

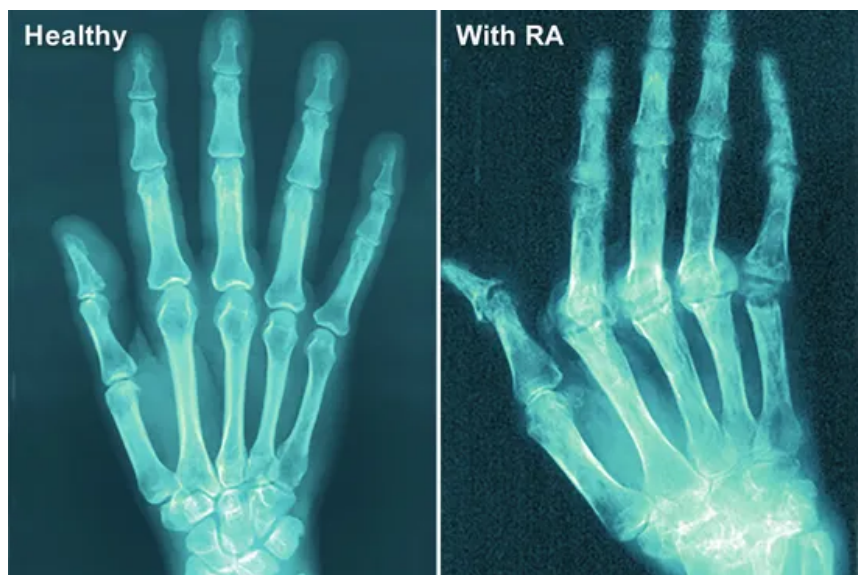
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NEWS


FDA Warns of Hidden Ingredients in Arthritis, Pain Products

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Get the Most From Your Ankylosing Spondylitis Care

A rheumatologist arms you with her best advice for treating this chronic arthritis. Be honest with your doctor, and don't downplay your symptoms.



Defining Axial Spondyloarthritis

Axial spondyloarthritis is certainly a mouthful, but it boils down to chronic, painful arthritis of the spine.



Treatments for Axial Spondyloarthritis

What should you try when NSAIDs aren't enough to calm the inflammation in your back?



Treatments and Habits to Help Ankylosing Spondylitis

AS is not a wear-and-tear disease, so drugs have to target the chronic cause of inflammation. Thankfully, there are many more options on the market today.



Advocate for Yourself With AS

Helgi Olafson feels lucky he got an early diagnosis for his ankylosing spondylitis, and he works to inspire others with the condition. He uses endurance sports to raise awareness of AS.



Advice on Living a Full Life With Ankylosing Spondylitis

Blogger Katie Faison shares her journey with ankylosing spondylitis, including her initial fears over what the future would hold for her.



Becoming an Advocate for Ankylosing Spondylitis

"We need for the disease to become a household name," says AS advocate Roz Tolliver. She shares a list of ways to raise awareness.



One Day Living With Ankylosing Spondylitis

Stress only aggravates Dana Marton's pain and fatigue, so she sticks to a schedule and swears by belly dancing.



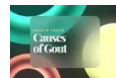
Myths and Facts: Gout

Does gout only affect men? And is it caused by eating rich foods? Separate fact from fiction on this form of arthritis.



Causes of Gout

What's to blame for this form of arthritis, often found in the joint of your big toe?



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