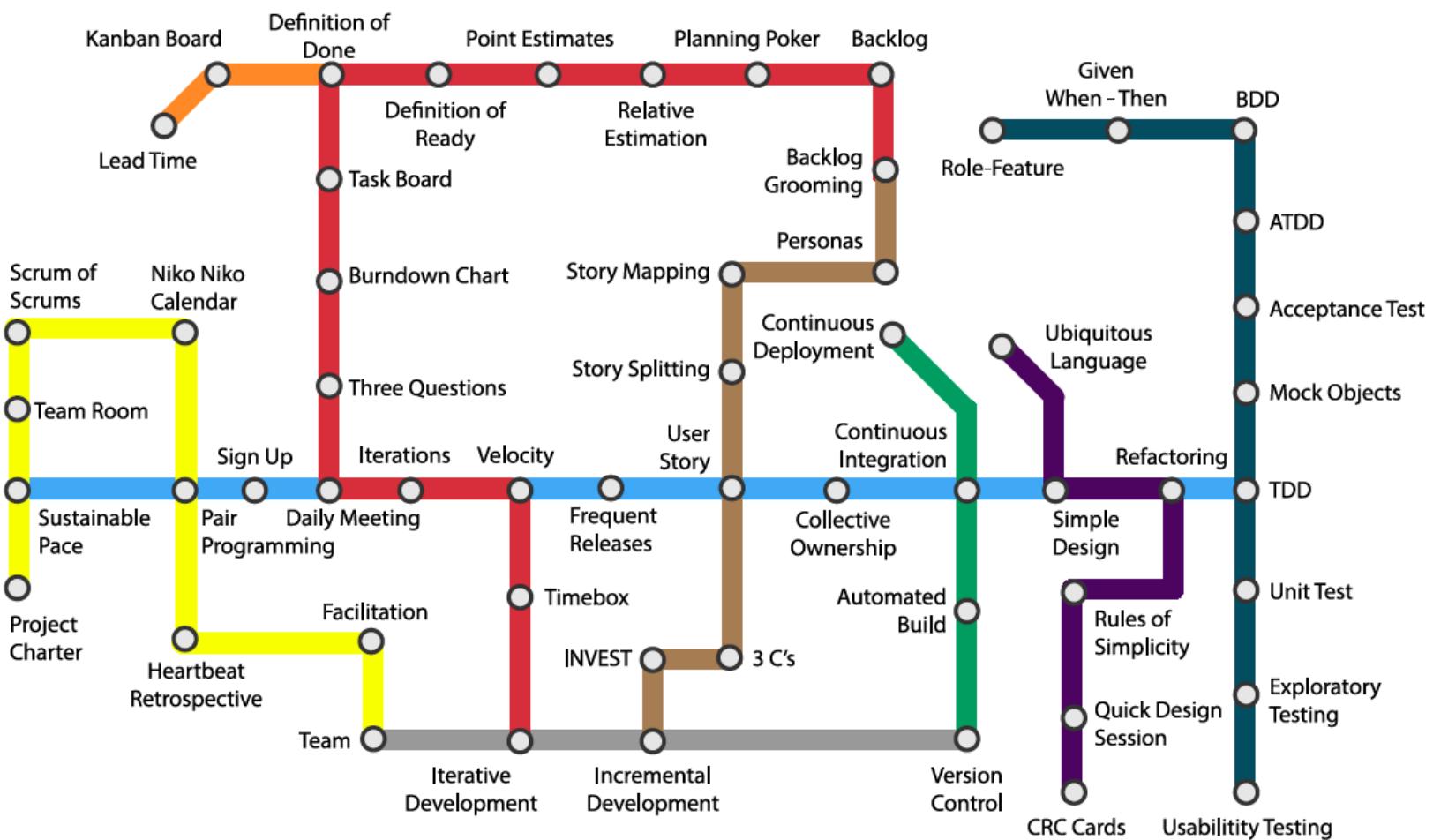
Continuous  
Integration

Pair  
programming

TDD

Refactoring

...



## Practice Areas

Extreme Programming

Teams

Lean

Scrum

Product Management

DevOps

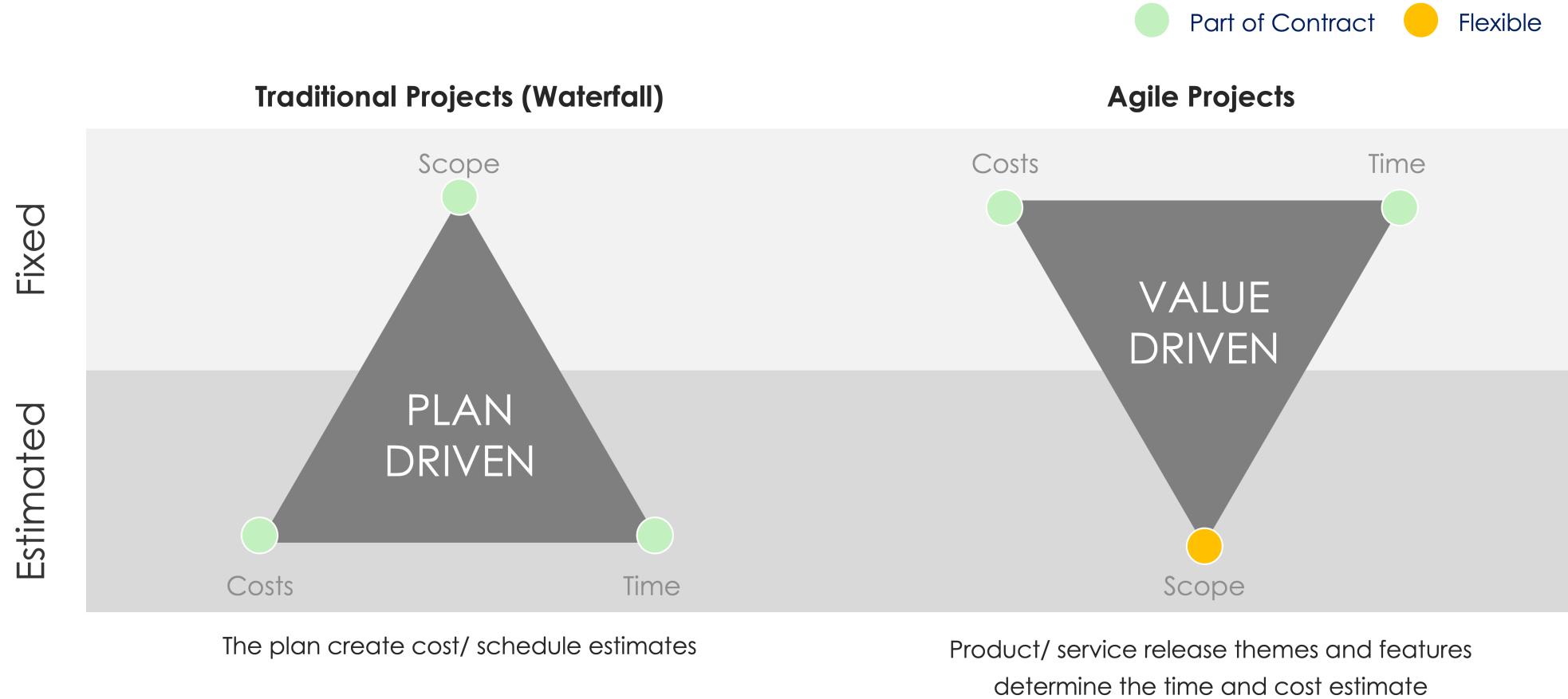
Design

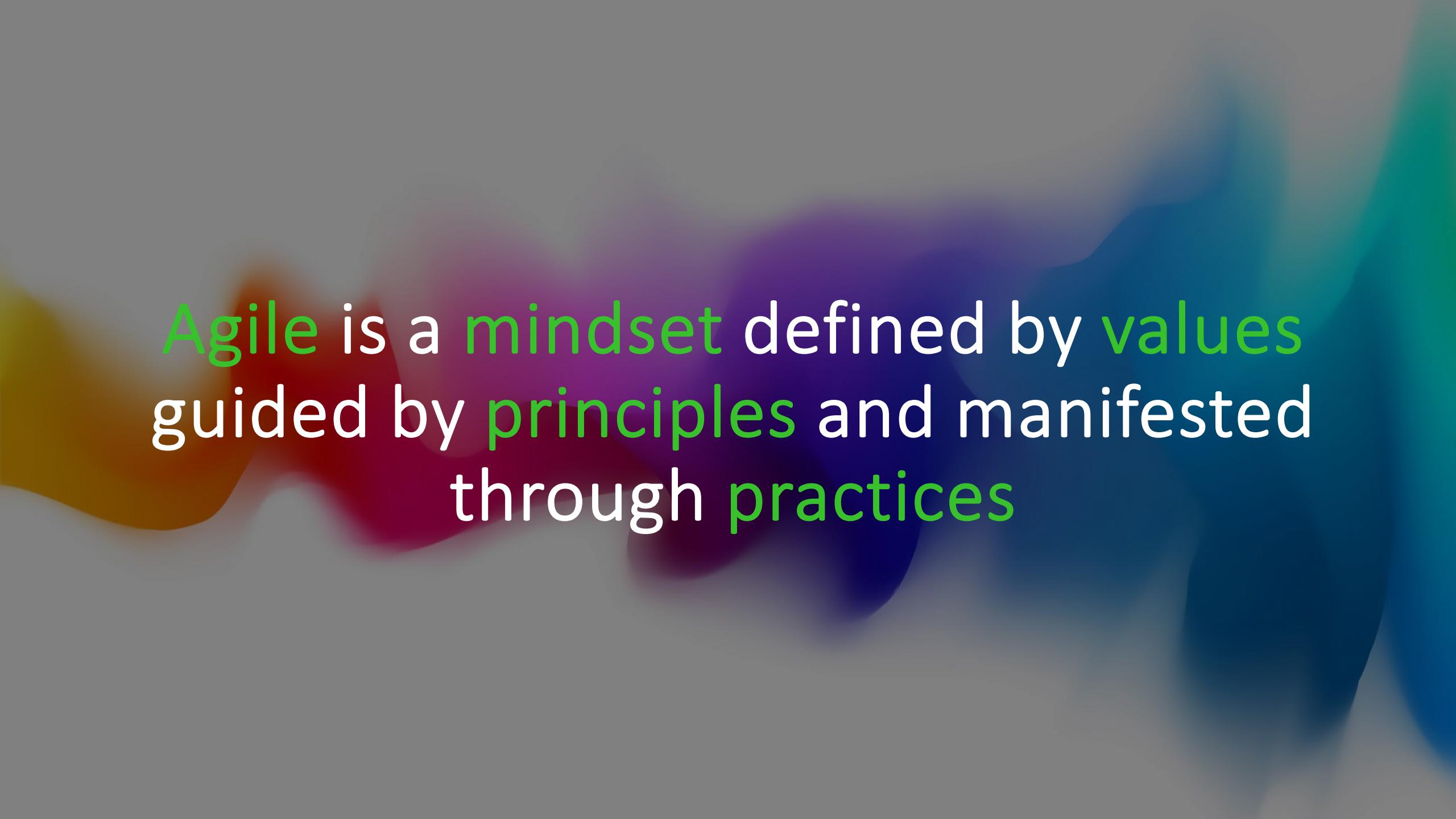
Testing

Fundamentals

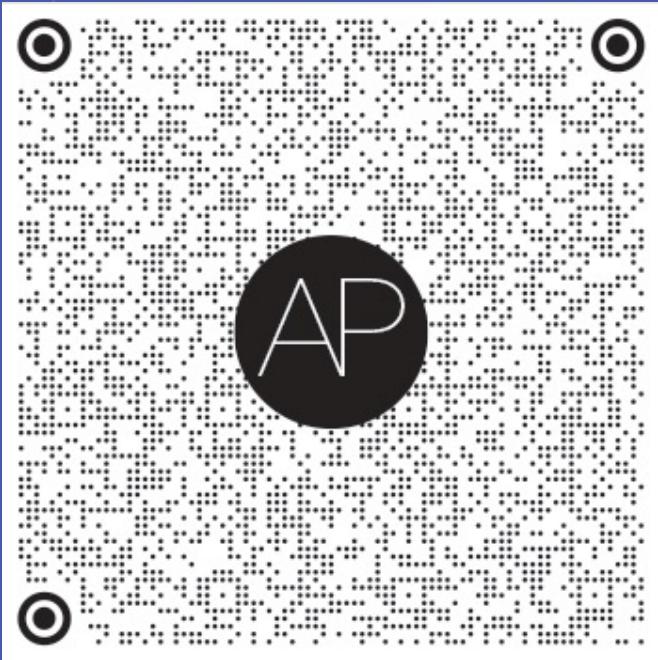
Laura Klemme  
From: Agile Alliance

# Project management iron triangle



The background of the slide features a dark gray gradient with soft, blurred, and overlapping abstract shapes in shades of yellow, orange, red, purple, blue, and green. These shapes are more prominent on the left side and fade towards the right.

Agile is a mindset defined by values  
guided by principles and manifested  
through practices



# Thank you!

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