

保健套餐(A) Unique Health Set

酥炸鲮鱼皮

(富含胶原蛋白)

Crispy Fish Skin with Seven Spices Powder
(Rich in Collagen)

安神补脑汤

(安神补脑, 乌发)

Double-boiled Chicken Feet with Black Bean and Walnut Soup
(Soothes the Nerves and Provides Cerebral Nourishment)

咖喱虾煲 或 当归七味虾

Curry Prawn in Claypot
or

Deep-fried Prawn with Angelica (Dang Gui) Seven Spices

万紫千红豆腐

(抗氧化, 补钙)

Homemade Bean Curd in Two Flavors
(Reduces Free Radicals and Replenishes Calcium Loss)

脆丝蚝油芥蓝

(清心火)

Kai Lan in Oyster Sauce
(Dispels Internal Heatiness and Heartburn)

白饭 或 养生五谷饭

Plain Rice or Assorted Five Nutrition Rice

枇杷自制豆花 或 桂花紫薯银耳(冷/热)

Homemade Bean Curd with Pipa Nectar
or

Double-boiled Osmanthus with Purple Sweet Potato(Cold/Hot)

@\$38++ 每位/Per Person

(至少两位/Min. 2 Person)

调理套餐(B) Unique Health Set

调理双拼

洛神花渍雪梨 拼 酥炸鲮鱼片
(解暑, 润燥, 清脂) (富含胶原蛋白)

Double Combination

Cold Marinated Snow Pear in Roselle Flower Sauce & Crispy Fish Skin with Angelica (Dang Gui) and Seven Spices
(Lower Heatiness, Hydrates Organs and Assists in Weight Reduction) & (Rich in Collagen)

苹果干贝软骨汤

(调理五脏亏虚, 除烦解渴)

Double-boiled Pork Ribs with Apple and Dried Scallop Soup
(Supports in Regulating Deficiencies in The Main Organs and Relieves Tiredness)

极品辣椒鱼片 或 泡参姜葱鱼片

Braised Fish Fillet with Superior Spicy Sauce
or

Stir-fried Fish Fillet in Ginseng with Ginger and Spring Onion

奇味樱花鸡腿煲

(增强体力)

Claypot 'Sakura Chicken' Drumstick
(Improves and Builds Up Physical Strength)

竹笙松菇炭豆腐

(养颜)

Charcoal Bean Curd Braised with Bamboo Fungus and Pine Mushrooms
(Improves Skin Complexion and Elasticity)

荷塘小炒

(减肥, 抗衰)

Stir-fried Lotus Root with Lily Bulb
(Aids in Weight Loss and Prevents Premature Aging)

碧绿鹅肉鸳鸯饭

Spinach Sauce Fried Rice with Goose Meat and Crispy Rice

百香果鲤鱼冻 拼 桂花芝麻软糕

Passion Fruit Jelly and Deep-fried Black Sesame Rice Cake with Osmanthus Sugar

@\$58++ 每位/Per Person

(至少两位/Min. 2 Person)

营养宴会套餐(C) Unique Health Set

营养三拼

香酥芝麻牛蒡, 甜根沙律茄子, 烤酱煎多春鱼
(祛风热, 消肿毒) (提高免疫力) (美颜护肤)

Trio Combination

Crispy Burdock with Black and White Sesame, Deep-fried
Eggplant and Chicken Floss with Beetroot Salad & Pan-fried

Shishamo in Yakimiku Sauce

(Dispels Blocked Wind Syndrome, Soothes Inflammations and Purges Internal
Toxins)(Enhances Immune Health Function)&(Improves Skin Beauty,
Radiant Complexion and Elasticity)

灵芝桂圆清鸡汤 或 海底椰乌鸡汤

(增强免疫力, 防衰老)

(润肺养颜)

Double-boiled Ganoderma and Dried Longan with

Chicken Soup

(Enhances Immune System and Prevents Premature Aging)

or

Double-boiled Black Chicken and Sea Coconut Soup
(Nourishes Lungs and Improves Skin Complexion)

薄荷香辣炸顺壳鱼 或 香芹酥炸顺壳鱼

Deep-fried Soon Hock with Spicy Peppermint Sauce

or

Deep-fried Soon Hock with Celery Sauce

人参北芪焖鸭

(行血, 养血)

Braised Duck with Ginseng

(Improves Energy Flow and Nourishes Blood)

芡实薏米虾球 或 紫菜酥炸虾球

(健脾益胃)

(去水肿)

Wok-fried Prawns with Gordon Enryale Seed and Barley
(Nourishes The Spleen and Stomach)

or

Deep-fried Prawn and Seaweed Powder with Beetroot
Salad

(Dispels Bloatingness and Edema, Water Retention)

西芹百合炒腰果

(瘦身)

Stir-fried Lily Bulb with Celery and Cashew Nut

(Body Slimming and Spot Reducing Benefits)

瑶柱蟹肉蛋白炒饭

Fried Rice with Crab Meat and Egg White

川贝炖雪梨(冷/热) 或 椰子香滑布丁

Double-boiled Snow Pear with Chuan Bei(Cold/Hot)

Fresh Coconut Pudding

or

桂花芝麻软糕

and Deep-fried Black Sesame Rice Cake with
Osmanthus Sugar

@\$68++ 每位/Per Person

(至少四位/Min. 4 Person)

养生宴会套餐(D) Unique Health Set

四季养生拼

紫米珍珠丸子, 香酥芝麻牛蒡, 炆拌双色甘蓝,

酥炸鲮鱼皮

(调理肠胃) (祛风热, 消肿毒) (除热, 通便, 抗氧化, 防辐射) (富胶原蛋白)

Four Season Combination

Minced Pork Balls Wrapped in Purple Glutinous Rice, Crispy
Burdock with Black and White Sesame, Cold Marinated Two
Kinds of Cabbage & Crispy Fish Skin with Angelica (Dang Gui)

and Seven Spices

(Gastrointestinal Recuperation and Conditioning) (Dispels Blocked Wind Syndrome,
Soothes Inflammations and Purges Internal Toxins) (Dispels Heatiness Clears Colon
Passage, Anti-oxidation Benefits) & (Rich in Collagen)

沙参玉竹蛋白

(清热养阴)

Stir-fried Egg White with Adenophora Stricta and
Odorum

(Improves Ferminine Wellness with Yin Cooling Effect)

金笋三宝海味羹

(益气血, 养颜美容)

Shredded Seafood with Mushroom & Bamboo Fungus
in Mashed Carrot Thick Soup

(Improves Energy and Blood Flow and Skin Complexion)

泡参鸡精蒸顺壳鱼 或 天麻水煮顺壳鱼

Steamed Soon Hock with Ginseng & Chicken Essence

Boiled Soon Hock with Gastrodia Elata and Mixed
Parsley

辣露香梨海参

(补肾益精, 养血润燥)

Deep-fried Sea Cucumber with Snow Pear Cubes in
Special Spicy Seasoning

(Improves Kidney Function and Enhances Virility, Nourishes Blood and Hydrates The
Organs)

蒜茸虾仁娃娃菜

(通肠胃, 助消化)

Braised Baby Cabbage with Shrimp and Minced Garlic
(Aids Digestive System and Bile Function)

极品酱三文鱼炒饭 或 香煎海鲜炒面线

Fried Rice with Salmon in Superior Chilli Sauce

Wok-fried Mee Suah with Seafood

桂花紫薯银耳(冷/热) 或 何首乌龟苓膏

Double-boiled Osmanthus with Purple Sweet
Potato(Cold/Hot)

Herbal Flower Jelly with Honey Nectar

拼芝麻软糕

and Deep-fried Black Sesame Rice Cake with
Osmanthus Sugar

@\$78++ 每位/Per Person

(至少四位/Min. 4 Person)

活力会议套餐(E) Unique Health Set

活力双拼

虫草花杏鲍菇, 当归七味银鱼
(美肤, 消斑, 抗衰老) (健脾)

Double Combination

Cold Marinated Sliced Oyster Mushroom with Cordyceps Flower & Crispy Whitebait with Angelica (Dang Gui) and Seven Spices

Powder
(Improves Skin Complexion, Fades Out Pigment Spots and Prevents Premature Aging) & (Nourishes The Spleen and Stomach)

参竹燕窝蛋白

(富含维E)

Stir-fried Egg White and Bird Nest with Adenophora

Stricta and Odoratum
(Provides High Concentration of Vitamin-E)

金笋三宝海味羹

(益气血, 养颜美容)

Shredded Seafood with Mushroom & Bamboo Fungus

in Mashed Carrot Thick Soup
(Improves Energy and Blood Flow and Skin Complexion)

薄荷香辣顺壳鱼(蒸/炸)或 香芹酱顺壳鱼(蒸/炸)

Deep-fried Soon Hock with Spicy Peppermint Sauce
(Steamed/Deep-fried)

or
Deep-fried Soon Hock with Celery Sauce
(Steamed/Deep-fried)

红烧海参蹄筋

(滋阴壮阳, 美肤, 益寿)

Braised Sea Cucumber and Pork Tendons in Oyster

Sauce

(Nourishment For a Balanced Yin and Yang, Beautifies Skin and Benefits Overall Well Being)

金沙麦香焗软骨

(补钙, 胶原蛋白)

Baked Pork Cartilage with Oatmeal in Black Pepper

Sauce

(Replenishes Protein and Calcium Loss, Rich in Collagen)

元气灵芝豆腐

(养颜, 抗衰, 保护心血管)

Homemade Bean Curd with Ganoderma Lucidum

(Improves Complexion, Prevents Premature Aging and Conditions The Cardiovascular Aorta Vessels)

碧绿鹅肉鸳鸯饭或 海鲜酸汤七巧面
Spinach Sauce Fried Rice with Goose Meat and Crispy

Rice

or
Rainbow Noodle with Seafood in Spicy Sour Soup

枇杷雪蛤豆花拼 桂花芝麻软糕
Homemade Bean Curd with Hasma & Deep-fried Black
Sesame Rice Cake with Osmanthus Sugar

@\$98++ 每位/Per Person
(至少四位/Min. 4 Person)

五星会议套餐(F) Unique Health Set

五星三拼

黑豆羊肉冻糕, 紫米珍珠丸子, 酥炸鲮鱼皮
(补血, 乌发) (调理肠胃) (富含胶原蛋白)

Trio Combination

Chilled Lamb Jelly with Black Bean, Minced Pork Balls
Wrapped in Purple Glutinous Rice & Crispy Fish Skin with
Angelica (Dang Gui) and Seven Spices

(Regenerates Blood, Restores Hair to Its Original Dark Color) (Gastrointestinal
Recuperation and Conditioning)& (Rich in Collagen)

沙参玉竹蛋白

(清热养阴)

Stir-fried Egg White with Adenophora Stricta and

Odoratum

(Improves Feminine Wellness with Yin Cooling Effect)

花胶虫草花大骨汤 或 参须枸杞炖鲍鱼

(滋补肝肾, 养颜益寿) (恢复体力, 舒缓情绪)

Double-boiled Ribs Soup with Fish Maw and Cordyceps

Flower

(Nourishes The Liver and Kidney, Improves Skin Complexion and Extends Longevity)

OR

Double-boiled Abalone with Ginseng Soup

(Supports Physical Recovery Function and Calms Anxiety)

薄荷香辣煎鳕鱼 或 香芹煎鳕鱼

Pan-fried Cod Fish with Spicy Peppermint Sauce

or
Pan-fried Cod Fish with Celery Sauce

北芪海参焖鸭

(行气, 养血)

Braised Duck with Sea Cucumber and Milkvetch Root

(Improves Energy Flow and Nourishes Blood)

两味鸳鸯虾

芡实薏米虾球, 脆粒亚参虾

(健脾益胃)

Two Flavors Prawn

Wok-fried Prawns with Gordon Enryale Seed and Barley

(Nourishes The Spleen and Stomach)

& Deep-fried Prawn in Asam Tamarind Sauce

雪梨豌豆炒百合

(清热降火)

Stir-fried Snow Pear with Snow Peas and Lily Bulb

(Dispels Internal Heatiness)

XO酱蟹肉蛋包饭 或 酒香鱼片面线汤
Rice Wrapped in Egg Skin Topped with Crab Meat and

XO Sauce

or
Mee Suah with Sliced Fish in Chinese Wine Soup

泡参冰糖燕窝(冷/热), 桂花芝麻软糕 拼

百香果鲤鱼冻

Bird Nest and Ginseng with Rock Sugar
(Cold/Hot), Deep-fried Black Sesame Rice Cake with
Osmanthus Sugar & Passion Fruit Jelly

@\$108++ 每位/Per Person
(至少四位/Min. 4 Person)

精美元气套餐(G) Unique Health Set

元气双拼

烤酱煎多春鱼，香酥芝麻牛蒡
(美颜护肤) (祛风热，消肿毒)

Double Combination

Pan-fried Shishamo in Yakiniiku Sauce & Crispy Burdock with Black
and White Sesame
(Improves Skin Beauty, Radiant Complexion and Elasticity) & (Dispels Blocked
Wind Syndrome, Soothes Inflammations and Purges Internal Toxins)

参竹燕窝蛋白

(富含维生素E)

Stir-fried Egg White and Bird Nest with Adenophora

Stricta and Odoratum

(Provides High Concentration of Vitamin-E)

药膳炖乳鸽汤

(补肝肾，益气血，延年益寿)

Double-boiled Pigeon with Herbal Soup

(Fortifies Liver and Kidney, Rejuvenates Qi and Blood in The Body, Overall Well Being)

泡参鸡精鳕鱼 或 天麻水煮鳕鱼

Steamed Cod Fish with Ginseng & Chicken Essence
or

Boiled Cod Fish with Gastrodia Elata and Mixed Parsley

虫草花烩三宝

(美肤，消斑，抗衰老)

Braised Abalone, Fish Maw and Mushroom with

Cordyceps

(Improves Complexion, Reduces Pigment Spots, and Has Anti-aging Benefits)

芹香鹅肉七巧面 或 极品酱三文鱼炒饭

Rainbow Noodle with Goose Meat in Celery Sauce
or

Fried Rice with Salmon in Superior Chilli Sauce

甜蜜二重唱

首乌糕豆花雪蛤拼 桂花芝麻软糕

Sweet Duet

Homemade Bean Curd and Herbal Flower Jelly with Hasma & Deep-
fried Black Sesame Rice Cake with Osmanthus Sugar

@\$88++ 每位/Per Person

(至少两位/Min. 2 Person)

豪华滋补套餐(H) Unique Health Set

滋补三拼

黑豆羊肉冻糕，紫米珍珠丸子，酥炸鲮鱼皮
(补血，乌发) (调理肠胃) (富含胶原蛋白)

Trio Combination

Chilled Lamb Jelly with Black Bean, Minced Pork Balls Wrapped in
Purple Glutinous Rice & Crispy Fish Skin with Angelica (Dang Gui)
and Seven Spices

(Regenerates Blood, Restore Hair to Its Original Dark Color and
Improves Male Potency) (Gastrointestinal Recuperation and
Conditioning) & (Rich in Collagen)

沙参玉竹蛋白

(清热养阴)

Stir-fried Egg White with Adenophora Stricta and

Odoratum

(Improves Feminine Wellness with Yin Cooling Effect)

益寿滋补佛跳墙

(补气血，抗衰老，降三高)

Double-boiled Nutritional Buddha Jump Over The Wall

(Nourishes Blood and Qi, Prevents Premature Aging, Lowers Blood Lipids and Cholesterol
Count Level)

薄荷香辣煎鳕鱼 或 香芹煎鳕鱼

Pan-fried Cod Fish with Spicy Peppermint Sauce
or

Pan-fried Cod Fish with Celery Sauce

鸳鸯豆腐拼

活力南瓜豆腐拼 元气灵芝豆腐

(补中益气) (养颜，抗衰，保护心血管)

Two Flavors Homemade Bean Curd

Deep-fried Pumpkin Seed Bean curd with Pumpkin Sauce &

Homemade Bean Curd with Ganoderma Lucidum

(Conditions and Nourishes The Central Qi Passages) & (Improves Complexion , Prevents
Premature Aging and Conditions The Cardiovascular Aorta Vessels)

一品石锅饭 或 上汤生虾脆面

Stone Pot Fried Rice with Pork and Superior Stock
or

Crispy Noodle with Fresh Prawn in Superior Sauce

甜蜜三部曲

首乌糕豆花燕窝，桂花芝麻软糕拼 紫芋芒果班戟

Sweet Trilogy

Hamemade Bean Curd and Herbal Flower Jelly with Bird Nest, Deep-
fried Black Sesame Rice Cake with Osmanthus Sugar & Purple Yam
and Mango Pancake

@\$128++ 每位/Per Person

(至少两位/Min. 2 Person)