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# LEARNING TO SWIM WHEN YOU'RE SCARED: HOW TO OVERCOME A FEAR OF WATER (PAPERBACK)



Helen McKenna, United States, 2014. Paperback. Condition: New. Language: English. Brand new Book. A step by step journey that will help you face your fears and move beyond them. Are you an adult who has always wanted to learn to swim but are simply too scared to try? Are you tired of sitting on the sidelines or the sand while your friends and family enjoy the pool or the ocean? Or have you just decided that NOW is the time to...

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- Authored by Katie Smith
- Released at 2014



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