

# Sophia Lau

Non-Union

(213) 534-8628 | [sophialau@gmail.com](mailto:sophialau@gmail.com) | [sophialau.me/reel](http://sophialau.me/reel)

Height: 5'5", Weight: 123, Hair: Black, Eyes: Brown

## FILM

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Project Restart	Lead	SFSU Senior Thesis
Moments	Lead	Jonathan Avalos
Cue	Lead	Berkeley DKA
Muffler	Lead	GiANT Productions
Rustic and Authentic	Lead	Berkeley CAP
Go Time	Lead	Berkeley DKA
L is for the way you look at me	Lead	GiANT Productions
Lost and Found	Lead	Mason Heimburger

## COMEDY

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Improv4Charity – short form improv team at UC Berkeley

Theater4Charity – scripted comedy group at UC Berkeley

## COMMERCIAL

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Curology	Margaret	Brennan Freed
Sriracha Ramen	Nicole	Jackie Lee

## TRAINING

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The Meisner Center	Meisner Fundamentals	Ranjiv Perera
The Meisner Center	Self Tape Workshop	Ranjiv Perera
The Lee Strasberg Institute	Method 101	MJ Karmi
The Second City	Improv 1	Marshall Givens
The Groundlings School	Basic Improv	Roy Jenkins
American Ballet Theater	Summer Intensive 2016	Julie Kent, Ethan Brown

## SPECIAL SKILLS

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Acrobatics, Gymnastics, Brown Belt in Kung-Fu, Piano, Guitar, French (professional fluency), Yoga, Dance: Jazz, Tap, Contemporary, Character

Previously a full-stack software developer @ Salesforce

Valid Passport through February 2029