



Alumni Paddling Program Policy

I. OBJECTIVE

The Pale Kai Outrigger (PKO) Alumni Paddling Program was established to:

- A. Support the primary objective of the competitive racing structure through membership dues for the purchase of equipment and maintenance of the outriggers for competitive outrigger canoe racing;
- B. Promote the sport of outrigger canoe paddling by providing opportunities for PKO members to participate in paddling throughout a member's lifetime;
- C. Continue in the true spirit of outrigger paddling by promoting respect for the ocean, community, and ohana (family); and
- D. Be consistent with the By-Laws and the primary objective of the PKO organization.

II. ALUMNI PADDLING PROGRAM

The Alumni Paddling Program consists of the following:

- A. Workouts aimed at engaging the **Alumni paddler and racing paddlers** in a six man co-ed canoeing experience to maintain paddling skills;
- B. Coached racing workouts, if additional racing fees are paid;
- C. Held during the pre-race, racing, post racing season and may be more frequent during the non-race season, as daylight and weather conditions allow and as designated by the Executive Board (President, Vice President and Treasurer) and Head Coach;
- D. At least one (1) paddle day a week, with the day designated and coordinated by the Executive Board and Head Coach;
- E. Paddle time must be conducted at a time designated and coordinated by the President, Head Coach and Alumni Coordinator between the hours of **but no earlier than sunrise and no later than the sunset** and all workouts are subject to safe weather and water conditions, as well as canoe availability (canoe racing takes priority);
- F. Paddlers shall sign-ups for each paddle out on a first come, first-serve basis with preference given to Alumni Paddlers;
- G. Workouts may be cancelled if not enough paddlers sign up;

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H. Workouts must take place in:

1. San Luis Bay, not beyond the green buoy near the jetty and as far south as White Rock, unless approved by the Head Coach; or
2. Morro Bay, inside the jetty unless approved by the Head Coach.

I. All canoes must have a club sanctioned steersperson;

J. A single canoe can only go out with no less than six (6) paddlers;

K. If two or more canoes, there must be no less than four (4) paddlers per boat;

L. Use of PKO canoe/s, with the canoes to be designated by the PKO Head Coach (does not include unlimited canoes or the white outriggers);

M. Equipment use;

N. Dues and fundraising dollars go to support the maintenance and storage of our canoes and equipment, which are then available for member use in scheduled practices or as approved by the Board; and

O. Changes to this policy are subject to change in coordination with the President, Head Coach and Program Coordinator.

III. MEMBERSHIP

PKO Alumni Paddling Program membership shall consist of:

A. Both men and women who are 18 years of age or older who are the following:

1. Returning PKO paddlers that have paddled within the last five (5) years;
2. New members are defined as first year PKO paddlers to include:
 - a. Veteran paddlers from other outrigger clubs who paddled within the last five years; or
 - b. PKO Alumni paddlers who have paddled more than five years ago.
3. PKO lifetime members as defined in the PKO By-Laws.

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- B. All PKO By-Laws and policies apply to Alumni paddlers and membership is valid after an individual has fulfilled all of the criteria in the PKO By-Laws to include but not limited to the following:
 - 1. Article III - Membership, Section 3 Requirements, which includes but is not limited to: payment of dues, annual execution of an application form, waiver of liability forms, safety tests, etc.;
 - 2. Article III - Membership, Section 4 Payment of Indebtedness Requirements; and
 - 3. Article III - Membership, Section 6 SCORA Membership.
- C. Members agree to abide by our club rules and responsibilities which are reflected in our club by-laws and membership agreement.
- D. Alumni paddlers have all of the benefits, rights and obligations stated in the PKO By-Laws and policies.

IV. Administrative Requirements

- A. The following documents must be filled out, signed and turned in at your first practice:
 - 1. SCORA waiver: one (1) double-sided page only;
 - 2. PKO Code of Conduct; and
 - 3. PKO Safety Policy.
- B. Each paddler must update their SCORA registration number on the SCORA website in order to be covered by insurance.

V. Safety Requirements

- A. The following safety tests are required by each Alumni paddler's 3rd practice:
 - 1. Jump out of the canoe in deep ocean water;
 - 2. Swim around the canoe, without touching the canoe;
 - 3. Climb back into the canoe unassisted;

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4. Bail if necessary and continue paddling; and
 5. Participate in a huli drill.
- B. Completion of these tests must be recorded on the sign-in sheet, indicating the date of completion.

VI. Fees

- A. The first 3 practices will be free.
- B. Upon your 4th practice, an annual Alumni Paddling Membership fee of \$200 shall be due and payable to Pale Kai Outrigger.
- C. If unpaid by the stated date, Members shall not be allowed to paddle until the fees, membership forms and safety criteria have been completed.