

Topical Lidocaine (Xylocaine®) Administration for Transesophageal Echocardiogram

INCLUSION CRITERIA:

- Patient is undergoing a transesophageal echocardiogram.
- Patient is undergoing a Watchman™ procedure.

If any box checked, **proceed to Exclusion Criteria Section**. If no box checked the protocol does not apply.

EXCLUSION CRITERION:

- Patient has an allergy to Lidocaine (Xylocaine®), Lidocaine/Prilocaine (EMLA®), or any AMIDE type local anesthetics such as:
 - Mepivacaine (Carbocaine®, Polocaine®)
 - Prilocaine (Citanest®)
 - Bupivacaine (Marcaine®, Sensorcaine®)
 - Dibucaine (Nupercainal®)
 - Etidocaine (Duranest®)
- Patient weight is less than 11 kg.

If no boxes checked, **proceed to Medication Section**.

If any box checked, protocol does not apply. Provider input required.

MEDICATIONS:

- ☒ Lidocaine 5% oral ointment, 1 inch on tongue blade. Place ointment side down in back of mouth, as far back as possible.

Instruct patient to swallow any dissolved ointment. After 2–3 minutes, check gag reflex. May repeat once if gag reflex remains.

Administer first dose within 10 minutes of expected physician arrival to procedure.