

# PROTOCOL: PERICARDIAL DISEASE

## Inclusion Criteria

- Referral: Constriction, constrictive pericarditis, pericarditis, pericardial disease
- Patient is status post pericardiectomy (**NOT a hospital dismissal echo...see Dismissal Protocol**)
- Patient returning for follow-up after pericardiocentesis (drain has been removed)
- Assessment for cardiac tamponade (assess chamber collapse, exclude strain)
- *Note: Suspect constriction for patients in heart failure following cardiac surgery*

## EIMS Data

**Procedure Components:** 2D Ext, Color Flow, Dop Ext, TDI, M-mode, Color M-mode, Respirometry, Strain

**Serial Study:** General

**Findings:** "Echo performed per pericardial disease protocol" and constriction result

**Billing Diagnosis:** Pericarditis Constrictive (HCC) if applicable, otherwise symptoms (SOB, CHF, etc.)

**Performable:** 2D ECHO DOPPLER COLOR **Charge Capture:** Myocardial Strain - Hospital

**Obtain Standard TTE + LV strain + RV free wall strain +10 beat clips with respirometer of:**

| 2D   | CFI               | Doppler  | Measurement  |
|--|-------------------|--|--|
| <b>Parasternal</b>                         |                   |  |  |
| PLAX<br>PSAX<br>M-mode PSAX or PLAX        |                   |  |  |
| <b>Apical</b>                              |                   |  |  |
| A4C  |                   | PW - mitral inflow<br>PW - TV (from best window) | MV E velocity - insp / exp<br>TV E velocity - insp / exp |
| <b>Other Windows (Subcostal, SSN, RSC)</b> |                   |  |  |
| IVC  | Color m-mode - HV | PW - HV<br>PW - SVC                              |  |

## Caveats and Tips

**Follow-up exams:** Use LV Function Protocol, add LV lateral TDI, strain, and the above images

**Respirometer:** Quality tracings are critical (see Respirometer Tips document)

**HV & SVC tips:** ↓ color scale, ↑ SV size (5 to 7 mm), insure SV stays within flow

**Tissue Doppler:** **Velocities may vary so measure the highest (respirometer not needed)**

**Pericardiectomy:** Perform strain to evaluate for resolution of regional strain abnormalities

**Strain:** Constrictive pericarditis shows a specific strain pattern of *regional* changes (↓ in lateral walls [LV and RV], preserved or ↑ septal wall)

| Constriction:                          | Restriction:                           |
|--|--|
| RV free wall strain < LV septal strain | RV free wall strain > LV septal strain |
| LV free wall strain < LV septal strain | LV free wall strain ≥ LV septal strain |

*If strain can't be performed on all segments partial analysis can still help determine regional variation (e.g. 4C and RV views may distinguish septal from free wall strain)*