

Outrigger Canoe 1 Usage Policy

I. OBJECTIVE

The Pale Kai Outrigger (PKO) Canoe 1 (OC1) usage policy was established 2017 to:

- A. Promote the sport of competitive outrigger canoe racing;
- B. Provide opportunities for **PKO race members only** to paddle as part of the normal club activities during the non-race season;
- C. Enhance and maintain a race paddler's skills and stamina;
- D. Ensure the safe use of club equipment for normal and standard club actives;
- E. Facilitate equitable use of club equipment by all race members; and
- F. Be consistent with the By-Laws with the primary objective of the PKO being competitive racing organization.

II. OC 1 USAGE

The OC1 Program consists of the following:

- A. Obtain Head Coach and Coaches approval to train and use an OC1;
- B. Workouts aimed at engaging the **competitive racing member paddler** in OC1 to enhance and maintain their overall paddling skills in coordination with the President, the Head Coach and Coaches:
- C. Held during the pre-race, racing, post racing season as daylight and weather conditions allow **but no earlier than sunrise and no later than the sunset** and as designated by the President and Head Coach:
- D. Paddler must, in coordination with the OC1 Coordinator:
 - 1. Participate in an annual OC1 training;
 - 2. Prove competence in OC1 assembly, and huli self-recovery;
 - 3. Sign a Safety Use and Maintenance Agreement;
 - 4. Observe all PKO safety rules;

I hereby agree to abide by these rules for the privilege of using these Club-Owned OC-1.

Print Name	Signature	Date
1 IIII I I I I I I I I I I I I I I I I	oignatai c	Date

- 5. Sign-up on a first-come, first-serve basis at least 3 days in advance;
- 6. Be listed on the OC1 club usage roster;
- 7. Log in on the sign-up sheet with:
 - a. Name;
 - b. Boat used,
 - c. Date:
 - d. Time on and off the water; and
 - e. Route.
- 8. Take the following out with you on the OC1:
 - a. Boat tether:
 - b. Carry a cell phone or radio;
 - c. Personal Floatation Device (PFD); and
 - d. Whistle.
- 9. Usage is limited to no more than 3 hours and at least one (1) paddle day a week;
- 10. All workouts are subject to safe weather and water conditions;
- 11. Can go out only with another PKO club sanctioned OC1 or OC6 and must stay within shouting distance of each other;
- 12. Workouts must take place only in:
 - a. San Luis Bay, south of the jetty's green buoy and Avila Rock, unless approved by the Head Coach; or
 - b. Morro Bay, inside the jetty unless approved by the Head Coach.
- 13. Obtain approval from the Head Coach to race the OC1 at a sanctioned race.
- 14. Report any damage within 24 hours;
- 15. All PKO By-Laws and policies apply to OC1 paddlers and membership is valid after an individual has fulfilled all of the criteria in the PKO By-Laws:
 - a. Article III Membership, Section 3 Requirements which includes but not limited to: payment of dues, annual execution of an application form, waiver of liability forms, safety test, etc.
 - b. Article III Membership, Section 4 Payment of Indebtedness Requirements; and
 - c. Article III Membership, Section 6 SCORA Membership.

16. Changes to this policy are subject to	change.	
0.00414		D 3 (4

- 1. Observe all PKO Club safety rules.
- 2. Log in on the sign-up sheet with:
 - a. Name:
 - b. Boat used,
 - c. Date; and
 - d. Time on and off the water.
- Be careful most damage occurs to OC1s on land, so follow the procedures completely and in order.
- 4. Rigging Procedures:
 - a. Do not try to fetch and stow multiple pieces of equipment simultaneously;
 - b. Set hull on saw horse, remove the cover and inspect for damage;
 - c. Fetch the ama from the shed, set on the sawhorses and inspect for damage;
 - d. Fetch iakos from the shed and connect;
 - e. Insert iakos into hull;
 - f. Connect iakos to ama;
 - g. Check that plugs and ama are tight but not too tight; and
 - h. Inspect equipment one more time and complete checklist.
- 5. Checklist of things to take with you:
 - a. Boat tether;
 - b. Cell phone or radio,
 - c. PFD and secure under bungees; and
 - d. Whistle.
- 6. Close up the shed and head down to the beach.
- 7. Be careful crossing the street and walking among pedestrians, visibility is limited.
- 8. Be careful setting the canoe down, the rudder is fragile.
- 9. Do not take the canoe beyond the jetty or Avila rock.
- 10. Derigging Procedure:
 - a. Set canoe on sawhorses;
 - b. Examine canoe;
 - c. Detach the ama from the iakos;
 - d. Detach the iakos from the hull;
 - e. Replace handles onto the ama;
 - f. Stow ama on rack:
 - g. Stow PFD and iakos in the shed;
 - h. Cover and put away the hull;
 - i. Lock the shed; and
 - j. Report any damages within 24 hours.