

HANDS-ON TOGETHER

2 – 9 October 2018

Sant'Antioco Island, Sardinia, Italy

Information Pack

ABOUT THE PROJECT

Unemployment is one of the main causes for social exclusion, any young people live in an uncertain way their personal future perspectives

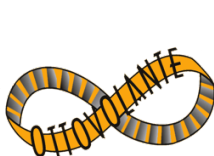
The aim of the project is the active involvement of the participants in the awareness of new job opportunities, through the discovery, identification and appreciation of the opportunities and strong points of the territory.

The Hands-on Together youth exchange project is born to provide a positive answer to all these type of situations, exploring different possibilities for going out of multi-problematic situations, and finding new inspiring solutions for working opportunities.

During the period of stay, participants will have the opportunity to discover the social background of unemployed young people, and the reasons that caused this tragic situation in different countries. They will share ideas, and will reflect together on the professional opportunities, exploring new labour opportunities perspectives, underlining the role and the importance of the local territories. During the project there will be different types of non-formal education activities, exercises, workshops, interactive presentations, brainstorming, discussions and facilitated dialogues, simulations, role plays and workshops useful for achieving the project purpose.

PARTNERS ORGANIZATIONS

- Ottovolante Sulcis (Italy)
- Arteam (Bulgaria)
- Green Spirit (Greece)
- Hang Kep (Hungary)
- ASI (Romania)
- La Vibria Intercultural (Spain)



PARTICIPATION CONDITIONS

The activities will be held from the morning of October 3 to the evening of October 8, 2018 (participants will arrive on October 2 and will leave on October 9), we require the presence for the all duration of the exchange. During this period the 30 participants coming from all countries will be hosted all together in the same property.

- Food and accommodation is fully covered by the organizers with the support of the European Commission's Erasmus+ Programme;
- We don't cover insurance, please make it as your commitment to the project;
- Travel costs will be reimbursed, up to travel cost limit (listed below) according to Erasmus + programme.

COUNTRY	MAX REIMBURSMENT
Bulgaria	275 euro
Greece	275 euro
Hungary	275 euro
Romania	275 euro
Spain	275 euro

N.B. If you plan to fly 2 October afternoon, please before purchasing tickets, you have to get a confirmation from organizers (send the tickets you want to buy on e-mail written in contacts).

The nearest airport to Sant'Antioco is Cagliari Airport. The tickets should be bought with a maximum of 4 extra days (plus or minus), although those days will be subject to your own costs.

In order to get your reimbursement, please pay attention to the following procedure:

- First of all, **KEEP ALL** the tickets you get to prove your expenses (bus tickets, train tickets, electronic flight ticket, travel agency reservations, electronic receipts etc.). For train and bus tickets make sure the date, the itinerary and the price are visible on the ticket. We can't reimburse money if you take taxi.
- Second: **KEEP ALL** your flight boarding passes (outward and return).

Remember!

We cannot reimburse you if we do not receive the details and proofs of your expenses!

During the YE we will ask you to bring directly with you the printed copies of:

- All original tickets and receipts with the price (electronic receipts without the price cannot be considered);
- Outward boarding pass;
- Photocopy of your ID card or Passport. After your return we will ask you to send us by postcard the originals of the returning boarding pass or other receipts and once we have all originals, we will proceed with the reimbursement by **bank transfer through the organization or team leader**.

ABOUT SANT'ANTIOCO, ACCOMODATION AND LOCATION

Sant'Antioco is an Island and a municipality in south-western Sardinia, in Sulcis zone. It is the second largest island of the Sardinian region, after Sardinia itself, with a surface of 109 square kilometres (42 sq mi); it is also the fourth largest in Italy. It is located 87 kilometres from Cagliari, the chief town of Sardegna.

For more info:

- <https://www.sardegnaturismo.it/en/places/sud/santantioco>
- <https://en.wikipedia.org/wiki/Sant%27Antioco>

Participants will be accommodated at Case Cabras in Funtana Cannai (<https://goo.gl/maps/Gt7snDKuewB2>). Participants will stay in 4 different houses inside the same structure. The accommodation does not include toiletry (shampoo, toothpaste) and towels. Please bring your own.

HOW TO REACH SANT'ANTIOCO / TRAVEL INFORMATION

All participants are suggested to arrive at Cagliari Airport. Inside the airport follow the signs to the train station (Cagliari Elmas train station / 10 minutes walking).

Take the train to Carbonia or to Iglesias. Get down the train at Carbonia Serbariu train station stop. Train schedule from Cagliari Elmas (train station near the airport) to Carbonia Serbariu available at this link: <https://www.trenitalia.com/tcom-en>

You can buy ticket on spot with automatic ticket machine or online in advance from Trenitalia website (if you buy online print your ticket). Ticket cost is 4,90 euro.

N.B. Sometimes there is a train change at Villamassargia. Please ask at the train attendance before the train departure.

Last train departure is 20:53.

Once you get to Carbonia, follow the stairs, go to the ground floor and take bus 802 to Calasetta (see attached schedule – the departure and arrival stop are highlighted in yellow). You can buy ticket on spot with automatic ticket machine. Get down the bus in Sant'Antioco at Via Nazionale / Chiesa Santa Maria Goretti bus stop (is the second stop of Via Nazionale where is located the Church Santa Maria Goretti). At the bus stop you will find one of our representative to welcome you.

You should let the organization know your flight arrival time in advance, and we will send your specific train and bus schedule and directions, and will arrange your pick up at your arrival in Sant'Antioco (or we will pick up you at Carbonia train station if is necessary).

For any last minute change or delay in your travel schedule, please contact:
+39 348 688 26 87 / 8volantesulcis@gmail.com

Returns will be organized based on flight schedules already in place.



WHAT TO BRING AND PREPARE

Each country group will be asked to prepare in advance:

- 1) a short research and presentation of their own county and local traditions;
- 2) a brief research on the youth employment situation in their regions, including an overview, some statistics, and depending upon your preferences, adding narration or interviews with young locals;
- 3) a draft presentation and preliminary ideas for the preparation on site of an intercultural evening.

Further instructions will follow.

While packing, don't forget:

- Materials and informations that you collect in the preparatory research (see above).
- Please bring your own bottle for refilling water while you are outside the center.
- Comfortable clothes & sturdy shoes for the activities and walking (as we will do active exercises and we will walk around the island). Swimmimg suit and towel are recomended. In this time of the year the temperature will be quite warm.
- Toiletries; Shower and face towels.
- Some products from your country (sweets, drinks, anything else specific, music, dances, etc.) – we want to take advantage of our multicultural group so we will like to organize international evenings. There is possibility to cook at our accommodation place.
- Any games, materials (books, videos, photos, other products) that could be used during the program or free time.
- Your European health insurance card.
- If for health reasons you take any specific medicine please bring sufficient supply for the duration of your stay, in case it could be impossible to find them on location.
- You can bring your personal note book or tablet. The location has a wi/fi connection.
- GOOD mood!

FACEBOOK GROUP - all participants are invited to join this facebook group: Hands-On Together (YE – Sant'Antioco 2018) <https://www.facebook.com/groups/719459465071108/>

EMERGENCY CONTACTS

In case of emergencies while you are in Italy (or even before that) please contact one of the contact mentioned below. **EU EMERGENCY NUMBER: 112**

ORGANIZATION CONTACTS

Davide: +39 348 688 26 87 / Giorgio: +39 349 531 85 67
Giuliana: +39 338 445 51 45 / Claudia: +39 338 984 87 63
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Looking forward to see you all in ITALY!!!

