

Fundamentals of Micro- and Nanodosimetry



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Acknowledgements

1

To:

For material used on slides on:

- | | |
|------------------------|--|
| B. Großwendt | Dosimetry and radiation protection concepts ,
nanodosimetry |
| O. Hupe, P. Ambrosi | Radiation protection quantities |
| P. Pihet, A. Rosenfeld | Microdosimetry, biological effectiveness |
| J. Rahm | Ionising radiation interaction |

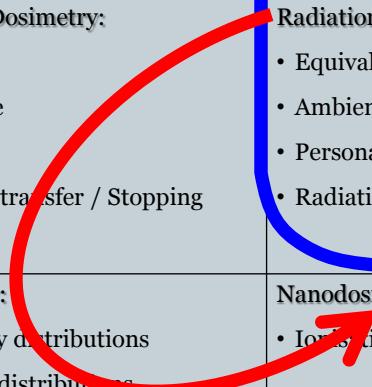
Site Map

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(Macroscopic) Dosimetry: <ul style="list-style-type: none">• Kerma• Absorbed dose• Fluence• Linear energy transfer / Stopping power	Radiation Protection Dosimetry: <ul style="list-style-type: none">• Equivalent Dose• Ambient equivalent dose• Personal equivalent dose• Radiation quality factors
Microdosimetry: <ul style="list-style-type: none">• Specific energy distributions• Lineal energy distributions	Nanodosimetry: <ul style="list-style-type: none">• Ionization cluster size distributions

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Outline

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- **Refresher Course on Radiation Protection**
- **Refresher Course on Ionizing Radiation**
- **Macroscopic Dosimetry Concepts**
- **Microdosimetry**
- **Radiobiological Effectiveness**
- **Nanodosimetry**

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Refresher Course on Radiation Protection Quantities

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The System of Quantities in Radiation Protection

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Physical Quantities

- fluence, Φ
- kerma, K
- absorbed dose, D



Protection (Body Dose) Quantities

- organ absorbed dose, D_T
- directional equivalent dose, H_T
- effective dose, E

Relate to biological effects induced by ionising radiation.

Operational Quantities

- ambient dose equivalent, $H^*(d)$
- directional dose equivalent, $H'(d, \Omega)$
- personal dose equivalent, $H_p(d)$

Measurable (in principle) at a point in the human body (or in a phantom)

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Protection (Body Dose) Quantities

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- **Organ absorbed dose**
- **Directional equivalent dose**
- **Effective dose**

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Effective Dose

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$$E = \sum_T w_T \sum_R w_R D_{T,R}$$

Tissue weighting factor

Radiation weighting factor
related to external radiation or
to radiation from radionuclides

Mean absorbed dose in
the organ or tissue T
from radiation of type R

The effective dose is seen to be related to the “risk” of a detriment (stochastic effects like cancer) from exposure by ionizing radiation.

The special name for the unit of effective dose, J kg^{-1} , is sievert (Sv).

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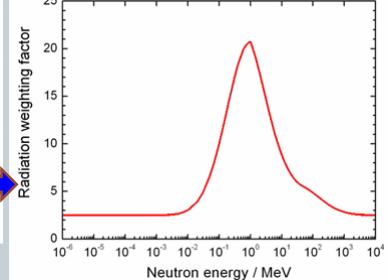
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Recommended Radiation Weighting Factors w_R

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<i>Radiation type</i>	<i>Radiation weighting factor, w_R</i>
Photons	1
Electrons and muons	1
Protons, charged pions	2
Alpha particles, fission fragments, heavy ions	20
Neutrons	A continuous function of neutron energy 

Recommendations of the International Commission on Radiological Protection
ICRP Publication 103 (2007)

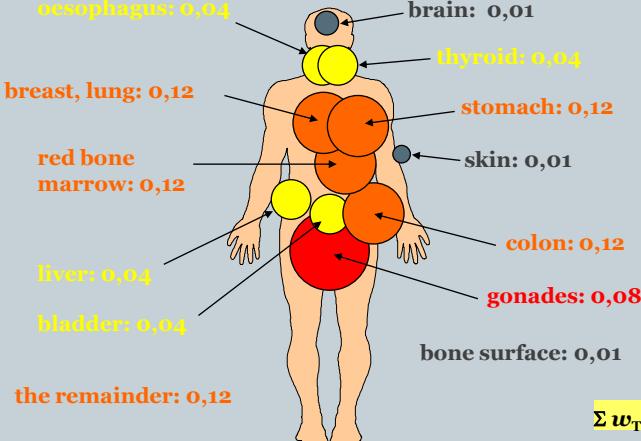


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Tissue-weighting Factors w_T

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$\Sigma w_T = 1$

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Operational Quantities

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- Ambient Dose Equivalent
- Directional Dose Equivalent
- Personal Dose Equivalent

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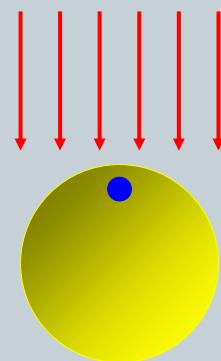
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Ambient Dose Equivalent

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The ambient dose equivalent, $H^*(d)$, at a point in a radiation field, is the dose equivalent that would be produced by the corresponding expanded and aligned field, in the ICRU sphere at a depth, d , on the radius opposing the direction of the aligned field

The special name for the unit of ambient dose equivalent, J kg^{-1} , is sievert (Sv).



point of measurement
at depth d

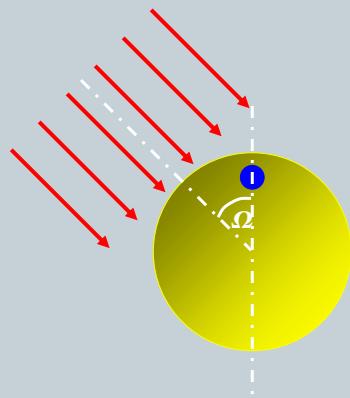
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Directional Dose Equivalent

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The directional dose equivalent, $H(d, \Omega)$, at a point in a radiation field, is the dose equivalent that would be produced by the corresponding expanded field, in the ICRU sphere at a depth, d , on a radius in a specified direction, Ω .



The special name for the unit of directional dose equivalent, J kg^{-1} , is sievert (Sv).

point of measurement
at depth d

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Personal Dose Equivalent

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The personal dose equivalent, $H_p(d)$, is the dose equivalent in soft tissue, at an appropriate depth, d , below a specified point on the body.



The special name for the unit of personal dose equivalent, J kg^{-1} , is sievert (Sv).

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Refresher Course on Ionising Radiation

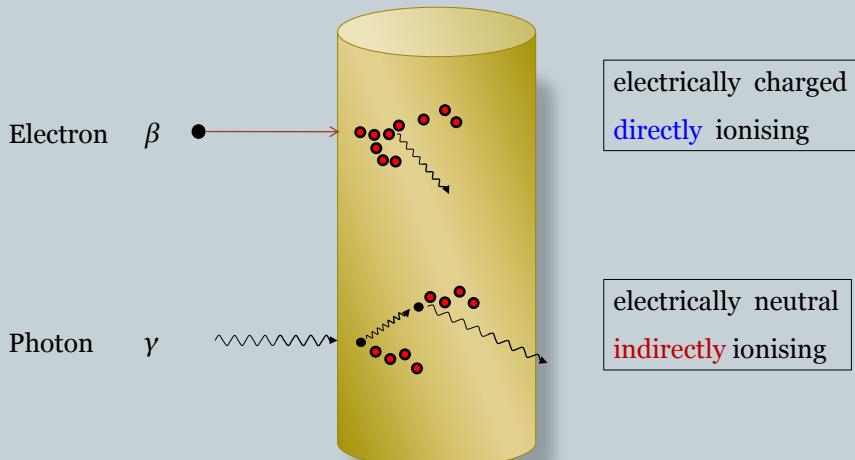
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Ionising Radiation Interactions in Matter

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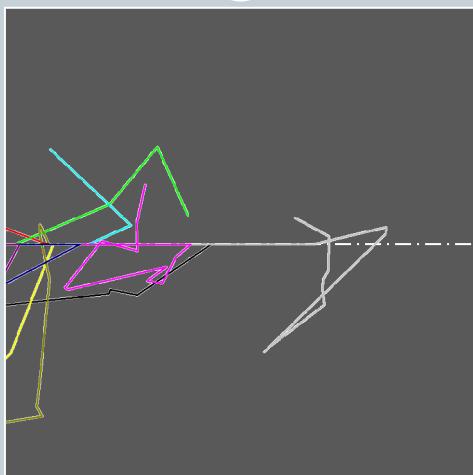
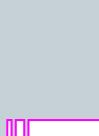
Courtesy of Johannes Rahm, TH Mittelhessen

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100 keV Photons in a **30 cm** Water Cube

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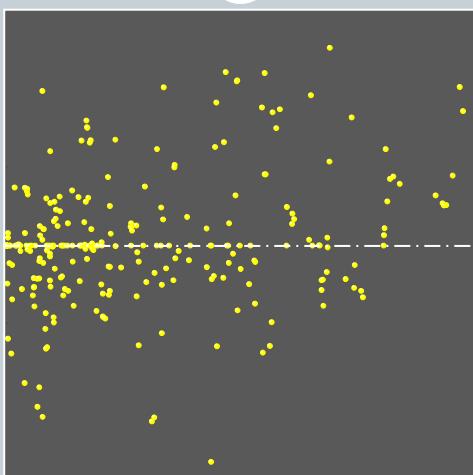
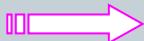


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Electron tracks due to 100 keV photons in a **30 cm** water cube

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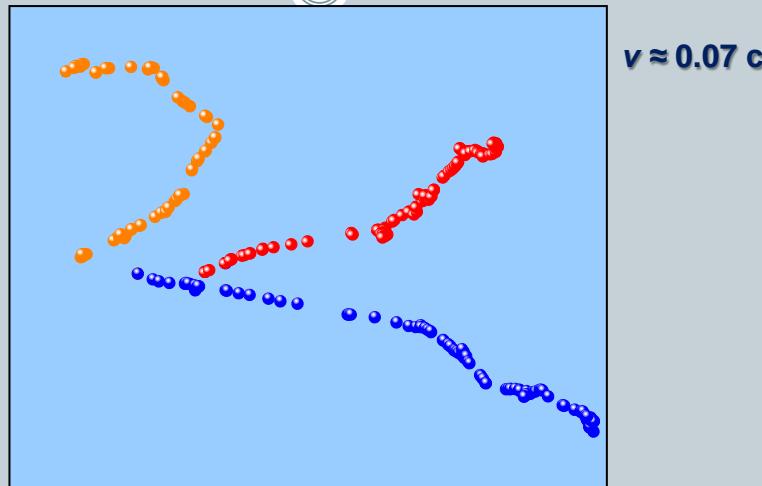


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Three sample tracks of **2.7 keV** electrons
in a **100 nm** water phantom (only ionisations)

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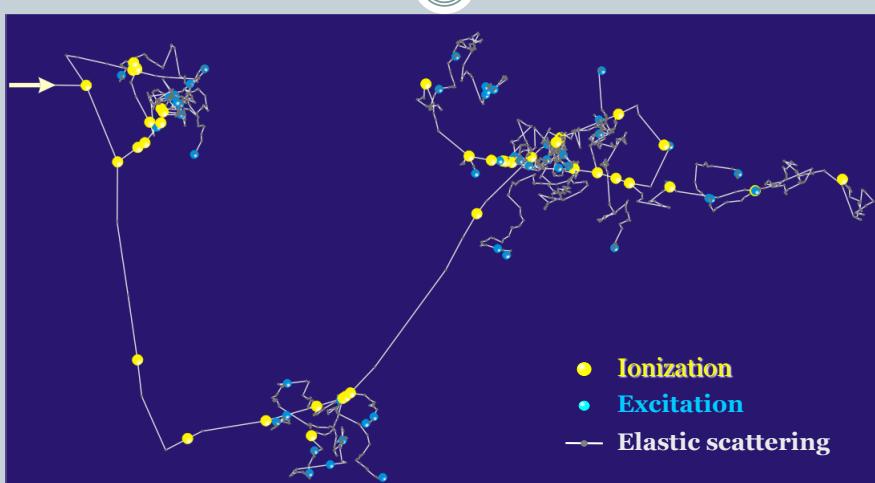
 $v \approx 0.07 c$

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One sample track of an electron in water
(all interactions shown)

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Ionising Radiation Interactions in Matter

Ion α → electrically charged
 directly ionising

Neutron n → electrically neutral
 indirectly ionising

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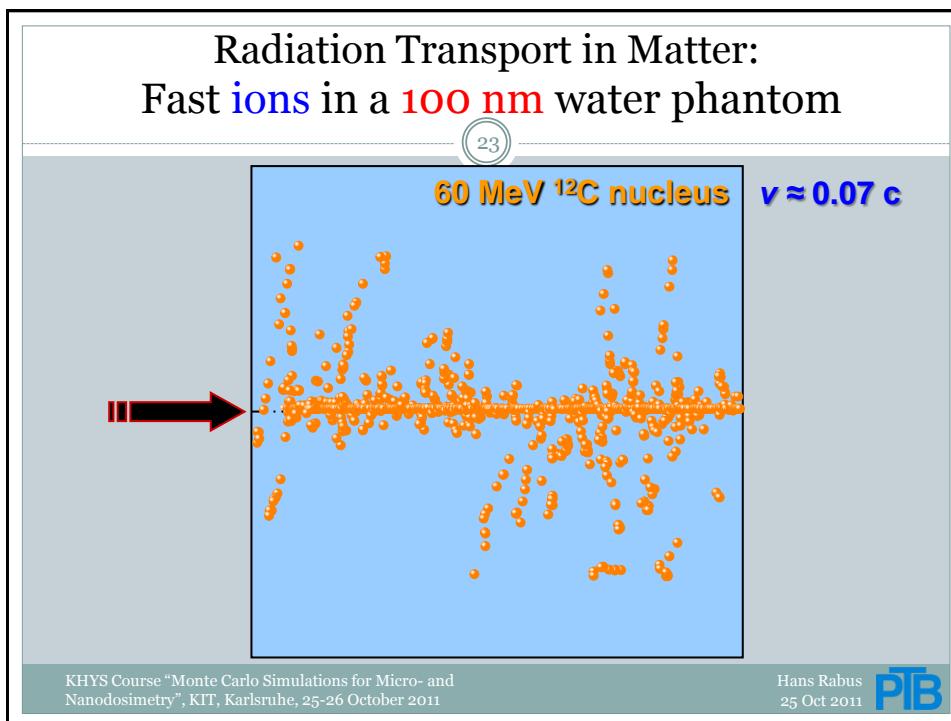
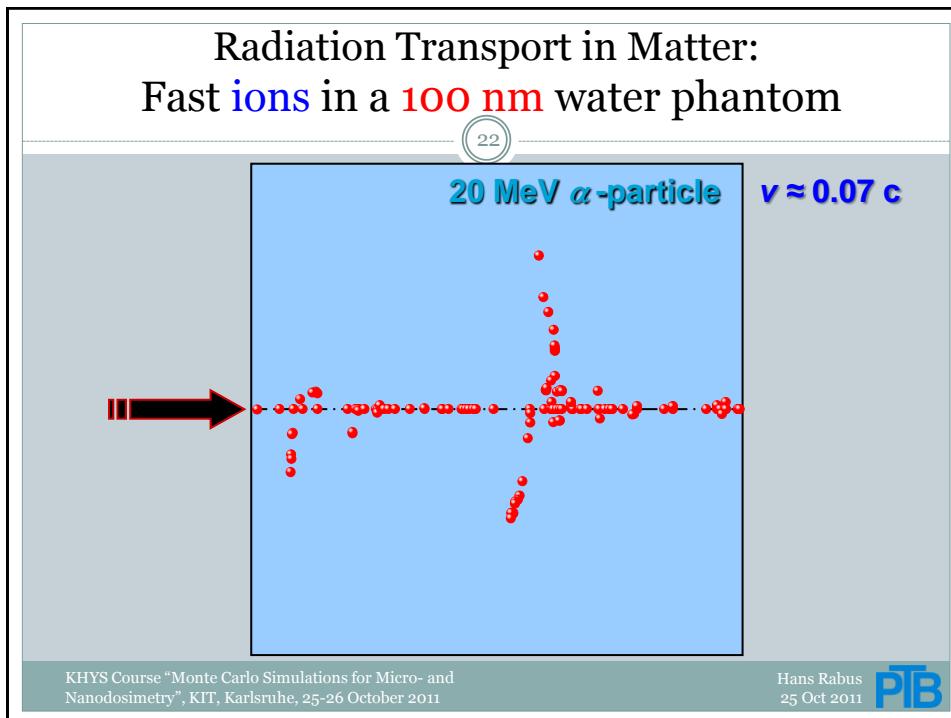
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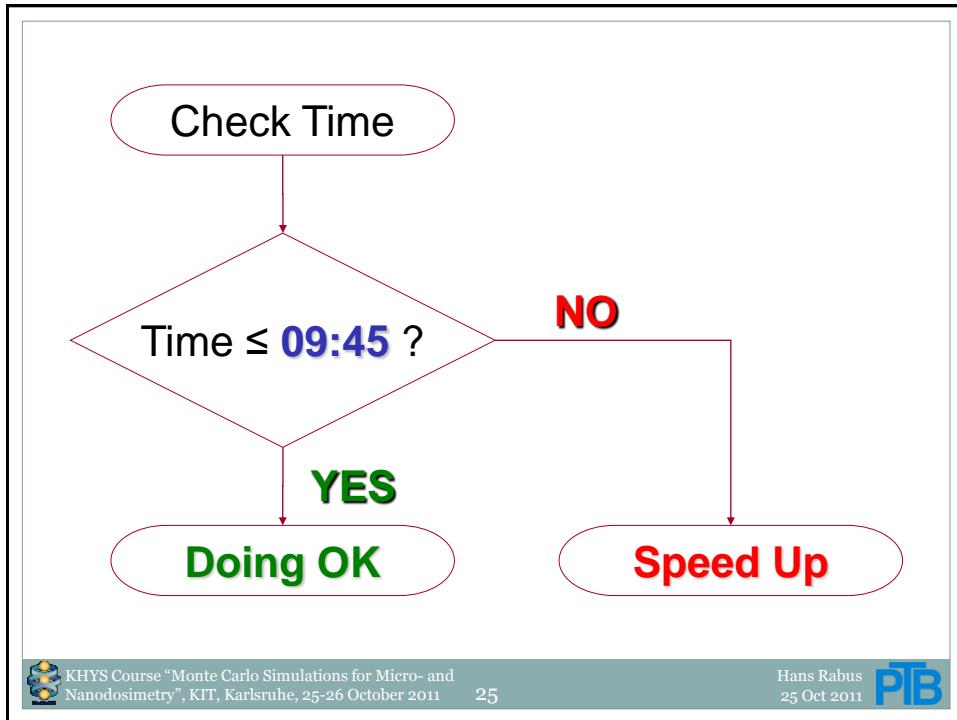
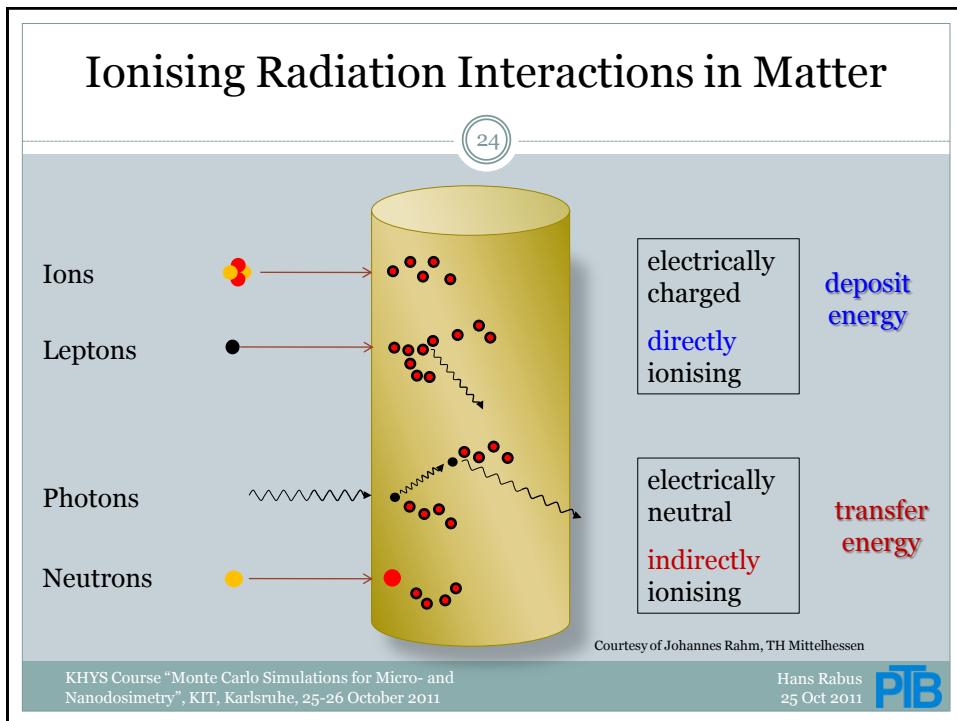
Radiation Transport in Matter: Fast ions in a 100 nm water phantom

5 MeV proton $v \approx 0.07 c$

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Macroscopic Dosimetry Concepts

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- Kinetic energy released in matter - KERMA
- Absorbed Dose (to a material)
- Particle and Energy Fluence
- Linear energy transfer – LET (Stopping Power)

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Kerma: Kinetic energy released per mass

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Formal definition (ICRU Report N. 85, 2011):

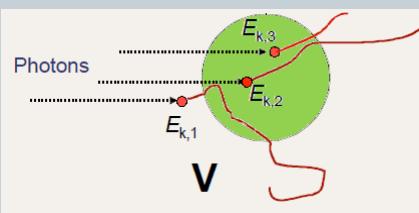
Practical determination:

The *kerma*, K , for ionizing uncharged particles, is the quotient of dE_{tr} by dm , where dE_{tr} is the mean sum of the initial kinetic energies of all the charged particles liberated in a mass dm of a material by the uncharged particles incident on dm , thus

$$K = \frac{dE_{tr}}{dm}.$$

Unit: J kg^{-1}

The special name for the unit of kerma is gray (Gy).



$$K = \sum_{i=2}^3 E_{k,i} \quad m = \rho V$$

Drawing from Review of Radiation Oncology Physics: A Handbook for Teachers and Students (IAEA)

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Absorbed dose to a material

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Formal definition (ICRU Report N. 85, 2011):

The *absorbed dose*, D , is the quotient of $d\bar{e}$ by dm , where $d\bar{e}$ is the mean energy imparted by ionizing radiation to matter of mass dm , thus

$$D = \frac{d\bar{e}}{dm}.$$

Unit: J kg⁻¹

The special name for the unit of absorbed dose is gray (Gy).

Practical determination:

$$D = \frac{\sum_{i=1}^{n_{dep}} \varepsilon_i}{m}$$

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Kerma and absorbed dose

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Because electrons travel in the medium and deposit energy along their tracks, this absorption of energy (= —) does not take place at the same location as the transfer of energy described by kerma (= ●).

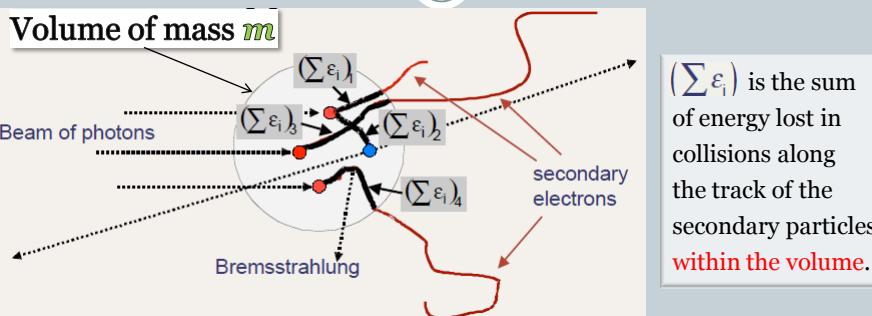
Drawing from Review of Radiation Oncology Physics: A Handbook for Teachers and Students (IAEA)

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Absorbed dose in a volume of matter

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$$\text{Absorbed dose } D = \frac{(\sum \varepsilon_i)_1 + (\sum \varepsilon_i)_2 + (\sum \varepsilon_i)_3 + (\sum \varepsilon_i)_4}{m}$$

Slide adapted from *Review of Radiation Oncology Physics: A Handbook for Teachers and Students* (IAEA)

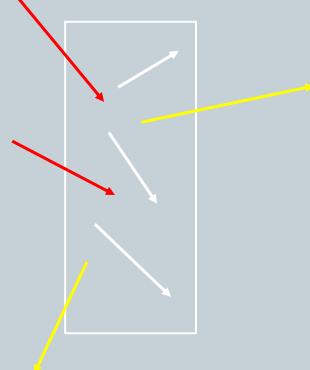
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The Role of Electron Transport

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$$\dot{D} = \frac{i \times (W/e)}{m}$$



Secondary-electron equilibrium

The energy transported out of the volume by electrons set-in-motion inside must be compensated by the energy transported in by electrons set-in-motion outside.

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Kerma and absorbed dose

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$\beta = D / K_{\text{col}}$

In the buildup region: $\beta < 1$

In the region of a transient charged particle equilibrium: $\beta > 1$

At the depth $z = z_{\text{max}}$, a true charged particle equilibrium exists.
 $\beta = 1$

$D = K_{\text{col}} = K(1 - \bar{g})$

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Macroscopic Dosimetry Concepts

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- Kinetic energy released in matter – KERMA
- Absorbed Dose (to a material)
- Particle and Energy Fluence
- Linear energy transfer – LET (Stopping Power)

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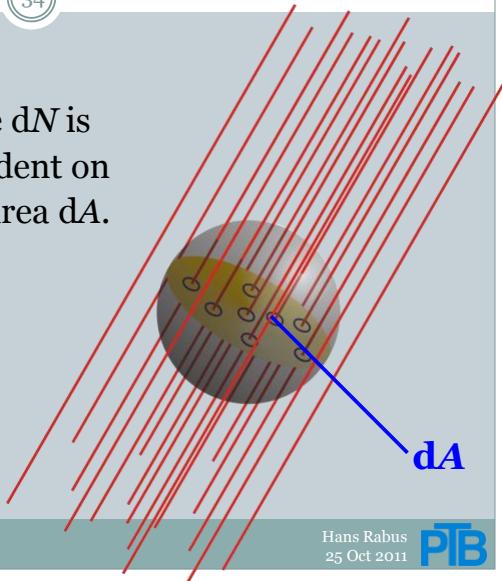
Particle Fluence

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The particle fluence Φ is the quotient of dN by dA , where dN is the number of particles incident on a sphere of cross-sectional area dA .

Unit: m^{-2}

$$\Phi = \frac{dN}{dA}$$



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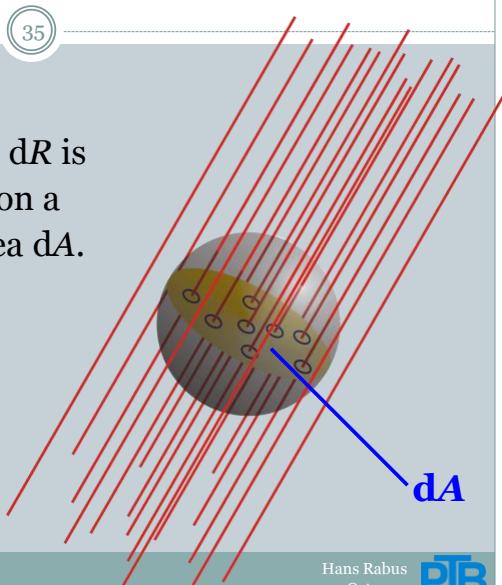
Energy Fluence

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The energy fluence Ψ is the quotient of dR by dA , where dR is the radiant energy incident on a sphere of cross-sectional area dA .

Unit: $J m^{-2}$

$$\Psi = \frac{dR}{dA}$$



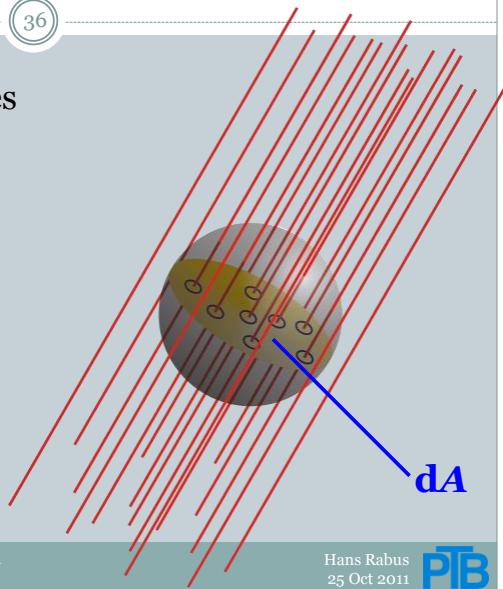
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Particle vs. Energy Fluence

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For mono-energetic particles
of energy E : $\Psi = \Phi \cdot E$



For a spectrum of
particle energies:

$$\Psi_E(E) = \Phi_E(E) \cdot E$$

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Spectral Particle and Energy Fluence

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$$\Phi_E = \frac{d^2 N}{dE dA}$$

... d^2N is the number of
particles of energy E ...

Unit: $J^{-1}m^{-2}$

$$\Psi_E = \frac{d^2 R}{dE dA}$$

... d^2R is the radiant energy
of particles of energy E ...

Unit: m^{-2}

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Interaction Probability and Cross Section

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The probability for a particular interaction of a particle with a target entity is the ratio of the number of successful interactions n_{hit} out of n trials.

$$P = \frac{n_{hit}}{n} = \frac{\sigma}{a} = \Phi \times \sigma$$

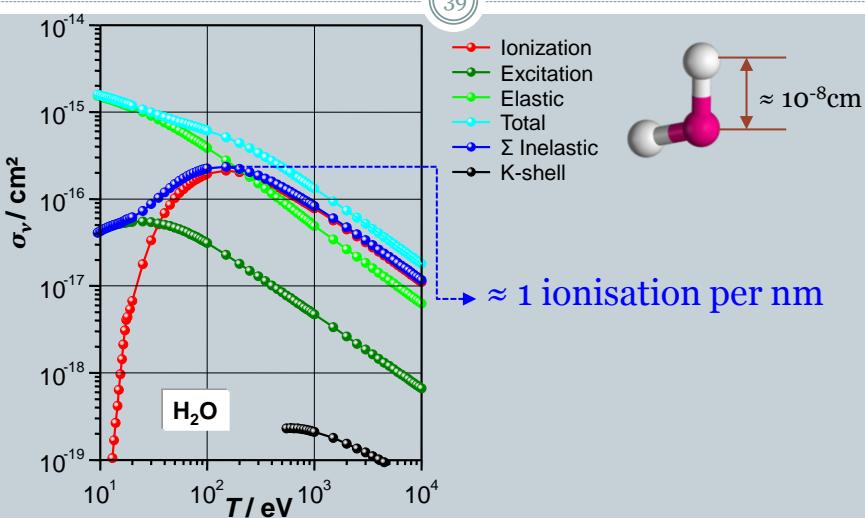
$$\sigma = \frac{P}{\Phi}$$

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Interaction Cross Sections for Electrons in Water

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Macroscopic Dosimetry Concepts

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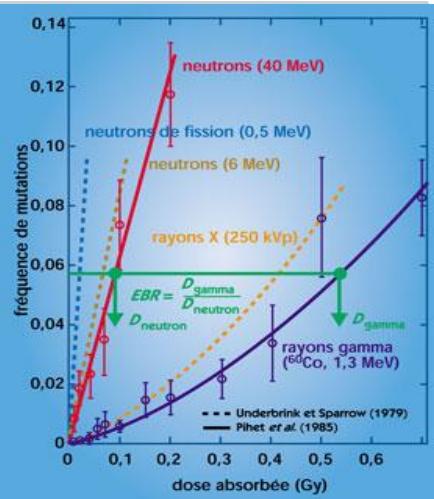
- Kinetic energy released in matter - KERMA
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Dose-effect curves

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- No unique relation between absorbed dose and biological effect
- Different shape for
 - different particle type
 - same particle type at different energy.
- Biological effectiveness of different radiation qualities

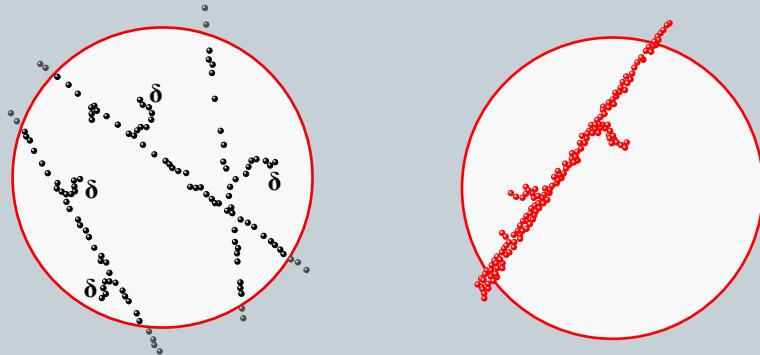
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Loosely and densely ionising radiation

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NB: The same absorbed dose is obtained in the sphere.

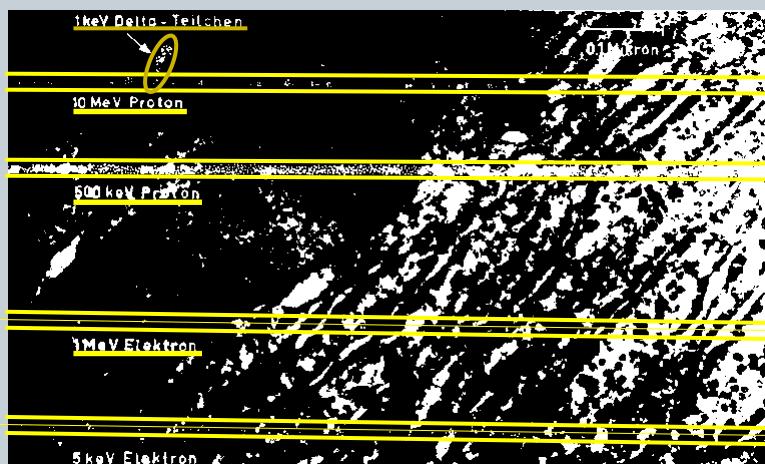


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Different particle tracks in tissue

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Linear energy transfer (Stopping Power)

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Formal definition (ICRU Report N. 85, 2011):

The linear energy transfer or restricted linear electronic stopping power, L_Δ , of a material, for charged particles of a given type and energy, is the quotient of dE_Δ by dl , where dE_Δ is the mean energy lost by the charged particles due to electronic interactions in traversing a distance dl , minus the mean sum of the kinetic energies in excess of Δ of all the electrons released by the charged particles, thus

$$L_\Delta = \frac{dE_\Delta}{dl}.$$

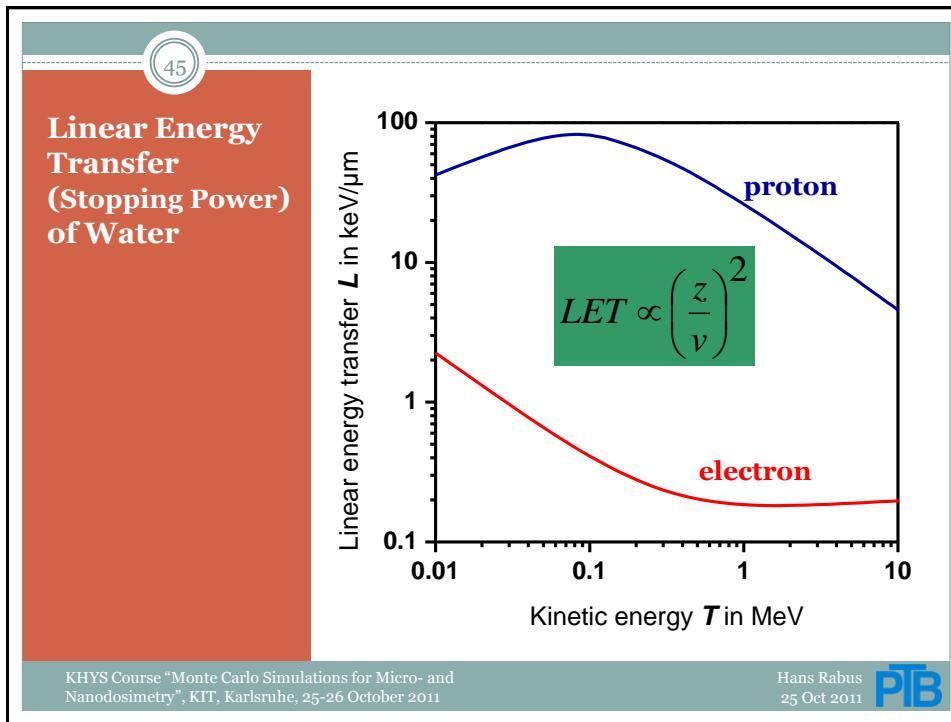
Unit: J m⁻¹

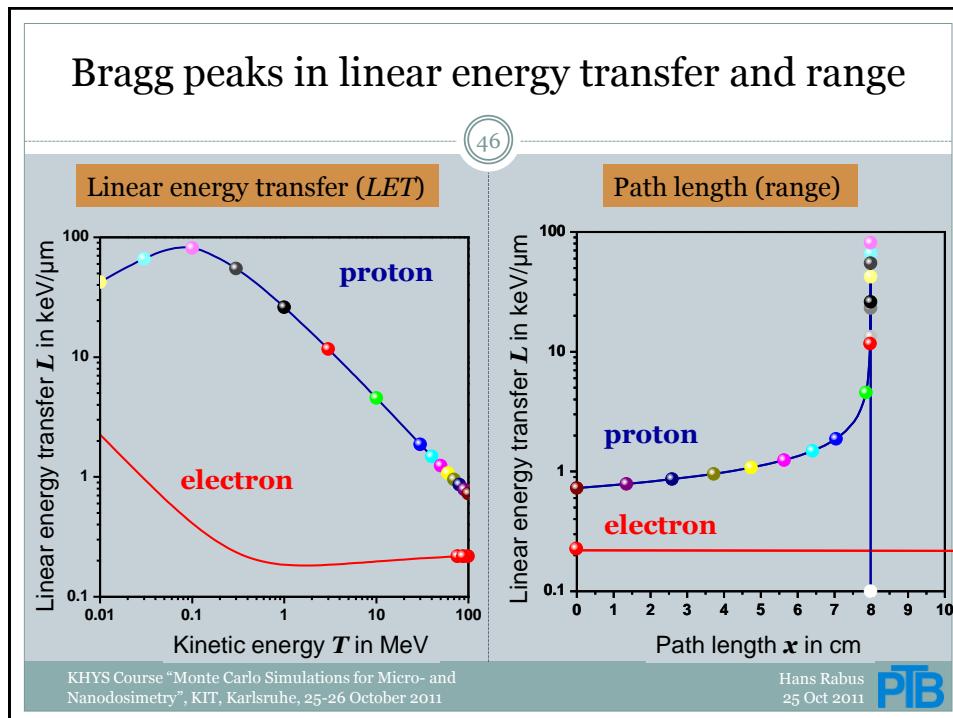
Practical determination:

$$L_\Delta = \frac{\sum_i \epsilon_i}{l} \quad S = L_\infty = \frac{\Delta E}{l}$$

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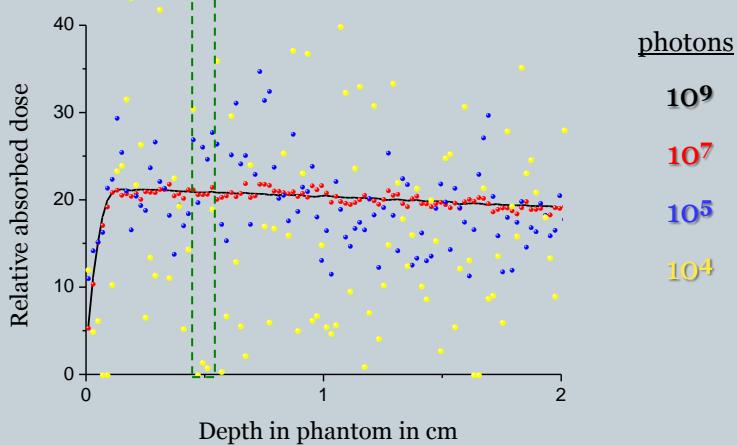




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- ### Summary: Introduction and Motivation
- At the microscopic level, ionising radiation interaction is a stochastic process.
 - Conventional dosimetric quantities like absorbed dose are macroscopic averages.
 - The same absorbed dose may lead to different biological effects.
 - The reason for this is the radiation quality which is related to the microscopic particle track structure .
 - The (macroscopic) concept of linear energy transfer (LET) is used to characterize radiation quality.
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Depth dose distributions for decreasing dose

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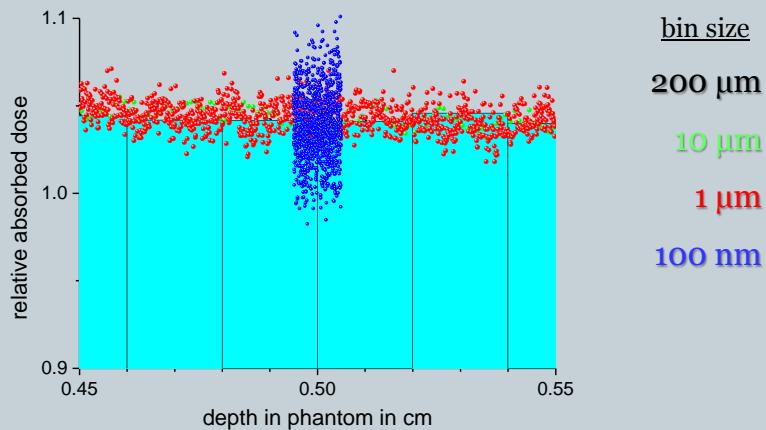


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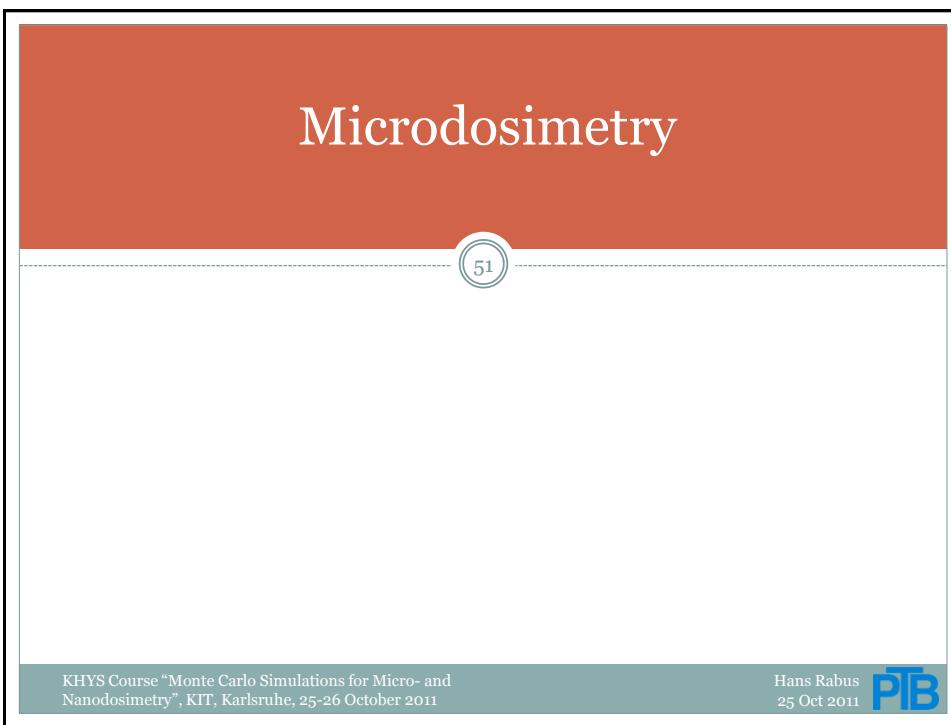
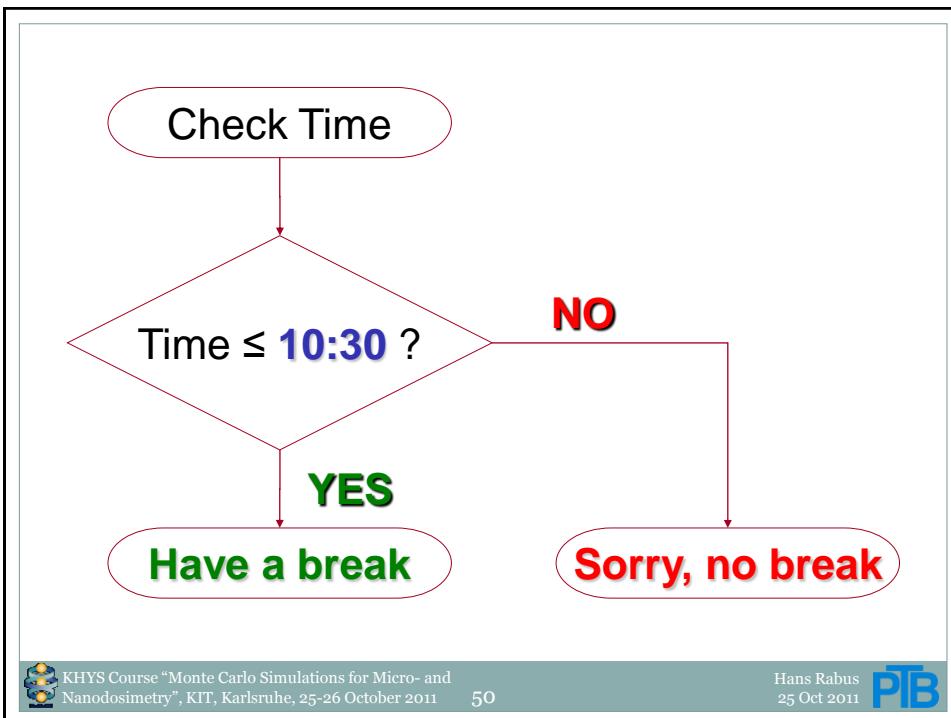
Depth dose distributions for decreasing bin

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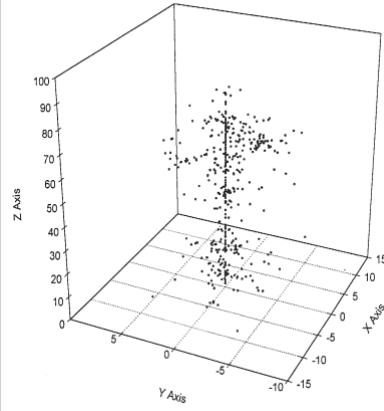


Definition of Microdosimetry

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Microdosimetry:

The systematic study and quantification of the *spatial* and *temporal* distribution of absorbed energy in irradiated matter.
It deals with the *stochastics* of energy deposition.



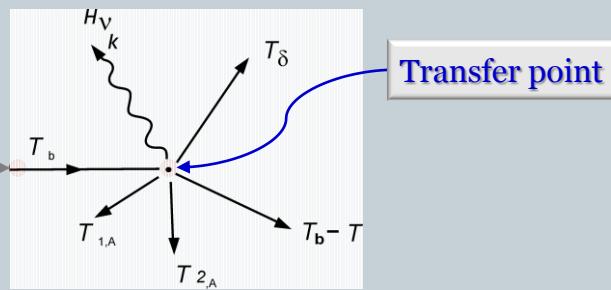
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Definitions of Technical Terms (1)

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Incident ionising particle



Transfer point

$$\text{Energy deposit } \varepsilon_i = T_{in} - \sum_k T_{out,k} + Q$$

$$[\varepsilon_i] = \text{J (or eV)}$$

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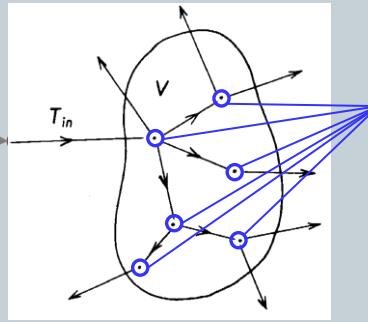
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Definitions of Technical Terms (2)

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Event: production of statistically correlated transfer points

Incident ionising particle



Transfer points
of the event

Drawing from *Review of Radiation Oncology Physics: A Handbook for Teachers and Students* (IAEA)

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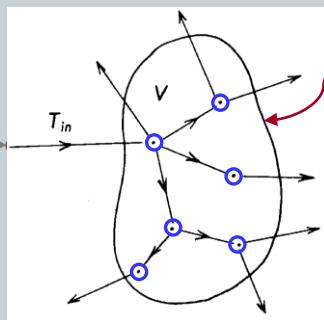
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Definitions of Technical Terms (3)

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Incident ionising particle



Site: target
volume

Energy imparted
 $\varepsilon = \sum \varepsilon_i$

(by all events)

$$\text{Specific energy } z = \frac{\varepsilon}{m}$$

$$[z] = \text{J/kg} (\equiv \text{Gy})$$

Drawing from *Review of Radiation Oncology Physics: A Handbook for Teachers and Students* (IAEA)

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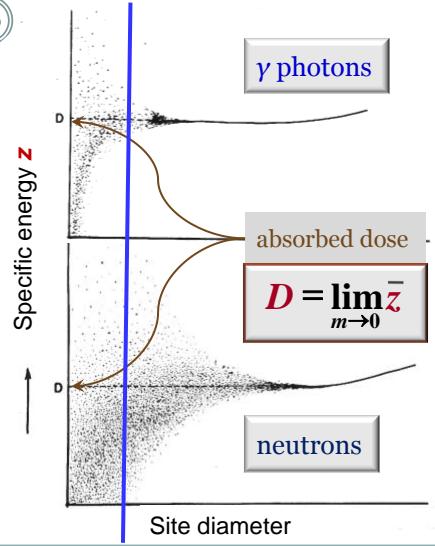
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Specific energy and absorbed dose

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- The specific energy z is a stochastic quantity.
- Its variance increases with decreasing target size.
- Its mean value is related to (macroscopic) dose D
- Each radiation quality has its own signature.

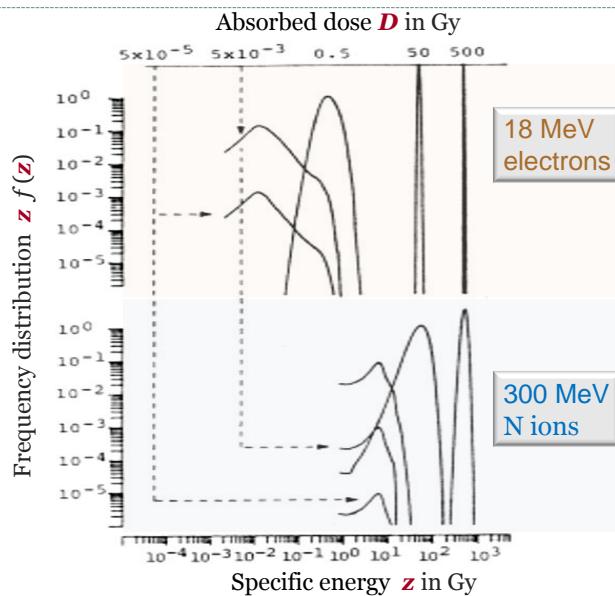


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Specific energy distribution for fixed site diameter

- For large doses the distributions are Gaussian.
- For low doses the relative shape of the distributions is independent of dose.



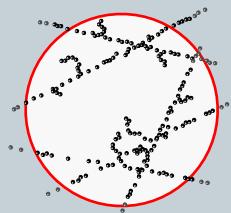
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Specific energy: Single and multi-event distribution

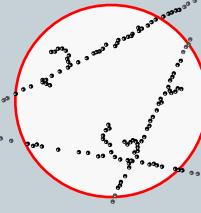
59

- Distribution of events in the site (target volume)
- Distribution of collisions for a specific event



$$\Rightarrow f(z; D)$$

(multi-event distribution of z)



$$\Rightarrow f_1(z)$$

(single-event distribution of z)

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Definitions of Technical Terms (4)

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- $f(z; D)$ is the *frequency probability density* of z for absorbed dose D .
- $\bar{z} = \int_0^\infty z f(z; D) dz$ is the *mean specific energy*.
- $\bar{z}_F = \int_0^\infty z f_1(z) dz$ is the *frequency-mean specific energy per event*.

$$\bar{n} = \frac{\bar{z}}{\bar{z}_F} \quad \text{is the } \textcolor{blue}{\text{event frequency}}$$

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For a site of cell nucleus dimension

$$\bar{z} = \int_0^{\infty} z f(z; D) dz$$

$$\bar{z}_F = \int_0^{\infty} z f_1(z; D) dz$$

$$\bar{n} = \frac{\bar{z}}{\bar{z}_F}$$

$$D \approx \bar{z} = \bar{n} \times \bar{z}_F$$

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Definitions of Technical Terms (5)

- $d(z) = \frac{zf(z; D)}{D}$
is the *dose probability density* of z .
- $d_1(z) = \frac{zf_1(z)}{D}$
is the *dose probability density* of z per *event*.

- $\bar{z}_D = \frac{1}{\bar{z}_F} \int_0^{\infty} z^2 f_1(z) dz$
is the *dose-mean specific energy per event*.

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Reminder on the linear energy transfer

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Formal definition (ICRU Report N. 85, 2011):

The *linear energy transfer* or *restricted linear electronic stopping power*, L_Δ , of a material, for charged particles of a given type and energy, is the quotient of dE_Δ by dl , where dE_Δ is the mean energy lost by the charged particles due to electronic interactions in traversing a distance dl , minus the mean sum of the kinetic energies in excess of Δ of all the electrons released by the charged particles, thus

$$L_\Delta = \frac{dE_\Delta}{dl}.$$

Unit: J m⁻¹

Practical determination:

$$L_\Delta = \frac{\sum_i \epsilon_i}{l}$$

$$S = L_\infty = \frac{\Delta E}{l}$$

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Energy imparted per chord length: Lineal energy

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- Different events relate to different chord length

Chord: Section of primary particle trajectory in the site.

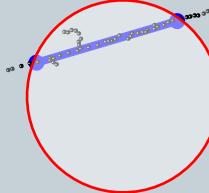
- Relate imparted energy and *mean chord length* \bar{l}
- Modeling the target (chord length distribution for isotropic or parallel trajectories)
- Convex volumes: $\bar{l} = \frac{4V}{S}$
- Sphere: $\bar{l} = \frac{2}{3}d$

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Definitions of Technical Terms (6)

(65)



mean chord length \bar{l}

Energy imparted
 $\varepsilon = \sum \varepsilon_i$
 (by a *single* event)

Lineal energy $y = \frac{\varepsilon}{\bar{l}}$
 $[y] = \text{keV}/\mu\text{m}$

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Definitions of Technical Terms (7)

(66)

- $f(y)$ is the *frequency probability density* of y .
- $\bar{y}_F = \int_0^\infty y f(y) dy$ is the *frequency-mean lineal energy*.
- $d(y) = \frac{yf(y)}{y_F}$ is the *dose probability density* of y .
- $\bar{y}_D = \int_0^\infty y d(y) dy$ is the *dose-mean lineal energy*.

\bar{y}_F and \bar{y}_D are **deterministic** quantities

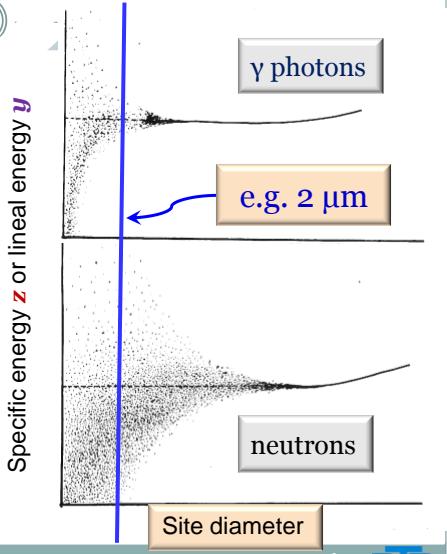
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Specific energy z vs. lineal energy y

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- The distributions of z depend on absorbed dose.
- The distributions of y are independent of absorbed dose (and dose rate).
- The distributions of z and y depend on
 - radiation quality
 - site diameter

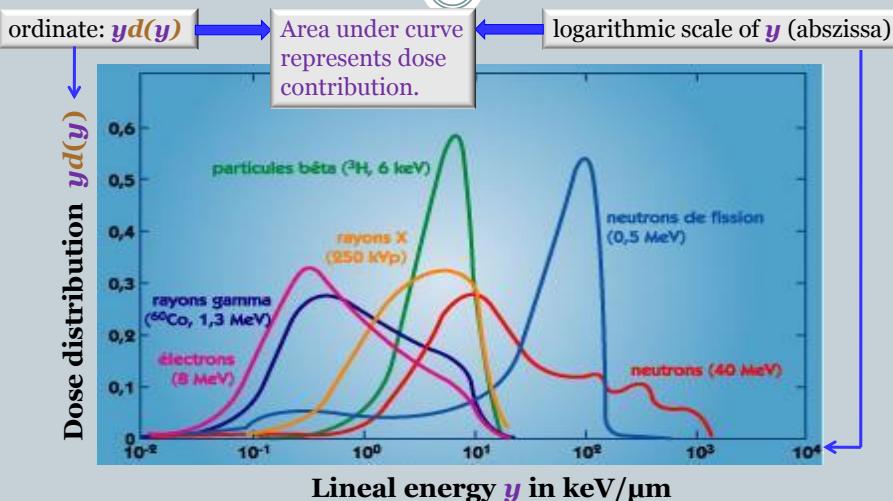


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Microdosimetric spectra of various radiation qualities

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Summary: Concepts of Microdosimetry

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- Microdosimetry studies the spatial distribution and the stochastics of energy deposition in irradiated matter.
- Fundamental quantities are the statistical distributions of
 - Specific energy z (corresponding to absorbed dose)
 - Lineal energy y (corresponding to linear energy transfer)
 which are *stochastic* quantities.
- The frequency-mean and dose-mean values of z and y are *deterministic* quantities.

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Check Time

Time \leq **11:30** ?

NO

YES

Doing OK

Speed Up



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Radiobiological Effectiveness

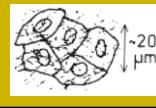
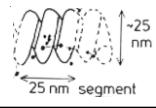
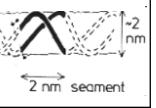
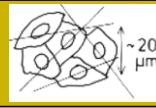
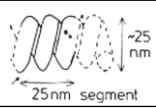
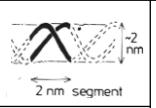
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Radiation quality: Size of the critical biological target?

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10⁻² Gy	Tissues	Cells	Chromatine (~5 cm/cell)	DNA (2 m/cell)	
Gamma (1 MeV)			 25 nm segment	 2 nm segment	0,001 lethal lesions /cell
z	$\bar{z} \approx z$	$\bar{z} \approx z$	$\bar{z} \neq z : 0 - 10^3$ Gy	$\bar{z} \neq z : 0 - 10^6$ Gy	
n	$>>$	50/cell	10^{-6} /segment	10^{-8} /segment	
Neutrons (10 MeV)			 25 nm segment	 2 nm segment	0,005 lethal lesions /cell
z	$\bar{z} \approx z$	$\bar{z} \neq z : 0 - 5 \times 10^{-2}$ Gy	$\bar{z} \neq z : 0 - 5 \times 10^{-3}$ Gy	$\bar{z} \neq z : 0 - 10^6$ Gy	
n	$>>$	1/cell	$\sim 4 \times 10^{-6}$ /segment	10^{-8} /segment	

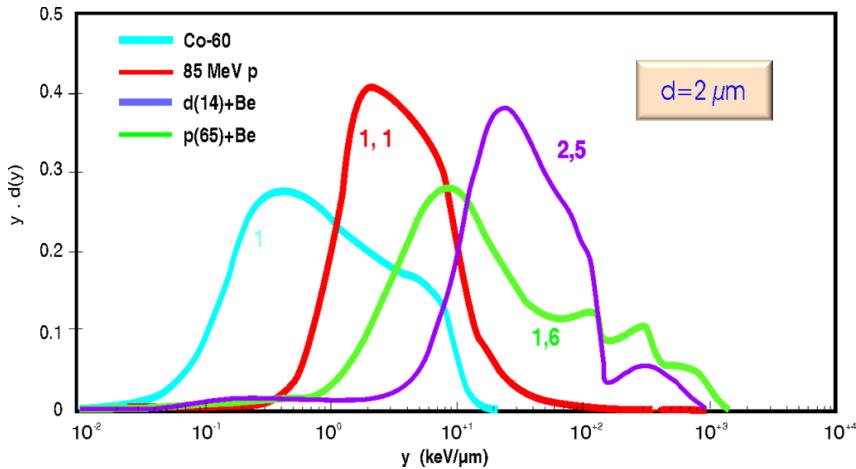
Taken from Goodhead, 1987

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Lineal energy spectra of different radiation qualities and their associated *RBE* for cell killing

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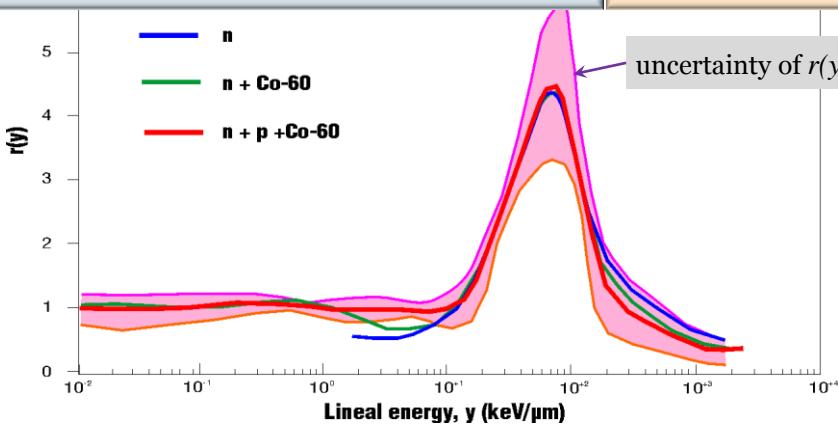
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Determination of the microdosimetric weighting function $r(y)$ based on *RBE* data

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Task: Find function $r(y)$ that gives *RBE* when used for weighting the dose frequency distribution of y .

$$\int r(y) d_i(y) dy \approx RBE_i$$



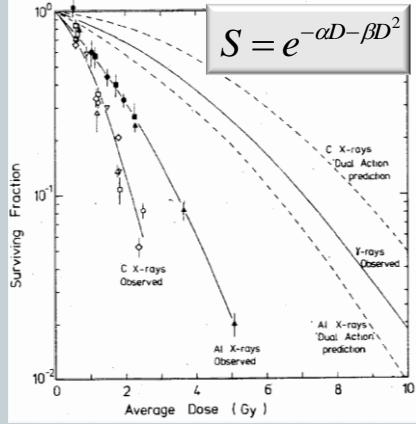
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What is the size of the critical biological target?

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Dose-effect curves (cell survival)



Source: Goodhead, 1980

Reminder:

- Specific energy \bar{z} is a stochastic quantity.
- Its mean \bar{z} is equal to absorbed dose D .
- Frequency mean and dose mean specific energy are
 - deterministic quantities,
 - related to single events,
 - dependent on site size.

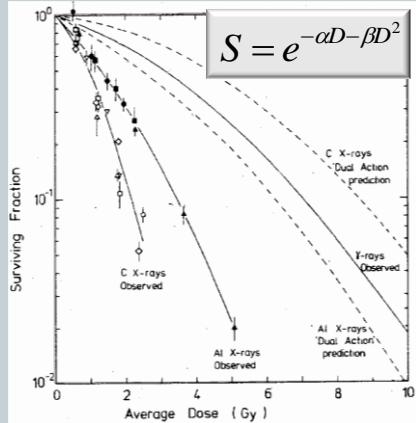
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What is the size of the critical biological target?

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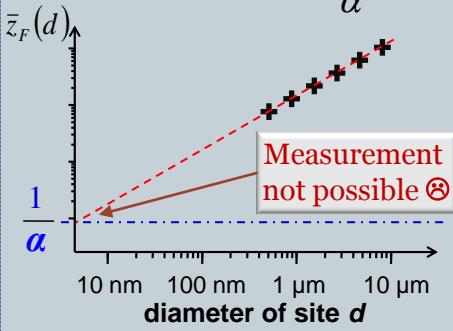
Dose-effect curves (cell survival)



Source: Goodhead, 1980

Question:

- For which value of site size d do we have $\bar{z}_F(d) \approx \frac{1}{\alpha}$?



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Summary: Microdosimetry and Biology

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- Microdosimetric characterisation of radiation quality adapted to cell dimensions in the micrometer range.
- This was considered in the past to derive radiation quality factors (ICRU report 40).
- Lineal energy spectra may be linked to relative biological effectiveness by a universal biological response function.
- There are hints that microdosimetric quantities relate to biological dose-response parameters when determined in sites of few nanometer size.

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Nanodosimetry

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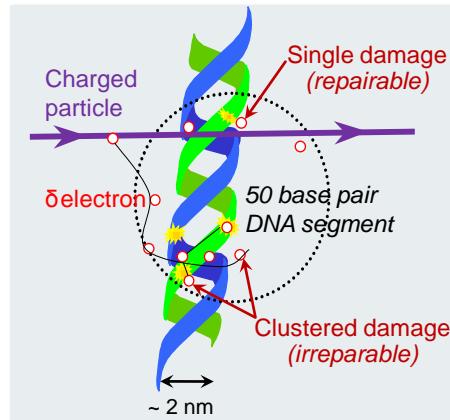
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Radiation interaction in nanometer dimensions

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- DNA is the primary target for radiation-induced damage
- Random event
- Single damage easily repaired (breaks, base damages)
- Clustered damage difficult to repair → mutation, apoptosis



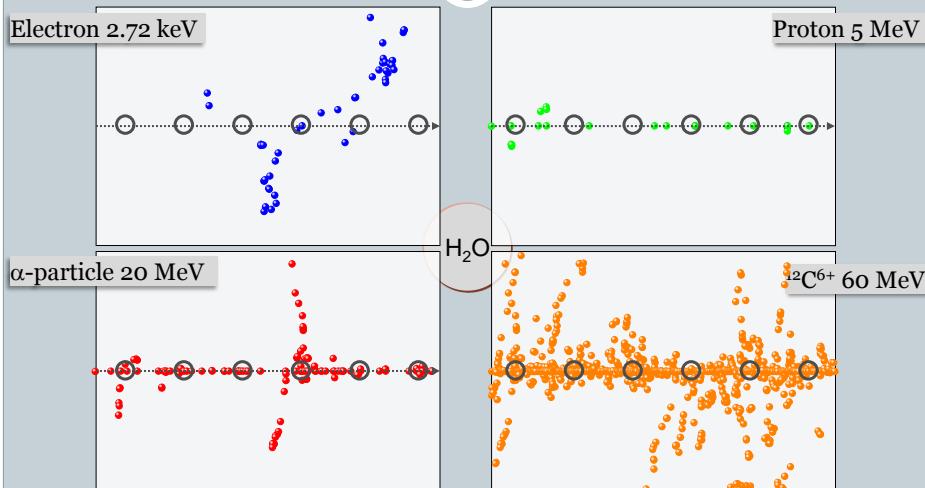
Drawing courtesy of Reinhard Schulte, Loma Linda University Medical Center

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Importance of particle track structure

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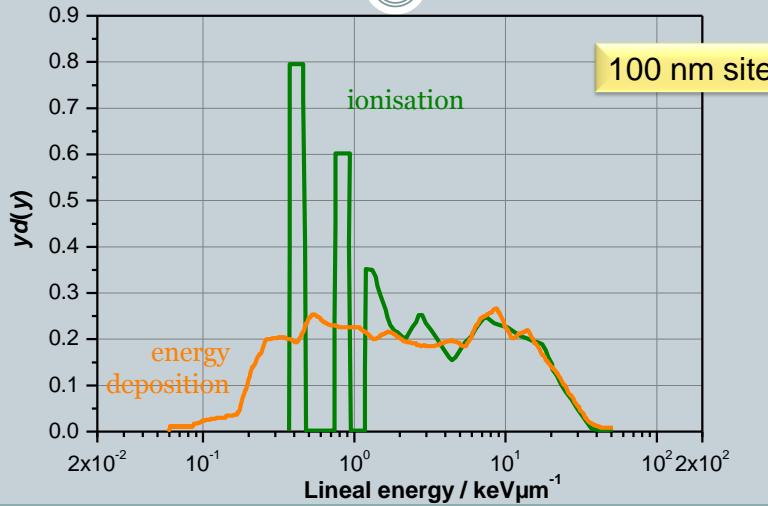


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Microdosimetry in sub-micrometer dimensions?

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100 nm site

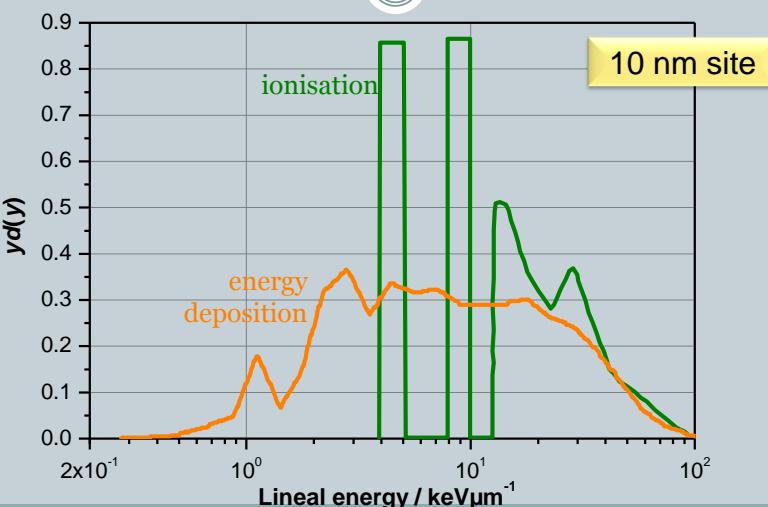
H.I. Amols et al., RPD 31 (1990)

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Microdosimetry in sub-micrometer dimensions?

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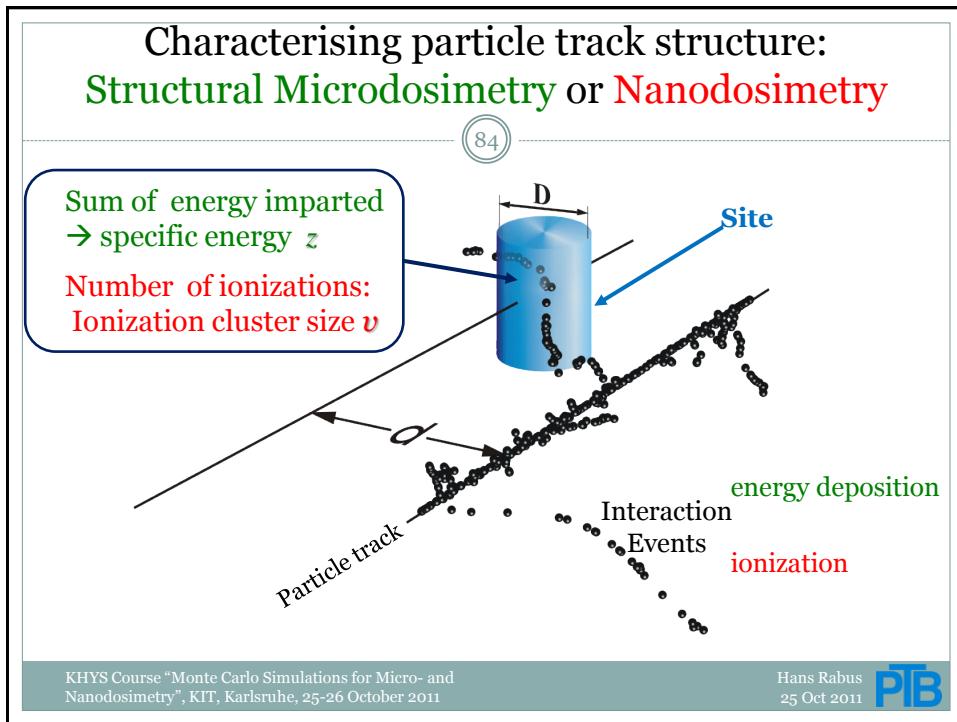
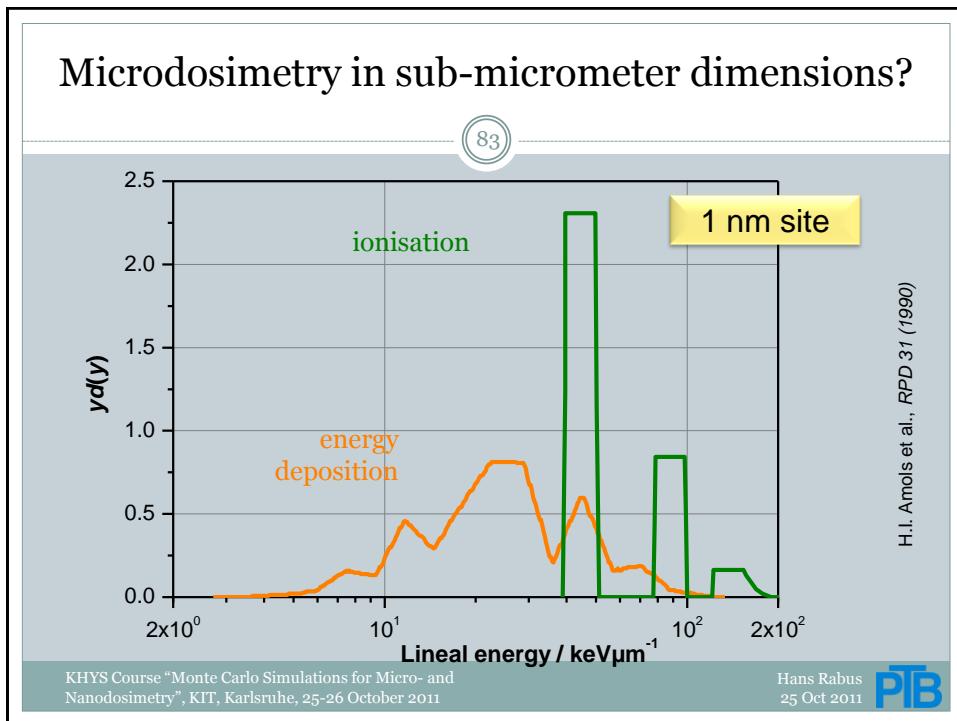


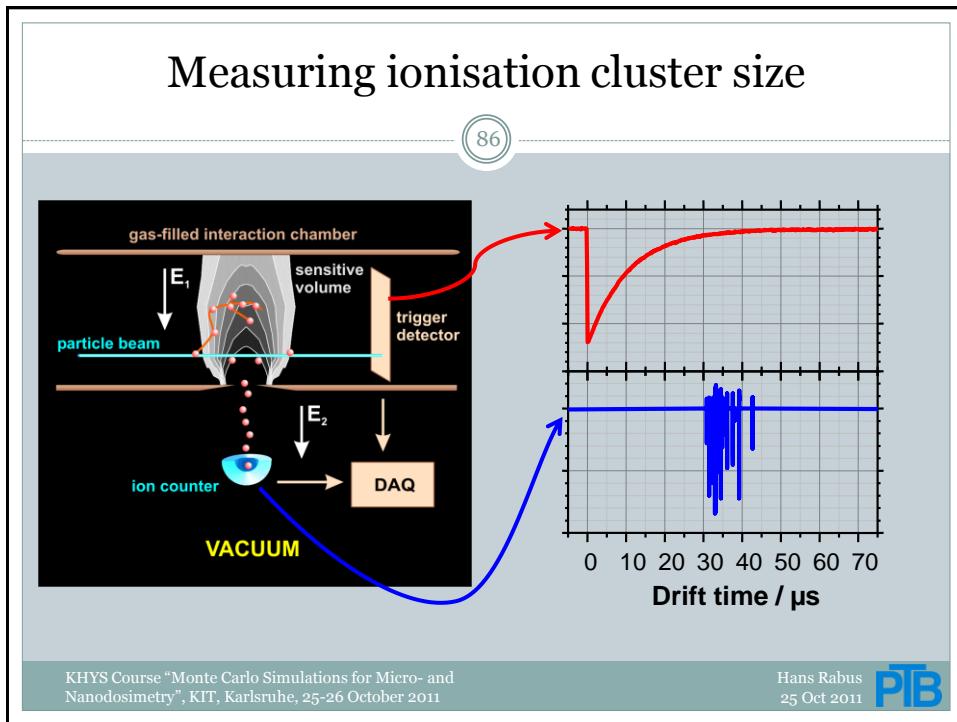
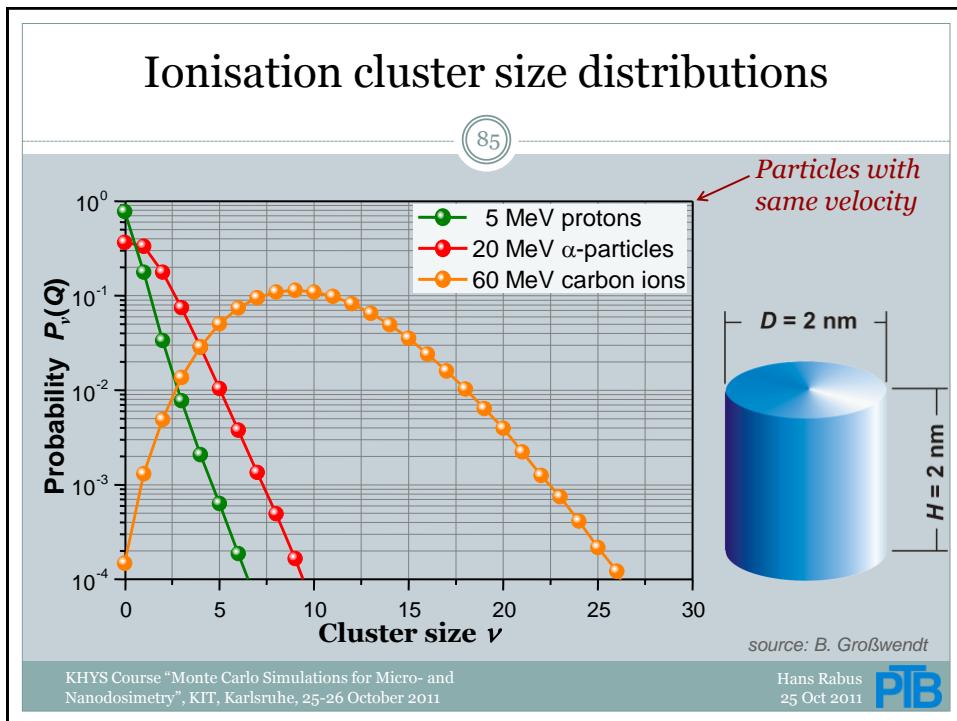
10 nm site

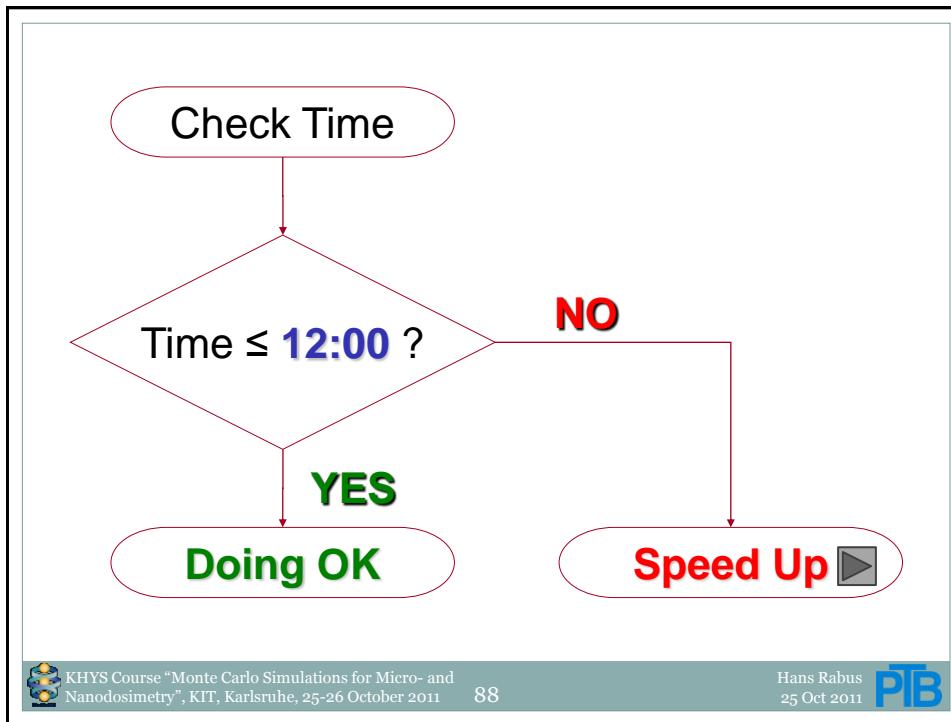
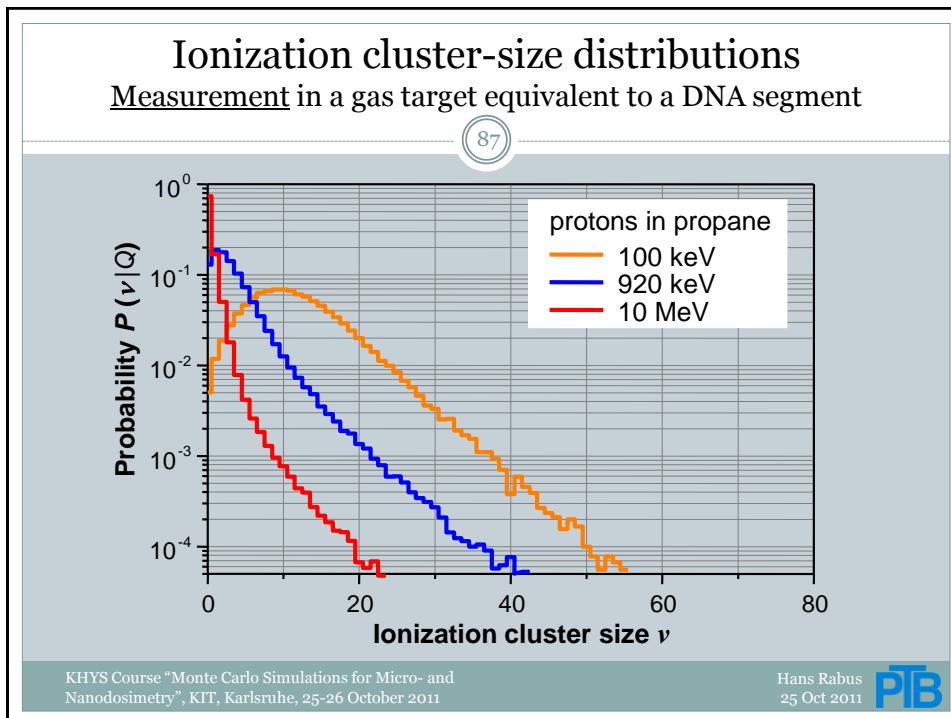
H.I. Amols et al., RPD 31 (1990)

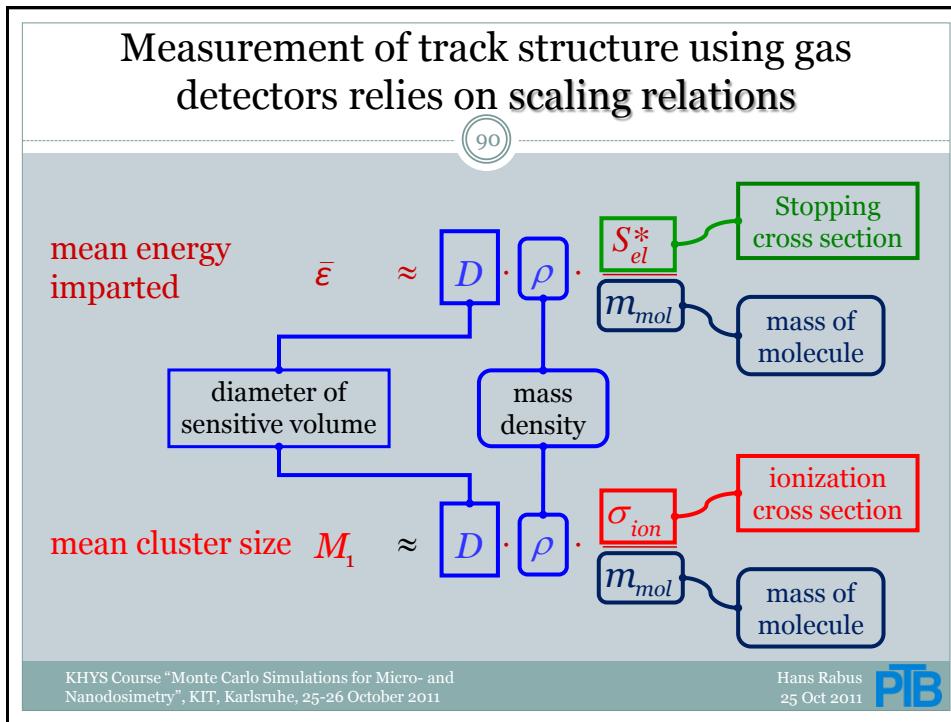
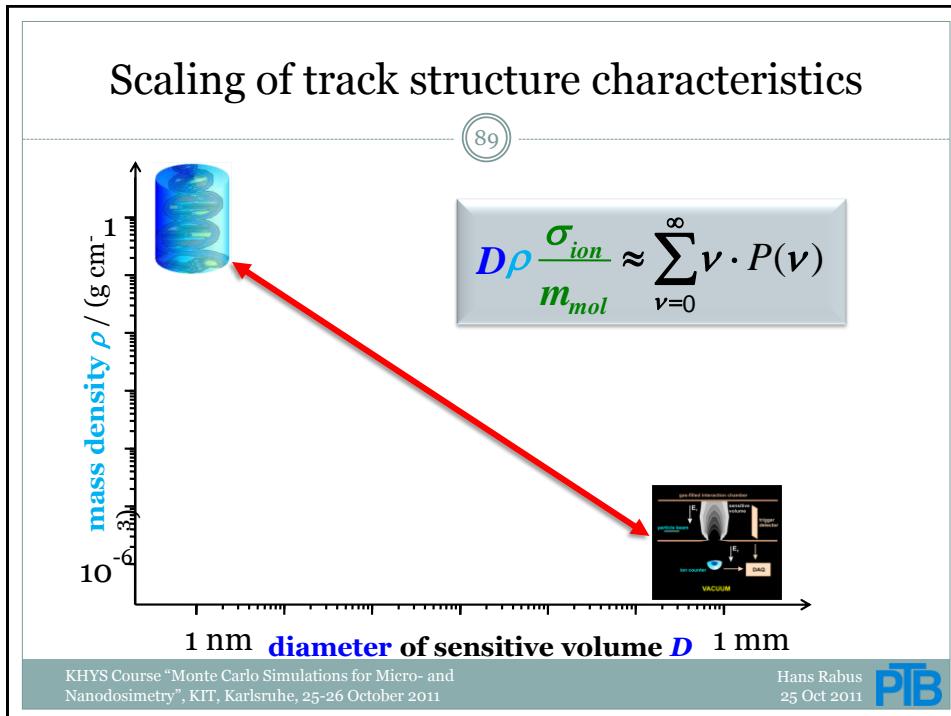
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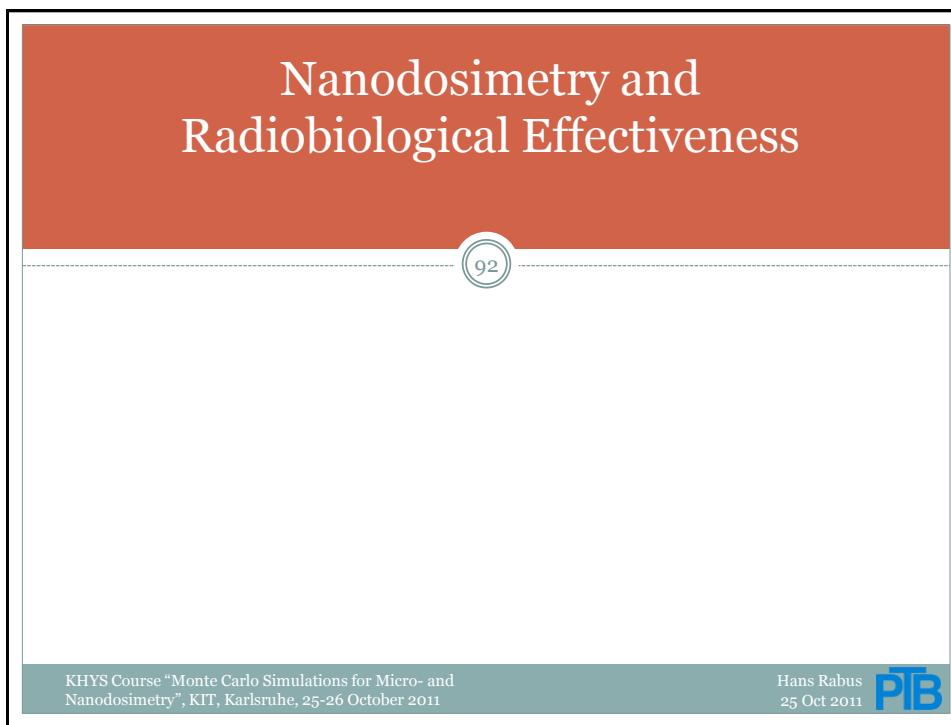
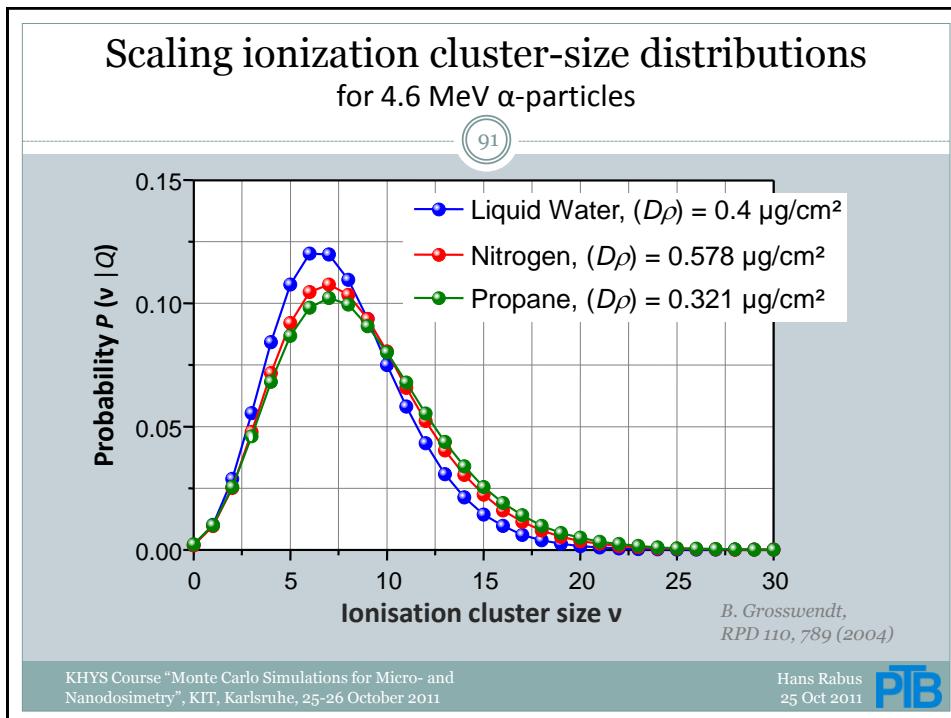
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Nanodosimetry and biological effectiveness

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Two different approaches:

1. Initial biological effectiveness of a radiation quality is directly related to physical track structure parameters.

B. Grosswendt, Radiat. Prot. Dosim. 115, 1-9 (2005)

2. Each ionisation (in DNA or its vicinity) has a fixed probability to be converted into a strand break.

G. Garty et al., Phys. Med. Biol. 55, 761-781 (2010)

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Estimators of biological effectiveness from nanodosimetry: (1) Grosswendt's approach

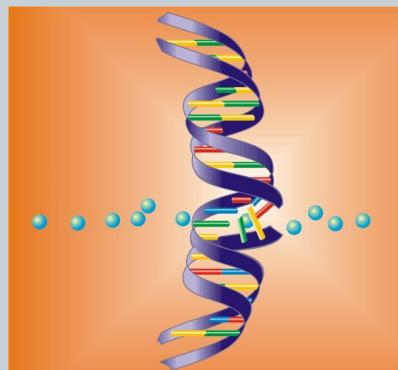
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Hypothesis 1:

The probability P_1 to produce an ionisation cluster of size $v = 1$ in a short DNA segment

is proportional to

the probability P_{SSB} for a single strand break.



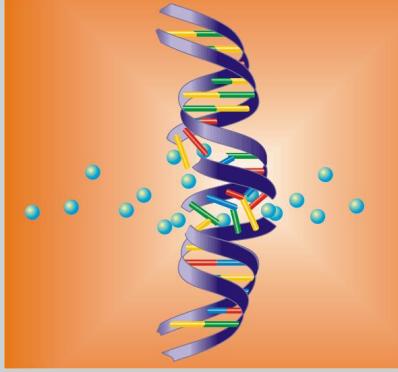
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Estimators of biological effectiveness from nanodosimetry: (1) Grosswendt's approach

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Hypothesis 2:



The probability F_2 to produce an ionisation cluster of size $v \geq 2$ in a short DNA segment is proportional to the probability P_{DSB} for a **double strand break**.

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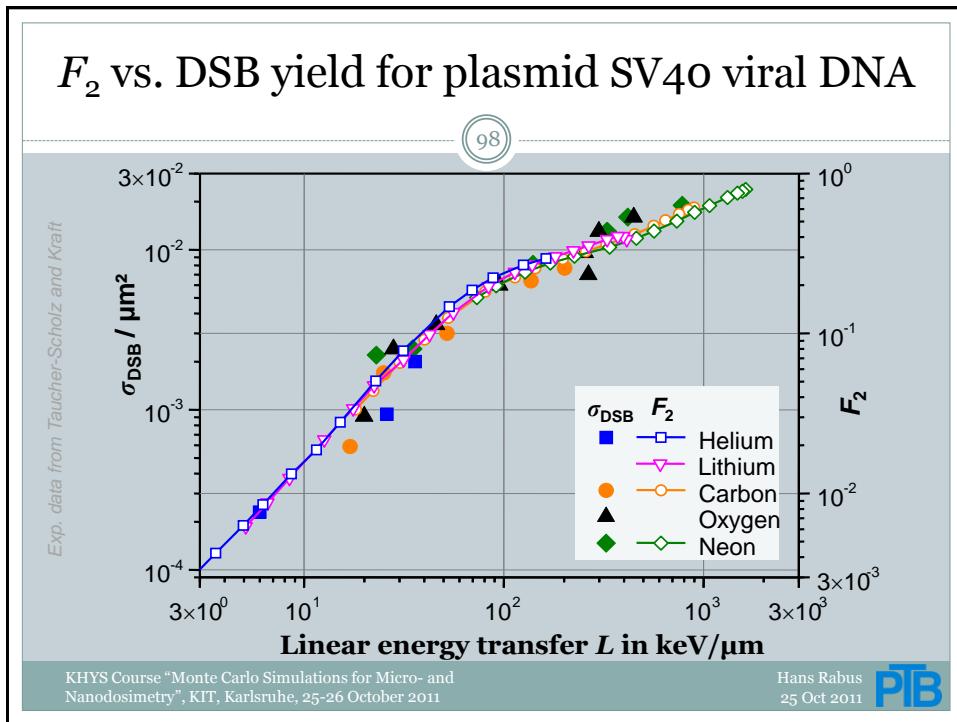
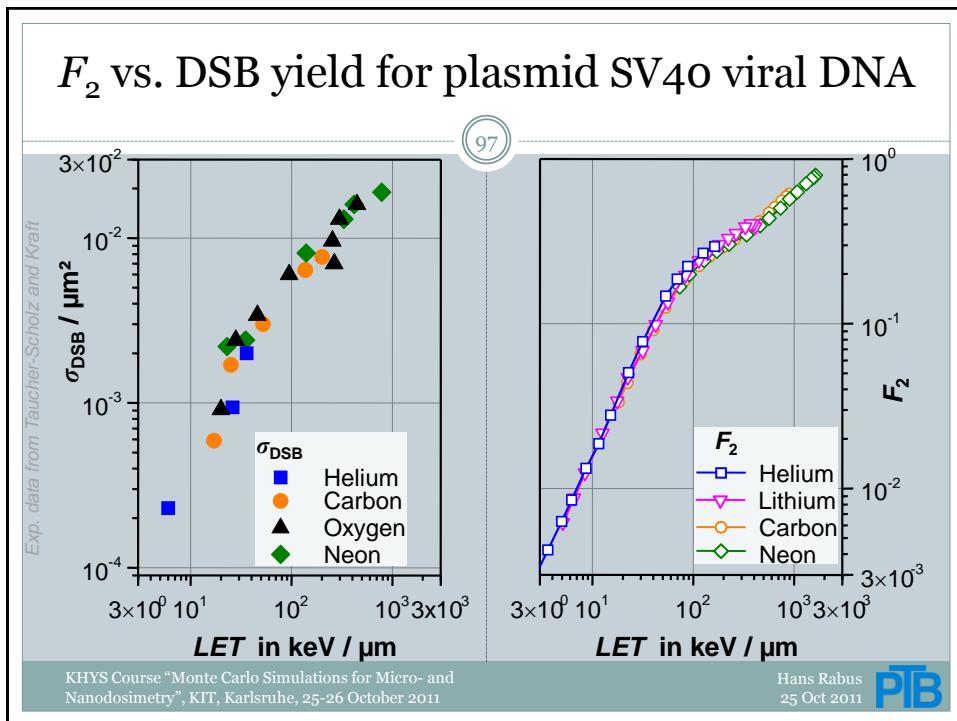
Estimators of biological effectiveness from nanodosimetry: (1) Grosswendt's approach

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Hypothesis 1:	Hypothesis 2:
<p>The probability P_1 to produce an ionisation cluster of size $v = 1$ in a short DNA segment is proportional to the probability P_{SSB} for a single strand break.</p>	<p>The probability F_2 to produce an ionisation cluster of size $v \geq 2$ in a short DNA segment is proportional to the probability P_{DSB} for a double strand break.</p>

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Estimators of biological effectiveness from nanodosimetry: (2) Garty's approach

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p_{SB}

recombi-nation

p_{SB}

strand break

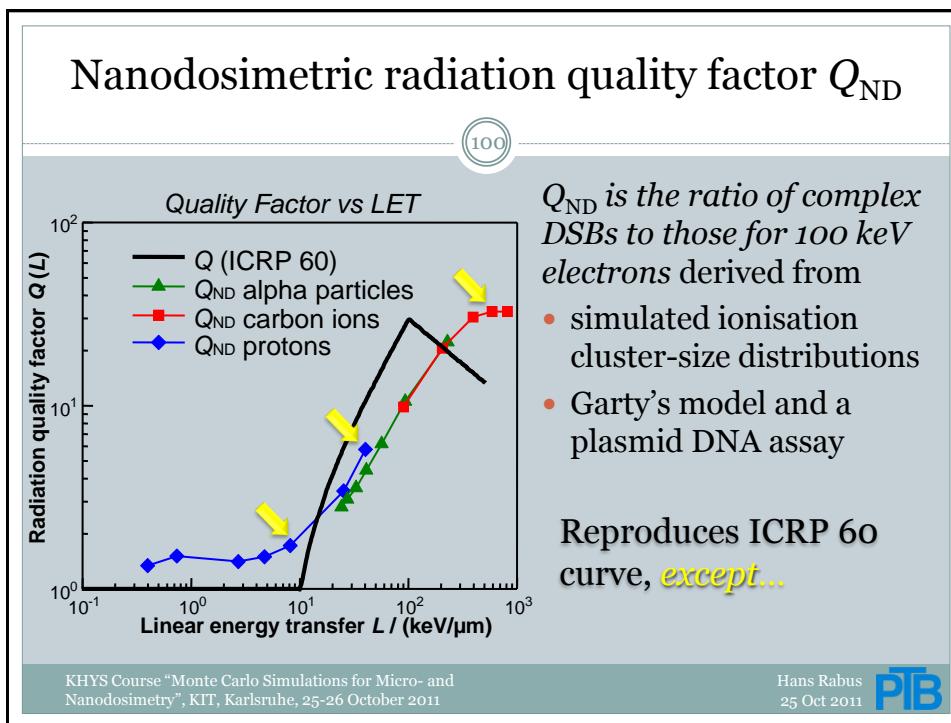
strand break

recombi-nation

On opposite strands → DSB

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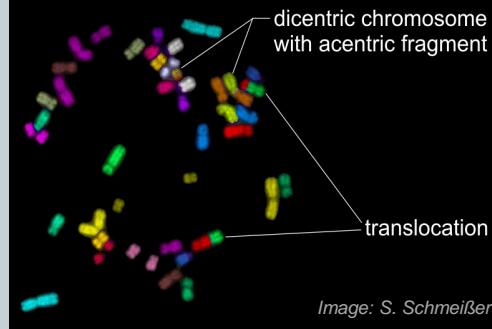
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Outlook: Micro- and nanodosimetry

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- Improving particle track structure codes
→ *Cross sections for DNA constituents instead of water*
- Relate track structure properties (e.g. F_2) to radiobiological yields
- Multi-scale characterisation of track structure



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Overall Summary:

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- Microdosimetry and nanodosimetry properties of radiation quality (particle track structure) are statistical distributions.
- Microdosimetric and nanodosimetric simulation should score these distributions, not only the deterministic mean values.
- Be aware that these distributions depend on the choice of the target volume (called the 'site').
- There is no 'official' link between micro-/nanodosimetry and radiation protection quantities, even though nanodosimetry-based quality factors can reproduce the ICRP60 curves.
- If you do micro-/nanodosimetric simulations and want to derive radiation protection quantities, be aware of their definitions (w_R and w_T factors) and describe explicitly and clearly what you derived and how.

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