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. . . Tue 17/09/2024 09:08
. . . Burrows, Laurence <Laurence.Burrows@southeasternrailway.co.uk>

[illegible]

Hi Laurence,
Many thanks for your enquiry.
There is currently no defined ideal BMI for tasks on the GB mainline railway. This is in part due to safety-critical tasks varying in complexity, which makes it difficult to make general statements regarding the musculoskeletal capacity required to perform them.

It can however be considered during a medical fitness assessment by an occupational health physician. Transport operators can assess the physical demands placed on individuals by their operations, identifying the factors which influence the physical requirements for tasks. This could include the assessment of body dimensions and demographics of an individual, including age, gender, weight or height for example, in order to demonstrate they can safely function and carry out tasks associated with the role. They may also carry out a further assessment on the ability of an individual to cope with a full working shift.

I hope this helps to answer your query.

Regards,
Barbara

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