

Mediterranean Vegetables

Ingredients

- 2 Courgettes
- 1 Aubergine
- 3 Peppers
- Box of Mushrooms
- Box of Cherry Tomatoes
- Basil (Optional)
- 2-3 Cloves of Garlic (Optional)
- Olive Oil

Tools

- Baking Dish
- Ladle/Spoon

Method

1. Pre-heat oven to gas mark 6.
2. Top, tail and deseed courgettes, aubergine, peppers and mushrooms; then cut them into chunks. Put these vegetables into the baking dish.
3. Add cherry tomatoes to the dish whole
4. Peel and dice or crush the garlic into the dish.
5. Add chopped or ground basil.
6. Drizzle some olive oil over the vegetables.
7. Mix everything up with a ladle.
8. Place dish in oven as gas mark 6 for 1 $\frac{1}{2}$ hours.