

# Eating Habits Post-Survey

Welcome and thanks for participating in our study on eating habits! This post-survey is the last part of your participation. After completing this survey, you will be eligible to win 1 of 4 \$25 Amazon gift cards, which will be determined by random draw from the entire participant pool of approximately 90 people.

This project is part of our final project requirement for W241 - Field Experiments at the ISchool at the University of California, Berkeley. Our team is Diana Iftimie, Alex Zhou Thorp and Laura Chutny.

If you have any questions or concerns, please email [ichutny@berkeley.edu](mailto:ichutny@berkeley.edu).

\* Required

## 1. Email address \*

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## 2. Phone number you used in the study. XXX-XXX-XXXX \*

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## Study Administration

### 3. How easy was it to use was the text message survey collection tool? (1 = very easy; 5 = very difficult) \*

*Mark only one oval.*

	1	2	3	4	5	
very easy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	very difficult

### 4. Did you have any specific difficulties with sending or receiving text messages, or any oddities you'd like to share about the text message survey collection tool? If you had no issues, please indicate so. \*

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## Eating Habits - Definitions

### 5. Do you identify as vegetarian, vegan, or pescatarian? \*

*Mark only one oval.*

- ☐ Yes (vegetarian, vegan or pescatarian) *Skip to question 5.*
- ☐ No (all other) *Skip to question 6.*

## Eating Habits Vegetarian/Vegan/Pescatarian

6. You indicated that you identify as vegetarian, vegan, or pescatarian. We'd like to know if you \*

Mark only one oval.

- ☐ Occasionally make exceptions (e.g. ate chicken at a family meal)
- ☐ Classified non-land based protein sources as meat during this study (e.g. fish)
- ☐ Did not eat any land-based meat during the period of the study

## Eating Habits Definitions

7. Did you receive messages from the study which included facts or recipes? \*

Mark only one oval.

- ☐ Yes
- ☐ No      *Skip to question 9.*

## Eating Habits Study Details

8. You received facts about the impact of eating meat on the environment. Thinking about these facts, please rate the applicability of the following statements to your situation. (1 - Does not match my situation at all; 5 - Matches my situation very well) \*

Mark only one oval per row.

	1 - Does not match my situation at all	2	3	4	5 - Matches my situation very well
The facts were things I did NOT know before, and they changed my views on the relationship between my diet and the environment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I knew most of the facts beforehand, but the daily reminder helped keep them fresh in my mind.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I disagree with most or all of the facts.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I knew all of the facts beforehand.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. You received a series of recipes, did you make any of them? \*

Mark only one oval.

- ☐ Yes
- ☐ No

## Eating Habits Study Details (cont.)

**10. Did you discuss the study with other people participating in the study? \****Mark only one oval.*☐ Yes      *Skip to question 10.*☐ No      *Skip to question 11.***Eating Habits Study Details (cont.)****11. We would appreciate it if you could tell us which other participants you discussed the experiment with?**

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**Eating Habits General Feedback**

Your input here is welcome but not required.

**12. How did you feel about this study, including the specific methods and types of questions?**

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**13. Did you find the study influenced your eating habits, or made you more conscious of what you are eating?**

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**14. Would you be interested in a similar tool to keep track of your eating habits on an ongoing basis?**

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15. Please leave any other comments here regarding any portion of the study, including improvements or changes.

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## Raffle Entry

To thank you for your participation in this study, we are offering a chance to enter into a raffle to win 1 of 4 \$25 Amazon gift cards.

16. Please confirm here if you would like to be considered in the Amazon gift card raffle. \*

*Mark only one oval.*

☐ Yes

☐ No

☐ Send me a copy of my responses.

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