

ELITE GOLFER IMPROVEMENT SYSTEM – Putting Assessment

Skill Assessment Schedule	Week 1	Week 1	Week 4	Week 4	Week 8	Week 8	Week 12	Week 12	Total Stroke Volume
Skill Assessment Date									
SKILL – PUTTING (Short)	Hole		Hole		Hole		Hole		
3 Feet / 1 Metre	4 x 10		160						
6 Feet / 2 Metres	4 x 10		160						
9 Feet / 3 Metres	4 x 10		160						
12 Feet / 4 Metres	4 x 10		160						
Stroke Volume Total	160 Putts		160 Putts		160 Putts		160 Putts		640
Skill Assessment Schedule	Week 1	Week 1	Week 4	Week 4	Week 8	Week 8	Week 12	Week 12	Total Stroke Volume
Skill Assessment Date									
SKILL – PUTTING (Long)	R = 3ft/1m								
15 Feet / 5 Metres	1 x 10		40						
18 Feet / 6 Metres	1 x 10		40						
21 Feet / 7 Metres	1 x 10		40						
24 Feet / 8 Metres	1 x 10		40						
27 Feet / 9 Metres	1 x 10		40						
Stroke Volume Total	50 Putts		50 Putts		50 Putts		50 Putts		200
Skill Assessment Schedule	Week 1	Week 1	Week 4	Week 4	Week 8	Week 8	Week 12	Week 12	Total Stroke Volume
Skill Assessment Date									
SKILL – PUTTING (X Long)	R = 3ft/1m								
30 Feet / 10 Metres	1 x 10		40						
33 Feet / 11 Metres	1 x 10		40						
36 Feet / 12 Metres	1 x 10		40						
39 Feet / 13 Metres	1 x 10		40						
42 Feet / 14 Metres	1 x 10		40						
Stroke Volume Total	50 Putts		50 Putts		50 Putts		50 Putts		200
TOTAL STROKE VOLUME	260 Putts		260 Putts		260 Putts		260 Putts		1040

Practice Notes:

All putts require your full pre-shot routine and competition intensity.

R = 3ft/1m means Radius of circle around the hole is 3 feet or 1 metre for long and extra long putts