

ELITE GOLFER IMPROVEMENT SYSTEM – WEEKLY PRACTICE SUMMARY SHEET																
R A N K	PRACTICE WEEKS	1 st Assess Results %	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	12 Week Targets +/- 2%	
	PRACTICE SCHEDULE		Practice Your Weakest – Most Important Golf Skills				Practice Your Weakest – Most Important Golf Skills				Practice Your Weakest – Most Important Golf Skills				Week 12 Assess' Results %	
	Short Putts															
	Long Putts															
	Extra Long Putts															
	Chip Shots															
	Pitch Shots															
	Bunker Shots															
	Lob Shots															
	Rough Shots															
	Bunker Buried															
	Short Wedge															
	Mid Wedge															
	Long Wedge															
	Short / Mid Iron															
	Long Iron / Hybrid															
	Hybrid / Drive															