

# Laura Gupta, MSW

I am a web developer already using HTML, CSS, and JavaScript. Through a full time coding bootcamp, I am learning to be a full stack developer. Learning new things and constantly growing are important characteristics to me. I am passionate about helping other people develop their skills and strengths through fostering an environment of critical thinking, experimentation, working together, and self-motivated learning.

## Experience

### **Assistant Manager, Momentum for Mental Health; San Jose, CA 2011-2013**

Assisted Managing Momentum's largest program of 40+ staff who served over a thousand clients. I worked with local Colleges and Universities to hire, train, and maintain an internship program. I worked on improving technology availability for staff to improve work productivity. I made technology resources more available to clients in order to provide resources where clients could take initiative in their own recovery. I coordinated the transfer of clients to lower levels of care.

### **Assessment and Customer Service Clinician, Momentum for Mental Health; San Jose, CA 2008-2011**

Welcomed new clients into the agency as the first point of contact giving them an introduction by discovering what brought them to the agency and how we could specialize our services to serve their needs. I gathered information on the client's history to remind clients of strengths and create hope for how we could work together to improve their quality of life.

## Education

### **Boston University – Master of Social Work 2006-2007**

Internship - Attleboro Public Schools - Brennan Middle School

I worked with middle school students needing extra support through groups and individual meetings. I provided support to special education students, especially in the area of social skills. I worked on crisis intervention through the district after the death of a teacher. Helped to create district crisis intervention processes for future crisis events.

### **Illinois State University – Bachelor of Science in Social Work, Minor in Psychology and Certificate in Child Welfare 1999-2002**

Internship - The Baby Fold - Family Services

Families were referred to us from social services after a report had been filed, but they were not continuing with the family. We were able to provide extra help to the families and children including referrals to make sure families received services like food, shelter, therapy, and medical care. We also provided social skills support/training for parents and for children including parenting classes and kids groups.

## Skills

My organization and determination have been integral to me completing my degrees (early) while also employed. My leadership skills have often brought me to positions with increased responsibility at many of the organizations where I have worked and volunteered. I work well

with others and am not afraid to jump in alongside others. I value life long learning and strive to continuously evaluate and improve my skills. I have training and experience in vocational/ educational rehabilitation including job coaching. I also have work history managing kitchen staff and a food pantry.

## **Volunteering**

### **Board Member, Transfiguring Adoption, 2019-current**

I help evaluate the direction of the organization to make sure decisions align with the values of the organization. Overseeing budgets and financial planning.

### **Parent Helper - Willow Glen Elementary - Ms. Ochoa's Kindergarten Classroom 2019**

I primarily helped with art projects, pulling out a few kids at a time to work on additional projects and helping them to improve skills like penmanship. tracing, cutting, writing and following directions while building relationships with the kids.

### **Mothers of Pre-Schoolers (MOPS) Leadership Team, San Jose, CA 2013- 2019**

I joined the MOPS leadership team after just 5 months of being involved in the group. I started by taking on hospitality responsibilities including intro/welcome publications, ordering/ maintaining supplies for meetings, creating a welcoming atmosphere, MCing the meeting, and coordinating and giving gifts for attendees. I have also taken on discussion group leadership, meeting planning, and assisting the coordinator.