

Sophia Lau

Non-Union

(213) 534-8628 | sophialau@gmail.com | sophialau.me/reel

Height: 5'5", Weight: 123, Hair: Black, Eyes: Brown

FILM

Project Restart	Lead	SFSU Senior Thesis
Moments	Lead	Jonathan Avalos
Cue	Lead	Berkeley DKA
Muffler	Lead	GiANT Productions
Rustic and Authentic	Lead	Berkeley CAP
Go Time	Lead	Berkeley DKA
L is for the way you look at me	Lead	GiANT Productions
Lost and Found	Lead	Mason Heimburger

COMEDY

Christian Summer Camp	UwU	Theater4Charity
Improv4Charity – short form improv team at UC Berkeley		

COMMERCIAL

Company	Producer	Director
Curology	Justine Mar	Brennan Freed

TRAINING (*- in progress)

The Meisner Center	Meisner Fundamentals	Ranjiv Perera
The Lee Strasberg Institute	Method 101*	MJ Karmi
The Second City	Improv 1*	Marshall Givens
The Groundlings School	Basic Improv*	Roy Jenkins

SPECIAL SKILLS

Acrobatics, Gymnastics, Brown Belt in Kung-Fu, Piano, Guitar, French (professional fluency), Yoga, Dance: Jazz, Tap, Contemporary, Character
Previously a full-stack software developer @ Salesforce
Valid Passport through February 2029