

# H.A.R.T

Heart. Anxiety. Relax. Two minutes



Runs Autonomously  
using Kinetic Energy

ECG Reader

Microprocessor Chip

Acupressure Activator  
Disk

CLOUD Storage; No  
need for wires, USB  
ports, or Bluetooth

Register 48 hour  
Personal ECG Recording,  
Activation

Normal and Exercise  
Modes

Hart App, Personal  
charts, and Music



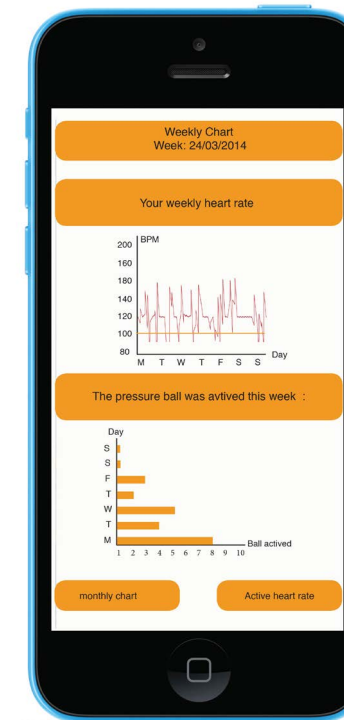
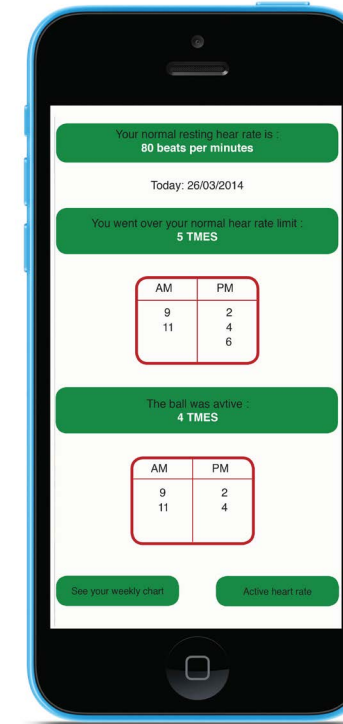
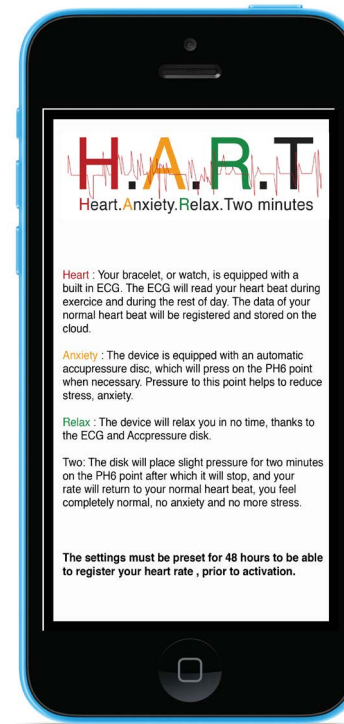
Waterproof rubber



Relax after 2 minutes



4 colours choice



## H.A.R.T

Personnal project: I designed the H.A.R.T bracelet/watch to help people relieve stress. By using an ancient three hundred-year-old Chinese acupressure point PH6, a disc located at the wrist point, sends magnetic pressure to help lower the heart rate back to normal within two minutes. The product was designed with the help of medical experts and engineering specialists. The band comes in a variety of colours and styles. I also designed the poster and app for the product.