

重度及特重度烧伤患者康复期照护干预方案的多维度构建

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【摘要】 目的 多维度构建重度及特重度烧伤患者康复期照护干预方案,为提高患者康复期生活质量提供护理依据。**方法** 以护理程序理论、福利多元理论及 ABC-X 模型为参考,通过文献回顾和半结构化访谈初步制定重度及特重度烧伤患者康复期照护干预方案,运用德尔菲法进行2轮专家函询,总结后形成最终干预方案。**结果** 第1轮、第2轮专家函询问卷回收率分别为93.75%和100%。第2轮专家函询的肯德尔和谐系数为0.163~0.195 ($P<0.05$),各指标变异系数均 <0.25 。最终构建了重度及特重度烧伤患者康复期照护干预方案,包括烧伤康复评估、康复期照护计划、康复期照护实施和康复期照护评价4个维度,共61个条目。**结论** 多维度构建重度及特重度烧伤患者康复期照护干预方案,能够为临床护理人员及患者提供更加科学、清晰、明确的指导,从而提高患者康复疗效及生活质量。

【关键词】 烧伤; 康复期; 照护干预; 德尔菲法

Construction of rehabilitation care intervention plans for severe and extremely severe burn patients based on multiple perspectives Shen Ting¹, Shi Leilei¹, Zhao Haiyang¹, Zhang Meixia², Jiao Xiaochun¹, Chen Baoli¹, Wang Zhijuan¹, Wang Lina¹, Zhao Xiangyang¹, Zhou Qin¹. ¹Department of Burns and Cutaneous Surgery, ²Department of Nursing, Burn Center of PLA, the First Affiliated Hospital of Air Force Medical University, Xi'an 710032, China

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【Abstract】 Objective To construct the rehabilitation care intervention plans for severe and extremely severe burn patients based on multiple perspectives, provide nursing basis for improving patients' quality of life during the rehabilitation period. **Methods** Based on the nursing program theory, welfare diversity theory, and ABC-X model, a preliminary rehabilitation care intervention plan for severe and extremely severe burn patients was developed through literature review and semi-structured interviews. The Delphi method was used for two rounds of expert consultations and formed the final intervention plans after summary. **Results** The response rates for the first and second rounds of questionnaires was 93.75% and 100%, respectively. The kendall's coefficient of concordance of expert consultations in the second round were 0.163-0.195 ($P<0.05$). The coefficients of variation of the indexes in the second round was <0.25 . The rehabilitation care intervention plans for severe and extremely severe burn patients were constructed, consisting of 61 items in four dimensions: burn rehabilitation assessment, rehabilitation care plan,

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