

We broadcast 24 hours a day, 7 days a week, into your cell. If your prison has National Prison Radio, you can listen through your TV by using the tuning buttons on your remote control.

NPR Specials: Real talk from across England and Wales.

Monday 6 August - **Outside In:** Former prisoners look at how you can prepare for life on the out.

Monday 13 August - **Prisoner Policy Network:** Find out what prisoners REALLY think.

Monday 20 August - **NPR Meets Caleb Femi:** Poet and teacher on Frankenstein and getting shot.

Monday 27 August - **YO Takeover:** The lads at HMYOI Isis take over the NPR airwaves.