SUMMER 2025



INTRODUCTION TO STATISTICAL MODELING

Center for Biomedical Research Support

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Access materials

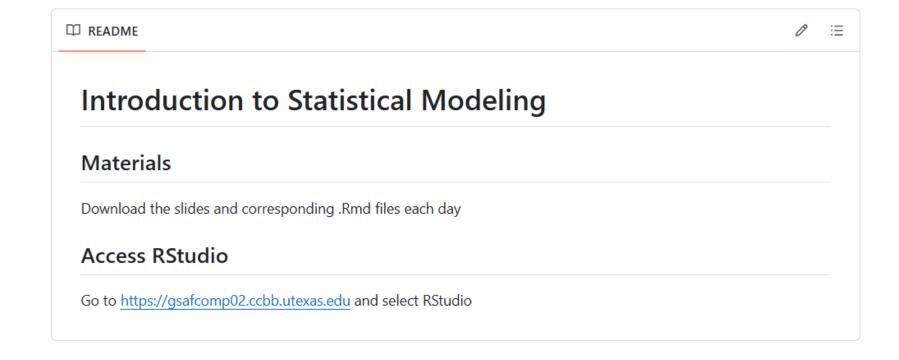




Layla Guyot laylaguyot

Statistics and Data Science enthusiast: teacher and researcher in education, focusing on bridging the gap between academia and industry.

https://github.com/laylaguyot/ CBRS Intro Statistical Modeling



Day 1 Exploring Data

- Study design and variables
- Descriptive statistics and visualizations
- Introduction to hypothesis testing

Day 2 Making Inferences

- Probability, random variables, and common probability distributions
- Sampling distributions and Central Limit Theorem
- Confidence intervals, t-tests, ANOVA, and Chi-square tests

Day 3 Linear Regression

- Simple Linear Regression
- Multiple Regression with different types of predictors
- Model assumptions, evaluation, and comparisons

Day 4 Logistic Regression

- Odds
- Logistic Regression
- Model evaluation with ROC curves or confusion matrix

Day 5 Model Building

- Underfitting, overfitting, and cross-validation
- Common pitfalls: multicollinearity, transformations
- Missing data

Find a model that is simple yet useful and provides (1 or more):

- > summary of trend in response
- good predictions of the response
- > good estimates of the coefficients

Four possible outcomes for the regression model:

- correctly specified
- > underfitted
- > with some extraneous predictors
- > overfitted

Recommended steps:

- define goal (with Research Question)
- > identify all possible candidate predictors
- > use variable selection procedures (stepwise, best subsets)
- refine model (interactions, higher order, transformations, ...)

Variable selection procedure:

> stepwise regression

Procedure Forward:

- 1. Define an alpha to enter, α_E , and an alpha to remove, α_R , a predictor (typically both are 0.15).
- 2. Compare t-test p-values of SLR between each predictor and the response. Add predictor with smallest p-value, less than α_E , to the model.
- 3. Compare t-test p-values of MLR between each pair of predictors (but all including predictor from 2.) and the response. Add predictor with smallest p-value, less than α_E , to the model. Check that the predictor from 2. still has a p-value greater than α_R , remove the predictor.
- 4. Continue the process until no additional predictor has a p-value less than α_E .

Variable selection procedure:

> stepwise regression



- The final model is not guaranteed to be optimal
- Stepwise regression does not account for researchers' knowledge about the predictors. It may be necessary to force the procedure to include important predictors.
- We should not over-interpret the order in which predictors are entered into the model.
- We cannot conclude that all the important predictor variables for predicting Y have been identified.

Variable selection procedure:

> stepwise regression

<u>Example</u>: Are a person's brain size and body size predictive of his or her intelligence?

On a sample of 38 college students, the following variables were collected:

Y: Performance IQ scores (PIQ) from the revised Wechsler Adult Intelligence Scale.

 X_1 : Brain size based on the count obtained from MRI scans (given as count/10,000).

X₂: Height (in inches).

 X_3 : Weight (in pounds).

Variable selection procedure:

> stepwise regression

Example: Are a person's brain size and body size predictive of his or her intelligence?

```
> model1A <- lm(PIQ~Brain,iqsize)
> summary(model1A)
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept)
              4.6519
Brain
              1.1766
                         0.4806
                                 2.448
                                          0.0194 *
> model1B <- lm(PIQ~Height,iqsize)</pre>
> summary(model1B)
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 147.4067
             -0.5271
                         0.9389 -0.561
                                         0.5780
Height
> model1C <- lm(PIQ~Weight,igsize)
> summary(model1c)
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) 1.110e+02 2.451e+01
Weight
            2.418e-03 1.604e-01
                                  0.015
```

The variable Brain has the smallest *p*-value, also smaller than the alpha enter of 0.15.

Variable selection procedure:

> stepwise regression

> model2A <- lm(PIQ~Brain+Height,igsize)</pre>

Example: Are a person's brain size and body size predictive of his or her intelligence?

```
> summary(model2A)
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 111.2757
                        55.8673
                                  1.992 0.054243 .
              2.0606
Brain
Height
             -2.7299
                         0.9932 -2.749 0.009399 **
> model2B <- lm(PIQ~Brain+Weight,igsize)</pre>
> summary(model2B)
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept)
              4.7520
                        43.0250
Brain
              1.5925
                         0.5512
                                 2.889 0.00659 **
Weight
             -0.2503
                         0.1704 -1.469 0.15071
```

The variable Height has the smallest *p*-value, also smaller than the alpha enter of 0.15 and the *p*-value of Brain is still less than 0.15.

Variable selection procedure:

> stepwise regression

Example: Are a person's brain size and body size predictive of his or her intelligence?

```
> model3 <- lm(PIQ~Brain+Height+Weight,igsize)
> summary(model3)
call:
lm(formula = PIQ ~ Brain + Height + Weight, data = iqsize)
Residuals:
  Min
          10 Median
                              Max
-32.74 -12.09 -3.84 14.17 51.69
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) 1.114e+02 6.297e+01
Brain
            2.060e+00 5.634e-01 3.657 0.000856
Height
           -2.732e+00 1.229e+00 -2.222 0.033034
Weight
            5.599e-04 1.971e-01 0.003 0.997750
```

The final model only contains two predictors, Brain and Height (model 2A).

Variable selection procedure:

> stepwise regression algorithm

```
> FitStart <- lm(PIQ ~ 1, iqsize)
> FitAll <- lm(PIQ~Brain+Height+Weight,iqsize)</pre>
> step(FitStart, direction="forward", scope = formula(FitAll))
Start: AIC=237.94
PIQ \sim 1
        Df Sum of Sq RSS
+ Brain 1 2697.09 16198 234.09
                     18895 237.94
<none>
+ Height 1 163.97 18731 239.61
+ Weight 1 0.12 18894 239.94
Step: AIC=234.09
PIQ ~ Brain
        Df Sum of Sq RSS
+ Height 1 2875.65 13322 228.66
+ Weight 1
              940.94 15256 233.82
                     16198 234.09
<none>
Step: AIC=228.66
PIQ ~ Brain + Height
        Df Sum of Sq RSS
                     13322 228.66
<none>
+ Weight 1 0.0031633 13322 230.66
call:
lm(formula = PIQ ~ Brain + Height, data = iqsize)
Coefficients:
(Intercept)
                  Brain
                              Height
                  2.061
                              -2.730
   111.276
```

Variable selection procedure:

- > stepwise regression
- best subsets regression

Procedure:

- 1. Identify all possible models.
- 2. Define criteria to consider.
- 3. Further evaluate and refine some models (diagnostics, interaction, ...)

Criteria for model selection:

- $> R^2$ and R_{adj}^2
- \triangleright Mallow C_p
- ➤ Bayesian Information Criterion BIC)

Criteria for model selection:

$$> R^2$$
 and R_{adj}^2

The best regression model has the smallest SS_{error} and/or MS_{error} , but the more predictors are added, the higher R^2 is so we usually compare adjusted R^2 instead.

maximize
$$R^2 = 1 - \frac{SS_{error}}{SS_{total}}$$
 and/or $R_{adj}^2 = 1 - \frac{MS_{error}}{\frac{SS_{total}}{n-1}}$

Criteria for model selection:

- $> R^2$ and R_{adj}^2
- \succ Mallow C_p estimates the size of the bias that is introduced into the predicted responses by having an underspecified model (if C_p is near p, the bias is small)

minimize
$$C_p = \frac{SS_{error}}{MS_{error}} - (n - 2p)$$

Criteria for model selection:

- $> R^2$ and R_{adj}^2
- \triangleright Mallow C_p
- \triangleright Bayesian Information Criterion (BIC) combines information about the SS_{error} , number of parameters in the model, and the sample size.

minimize $BIC = n \ln SS_{error} - n \ln n + p \ln n$

Variable selection procedure:

Example: Are a person's brain size and body size predictive of his or her intelligence?

On a sample of 38 college students, the following variables were collected:

Y: Performance IQ scores (PIQ) from the revised Wechsler Adult Intelligence Scale.

 X_1 : Brain size based on the count obtained from MRI scans (given as count/10,000).

X₂: Height (in inches).

 X_3 : Weight (in pounds).

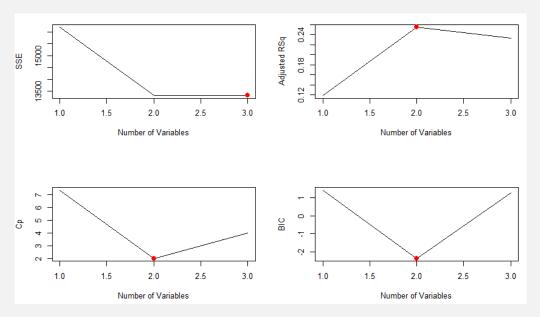
How many models are possible?

Variable selection procedure:

<u>Example</u>: Are a person's brain size and body size predictive of his or her intelligence?

```
> model <- regsubsets(PIQ~Brain+Height+Weight,iqsize, nvmax = 3)
> summary(model)
Subset selection object
Call: regsubsets.formula(PIQ ~ Brain + Height + Weight, igsize, nvmax = 3)
3 Variables (and intercept)
       Forced in Forced out
Brain
           FALSE
                      FALSE
Height
           FALSE
                      FALSE
Weiaht
           FALSE
                      FALSE
1 subsets of each size up to 3
Selection Algorithm: exhaustive
         Brain Height Weight
```

Best models with each number of predictors



Model validation:

- > collect new data
- > compare to theoretical expectations, earlier results
- > use holdout sample: cross-validation

Split data into training and test datasets

K-fold cross-validation

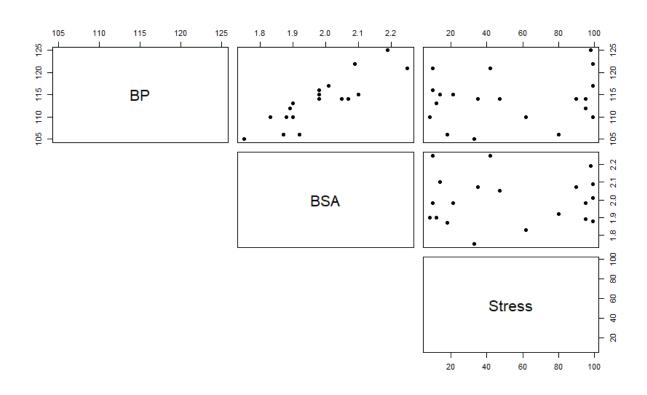
Strategy for model building in 7 steps:

- 1. Decide on the goal: predictive, inferential, data summary
- 2. Decide which predictors and response
- 3. Explore data: univariate and bivariate analysis
- 4. Divide the data into a training and test set
- 5. Identify candidate models: stepwise or best subsets regression
- 6. Select and evaluate a few models, using some criteria
- 7. Select the final model: there is not necessarily only one good model for a given dataset

➤ Multicollinearity exists when two or more of the predictors in a regression model are moderately or highly correlated.

➤ It is a problem because individual coefficients and t-tests can be unreliable.

If the predictors are nearly uncorrelated:



> cor(data)

```
BP BSA Stress
BP 1.0000000 0.86587887 0.16390139
BSA 0.8658789 1.00000000 0.01844634
Stress 0.1639014 0.01844634 1.00000000
```

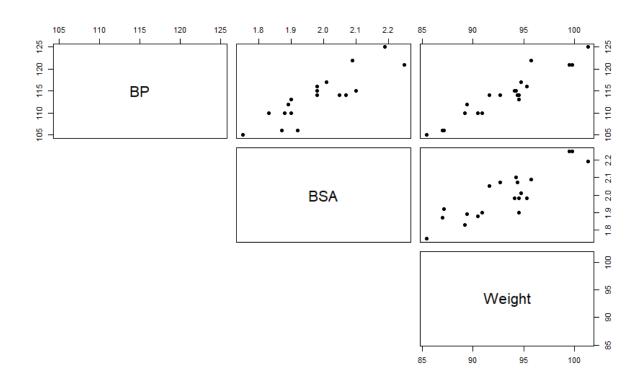
```
> reg <- lm(BP~BSA+Stress, data)
                                 y versus x1 and x2
> summary(reg)
call:
lm(formula = BP ~ BSA + Stress, data = data)
Residuals:
   Min
            10 Median
-5.8992 -1.6483 -0.1643 1.7790 3.8524
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
                     9.26104 4.777 0.000175 ***
(Intercept) 44.24452
           34.33423
                     4.61110 7.446 9.56e-07 ***
BSA
            0.02166
                    0.01697 1.277 0.218924
Stress
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 2.743 on 17 degrees of freedom
Multiple R-squared: 0.7716, Adjusted R-squared: 0.7448
F-statistic: 28.72 on 2 and 17 DF, p-value: 3.534e-06
> req1 <- lm(BP~BSA, data)
                                            y versus x1
> summary(reg1)
call:
lm(formula = BP \sim BSA, data = data)
Residuals:
          10 Median
   Min
                        30
                             Max
-5.314 -1.963 -0.197 1.934 4.831
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 45.183
                         9.392 4.811 0.00014 ***
             34.443
                         4.690 7.343 8.11e-07 ***
BSA
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' '1
Residual standard error: 2.79 on 18 degrees of freedom
Multiple R-squared: 0.7497, Adjusted R-squared: 0.7358
F-statistic: 53.93 on 1 and 18 DF, p-value: 8.114e-07
```

```
> reg21 <- lm(BP~Stress+BSA, data)</pre>
                                 y versus x2 and x1
> summary(reg21)
call:
lm(formula = BP ~ Stress + BSA, data = data)
Residuals:
    Min
            10 Median
                            3Q
-5.8992 -1.6483 -0.1643 1.7790 3.8524
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 44.24452
                       9.26104 4.777 0.000175 ***
Stress
            0.02166
                       0.01697
                               1.277 0.218924
BSA
            34.33423
                      4.61110 7.446 9.56e-07 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' '1
Residual standard error: 2.743 on 17 degrees of freedom
Multiple R-squared: 0.7716, Adjusted R-squared: 0.7448
F-statistic: 28.72 on 2 and 17 DF, p-value: 3.534e-06
> req2 <- lm(BP~Stress, data)</pre>
                                            y versus x2
> summary(reg2)
call:
lm(formula = BP ~ Stress, data = data)
Residuals:
    Min
            1Q Median
                            3Q
-8.6394 -3.3014 0.0722 2.2181 9.9287
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) 112.71997
                        2.19345 51.389 <2e-16 ***
              0.02399
                        0.03404 0.705
                                            0.49
Stress
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 5.502 on 18 degrees of freedom
Multiple R-squared: 0.02686, Adjusted R-squared: -0.0272
F-statistic: 0.4969 on 1 and 18 DF, p-value: 0.4899
```

If the predictors are nearly uncorrelated:

- \triangleright The coefficients b_1 and b_2 are very similar between SLR and MLR
- \triangleright The standard errors of the coefficients b_1 and b_2 are very similar between SLR and MLR
- > The sum of squares are very similar between SLR and MLR

If the predictors are highly correlated:



```
> cor(data)
BP BSA Weight
BP 1.0000000 0.8658789 0.9500677
BSA 0.8658789 1.0000000 0.8753048
```

Weight 0.9500677 0.8753048 1.0000000

```
> reg <- lm(BP~BSA+Weight, data)
                                 y versus x1 and x2
> summary(reg)
call:
lm(formula = BP ~ BSA + Weight, data = data)
Residuals:
            1Q Median
    Min
                                   Max
-1.8932 -1.1961 -0.4061 1.0764 4.7524
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 5.6534
                        9.3925
                                 0.602
                                          0.555
             5.8313
                        6.0627
                                 0.962
                                          0.350
BSA
             1.0387
                        0.1927
                                5.392 4.87e-05 ***
Weight
signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 1.744 on 17 degrees of freedom
Multiple R-squared: 0.9077, Adjusted R-squared: 0.8968
F-statistic: 83.54 on 2 and 17 DF, p-value: 1.607e-09
> reg1 <- lm(BP~BSA, data)
                                            y versus x1
> summary(reg1)
call:
lm(formula = BP \sim BSA, data = data)
Residuals:
   Min
          10 Median
                        3Q
                             Max
-5.314 -1.963 -0.197 1.934 4.831
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 45.183
                        9.392 4.811 0.00014 ***
BSA
             34.443
                        4.690 7.343 8.11e-07 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' '1
Residual standard error: 2.79 on 18 degrees of freedom
Multiple R-squared: 0.7497, Adjusted R-squared: 0.7358
F-statistic: 53.93 on 1 and 18 DF, p-value: 8.114e-07
```

```
> reg21 <- lm(BP\sim Weight+BSA, data) y versus x2 and x1
> summary(reg21)
call:
lm(formula = BP ~ Weight + BSA, data = data)
Residuals:
    Min
            10 Median
-1.8932 -1.1961 -0.4061 1.0764 4.7524
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 5.6534
                        9.3925 0.602
                                         0.555
                       0.1927 5.392 4.87e-05 ***
Weight
             1.0387
                        6.0627 0.962
BSA
             5.8313
                                         0.350
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 1.744 on 17 degrees of freedom
Multiple R-squared: 0.9077, Adjusted R-squared: 0.8968
F-statistic: 83.54 on 2 and 17 DF, p-value: 1.607e-09
> reg2 <- lm(BP~Weight, data)
                                          y versus x2
> summary(reg2)
call:
lm(formula = BP ~ Weight, data = data)
Residuals:
   Min
            10 Median
                            3Q
                                  Max
-2.6933 -0.9318 -0.4935 0.7703 4.8656
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 2.20531
                       8.66333 0.255 0.802
Weight
            1.20093
                       0.09297 12.917 1.53e-10 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' '1
Residual standard error: 1.74 on 18 degrees of freedom
Multiple R-squared: 0.9026, Adjusted R-squared: 0.8972
F-statistic: 166.9 on 1 and 18 DF, p-value: 1.528e-10
```

If the predictors are highly correlated:

- \succ The coefficients b_1 and b_2 change drastically between SLR and MLR
- \triangleright The standard errors of the coefficients b_1 and b_2 increase for MLR
- > The sum of squares decrease for MLR models

How to detect multicollinearity:

- > Look at the correlation matrix of the predictors
- ➤ Compute the Variance Inflation Factor (VIF) for each predictor

$$VIF_i = \frac{1}{1 - R_i^2}$$

Coefficient of determination for predicting X_i using the other predictors

- If VIF = 1, no issue
- If VIF > 5, investigate carefully
- If VIF > 10, some serious issues

How to handle multicollinearity:

- 1) Choose a better set of predictors
- 2) Eliminate some of the redundant predictors
- 3) Combine predictors into a scale
- 4) "Ignore" the individual coefficients and tests



In which cases should we consider data transformations?

Response transformation

- Nonlinearity
 Predictor transformation
- Lack of normality
- > Unequal variance
- > Influential points

Common transformations

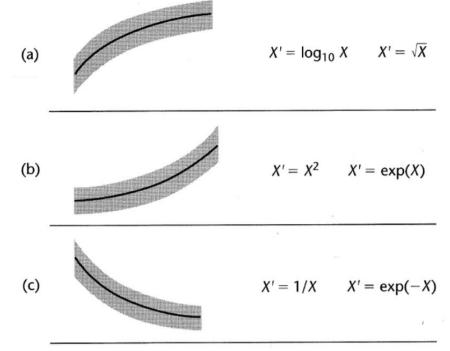
Logarithm

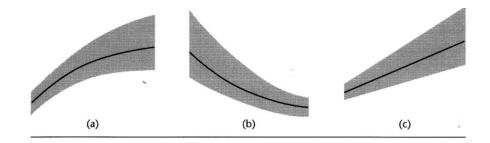
Square root

Exponential

Power function

Reciprocal





Transformations on Y

$$Y' = \sqrt{Y}$$

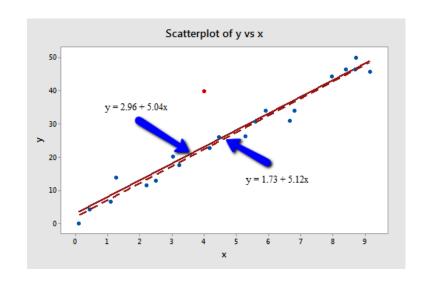
$$Y' = \log_{10} Y$$

$$Y' = 1/Y$$

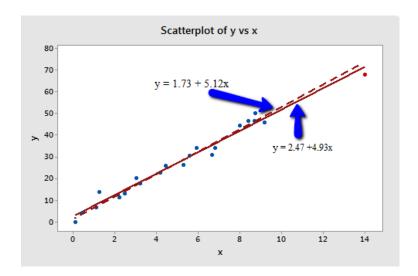
How should we identify influential points?

- > An outlier is a point whose response Y does not follow general trend
- > A data point with high leverage has an extreme X predictor value
- ➤ A data point is influential if it influences any part of the regression analysis (slope coefficients, predicted responses, ...)

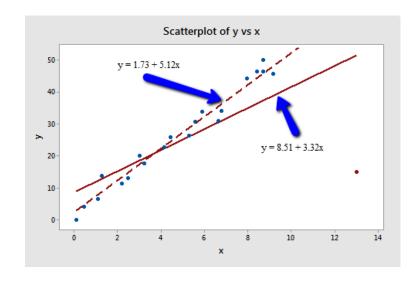
How should we identify influential points?



Outlier, no leverage



Not outlier, high leverage



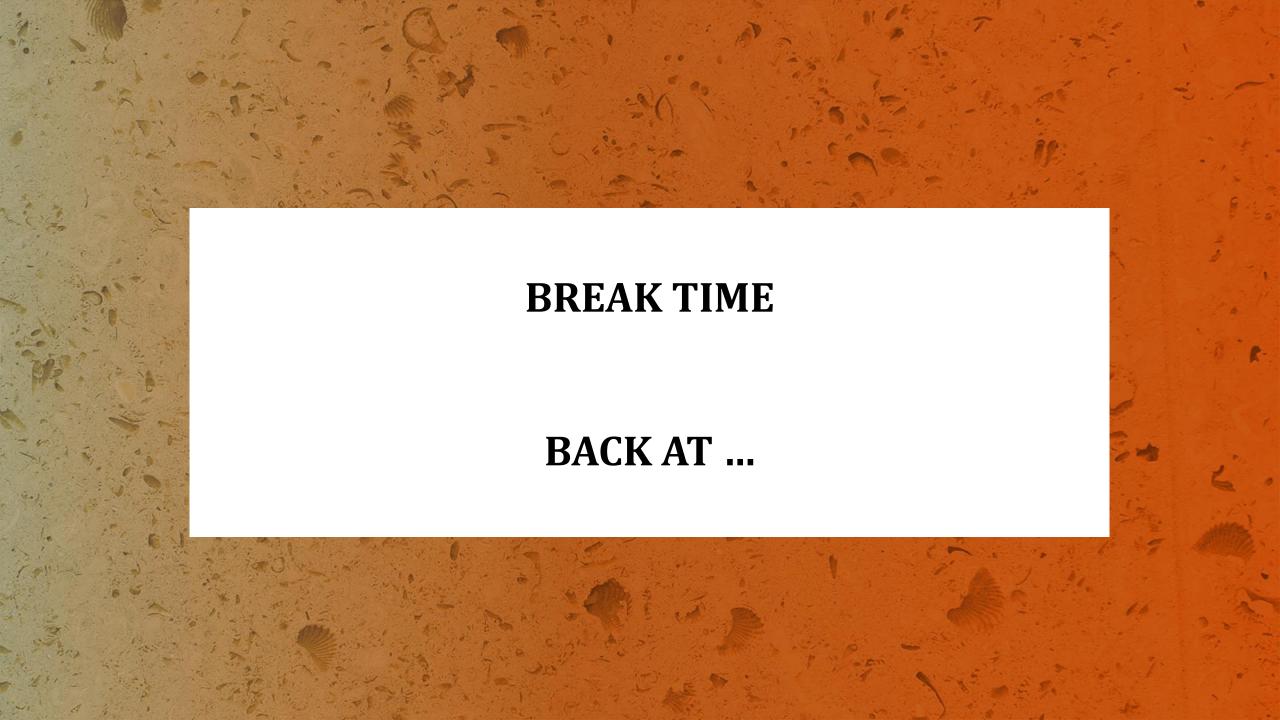
Outlier, high leverage

How should we identify influential points?

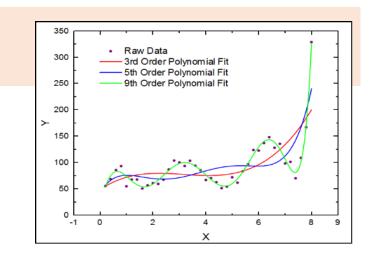
- > An outlier is a point whose response Y does not follow general trend
- > A data point with high leverage has an extreme X predictor value
- ➤ A data point is influential if it influences any part of the regression analysis (slope coefficients, predicted responses, ...)
- > Plot residuals or use Cook's distance

$$D_{i} = \frac{\sum (\hat{Y}_{j} - \hat{Y}_{j(i)})^{2}}{p \cdot MS_{error}}$$

A data point having a large D_i indicates that the data point strongly influences the fitted values



Polynomial Regression



➤ Include higher orders of one or more predictors:

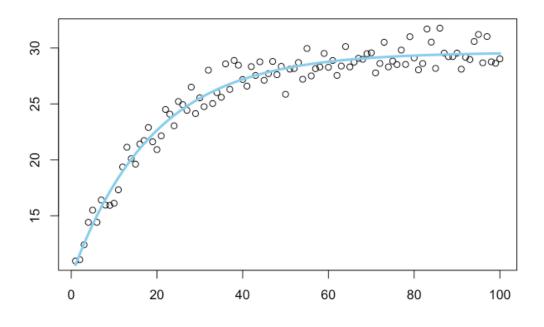
$$Y_i = \beta_0 + \beta_1 x_{i1} + \beta_2 x_{i2} + \beta_{11} x_{i1}^2 + \beta_{22} x_{i2}^2 + \beta_{12} x_{i1} x_{i2} + \varepsilon_i$$
with $x_{i1} = X_{i1} - \bar{X}$

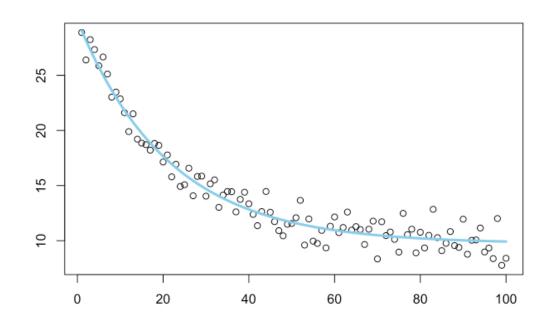
$$x_{i2} = X_{i2} - \bar{X}$$

> We center the variables to reduce multicollinearity

Some example of nonlinear models:

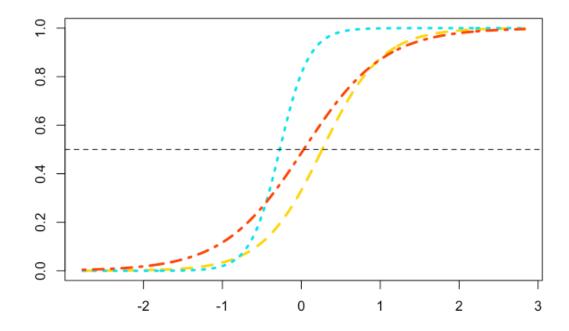
Exponential model: $Y_i = \gamma_0 + \gamma_1 e^{\gamma_2 X_i} + \varepsilon_i$





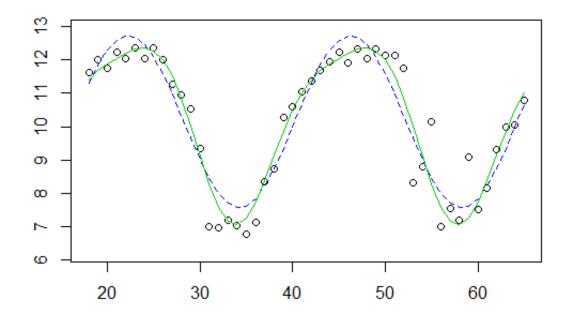
Some example of nonlinear models:

Logistic model:
$$Y_i = \frac{\gamma_0}{1 + \gamma_1 e^{\gamma_2 X_i}} + \varepsilon_i$$



Some example of nonlinear models:

Harmonic model: $Y_i = \gamma_0 + \gamma_1 \cos(\gamma_2 X_i + \gamma_3) + \varepsilon_i$



Similarities / Differences with linear regression:

 \triangleright same definitions of sums of squares: $SS_{error} = \sum (Y_i - f(X_i, g))^2$

But $SS_{error} + SS_{reg}$ does not necessarily add up to SS_{total} R^2 does not have a meaningful interpretation

 \triangleright same method to estimate the coefficients: minimize sum of squares error (SSE)

But calculations differ (derivatives, Taylor series, Gauss-Newton's method...)

> same assumptions about the errors: normal, equal variance, independent

But residuals do not necessarily add up to 0, normality might be problematic And the most important assumption: the model represents the data well (estimate parameters)

Similarities / Differences with linear regression:

> same diagnostics: residuals vs fitted values plot, normal probability plot

But the assumptions are rarely met, especially normality

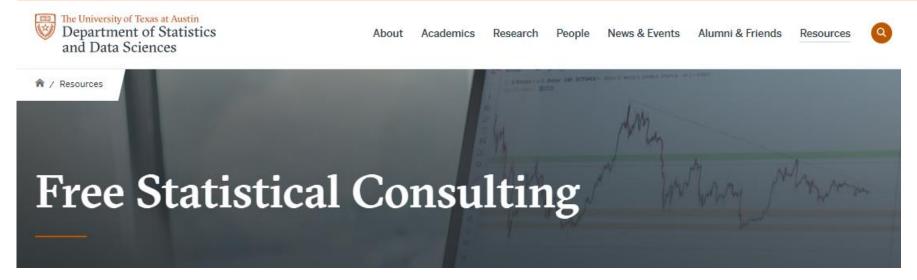
different methods for inferences

Inferences are difficult because the assumption of normality is not often met, and the coefficients may be biased. But:

- o larger sample size
- bootstrapping
- different number of parameters vs predictors

We can have p parameters for q predictors (p > q)

Next



Please note that our consulting services are in high demand and reserved on a first-come, first-served basis.

All UT Austin graduate students, faculty and staff are eligible to sign up for a free 30-minute appointment to speak with a faculty member in the Department of Statistics and Data Sciences (SDS) for a brief consultation. An additional follow-up appointment may be arranged depending on appointment availability. All appointments will take place on Zoom.

To schedule an appointment, please email stat.admin@austin.utexas.edu and provide the following information:

- Full Name
- Title (e.g., graduate student, faculty member)
- Department/Program Affiliation
- Email address (should be a UT email)
- 1-2 paragraph summary of the issue you hope to discuss with the consultant
- Whether you have met previously with an SDS consultant

Next

If you have a dataset you'd like to explore, now is a great time to pull it up!

We're happy to help you:

- ✓ Clean or organize your data
- ✓ Fit a model (e.g., linear, logistic, or multiple regression)

We can come by and take a look, but please note that we can't guarantee we will be able to answer all questions.

Let's see what we can discover!

Next

Please complete this quick survey so we can better understand future interest and expectations for this workshop.

https://forms.gle/caS8whnoA3S9ow4m6

