goes shopping 1x / wk for bigger haul, or 2-3x/wk for smalller	walks to nearby grocery store	Living Env.		Cooking Process		Portions	Cooking Confidence		Finding Recipes	
		3 housemate s	3 housemate s	Cleaning up is the most frustrating part about cooking	Time is a frustration, but only because is a student right now	finds portion control frustrating , hard to cook for one, buy for one	rates cooking skills at a 6/7 out of 10	rates cooking skills at a 7/8 out of 10	only tries new recipes at home, tried a lot of new stuff over quarantine	very interested ir trying new recipes
drives to wegmans, trader joes, P&C fresh, or tops	everyon splits grocery bills	3 other female roomates	lives off campus	uses medium size pots, toaster oven, cutting board, knives a lot	Use the stove and air fryer most often	If cooking for self finds that scaling down can be off and will have too much food	on scale from 1-10 of interest in trying new recipes a 10	rates cooking skills at a 6 out of 10	goes to internet or mom for new recipes (on internet looks up easy / quick	goal recipe: easy, has ingredients i a familiar with already have the fridge
wegmans or trader joes with roommates in their cars when they can go	grocery shops 1x/wk or every 2 wks (household goes 2-3x a week though)	lives off campus	lives off campus	The stove, oven, toaster, pots and pans	If someone is making something sometimes offers to others,		Cooking skills are not bad but not a chef	starting to not mind cooking	very interested in trying new recipes	new recipe searching: Scroll through the new york times app and internet
goes grtocery shopping every 2 weeks	grocery shopping every other week	Lives off campus and has car	Has roommates	doesn't usually meal prep	doesn't meal prep				looks for recipes with managable amount of ingredients, not too time	will sometimes do w/out epensive ingredients
makes a joint grocery list with roommates on a shared note on her iphone	Buys groceries at greenstar/gre en castle, has no car	organizes utensils based on usage	limited counterspa ce	Meal-prep at least once a week using whatever in fridge	Prep starts when cooking starts - it is all day of				consuming, not too expensive  wings things or finds recipe on google	uses recipi for most meat thing
roomates usually make a list	ask people to get stuff whenever people ask if anyone wants anything	people cook whenever no one is occupying the kitchen		hasn't cooked since weekend	Sautes food a lot, roasts vegetables				chosing recipe: Prioritizes time it takes and having the necessary ingredients	Generally, online, sometimes wing it w
Occasionally make a grocery list, if i need to remember to get something	don't have a grocery list, generally have a mental list of things				We cook almost every night				Simple and quick recipes are prioritized	recipe Find anothe recipe if dor have all the ingredients

One

Four