

## ELITE GOLFER IMPROVEMENT SYSTEM – Putting Assessment

Skill Assessment Schedule	Week 1	Week 1	Week 4	Week 4	Week 8	Week 8	Week 12	Week 12	Total Stroke Volume
Skill Assessment Date		Score Total		Score Total		Score Total		Score Total	
SKILL – PUTTING (Short)	Hole		Hole		Hole		Hole		
3 Feet / 1 Metre	4 x 10		4 x 10		4 x 10		4 x 10		160
6 Feet / 2 Metres	4 x 10		4 x 10		4 x 10		4 x 10		160
9 Feet / 3 Metres	4 x 10		4 x 10		4 x 10		4 x 10		160
12 Feet / 4 Metres	4 x 10		4 x 10		4 x 10		4 x 10		160
Stroke Volume Total	160 Putts		160 Putts		160 Putts		160 Putts		640
Skill Assessment Schedule	Week 1	Week 1	Week 4	Week 4	Week 8	Week 8	Week 12	Week 12	Total Stroke Volume
Skill Assessment Date		Score Total		Score Total		Score Total		Score Total	
SKILL – PUTTING (Long)	R = 3ft/1m		R = 3ft/1m		R = 3ft/1m		R = 3ft/1m		
15 Feet / 5 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
18 Feet / 6 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
21 Feet / 7 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
24 Feet / 8 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
27 Feet / 9 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
Stroke Volume Total	50 Putts		50 Putts		50 Putts		50 Putts		200
Skill Assessment Schedule	Week 1	Week 1	Week 4	Week 4	Week 8	Week 8	Week 12	Week 12	Total Stroke Volume
Skill Assessment Date		Score Total		Score Total		Score Total		Score Total	
SKILL – PUTTING (X Long)	R = 3ft/1m		R = 3ft/1m		R = 3ft/1m		R = 3ft/1m		
30 Feet / 10 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
33 Feet / 11 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
36 Feet / 12 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
39 Feet / 13 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
42 Feet / 14 Metres	1 x 10		1 x 10		1 x 10		1 x 10		40
Stroke Volume Total	50 Putts		50 Putts		50 Putts		50 Putts		200
<b>TOTAL STROKE VOLUME</b>	<b>260 Putts</b>		<b>260 Putts</b>		<b>260 Putts</b>		<b>260 Putts</b>		<b>1040</b>

### Practice Notes:

All putts require your full pre-shot routine and competition intensity.

R = 3ft/1m means Radius of circle around the hole is 3 feet or 1 metre for long and extra long putts