

# The Book of Olive



*A caregivers guide to the best girl in the whole world*

## Emergency Info Card



Name: **Olive Scott**

DOB: **4/15/2015**

Breed: Terrier Mix

Weight: 20 lbs.

Color: Tan



**Strict Diet: feed only pre-portioned meals and approved treats. No table scraps.**

### Medical History

- Diabetic
- Glaucoma
- Heart Murmur

### Emergency Contact

- Layla Scott: (434) 509-9728
- Locke A. Taylor: (804) 308-1384

*\* Medications are documented separately.  
DO NOT administer unless instructed.*

## THE BASICS

### Where do I find ... ?

#### *\*LEASH*

The **basket by the front door** has all the grab and go outside items: retractable leash, hands free leash, extra poop bags.

#### *\*TREATS*

Her treats, medication, extra bowls, etc. are all in the **cabinet above the air fryer**. You may give her treats, just keep them small, break them into pieces if you need to.

#### *\*FOOD*

Her food is in the refrigerator in the bottom right drawer. One jar goes on cold as a topper for her dry kibble. Empty jar goes in the sink. The full bag of dry kibble is under the sink, she gets one scoop per meal.

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### What does she want from me?

When she really wants something, she will either get cuddly and lick you, or she will go and sit by the front door and stare at you. This could mean she wants, food, a walk, or just attention. I usually narrow it down with a few questions

- “Are you **hungry**?”
  - “Do you want to go **outside**?”
  - “Do you need **water**?”
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## Car Ride Protocol

The car ride cue is, “Do you want to go **bye-bye**?” She is normally very excited to go. She should sit in the back, however; I often give in and let her sit beside me, like the passenger princess she is.

I use a crash tested harness in the car.

⇒ Pro Tip: wait until you are in the car to put the harness on.

For some reason she dislikes putting the harness on and will dead-weight on you. Once the harness is on she is happy again. It may be helpful to have a treat on hand the first time you try this.



YouTube video for how to put the harness on and buckle her in.

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## Absolutely Avoid

- **Giving her “just a bite” of human food.**  
Even small amounts can be dangerous. Please stick strictly to pre-portioned meals and approved treats only.
- **Exposing her to high-pitched beeping sounds.**  
Certain medical devices make this sound, and even medical drama TV shows, can trigger panic. When this happens, she becomes very anxious and needs reassurance and calm attention. This response is related to past trauma.

## THE OVERVIEW

Olive is a senior dog. She was born in April of 2015. We adopted her from the shelter at 6 months old.

### Health Brief

She is insulin dependent (diabetic). This means her food intake is strictly timed and monitored. She DOES NOT get table scraps, no matter how much she begs. She can have treats, though be mindful that she is a small dog, a little goes a long way. Most treats will need to be broken into smaller ones.

Due to her age, Olive also has some vision issues. She has both glaucoma and cataracts.



Glaucoma



Cataracts

Her vision issues are the most prominent at night when contrast is low. It will cause her to fall and bump into things that she can't see.

I help aide her at curbs or steps with verbal cues like “up” or “step down”, and come to stop at those places so she knows to slow down, before we reach them.

## Communication

Olive really likes to lick, it's a big part of how she communicates. When she's anxious, licking helps her self-soothe. When she's excited to greet you, prepare for a nice cheek bath. And when she wants something from you... you guessed it—she licks you. Behaviorally speaking, I can't say why she does this, just that she always has. It's one of her quirks.

## Tricks

Olive is as stubborn as she is smart. She will weigh the effort vs. reward and act according to her best interest. If she knows you do not have a treat, she will likely ignore your request. That being said, if you want to give her a treat, make her work for it.

Her running list of tricks are:

- Sit
- Down 🐾
- Stay 🐾
- High Five / Gimme paw
- Touch: nose taps target, like palm or object
- Find it: place a treat on a dish cover with paper towel, get her to sit and stay while you put the dish somewhere out of site, release cue is "Find it".

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Below this line are tricks she only occasionally deems worth the effort

- Clap: jumps on hind legs, brings front paws together
- Bang: shoot with finger gun, lay on side and play dead

## **Medication List**

- 10 mg Prozac
- 11 units of Novolin-N insulin, every 12 hours, with food
- Dorzolamide eye drops, twice a day