

# Inequalities Problems

## Manfrino, Ortega, Delgato Inequalities A Mathematical Olympiad Approach

### 1.25 (Difference of AM and GM)

Let  $p = \sqrt{a}, q = \sqrt{b}$ . We have

$$\begin{aligned} p &\leq \frac{1}{2}(p+q) \leq q \\ \frac{1}{2} \frac{p+q}{p} &\leq 1 \leq \frac{1}{2} \frac{p+q}{q} \\ \frac{1}{2} \frac{p^2 - q^2}{p} &\leq p - q \leq \frac{1}{2} \frac{p^2 - q^2}{q} \\ \frac{1}{4} \frac{p^2 - q^2}{p^2} &\leq (p - q)^2 \leq \frac{1}{4} \frac{p^2 - q^2}{q^2} \end{aligned}$$

(Can also be proven by direct computation)

Lesson: AM-GM can be factorized

### 1.33 $x^4 + y^4 + 8 \geq 8xy$

Looks like a special case of 4-term AMGM,  $x^4 + y^4 + p^4 + q^4 \geq 4xypq$ . Comparing coefficients, we have  $p^4 + q^4 = 8, pq = 2$ , hence  $p = q = \sqrt{2}$

### 1.38 $a > 1 \implies a^n - 1 > n(a^{\frac{n+1}{2}} - a^{\frac{n-1}{2}})$

$$\begin{aligned} a^n - 1 &= (a - 1)(1 + a + a^2 + \dots + a^{n-1}) \\ &\geq (a - 1)(a^{1+2+\dots+n-1})^{1/n} \cdot n \\ &= n(a - 1)a^{\frac{n-1}{2}} \\ &= RHS \end{aligned}$$

$$\mathbf{1.39} \quad (1+a)(1+b)(1+c) \implies 8 \implies abc \leq 1$$

$1 = \frac{1+a}{2} \frac{1+b}{2} \frac{1+c}{2} \geq \sqrt{abc}$ . Now square.

$$\mathbf{1.40} \quad \frac{a^3}{b} + \frac{b^3}{c} + \frac{c^3}{a} \geq ab + bc + ca$$

By cyclic (see section), since  $(3, -1, 0) > (1, 1, 0)$ . Can also expand to get rid of the -1.

$$\mathbf{1.41} \quad a^2b^2 + b^2c^2 + c^2a^2 \geq abc(a+b+c)$$

By muirhead, since  $(2, 2, 0) > (2, 1, 1)$ .

$$\mathbf{1.51} \quad a+b+c=1 \implies \left(\frac{1}{a}+1\right)\left(\frac{1}{b}+1\right)\left(\frac{1}{c}+1\right) \geq 64$$

This is equivalent to  $(1+a)(1+b)(1+c) \geq 64abc$ . Using  $1 = a+b+c$ ,  $(2a+b+c)(a+2b+c)(a+b+2c) \geq 64abc$ . Apply 4-term AMGM, e.g. the first factor is  $\geq (a^2bc)^{\frac{1}{4}}$ .

Note the starting inequality is sharp when  $a=b=c$ . 3-term doesn't work since it is not sharp in that case.

$$\mathbf{1.52} \quad a+b+c=1 \implies \left(\frac{1}{a}-1\right)\left(\frac{1}{b}-1\right)\left(\frac{1}{c}-1\right) \geq 8$$

Equivalent to  $(b+c)(a+c)(a+b) \geq 8abc$  which holds by AMGM on each factor.

## 1.53

Unsolved...

## 1.54

Let  $p = \frac{1}{1+a}$ . Then the inequality is equivalent to 1.52.

## 1.55

Equivalent to  $HM(a,b) + HM(b,c) + HM(a,c) \leq 3 * AM(a,b,c)$ . Rewrite the RHS as  $AM(a,b) + AM(b,c) + AM(a,c)$ .

Same strategy used to show that  $3 * AM(x,y,z) \geq GM(x,y) + GM(y,z) + GM(x,z)$ .

**1.56**

**1.57**

**1.58**  $x^4 + y^4 + z^2 \geq \sqrt{8}xyz$

LHS =  $x^4 + y^4 + \frac{z^2}{2} + \frac{z^2}{2}$ . Now apply 4-term AMGM.

**1.59**

Using the substitution  $x = 1 + p$  we have  $(1 + p)^2 p + (1 + q)^2 q \geq 8pq$ . We have  $(1 + p)^2 \geq 4p$  by AMGM. Then  $4(p^2 + q^2) \geq 8pq$  which holds by AMGM.

We know we first have to apply AMGM to the  $1 + p$  term by dimensional analysis.

Good example of weighted AMGM

**Cyclic**  $(1, 0, 0) > (p, q, 0)$

Let  $a, b, c > 0, p + q = 1$ . Define  $(r, s, t) = \sum_{cyc} a^r b^s c^t$ . Then  $(1, 0, 0) > (p, q, 0)$ .

Proof: we have  $pa + qb \geq a^p b^q, pb + qc \geq b^p + c^q, pc + qa \geq c^p a^q$  by weighted AMGM. Summing them gives  $(p + q)(a + b + c) \geq (p, q, 0)$ .

## A Brief Introduction to Olympiad Inequalities

1.3  $(3, 0, 0) \geq (2, 1, 0)$

1.4  $(5, 0, 0) \geq (3, 1, 1)$

1.3.3  $(4, 0, 0) \geq (2, 1, 1)$

1.3.6  $(4, 1, 0, 0) \geq (2, 1, 1, 1)$

**zdravko**

**1.5**

$$3(ab + bc + ca) \leq (a + b + c)^2 \leq 3(a^2 + b^2 + c^2)$$

Expand and subtract. Both Inequalities are equivalent to  $ab + bc + ca \leq a^2 + b^2 + c^2$ .

## 1.6

$$x, y, z \geq 0, x + y + z = 1$$

$$\sqrt{6x+1} + \sqrt{6y+1} + \sqrt{6z+1} \leq 3\sqrt{3}$$

Let  $p = 6x + 1, q = 6y + 1, r = 6z + 1$ . Then  $p + q + r = 9$ .  $\sqrt{p} + \sqrt{q} + \sqrt{r} = \sqrt{3M_{\frac{1}{2}}(p, q, r)} \leq \sqrt{3M_1(p, q, r)} = \sqrt{3 * 9} = 3\sqrt{3}$ .

## 1.7

$$a^4 + b^4 + c^4 \geq abc(a + b + c)$$

By Muirhead

## 1.8

$$a + b + c \geq abc$$

$$a^2 + b^2 + c^2 \geq \sqrt{3}abc$$

$$\begin{aligned} a^4 + b^4 + c^4 + 2(a^2x^2 + b^2c^2 + c^2a^2) &\geq 3(a^2bc + b^2ca + c^2ab) \\ (a^2 + b^2 + c^2)^2 &\geq \sqrt{3}\sqrt{abc}\sqrt{a+b+c} \\ (a^2 + b^2 + c^2)\sqrt{\frac{abc}{a+b+c}} &\geq \sqrt{3}abc \\ (a^2 + b^2 + c^2) &\geq \sqrt{3}abc \end{aligned}$$

## 1.9

$$a, b, c > 1$$

$$abc + \frac{1}{a} + \frac{1}{b} + \frac{1}{c} > a + b + c + \frac{1}{abc}$$

## 1.11

$$x^{12} - x^9 + x^4 - x + 1 > 0$$

## 1.12

$$2x^4 + 1 \geq 2x^3 + x^2$$

### 1.13

$$x^4 + y^4 + 4xy + 2 \geq 2$$

### 1.14

$$x^4 + y^4 + z^2 + 1 \geq 2x(xy^2 - x + z + 1)$$

### 1.15

$$x, y, z > 0, x + y + z = 1$$

$$xy + yz + 2zx \leq \frac{1}{2}$$

### 1.16

$$a, b > 0. a^2 + b^2 + 1 > a\sqrt{b^2 + 1} + b\sqrt{a^2 + 1}$$

### 1.17

$$x, y, z > 0, x + y + z = 3. \sqrt{x} + \sqrt{y} + \sqrt{z} \geq xy + yz + zx$$

## 2.1

$$x, y, z > 0, x + y + z = 1. xy/z + yz/x + zx/y \geq 1$$

## 2.2

$$x, y, z > 0. \frac{x^2 - z^2}{y + z} + \frac{y^2 - x^2}{z + x} + \frac{z^2 - y^2}{x + y} \geq 0.$$

## 2.4

$$a, b, c. \frac{ab}{a+b+2c} + \frac{bc}{b+c+2a} + \frac{ca}{c+a+2b} \geq \frac{a+b+c}{4}.$$

## 2.5

$$x, y, z > 0, x + y + z = 1. xy + yz + zx \geq 9xyz.$$

## 2.6

$$a, b, c > 0, a^2 + b^2 + c^2 = 3. \frac{1}{1+ab} \frac{1}{1+bc} \frac{1}{1+ca} \geq \frac{3}{2}$$

## 2.7

$$a, b, c > 0. \sqrt{\frac{a+b}{c}} + \sqrt{\frac{b+c}{a}} + \sqrt{\frac{c+a}{b}} \geq 3\sqrt{2}$$

## 2.8

$$x, y, z > 0, 1/x + 1/y + 1/z = 1. (x-1)(y-1)(z-1) \geq 8$$

## 2.9

$$x, y, z > 0, x + y + z = 1. \frac{x^2+y^2}{z} + \frac{y^2+z^2}{x} + \frac{z^2+x^2}{y} \geq 2.$$

## 2.10

$$x, y, z > 0, xyz = 1. \frac{x^2+y^2+z^2+xy+yz+zx}{\sqrt{x}+\sqrt{y}+\sqrt{z}} \geq 2.$$