# SOPHIA LAU

Arts Resume – Ballet

Video Supplement: bit.ly/slauballetsupplement

#### **EDUCATION**

# American Ballet Theatre (New York) – June 2016 - August 2016

#### Instructors

- Julie Kent former principal ballet dancer with American Ballet Theatre for 22 years, current artistic director of The Washington Ballet
- Franco De Vita former principal ballet dancer with several European companies, former artistic director of ABT's Jacqueline Kennedy Onassis School, former judge for Youth American Grand Prix and Prix de Lausanne
- Kate Lydon professional ballet dancer with American Ballet Theatre, artistic director of American Ballet Theatre Studio Company, former dancer with San Francisco Ballet
- Leslie Browne former principal ballet dancer with New York City Ballet and American Ballet Theatre, nominated for Academy Award for Best Supporting Actress in *The Turning Point*
- Ethan Brown former soloist with American Ballet Theatre for 23 years, former judge for Youth American Grand Prix

# San Jose Dance Theatre – January 2016 - December 2016

#### Instructors

- Linda Hurkmans former professional ballet dancer with Royal Danish Ballet, Utah Ballet/Ballet
  West, and Norwegian National Ballet, B.A Cum Laude in Ballet Performance from University of
  Utah, M.A in Psychology from Notre Dame de Namur University, Full Pilates Certification,
  ballet/pilates teacher for 18+ years in Europe/US, including Stanford University and Santa Clara
  University
- Ommi Pipit-Suksun graduate from Royal Ballet School in London, former soloist with San Francisco Ballet, former principal ballet dancer with Silicon Valley Ballet

#### **Dance Theatre International** – June 2013 - December 2015

### Instructors

- Xavier Ferla former principal ballet dancer with Berlin Ballet, Hamburg Ballet, and Royal New Zealand Ballet, former ballet master of Royal Swedish Ballet and Tokyo Ballet, former winner and judge of Prix de Lausanne
- Maggie Parungao-Ferla formal principal ballet dancer with San Francisco Ballet, Bejart Ballet, and Hamburg Ballet

Trained 12+ hours/week, including summer

Substitute teacher for pre-ballet basics and ballet/tap

### PERFORMANCES AND ROLES

## The Nutcracker

2016, 10 shows - Snow Queen, Spanish Lead, Snowflake, Flower

2015, 6 shows – Arabian Princess, Snowflake, Flower

2014, 6 shows – Russian, Snowflake, Flower, Reindeer

### **Student Showcases**

2016, American Ballet Theatre – repertoire from Act III of Raymonda

2016, San Jose Dance Theatre – soloist role from *Paquita*, contemporary works featuring music from *The Four Seasons* 

2015, Dance Theatre International – contemporary pointe quartet titled "Bach Sonata," solo variation repertoire from *La Bayadère* 

2014, Dance Theatre International – repertoire from Coppélia

# Honors and Awards

Showstopper's Competition- Top 10 Finals, 1st Regional, Double Platinum
International Dance Challenge- Diamond Award, 1st overall
Spotlight Dance Competition- 2nd Runner Up, Platinum, Challenge Champion, Ultimate Challenge
Champion Runner Up

Awarded to the best performance based on choreography, technique, and musicality

Acceptance into highly selective, world renowned schools

American Ballet Theatre in New York City (350 selected out of 4750 auditions) The Rock School for Dance Education in Philadelphia