August 2018

Prison Radio What's on National Prison Radio? Solution of the solution of the

NPR

Friday

to the

Your start

weekend

16:00

New

British

rocks.

music with

DJ Goldie-

National Prison Radio is available in prisons across England and Wales, and HMP Grampian in Scotland.

We broadcast 24 hours a day, 7 days a week, into your cell. If your prison has National Prison Radio, you can vour remote control.

Monday 6 August - Outside In: Former prisoners look at how you can prepare for life on the out.

Monday 20 August - NPR Meets Caleb Femi: Poet and teacher on Frankenstein and getting shot.

Monday 13 August - Prisoner Policy Network: Find out what prisoners REALLY think.

Monday 27 August - YO Takeover: The lads at HMYOI Isis take over the NPR airwaves.

Day	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Eve	Mon	Tue	Wed	Thur	Fri	Sat	Sun
07:00	The world's first national breakfast show made by and for prisoners. Includes the quiz, 7:40 Shout Out and the Work Out Song. Listen out for Friday – the famous Porridge Music Special					All Request Saturday The week's Request	Freedom Inside In-cell yoga with Prison Phoenix Trust	17:00 (or local shows)	Bob and Beyond Reggae classics.	Red Bull Academy Mixes, interviews	/ Radio	Brixton Calling News and requests from HMP Brixton.	NPR Specials See orange box below for details of shows.	Deja Vu From the 60s, 70s and 80s.	Boom Box Classic hip-hop and RnB.
08:00	NPR Love Bug Igloo The Urban NPR Specials Write to the Handpicked Show Friday					Shows back	Bob and Beyond	18:00	NPR Talk Making the most of your time					Ear Hustle From San Quentin jail	
(or local shows made in your prison)	See the orange box below for details of shows.	ones you love Shannon Trust	dance music from NPR's finest presenters.	Hip-Hop, R&B and dancehall.	Sport, chat and ents. Your start to the weekend.	to back through the day. Write to us at:	A solid hour of reggae classics.		Past Present & Future Inspirational people select their life's	NPR Takeover Real voices from jails around the country take	George the Poet takes over NPR Beautiful, inspirational words for	Sex Talk Season 2 Honest talk about love, sex and relationships	Love Bug Write to the ones you love	Inside Music The real stories behind the music	EAR COLOR
09:00	The music and upbeat rundown. Desi Drop De					National Prison Radio, HMP Brixton,	Boom Box Classic hip-hop.	19:00	Want to hea	The Request Show Want to hear your favourite song on National Prison Radio? To hear your song, message or poem on the radio, write to us at: The Rock Show The very The very					
10:00			music from DJ Goldie- rocks.	your loved- ones on the outside!	London SW2 5XF	Deja Vu Classic tracks.	20:00	National P Get your love	National Prison Radio, HMP Brixton, London SW2 5XF Get your loved-ones to request tracks for Thursday's show at: www.nationalprisonradio.com best in loud guitar music. Shout out your loved-ones on the outside!						
11:00	Porridge Another chance to hear this morning's show						Past Present & Future	21:00	See below Requ	straightline Request	Igloo Handpicked dance music.	The Urban Show Hip-Hop and R&B.	The best dance music in the world, direct	THE SELECTOR RADIO Two hours	Bob and Beyond Reggae classics.
12:00 (or local shows)	Past Present & Future	NPR Takeover See 18:00 for details	George the Poet takes over NPR	Sex Talk See 18:00 for details	HUSTLE		NPR Takeover	22:00	Hot 20 The famous UK chart rundown.	Shout out your loved- ones on the outside!	Desi Drop An hour of Asian music.	Inside Music Real music stories.	in the world, direct to your ears.	of brand new British music.	Love Bug Write to the ones you love.
13:00	The Request Show Requests and shout-outs from prisons across England and Wales Want to hear your favourite song on National Prison Radio? To hear your song, message or poem on the radio, write to us at National Prison Radio, HMP Brixton, London SW2 5XF						George the Poet	23:00	Books Unlocked A fresh title every month, read out loud, just for you. Write to National Prison Radio, HMP Brixton, London SW2 5XF for a free copy.						
14:00							Sex Talk	23:30 - 07:00	Dre	am	Tin	1e Mu	sic and advice e and sound t	e to help you hrough the r	sleep ight.
15:00	All Music Daytime SELECTOR Music and information designed to help you make the most of your time inside. Hot 20 UK chart rundown.						Books Unlocked A repeat of the week's			cials: F			oss Engl	and and	l Wales.

the week's

readings

book